

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 100 Boys 11 & Under 400 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	4:58.98	4:59.98
	1:09.78	2:26.49 (1:16.71)	3:44.13 (1:17.64)	4:59.98 (1:15.85)	
2	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	5:02.98	5:05.62
	1:10.82	2:31.25 (1:20.43)	3:50.35 (1:19.10)	5:05.62 (1:15.27)	
3	Kruger, Declan	11	Blouberg Marlins-CP	5:20.07	5:19.87
	1:16.15	2:37.94 (1:21.79)	4:01.61 (1:23.67)	5:19.87 (1:18.26)	
4	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	5:15.06	5:20.34
	1:15.84	5:20.34 (4:04.50)			
5	Joyce, Guy	11	Curro Aquatic Swim Club-CP	5:28.87	5:21.02
	1:15.09	2:36.72 (1:21.63)	4:00.18 (1:23.46)	5:21.02 (1:20.84)	
6	Van Wyngaard, Daniël C	11	Royal Swimming Academy-ED	5:35.71	5:27.55
	1:16.42	2:41.14 (1:24.72)	4:05.56 (1:24.42)	5:27.55 (1:21.99)	
7	Pieters, Cayden R	11	Swartland Aquatics-WC	5:59.09	5:33.56
	1:17.47	2:42.90 (1:25.43)	4:10.89 (1:27.99)	5:33.56 (1:22.67)	
8	Gilligan, Cooper J	11	Blouberg Marlins-CP	5:53.36	5:33.63
	1:20.52	2:46.43 (1:25.91)	4:12.11 (1:25.68)	5:33.63 (1:21.52)	
9	Poultney, Daniel	10	Curro Aquatic Swim Club-CP	5:36.37	5:37.22
	1:23.17	2:48.59 (1:25.42)	4:14.99 (1:26.40)	5:37.22 (1:22.23)	
10	Horn, Ben	10	Xcel Swim Academy-CP	5:47.77	5:37.34
	1:24.34	2:53.77 (1:29.43)	4:17.39 (1:23.62)	5:37.34 (1:19.95)	
11	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	5:37.22	5:41.14
	1:19.35	2:48.76 (1:29.41)	4:15.63 (1:26.87)	5:41.14 (1:25.51)	
12	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	5:32.78	5:41.31
	1:19.58	2:47.53 (1:27.95)	4:16.22 (1:28.69)	5:41.31 (1:25.09)	
13	Froneman, Nolan O	11	Blouberg Marlins-CP	5:44.11	5:43.98
	1:19.96	2:49.16 (1:29.20)	4:17.77 (1:28.61)	5:43.98 (1:26.21)	
14	Fouche, Ryan	11	Curro Aquatic Swim Club-CP	5:48.69	5:46.14
	1:20.09	2:48.89 (1:28.80)	4:18.53 (1:29.64)	5:46.14 (1:27.61)	
15	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	5:57.00	5:48.18
	1:20.10	2:50.03 (1:29.93)	4:21.56 (1:31.53)	5:48.18 (1:26.62)	
16	Mallin, Aron	9	Swimlab Aquatic Academ-CP	5:55.54	5:49.02
	1:20.64	2:50.27 (1:29.63)	4:20.58 (1:30.31)	5:49.02 (1:28.44)	
17	Kuhn, Adrian-Brand	11	Curro Aquatic Swim Club-CP	5:51.12	5:50.62
	1:20.03	2:49.72 (1:29.69)	4:20.83 (1:31.11)	5:50.62 (1:29.79)	
18	Cloete, Albert	11	Tygerberg Aquatics-CP	6:15.13	6:00.13
	1:23.93	2:58.12 (1:34.19)	4:31.12 (1:33.00)	6:00.13 (1:29.01)	
19	Bouffé, Hunter K	11	Knysna Aquatics-ED	5:52.08	6:01.02
	1:25.69	2:59.53 (1:33.84)	4:31.47 (1:31.94)	6:01.02 (1:29.55)	
20	Olivier, Simeon	11	Paarl Aquarius SC-CE	6:08.43	6:04.06
	1:24.15	2:57.20 (1:33.05)	4:33.24 (1:36.04)	6:04.06 (1:30.82)	
21	Kleynhans, Michael	11	Barracudas Aquarama SC-CP	5:59.52	6:04.85
	1:25.47	3:01.52 (1:36.05)	4:35.84 (1:34.32)	6:04.85 (1:29.01)	
22	Askevold, Gunther J	11	Blouberg Marlins-CP	6:24.17	6:09.47
	1:26.43	3:03.16 (1:36.73)	4:38.21 (1:35.05)	6:09.47 (1:31.26)	
23	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	6:35.14	6:11.22
	1:26.94	3:02.18 (1:35.24)	4:38.33 (1:36.15)	6:11.22 (1:32.89)	
24	Eksteen, Pisces M	11	Xcel Swim Academy-CP	6:27.39	6:14.09
	1:28.37	3:06.06 (1:37.69)	4:43.36 (1:37.30)	6:14.09 (1:30.73)	
25	Spangenberg, Luke A	11	Xcel Swim Academy-CP	6:08.63	6:16.20
	1:29.10	3:05.85 (1:36.75)	4:43.22 (1:37.37)	6:16.20 (1:32.98)	
26	Scholtz, William A	11	Curro Aquatic Swim Club-CP	6:39.17	6:17.14
	1:29.17	3:07.58 (1:38.41)	4:46.20 (1:38.62)	6:17.14 (1:30.94)	
27	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	6:33.49	6:18.45
	1:29.17	3:04.81 (1:35.64)	4:42.91 (1:38.10)	6:18.45 (1:35.54)	
28	Retief, Daniel	11	The Well-CE	6:19.53	6:19.21
	1:30.11	3:09.31 (1:39.20)	4:46.09 (1:36.78)	6:19.21 (1:33.12)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 100 Boys 11 & Under 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
29	Tredoux, Simon P	10	Barracudas Aquarama SC-CP	6:20.53	6:22.10
	1:29.31	3:09.32 (1:40.01)	4:48.78 (1:39.46)	6:22.10 (1:33.32)	
30	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	6:40.01	6:30.06
	1:29.38	3:08.02 (1:38.64)	4:48.10 (1:40.08)	6:30.06 (1:41.96)	
31	Loxton, Camden	11	Vineyard SC-CP	6:35.12	6:39.04
	1:28.77	3:09.08 (1:40.31)	4:55.80 (1:46.72)	6:39.04 (1:43.24)	
32	Steyn, Francois D	11	Curro Aquatic Swim Club-CP	6:53.60	6:59.51
	1:32.16	3:21.11 (1:48.95)	5:11.69 (1:50.58)	6:59.51 (1:47.82)	

Event 100 Boys 12-13 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Allott, Jaydon K	13	Aqua Athlete Cta-CP	4:35.61	4:33.56
	1:04.35	2:14.35 (1:10.00)	3:24.53 (1:10.18)	4:33.56 (1:09.03)	
2	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	4:31.03	4:35.28
	1:05.25	2:15.04 (1:09.79)	3:25.82 (1:10.78)	4:35.28 (1:09.46)	
3	Boshoff, Mickayle C	13	Knysna Aquatics-ED	4:49.12	4:35.35
	1:08.21	2:20.09 (1:11.88)	3:28.44 (1:08.35)	4:35.35 (1:06.91)	
4	van Rensburg, Tristan	13	Curro Aquatic Swim Club-CP	4:48.25	4:43.77
	1:06.59	2:20.64 (1:14.05)	3:34.15 (1:13.51)	4:43.77 (1:09.62)	
5	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	4:46.82	4:44.18
	1:06.37	2:19.39 (1:13.02)	3:32.67 (1:13.28)	4:44.18 (1:11.51)	
6	Poultney, Matthew	12	Curro Aquatic Swim Club-CP	4:45.73	4:44.52
	1:08.24	2:20.10 (1:11.86)	3:33.64 (1:13.54)	4:44.52 (1:10.88)	
7	Barnard, Daniël B	13	Xcel Swim Academy-CP	4:50.71	4:44.56
	1:08.60	2:21.77 (1:13.17)	3:35.20 (1:13.43)	4:44.56 (1:09.36)	
8	Wagener, Tiaan H	13	Elite Swimming Academy-CE	4:48.44	4:45.02
	1:06.70	2:19.75 (1:13.05)	3:33.25 (1:13.50)	4:45.02 (1:11.77)	
9	Barnard, Theo J	13	Swartland Aquatics-WC	4:51.97	4:48.00
	1:07.41	2:20.72 (1:13.31)	3:35.15 (1:14.43)	4:48.00 (1:12.85)	
10	Pautz, Benjamin R	13	Blouberg Marlins-CP	4:51.24	4:49.78
	1:07.30	2:21.20 (1:13.90)	3:36.30 (1:15.10)	4:49.78 (1:13.48)	
11	Kruger, Zachary C	13	Swartland Aquatics-WC	4:52.71	4:53.57
	1:08.65	2:23.76 (1:15.11)	3:39.68 (1:15.92)	4:53.57 (1:13.89)	
12	Daniels, Tylan H	12	Alpha Swim Club-CP	4:53.08	4:53.92
	1:09.81	2:25.43 (1:15.62)	3:41.09 (1:15.66)	4:53.92 (1:12.83)	
13	Laufs, Connor R	13	Cape Town Otters-CP	5:11.34	4:58.97
	1:10.18	2:25.97 (1:15.79)	3:41.94 (1:15.97)	4:58.97 (1:17.03)	
14	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	4:59.34	5:05.98
	1:11.96	2:29.70 (1:17.74)	3:48.59 (1:18.89)	5:05.98 (1:17.39)	
*15	Visagie, Dian	13	Swartland Aquatics-WC	5:09.82	5:06.33
	1:09.45	2:26.34 (1:16.89)	3:46.29 (1:19.95)	5:06.33 (1:20.04)	
*15	Van der Merwe, Luan J	12	Uwc Aquatics-CP	5:39.83	5:06.33
	1:13.87	2:33.64 (1:19.77)	3:54.16 (1:20.52)	5:06.33 (1:12.17)	
17	Akinci, Can Batu	13	Vineyard SC-CP	5:01.51	5:07.71
	1:10.59	2:29.93 (1:19.34)	3:50.02 (1:20.09)	5:07.71 (1:17.69)	
18	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	5:11.33	5:07.94
	1:10.40	2:31.20 (1:20.80)	3:50.83 (1:19.63)	5:07.94 (1:17.11)	
19	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	5:07.73	5:08.48
	1:11.48	2:32.25 (1:20.77)	3:52.37 (1:20.12)	5:08.48 (1:16.11)	
20	Heunis, Le Roux	13	Tygerberg Aquatics-CP	5:12.50	5:08.95
	1:11.31	2:31.98 (1:20.67)	3:53.16 (1:21.18)	5:08.95 (1:15.79)	
21	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	5:12.83	5:09.94
	1:12.17	2:32.06 (1:19.89)	3:52.63 (1:20.57)	5:09.94 (1:17.31)	
22	Spies, Pierre J	13	Fish Eagle Aquatics-ED	5:17.15	5:16.28
	1:09.92	2:31.37 (1:21.45)	3:55.10 (1:23.73)	5:16.28 (1:21.18)	
23	Snyders, Dylan	13	Curro Langebaan Aquatics-WC	5:20.87	5:16.91
	1:12.27	2:33.81 (1:21.54)	3:56.62 (1:22.81)	5:16.91 (1:20.29)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 100 Boys 12-13 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
24	February, Dillon S	13	Curro Aquatic Swim Club-CP	5:19.69	5:16.99
	1:14.20	2:36.47 (1:22.27)	3:58.77 (1:22.30)	5:16.99 (1:18.22)	
25	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	5:33.16	5:22.37
	1:15.53	2:39.36 (1:23.83)	4:03.34 (1:23.98)	5:22.37 (1:19.03)	
26	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	5:25.35	5:25.02
	1:14.68	2:39.34 (1:24.66)	4:02.42 (1:23.08)	5:25.02 (1:22.60)	
27	Spangenberg, Zach A	12	Xcel Swim Academy-CP	5:37.62	5:25.08
	1:16.33	2:41.27 (1:24.94)	4:05.45 (1:24.18)	5:25.08 (1:19.63)	
28	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	5:27.34	5:27.62
	1:14.42	2:40.85 (1:26.43)	4:06.29 (1:25.44)	5:27.62 (1:21.33)	
29	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	5:30.13	5:29.76
	1:16.44	2:41.96 (1:25.52)	4:08.52 (1:26.56)	5:29.76 (1:21.24)	
30	Kriel, Ewan	12	Quick Silver Swimming Club-CP	5:54.62	5:31.74
	1:16.73	2:42.82 (1:26.09)	4:10.10 (1:27.28)	5:31.74 (1:21.64)	
31	Smith, Zian	13	Curro Langebaan Aquatics-WC	5:40.48	5:36.38
	1:15.89	2:42.33 (1:26.44)	4:10.54 (1:28.21)	5:36.38 (1:25.84)	
32	Heunis, Johan C	12	Barracudas Aquarama SC-CP	5:31.70	5:40.91
	1:19.47	2:48.30 (1:28.83)	4:15.89 (1:27.59)	5:40.91 (1:25.02)	
33	Parr, Riley C	12	Knysna Aquatics-ED	5:37.90	5:45.73
	1:20.79	2:51.18 (1:30.39)	4:21.93 (1:30.75)	5:45.73 (1:23.80)	
34	Baadjies, Cruden H	13	Paarl Aquarius SC-CE	5:45.28	5:46.52
	1:21.32	2:50.13 (1:28.81)	4:19.60 (1:29.47)	5:46.52 (1:26.92)	
35	Zwarts, Zak P	13	Tygerberg Aquatics-CP	5:43.31	5:47.62
	1:19.25	2:51.00 (1:31.75)	4:21.95 (1:30.95)	5:47.62 (1:25.67)	
36	Lee, Daniel	12	Tygerberg Aquatics-CP	5:42.73	5:48.24
	1:17.20	2:47.86 (1:30.66)	4:16.53 (1:28.67)	5:48.24 (1:31.71)	
37	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	6:00.21	5:52.20
	1:19.80	2:51.40 (1:31.60)	4:26.60 (1:35.20)	5:52.20 (1:25.60)	
38	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	5:49.00	5:56.48
	1:19.40	2:52.21 (1:32.81)	4:26.17 (1:33.96)	5:56.48 (1:30.31)	
39	Samuels, Mason	13	Marlin Swimming Club-CP	6:03.29	6:10.65
	1:28.11	3:04.39 (1:36.28)	4:39.74 (1:35.35)	6:10.65 (1:30.91)	
---	Bright, Michael C	13	Curro Aquatic Swim Club-CP	4:48.40	DQ
	1:07.62	2:22.98 (1:15.36)	3:38.73 (1:15.75)	DQ (1:11.58)	

Event 100 Men 14-15 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	4:23.68	4:20.99
	1:01.58	2:08.12 (1:06.54)	3:14.28 (1:06.16)	4:20.99 (1:06.71)	
2	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	4:27.85	4:27.07
	1:02.99	2:11.01 (1:08.02)	3:20.14 (1:09.13)	4:27.07 (1:06.93)	
3	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	4:27.84	4:29.34
	1:02.64	2:10.59 (1:07.95)	3:20.30 (1:09.71)	4:29.34 (1:09.04)	
4	Palmer, Travis I	15	Swimlab Aquatic Academ-CP	4:29.49	4:29.75
	1:04.77	2:13.55 (1:08.78)	3:23.18 (1:09.63)	4:29.75 (1:06.57)	
5	Goussard, Henry	15	Curro Aquatic Swim Club-CP	4:32.51	4:30.28
	1:03.35	2:12.78 (1:09.43)	3:22.25 (1:09.47)	4:30.28 (1:08.03)	
6	Roman, Noah P	15	Alpha Swim Club-CP	4:29.03	4:30.48
	1:03.87	2:12.80 (1:08.93)	3:23.32 (1:10.52)	4:30.48 (1:07.16)	
7	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	4:32.89	4:32.01
	1:05.25	2:14.32 (1:09.07)	3:24.36 (1:10.04)	4:32.01 (1:07.65)	
8	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	4:36.74	4:35.29
	1:05.16	2:15.49 (1:10.33)	3:26.59 (1:11.10)	4:35.29 (1:08.70)	
9	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	4:42.15	4:36.67
	1:04.65	2:14.70 (1:10.05)	3:25.06 (1:10.36)	4:36.67 (1:11.61)	
10	Kotzé, Arden C	15	Swartland Aquatics-WC	4:37.00	4:37.30
	1:02.76	2:12.68 (1:09.92)	3:24.20 (1:11.52)	4:37.30 (1:13.10)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 100 Men 14-15 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
11	Fletcher, Tyler D	14	Knysna Aquatics-ED	4:45.83	4:37.41
	1:06.12	2:17.96 (1:11.84)	3:29.79 (1:11.83)	4:37.41 (1:07.62)	
12	Boshoff, Keanu A	14	Knysna Aquatics-ED	4:57.11	4:37.69
	1:09.60	2:21.76 (1:12.16)	3:31.83 (1:10.07)	4:37.69 (1:05.86)	
13	Loots, Noah C	14	Aqua Sharks Academy-CP	4:32.44	4:38.31
	1:03.85	2:13.48 (1:09.63)	3:25.49 (1:12.01)	4:38.31 (1:12.82)	
14	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	4:44.65	4:38.60
	1:06.84	2:18.42 (1:11.58)	3:29.79 (1:11.37)	4:38.60 (1:08.81)	
15	Afonso, Aragon G	15	Quick Silver Swimming Club-CP	4:40.81	4:39.83
	1:07.42	2:19.68 (1:12.26)	3:31.87 (1:12.19)	4:39.83 (1:07.96)	
16	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	4:38.41	4:42.72
	1:05.88	2:18.84 (1:12.96)	3:30.56 (1:11.72)	4:42.72 (1:12.16)	
17	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	4:38.99	4:43.77
	1:06.20	2:18.36 (1:12.16)	3:31.45 (1:13.09)	4:43.77 (1:12.32)	
18	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	4:43.02	4:43.89
	1:07.49	2:20.65 (1:13.16)	3:34.27 (1:13.62)	4:43.89 (1:09.62)	
19	Fernold, AJ	15	Waterbender Aquatics Club-ED	4:49.15	4:45.43
	1:08.88	2:21.94 (1:13.06)	3:34.60 (1:12.66)	4:45.43 (1:10.83)	
20	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	4:40.54	4:45.65
	1:06.65	2:19.52 (1:12.87)	3:33.07 (1:13.55)	4:45.65 (1:12.58)	
21	Wright, Jonah S	14	Tygerberg Aquatics-CP	4:48.06	4:46.73
	1:06.53	2:20.16 (1:13.63)	3:35.92 (1:15.76)	4:46.73 (1:10.81)	
22	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	4:50.56	4:46.74
	1:08.54	2:21.79 (1:13.25)	3:36.18 (1:14.39)	4:46.74 (1:10.56)	
23	Smit, Reynard-Gray	14	Streamline Aquatics-CP	4:42.55	4:48.22
	1:07.42	2:20.73 (1:13.31)	3:34.75 (1:14.02)	4:48.22 (1:13.47)	
24	Williams, Evan B	15	Sport Science Institute of SA-CP	4:43.68	4:48.99
	1:07.70	2:21.68 (1:13.98)	3:35.76 (1:14.08)	4:48.99 (1:13.23)	
25	Faulkner, Callum E	14	Sport Science Institute of SA-CP	4:49.52	4:49.92
	1:07.22	2:21.66 (1:14.44)	3:36.44 (1:14.78)	4:49.92 (1:13.48)	
26	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	4:48.79	4:50.08
	1:06.53	2:21.27 (1:14.74)	3:36.78 (1:15.51)	4:50.08 (1:13.30)	
27	Trower, Michael	14	Streamline Aquatics-CP	4:46.66	4:51.22
	1:08.81	2:22.29 (1:13.48)	3:37.11 (1:14.82)	4:51.22 (1:14.11)	
28	Mkavea, Tasu	15	Uwc Aquatics-CP	5:24.36	4:52.11
	1:09.89	2:23.02 (1:13.13)	3:36.47 (1:13.45)	4:52.11 (1:15.64)	
29	Hough, Caleb	14	Curro Langebaan Aquatics-WC	4:42.56	4:52.38
	1:05.81	2:19.21 (1:13.40)	3:35.28 (1:16.07)	4:52.38 (1:17.10)	
30	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	4:52.35	4:56.84
	1:09.29	2:24.89 (1:15.60)	3:41.26 (1:16.37)	4:56.84 (1:15.58)	
31	Coetzee, Sion M	15	Quick Silver Swimming Club-CP	4:50.88	4:57.27
	1:08.54	2:24.33 (1:15.79)	3:42.83 (1:18.50)	4:57.27 (1:14.44)	
32	Nagendrakumar, Puneet	15	Streamline Aquatics-CP	4:56.02	4:58.47
	1:08.97	2:25.62 (1:16.65)	3:41.58 (1:15.96)	4:58.47 (1:16.89)	
33	Addinall, Ethan	14	Manta SC-CP	4:54.33	5:01.08
	1:10.20	2:26.62 (1:16.42)	3:44.70 (1:18.08)	5:01.08 (1:16.38)	
34	Visser, Wessel M	14	Uwc Aquatics-CP	4:58.25	5:01.09
	1:09.38	2:26.38 (1:17.00)	3:44.47 (1:18.09)	5:01.09 (1:16.62)	
35	Van Heerden, Christian	14	Aqua Athlete Cta-CP	4:53.15	5:02.41
	1:09.87	2:27.03 (1:17.16)	3:46.02 (1:18.99)	5:02.41 (1:16.39)	
36	Cole, Jarryd C	15	Vineyard SC-CP	4:49.50	5:03.41
	1:11.27	2:28.96 (1:17.69)	3:46.47 (1:17.51)	5:03.41 (1:16.94)	
37	Hodgskiss, Fin J	14	Sport Science Institute of SA-CP	5:22.06	5:04.91
	1:10.39	2:29.71 (1:19.32)	3:48.56 (1:18.85)	5:04.91 (1:16.35)	
38	Smit, Christian F	14	Royal Swimming Academy-ED	5:08.97	5:05.37
	1:12.21	2:31.14 (1:18.93)	3:49.73 (1:18.59)	5:05.37 (1:15.64)	
39	Francis, Ethan	14	Marlin Swimming Club-CP	5:16.39	5:05.50
	1:10.67	2:29.64 (1:18.97)	3:49.74 (1:20.10)	5:05.50 (1:15.76)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 100 Men 14-15 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
40	Liedeman, Mark	15	Swartland Aquatics-WC	4:52.34	5:07.63
	1:07.26	2:23.70 (1:16.44)	3:49.28 (1:25.58)	5:07.63 (1:18.35)	
41	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	5:03.50	5:08.14
	1:13.22	2:31.17 (1:17.95)	3:51.25 (1:20.08)	5:08.14 (1:16.89)	
42	Hucke, Tegan	14	Cape Town Otters-CP	5:07.79	5:08.15
	1:12.05	2:30.68 (1:18.63)	3:51.50 (1:20.82)	5:08.15 (1:16.65)	
43	Gomez, Alex W	15	Marlin Swimming Club-CP	5:12.93	5:08.65
	1:10.63	2:29.73 (1:19.10)	3:50.13 (1:20.40)	5:08.65 (1:18.52)	
44	Douries, Ean	14	Curro Aquatic Swim Club-CP	5:05.09	5:10.06
	1:12.02	2:30.81 (1:18.79)	3:51.31 (1:20.50)	5:10.06 (1:18.75)	
45	October, Joshua D	14	Alpha Swim Club-CP	5:11.50	5:12.68
	1:14.45	2:34.11 (1:19.66)	3:54.00 (1:19.89)	5:12.68 (1:18.68)	
46	Froneman, Dylan R	14	Blouberg Marlins-CP	5:12.35	5:13.30
	1:10.32	2:29.68 (1:19.36)	3:51.26 (1:21.58)	5:13.30 (1:22.04)	
47	Langeveldt, Christiano C	15	Alpha Swim Club-CP	4:59.88	5:14.48
	1:12.10	2:33.68 (1:21.58)	3:54.73 (1:21.05)	5:14.48 (1:19.75)	
48	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	5:15.81	5:16.85
	1:09.90	2:31.45 (1:21.55)	3:55.45 (1:24.00)	5:16.85 (1:21.40)	
49	Parr, Colbyn S	14	Knysna Aquatics-ED	5:06.79	5:23.37
	1:13.06	2:34.65 (1:21.59)	3:59.99 (1:25.34)	5:23.37 (1:23.38)	
50	Earle, Zack C	14	Fish Eagle Aquatics-ED	5:17.86	5:28.82
	1:10.94	2:37.29 (1:26.35)	4:05.49 (1:28.20)	5:28.82 (1:23.33)	
51	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	5:25.37	5:42.18
	1:15.59	2:44.63 (1:29.04)	4:14.14 (1:29.51)	5:42.18 (1:28.04)	
---	Van Dyk, Stephaan	14	Blouberg Marlins-CP	5:25.48	DNF

Event 100 Men 16 & Over 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Wright, Keegan	19	Tygerberg Aquatics-CP	4:05.78	4:10.29
	1:00.68	2:04.08 (1:03.40)	3:07.67 (1:03.59)	4:10.29 (1:02.62)	
2	Forbes, Thomas P	21	Lane Leader Stellenbosch-CE	4:11.53	4:12.71
	1:01.44	2:06.03 (1:04.59)	3:10.05 (1:04.02)	4:12.71 (1:02.66)	
3	Terblanche, Luan L	17	Tygerberg Aquatics-CP	4:16.17	4:16.10
	1:01.34	2:06.51 (1:05.17)	3:12.27 (1:05.76)	4:16.10 (1:03.83)	
4	Bannister, Joshua G	17	Tygerberg Aquatics-CP	4:12.12	4:16.52
	1:01.70	2:06.96 (1:05.26)	3:12.36 (1:05.40)	4:16.52 (1:04.16)	
5	Wolson, Daniel A	18	Swimlab Aquatic Academ-CP	4:27.93	4:28.65
	1:02.58	2:10.25 (1:07.67)	3:19.52 (1:09.27)	4:28.65 (1:09.13)	
6	Karsten, Jody	18	Blouberg Marlins-CP	4:27.12	4:32.15
	1:04.11	2:13.39 (1:09.28)	3:23.31 (1:09.92)	4:32.15 (1:08.84)	
7	Myburgh, Ruan	17	Blouberg Marlins-CP	4:33.23	4:35.62
	1:02.60	2:12.78 (1:10.18)	3:23.66 (1:10.88)	4:35.62 (1:11.96)	
8	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	4:22.73	4:36.91
	1:04.83	2:14.00 (1:09.17)	3:24.81 (1:10.81)	4:36.91 (1:12.10)	
9	Basson, Lucca N	16	Aqua Athlete Cta-CP	4:45.16	4:37.24
	1:05.76	2:16.76 (1:11.00)	3:28.03 (1:11.27)	4:37.24 (1:09.21)	
10	Levey, Chad	19	Maties Aquatics-CE	4:21.01	4:38.52
	1:02.10	2:11.37 (1:09.27)	3:24.64 (1:13.27)	4:38.52 (1:13.88)	
11	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	4:40.53	4:39.29
	1:05.05	2:16.20 (1:11.15)	3:30.68 (1:14.48)	4:39.29 (1:08.61)	
12	Southey, Jamie	16	Aqua Dolphin Swimming Club-CP	4:37.67	4:40.03
	1:05.72	2:16.87 (1:11.15)	3:29.49 (1:12.62)	4:40.03 (1:10.54)	
13	Pautz, Nathan M	17	Blouberg Marlins-CP	4:34.39	4:40.15
	1:06.27	2:17.80 (1:11.53)	3:28.59 (1:10.79)	4:40.15 (1:11.56)	
14	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	4:30.11	4:44.42
	1:05.17	2:18.24 (1:13.07)	3:31.49 (1:13.25)	4:44.42 (1:12.93)	
15	Atkinson, Samuel A	17	Swartland Aquatics-WC	4:47.73	4:45.30
	1:06.19	2:18.63 (1:12.44)	3:31.28 (1:12.65)	4:45.30 (1:14.02)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 100 Men 16 & Over 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
16	Lategan, Nicky N	16	Swartland Aquatics-WC	4:53.43	4:46.23
	1:06.18	2:20.97 (1:14.79)	3:35.49 (1:14.52)	4:46.23 (1:10.74)	
17	Solomon, Ethan	17	Alpha Swim Club-CP	4:28.21	4:47.59
	1:05.33	2:17.54 (1:12.21)	3:32.35 (1:14.81)	4:47.59 (1:15.24)	
18	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	4:52.84	4:52.35
	1:08.36	2:22.79 (1:14.43)	3:38.43 (1:15.64)	4:52.35 (1:13.92)	
19	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	5:02.64	5:00.27
	1:12.28	2:29.27 (1:16.99)	3:46.51 (1:17.24)	5:00.27 (1:13.76)	
20	Martin, Alzhario	17	Uwc Aquatics-CP	4:57.72	5:04.77
	1:08.94	2:25.62 (1:16.68)	3:44.63 (1:19.01)	5:04.77 (1:20.14)	
21	Poggenpoel, Troy J	16	Sport Science Institute of SA-CP	4:51.05	5:09.57
	1:09.99	2:28.57 (1:18.58)	3:49.90 (1:21.33)	5:09.57 (1:19.67)	
22	Holland-Muter, Jesse	16	Swartland Aquatics-WC	5:23.02	5:22.47
	1:12.66	2:36.20 (1:23.54)	4:00.53 (1:24.33)	5:22.47 (1:21.94)	

Event 100 Men 400 LC Meter Freestyle Multi-Class

	Name	Age	Team	Seed Time	Finals Time
1	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	5:31.16	5:29.33
	1:13.83	2:40.09 (1:26.26)	4:08.13 (1:28.04)	5:29.33 (1:21.20)	

Event 101 Girls 11 & Under 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	5:18.62	5:26.56
	1:13.96	2:37.80 (1:23.84)	4:02.93 (1:25.13)	5:26.56 (1:23.63)	
2	Daniels, Emily G	11	Xcel Swim Academy-CP	5:43.92	5:30.61
3	Levi, Zara	11	Cape Town Otters-CP	5:46.79	5:32.88
	1:15.44	2:41.50 (1:26.06)	4:08.98 (1:27.48)	5:32.88 (1:23.90)	
4	Scheffer, Shaylee C	11	Uwc Aquatics-CP	5:32.55	5:38.14
	1:18.98	2:45.00 (1:26.02)	4:12.94 (1:27.94)	5:38.14 (1:25.20)	
5	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	5:42.54	5:38.41
	1:19.88	2:46.17 (1:26.29)	4:14.29 (1:28.12)	5:38.41 (1:24.12)	
6	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	5:56.87	5:40.86
	1:18.69	2:46.65 (1:27.96)	4:15.31 (1:28.66)	5:40.86 (1:25.55)	
7	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	6:05.91	5:50.76
	1:20.61	2:50.67 (1:30.06)	4:22.88 (1:32.21)	5:50.76 (1:27.88)	
8	Strydom, Marli	11	Quick Silver Swimming Club-CP	5:54.81	5:52.91
	1:21.04	2:53.74 (1:32.70)	4:26.08 (1:32.34)	5:52.91 (1:26.83)	
9	De Lange, Niah	10	Curro Aquatic Swim Club-CP	6:03.58	5:55.12
	1:24.57	2:55.57 (1:31.00)	4:27.67 (1:32.10)	5:55.12 (1:27.45)	
10	Richards, Emma E	11	Swimlab Aquatic Academ-CP	6:17.63	5:56.41
	1:22.80	2:55.79 (1:32.99)	4:27.54 (1:31.75)	5:56.41 (1:28.87)	
11	Pitout, Addison P	11	Aqua Sharks Academy-CP	6:03.21	5:57.08
	1:21.28	2:54.63 (1:33.35)	4:28.44 (1:33.81)	5:57.08 (1:28.64)	
12	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	6:30.87	6:20.87
	1:29.24	3:07.87 (1:38.63)	4:46.46 (1:38.59)	6:20.87 (1:34.41)	

Event 101 Girls 12-13 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	4:43.18	4:41.66
	1:05.79	2:18.06 (1:12.27)	3:31.13 (1:13.07)	4:41.66 (1:10.53)	
2	Mocke, Sarah	13	Swimlab Aquatic Academ-CP	4:59.62	4:49.46
	1:08.51	2:22.68 (1:14.17)	3:36.88 (1:14.20)	4:49.46 (1:12.58)	
3	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	5:04.79	4:54.71
	1:09.06	2:24.29 (1:15.23)	3:40.13 (1:15.84)	4:54.71 (1:14.58)	
4	Johnson, Ella J	12	Cape Town Otters-CP	4:57.29	4:56.51
	1:09.59	2:25.17 (1:15.58)	3:41.41 (1:16.24)	4:56.51 (1:15.10)	
5	Williams, Aqeelah	13	Uwc Aquatics-CP	4:57.45	4:57.84
	1:09.34	2:25.64 (1:16.30)	3:41.61 (1:15.97)	4:57.84 (1:16.23)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 101 Girls 12-13 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
6	Boshoff, Anja	13	Tygerberg Aquatics-CP	5:09.64	5:04.56
	1:12.08	2:31.59 (1:19.51)	3:49.93 (1:18.34)	5:04.56 (1:14.63)	
7	Burger, Johané	13	Royal Swimming Academy-ED	5:06.98	5:08.48
	1:12.48	2:32.20 (1:19.72)	3:51.68 (1:19.48)	5:08.48 (1:16.80)	
8	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	5:07.98	5:08.61
	1:11.54	2:30.57 (1:19.03)	3:49.43 (1:18.86)	5:08.61 (1:19.18)	
9	Billson, Amelie	13	Curro Aquatic Swim Club-CP	5:05.31	5:09.10
	1:10.60	2:30.25 (1:19.65)	3:50.84 (1:20.59)	5:09.10 (1:18.26)	
10	Retief, Jane	13	Lane Leader Stellenbosch-CE	5:14.32	5:13.16
	1:13.59	2:33.61 (1:20.02)	3:53.98 (1:20.37)	5:13.16 (1:19.18)	
11	Els, Jamie	13	Aqua Dolphin Swimming Club-CP	5:12.61	5:13.22
	1:12.47	2:31.54 (1:19.07)	3:53.19 (1:21.65)	5:13.22 (1:20.03)	
12	Hofinger, Charlotte M	12	Aqua Sharks Academy-CP	5:07.01	5:13.23
	1:13.42	2:33.79 (1:20.37)	3:55.03 (1:21.24)	5:13.23 (1:18.20)	
13	Koegelenberg, Emily	13	Xcel Swim Academy-CP	5:10.11	5:15.08
	1:14.57	2:35.15 (1:20.58)	3:57.18 (1:22.03)	5:15.08 (1:17.90)	
14	Horn, Anna	13	Xcel Swim Academy-CP	5:20.27	5:15.27
	1:15.73	2:38.70 (1:22.97)	3:58.57 (1:19.87)	5:15.27 (1:16.70)	
15	Grebe, Ava	13	Curro Hermanus Aquatics-OB	5:14.33	5:17.98
	1:13.59	2:34.87 (1:21.28)	3:57.18 (1:22.31)	5:17.98 (1:20.80)	
16	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	5:25.98	5:20.28
	1:12.82	2:35.61 (1:22.79)	3:59.65 (1:24.04)	5:20.28 (1:20.63)	
17	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	5:20.42	5:21.16
	1:15.39	2:36.81 (1:21.42)	3:59.51 (1:22.70)	5:21.16 (1:21.65)	
18	Nel, Olivia	12	Curro Langebaan Aquatics-WC	5:30.36	5:22.08
	1:17.08	2:40.74 (1:23.66)	4:03.42 (1:22.68)	5:22.08 (1:18.66)	
19	Douglas, Keyla	12	Royal Swimming Academy-ED	5:31.40	5:22.18
	1:18.46	2:42.20 (1:23.74)	4:04.54 (1:22.34)	5:22.18 (1:17.64)	
20	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	5:19.18	5:22.91
	1:16.32	2:37.53 (1:21.21)	4:00.34 (1:22.81)	5:22.91 (1:22.57)	
21	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	5:22.40	5:24.35
	1:16.44	2:38.77 (1:22.33)	4:02.06 (1:23.29)	5:24.35 (1:22.29)	
22	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	5:23.28	5:27.44
	1:17.53	2:41.26 (1:23.73)	4:05.97 (1:24.71)	5:27.44 (1:21.47)	
23	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	5:42.39	5:29.44
	1:17.54	2:43.58 (1:26.04)	4:08.90 (1:25.32)	5:29.44 (1:20.54)	
24	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	5:21.69	5:29.62
	1:15.80	2:38.60 (1:22.80)	4:04.21 (1:25.61)	5:29.62 (1:25.41)	
25	Dabrowski, Leah A	12	Blouberg Marlins-CP	5:30.81	5:29.79
	1:14.99	2:38.09 (1:23.10)	4:03.07 (1:24.98)	5:29.79 (1:26.72)	
26	Olivier, Gianna G	12	Paarl Aquarius SC-CE	5:25.88	5:30.10
	1:17.70	2:42.94 (1:25.24)	4:07.85 (1:24.91)	5:30.10 (1:22.25)	
27	Adams, Tatum	12	Paarl Aquarius SC-CE	5:35.02	5:30.52
	1:17.49	2:40.30 (1:22.81)	4:05.69 (1:25.39)	5:30.52 (1:24.83)	
28	Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	5:18.38	5:30.92
	1:16.45	2:42.18 (1:25.73)	4:08.72 (1:26.54)	5:30.92 (1:22.20)	
29	Gilligan, Saskia	12	Blouberg Marlins-CP	5:44.48	5:31.97
	1:14.39	2:39.66 (1:25.27)	4:07.25 (1:27.59)	5:31.97 (1:24.72)	
30	Matthee, Zarah	12	Uwc Aquatics-CP	5:40.53	5:32.35
	1:18.37	2:43.16 (1:24.79)	4:09.75 (1:26.59)	5:32.35 (1:22.60)	
31	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	5:40.80	5:37.91
	1:19.91	2:46.52 (1:26.61)	4:13.31 (1:26.79)	5:37.91 (1:24.60)	
32	Adams, Ella	12	Curro Aquatic Swim Club-CP	5:40.67	5:44.65
	1:21.03	2:49.72 (1:28.69)	4:19.02 (1:29.30)	5:44.65 (1:25.63)	
33	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	5:57.68	5:45.04
	1:18.82	2:47.12 (1:28.30)	4:17.59 (1:30.47)	5:45.04 (1:27.45)	
34	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	5:41.63	5:45.18
	1:21.53	2:50.30 (1:28.77)	4:18.94 (1:28.64)	5:45.18 (1:26.24)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 101 Girls 12-13 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
35	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	5:46.99	5:46.45
	1:19.45	2:48.09 (1:28.64)	4:16.18 (1:28.09)	5:46.45 (1:30.27)	
36	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	5:44.20	5:46.73
	1:21.68	2:51.76 (1:30.08)	4:21.30 (1:29.54)	5:46.73 (1:25.43)	
37	De Wit, Rua	13	Curro Aquatic Swim Club-CP	5:49.87	5:46.75
	1:18.61	2:46.41 (1:27.80)	4:17.54 (1:31.13)	5:46.75 (1:29.21)	
38	Haldane, Bella	12	Fish Eagle Aquatics-ED	5:42.95	5:47.08
	1:20.84	2:50.74 (1:29.90)	4:19.98 (1:29.24)	5:47.08 (1:27.10)	
39	Van de Vyver, Mia	13	Elite Swimming Academy-CE	5:54.13	5:48.30
	1:20.80	2:48.98 (1:28.18)	4:19.36 (1:30.38)	5:48.30 (1:28.94)	
40	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	5:46.68	5:49.74
	1:20.18	2:51.20 (1:31.02)	4:21.62 (1:30.42)	5:49.74 (1:28.12)	
41	Tager, Kate S	13	Curro Hermanus Aquatics-OB	5:57.79	5:53.29
	1:23.41	2:54.63 (1:31.22)	4:25.96 (1:31.33)	5:53.29 (1:27.33)	
42	Emjedi, Saffiya	12	Swimlab Aquatic Academ-CP	5:34.66	5:54.28
	1:18.03	2:47.29 (1:29.26)	4:20.94 (1:33.65)	5:54.28 (1:33.34)	
43	Barenblatt, Sienna G	13	Stellenbosch Aquatics-CE	5:56.78	5:55.38
	1:23.70	2:55.15 (1:31.45)	4:27.45 (1:32.30)	5:55.38 (1:27.93)	
44	Schoeman, Liné	12	Fish Eagle Aquatics-ED	5:58.12	5:55.75
	1:22.86	2:53.18 (1:30.32)	4:25.69 (1:32.51)	5:55.75 (1:30.06)	
45	Wentzel, Leah A	13	Marlin Swimming Club-CP	6:00.08	6:03.02
	1:23.31	2:56.90 (1:33.59)	4:30.42 (1:33.52)	6:03.02 (1:32.60)	
46	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	6:15.16	6:07.15
	1:26.26	3:01.23 (1:34.97)	4:36.11 (1:34.88)	6:07.15 (1:31.04)	
47	Ras, Annabelle	12	Curro Aquatic Swim Club-CP	6:19.47	6:11.81
	1:22.63	2:58.75 (1:36.12)	4:37.52 (1:38.77)	6:11.81 (1:34.29)	

Event 101 Women 14-15 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	4:40.12	4:39.14
	1:05.27	2:16.72 (1:11.45)	3:28.18 (1:11.46)	4:39.14 (1:10.96)	
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	4:38.72	4:47.31
	1:06.00	2:18.64 (1:12.64)	3:32.40 (1:13.76)	4:47.31 (1:14.91)	
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	4:46.61	4:47.58
	1:07.38	2:19.58 (1:12.20)	3:33.31 (1:13.73)	4:47.58 (1:14.27)	
4	Durandt, Sharli	14	Aqua Sharks Academy-CP	4:52.75	4:51.24
	1:08.15	2:23.67 (1:15.52)	3:39.65 (1:15.98)	4:51.24 (1:11.59)	
5	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	4:57.08	4:52.40
	1:09.39	2:24.31 (1:14.92)	3:39.35 (1:15.04)	4:52.40 (1:13.05)	
6	Grobler, Zané	15	Waterbender Aquatics Club-ED	4:52.35	4:57.75
	1:09.59	2:24.75 (1:15.16)	3:41.86 (1:17.11)	4:57.75 (1:15.89)	
7	Van Der Wath, Izi	15	Knysna Aquatics-ED	4:55.86	4:59.79
	1:09.66	2:24.88 (1:15.22)	3:42.99 (1:18.11)	4:59.79 (1:16.80)	
8	Blake, Abi E	15	Curro Aquatic Swim Club-CP	5:02.18	5:03.19
	1:11.16	2:28.22 (1:17.06)	3:46.53 (1:18.31)	5:03.19 (1:16.66)	
9	De Villiers, Anja	14	Tygerberg Aquatics-CP	4:58.57	5:04.90
	1:10.70	2:27.86 (1:17.16)	3:48.07 (1:20.21)	5:04.90 (1:16.83)	
10	Fury, Amelia J	14	Vineyard SC-CP	5:09.69	5:06.02
	1:13.26	2:31.89 (1:18.63)	3:50.26 (1:18.37)	5:06.02 (1:15.76)	
11	Louw, Anieka	15	Curro Aquatic Swim Club-CP	4:56.53	5:06.14
	1:08.71	2:25.97 (1:17.26)	3:45.74 (1:19.77)	5:06.14 (1:20.40)	
12	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	5:15.17	5:10.93
	1:11.47	2:30.76 (1:19.29)	3:51.61 (1:20.85)	5:10.93 (1:19.32)	
13	Nienaber, Mila J	14	Elite Swimming Academy-CE	5:22.81	5:13.59
	1:12.99	2:32.45 (1:19.46)	3:53.99 (1:21.54)	5:13.59 (1:19.60)	
14	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	5:19.23	5:14.07
	1:15.25	2:36.86 (1:21.61)	3:58.24 (1:21.38)	5:14.07 (1:15.83)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

(Event 101 Women 14-15 400 LC Meter Freestyle)

Name	Age	Team	Seed Time	Finals Time
15 Faul, Ellen J	14	Players-CE	5:17.01	5:16.52
1:10.85	2:30.64 (1:19.79)	3:53.00 (1:22.36)	5:16.52 (1:23.52)	
16 Van Tromp, Seruby	14	Lane Leader Stellenbosch-CE	5:25.23	5:17.21
1:13.55	2:34.91 (1:21.36)	3:57.44 (1:22.53)	5:17.21 (1:19.77)	
17 Riley, Logan	15	Curro Aquatic Swim Club-CP	5:15.01	5:19.56
1:12.89	2:33.50 (1:20.61)	3:56.52 (1:23.02)	5:19.56 (1:23.04)	
18 Cronjé, Miané	14	Fish Eagle Aquatics-ED	5:26.21	5:20.91
1:13.67	2:35.15 (1:21.48)	3:58.66 (1:23.51)	5:20.91 (1:22.25)	
19 Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	5:11.73	5:20.94
1:15.10	2:37.13 (1:22.03)	4:01.05 (1:23.92)	5:20.94 (1:19.89)	
20 Brooker, Isabella J	14	Aqua Athlete Cta-CP	5:12.56	5:21.27
1:15.07	2:36.90 (1:21.83)	4:01.14 (1:24.24)	5:21.27 (1:20.13)	
21 Robinson, Alana	15	Swimlab Aquatic Academ-CP	5:24.10	5:21.81
1:12.08	2:33.11 (1:21.03)	3:59.19 (1:26.08)	5:21.81 (1:22.62)	
22 Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	5:25.24	5:22.53
1:13.56	2:36.91 (1:23.35)	4:02.97 (1:26.06)	5:22.53 (1:19.56)	
23 Coleman, Milan	14	Fish Eagle Aquatics-ED	5:28.58	5:25.61
1:13.45	2:37.21 (1:23.76)	4:04.02 (1:26.81)	5:25.61 (1:21.59)	
24 Mare, Isabella	14	Curro Aquatic Swim Club-CP	6:02.52	5:30.69
1:18.26	2:44.08 (1:25.82)	4:08.97 (1:24.89)	5:30.69 (1:21.72)	
25 Joubert, Elle	14	Players-CE	5:37.24	5:30.86
1:17.56	2:43.44 (1:25.88)	4:09.86 (1:26.42)	5:30.86 (1:21.00)	
26 Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	5:36.45	5:32.11
1:17.96	2:43.52 (1:25.56)	4:10.32 (1:26.80)	5:32.11 (1:21.79)	
27 Burger, Juanè	15	Curro Aquatic Swim Club-CP	5:18.74	5:33.09
1:16.06	2:40.74 (1:24.68)	4:07.70 (1:26.96)	5:33.09 (1:25.39)	
28 O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	5:10.78	5:33.59
1:17.32	2:44.07 (1:26.75)	4:09.94 (1:25.87)	5:33.59 (1:23.65)	
29 Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	5:31.91	5:34.63
1:15.94	2:40.38 (1:24.44)	4:08.21 (1:27.83)	5:34.63 (1:26.42)	
30 Basson, Lenè	14	Paarl Aquarius SC-CE	5:39.20	5:35.72
1:20.62	2:44.88 (1:24.26)	4:10.98 (1:26.10)	5:35.72 (1:24.74)	
31 Abrahams, Amaani	14	Marlin Swimming Club-CP	5:42.62	5:38.07
1:15.86	2:42.43 (1:26.57)	4:10.33 (1:27.90)	5:38.07 (1:27.74)	
32 Lourens, Mia	14	Curro Aquatic Swim Club-CP	5:25.67	5:38.51
1:16.74	2:42.68 (1:25.94)	4:10.96 (1:28.28)	5:38.51 (1:27.55)	

Event 101 Women 16 & Over 400 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Neilson, Hannah K	20	Uwc Aquatics-CP	4:47.24	4:39.47
1:07.82	2:19.05 (1:11.23)	3:30.41 (1:11.36)	4:39.47 (1:09.06)	
2 Raimond, Marike M	16	Tygerberg Aquatics-CP	4:48.81	4:47.50
1:06.96	2:19.71 (1:12.75)	3:34.12 (1:14.41)	4:47.50 (1:13.38)	
3 Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	4:41.73	4:48.12
1:07.12	2:20.62 (1:13.50)	3:34.74 (1:14.12)	4:48.12 (1:13.38)	
4 Novello, Utah	19	Lane Leader Stellenbosch-CE	4:55.96	4:55.53
1:08.89	2:23.89 (1:15.00)	3:40.29 (1:16.40)	4:55.53 (1:15.24)	
5 Kotzè, Tamsyn G	18	Streamline Aquatics-CP	4:57.62	4:56.82
1:08.86	2:24.35 (1:15.49)	3:41.15 (1:16.80)	4:56.82 (1:15.67)	
6 Newton, Ava L	16	Curro Aquatic Swim Club-CP	4:49.62	4:58.02
1:08.24	2:23.58 (1:15.34)	3:40.29 (1:16.71)	4:58.02 (1:17.73)	
7 Prinsloo, Mila	18	Players-CE	4:43.12	4:58.20
1:07.40	2:22.96 (1:15.56)	3:40.30 (1:17.34)	4:58.20 (1:17.90)	
8 Vd Wal, Mieke	17	Curro Aquatic Swim Club-CP	5:01.49	5:00.59
1:09.08	2:24.34 (1:15.26)	3:42.43 (1:18.09)	5:00.59 (1:18.16)	
9 Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	5:01.11	5:02.52
1:11.25	2:28.21 (1:16.96)	3:46.62 (1:18.41)	5:02.52 (1:15.90)	

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Results

(Event 101 Women 16 & Over 400 LC Meter Freestyle)

Name		Age	Team	Seed Time	Finals Time
10	Morais, Nyriam W	16	Uwc Aquatics-CP	5:12.38	5:08.23
	1:12.01	2:30.61 (1:18.60)	3:51.04 (1:20.43)	5:08.23 (1:17.19)	
11	Hartung, Amy M	16	Aqua Sharks Academy-CP	4:59.98	5:08.86
	1:11.85	2:29.65 (1:17.80)	3:49.35 (1:19.70)	5:08.86 (1:19.51)	
12	Rossouw, Cara	16	Tygerberg Aquatics-CP	5:07.81	5:09.41
	1:13.64	2:32.76 (1:19.12)	3:52.27 (1:19.51)	5:09.41 (1:17.14)	
13	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	5:16.88	5:19.76
	1:14.53	2:36.52 (1:21.99)	3:58.87 (1:22.35)	5:19.76 (1:20.89)	
14	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	5:09.38	5:23.41
	1:17.15	2:40.80 (1:23.65)	4:03.24 (1:22.44)	5:23.41 (1:20.17)	

Event 101 Women 400 LC Meter Freestyle Multi-Class

Name		Age	Team	Seed Time	Finals Time
1	Thiart, Annelie S15	14	Curro Langebaan Aquatics-WC	5:33.62	5:34.25
	1:17.55	2:42.50 (1:24.95)	4:09.93 (1:27.43)	5:34.25 (1:24.32)	
2	Janse Van Rensburg, Minke S14	21	Fish Eagle Aquatics-ED	6:20.89	6:22.14
	1:22.42	3:02.97 (1:40.55)	4:45.61 (1:42.64)	6:22.14 (1:36.53)	

Event 102 Men 4x200 LC Meter Freestyle Relay

Team		Relay	Seed Time	Finals Time
1	Lane Leader Stellenbosch-CE	A	7:58.88	7:55.16
2	Tygerberg Aquatics-CP	A	8:08.99	7:56.53
3	Curro Aquatic Swim Club-CP	A	8:17.47	8:30.42
4	Curro Aquatic Swim Club-CP	B	8:32.74	8:42.57
5	Uwc Aquatics-CP	A	9:20.46	9:30.75
6	Fish Eagle Aquatics-ED	A	9:59.53	10:07.35

Event 103 Women 4x200 LC Meter Freestyle Relay

Team		Relay	Seed Time	Finals Time
1	Curro Aquatic Swim Club-CP	A	9:08.04	9:19.02
	1:05.18	2:15.09 (2:15.09)	3:22.53 (1:07.44)	4:37.04 (2:21.95)
	5:43.30 (1:06.26)	6:56.77 (2:19.73)	8:04.05 (1:07.28)	9:19.02 (2:22.25)
2	Tygerberg Aquatics-CP	A	9:23.04	9:30.23
	1:08.73	2:22.17 (2:22.17)	3:33.31 (1:11.14)	4:48.14 (2:25.97)
	5:57.24 (1:09.10)	7:13.57 (2:25.43)	8:19.92 (1:06.35)	9:30.23 (2:16.66)
3	Curro Aquatic Swim Club-CP	B	9:34.91	9:30.37
	1:08.60	2:22.69 (2:22.69)	3:33.66 (1:10.97)	4:50.07 (2:27.38)
	5:57.20 (1:07.13)	7:10.80 (2:20.73)	8:18.28 (1:07.48)	9:30.37 (2:19.57)
4	Aqua Sharks Academy-CP	A	9:27.78	9:45.92
	1:06.92	3:29.68 (3:29.68)	4:43.30 (1:13.62)	5:57.04 (2:27.36)
	7:13.41 (1:16.37)	8:25.23 (2:28.19)	9:46.45 (1:21.22)	9:45.92 (1:20.69)

Event 200 Boys 11 & Under 100 LC Meter Backstroke

Name		Age	Team	Prelim Time	Finals Time
Finals					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	1:16.07	1:13.41
2	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	1:17.20	1:17.38
3	Horn, Ben	10	Xcel Swim Academy-CP	1:22.21	1:19.92
4	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	1:23.21	1:21.07
5	Cloete, Albert	11	Tygerberg Aquatics-CP	1:23.84	1:21.65
6	Gilligan, Cooper J	11	Blouberg Marlins-CP	1:25.02	1:22.99
7	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	1:22.39	1:23.02
8	Pieters, Cayden R	11	Swartland Aquatics-WC	1:24.55	1:25.60

Event 200 Boys 11 & Under 100 LC Meter Backstroke

Name		Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	1:12.42	1:16.07 a

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 200 Boys 11 & Under 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	1:15.61	1:17.20	q
3	Horn, Ben	10	Xcel Swim Academy-CP	1:24.79	1:22.21	q
4	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	1:21.71	1:22.39	q
5	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	1:19.53	1:23.21	q
6	Cloete, Albert	11	Tygerberg Aquatics-CP	1:23.24	1:23.84	q
7	Pieters, Cayden R	11	Swartland Aquatics-WC	1:24.47	1:24.55	q
8	Gilligan, Cooper J	11	Blouberg Marlins-CP	1:21.43	1:25.02	q
9	Spies, Judah J	11	Fish Eagle Aquatics-ED	1:28.70	1:25.14	
10	Naude, Niel P	11	Agulhas Aquatics-OB	1:26.90	1:25.94	
11	Edwards, Bryce	11	Cape Town Otters-CP	1:33.85	1:26.24	
12	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	1:28.39	1:26.93	
13	Kruger, Declan	11	Blouberg Marlins-CP	1:21.42	1:26.94	
14	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	1:25.06	1:28.33	
15	Kruger, Blake R	11	Swartland Aquatics-WC	1:28.08	1:28.77	
16	Van Wyngaard, Daniël C	11	Royal Swimming Academy-ED	1:27.20	1:29.43	
17	Fouche, Ryan	11	Curro Aquatic Swim Club-CP	1:30.19	1:29.56	
18	Bouffé, Hunter K	11	Knysna Aquatics-ED	1:27.97	1:30.43	
19	Meets, Daniel	11	Aqua Sharks Academy-CP	1:29.68	1:30.58	
20	Askevold, Gunther J	11	Blouberg Marlins-CP	1:29.61	1:30.66	
21	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	1:28.13	1:30.79	
22	Eksteen, Pisces M	11	Xcel Swim Academy-CP	1:33.65	1:31.26	
23	Mallin, Aron	9	Swimlab Aquatic Academ-CP	1:32.48	1:32.43	
24	Schutte, Ethan	10	Quick Silver Swimming Club-CP	1:31.39	1:33.07	
25	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	1:34.31	1:33.60	
26	Kemp, André D	10	Agulhas Aquatics-OB	1:33.99	1:34.24	
27	Vincent, Joshua	10	Quick Silver Swimming Club-CP	1:34.20	1:34.33	
28	Stasch, Alexander G	11	Tygerberg Aquatics-CP	1:28.97	1:34.35	
29	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	1:35.63	1:34.42	
30	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	1:33.35	1:34.75	
31	Malherbe, Roz R	11	Brave-CE	1:34.67	1:35.58	
32	Spreeth, Barend P	11	Swartland Aquatics-WC	1:33.54	1:36.20	
33	Spangenberg, Luke A	11	Xcel Swim Academy-CP	1:33.66	1:36.34	
34	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	1:34.75	1:36.54	
35	Loxton, Camden	11	Vineyard SC-CP	1:34.44	1:37.21	
36	Whitehouse, Bramwell A	10	Curro Hermanus Aquatics-OB	1:34.95	1:37.76	
37	Pretorius, Liam R	11	Tygerberg Aquatics-CP	1:39.95	1:38.36	
38	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	1:43.95	1:40.13	
39	Steyn, Francois D	11	Curro Aquatic Swim Club-CP	1:46.06	1:42.67	
---	De Nooy, Wyatt J	10	Lane Leader Stellenbosch-CE	1:42.08	DQ	

Event 200 Boys 12-13 100 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:07.18	1:05.87
2	Bright, Michael C	13	Curro Aquatic Swim Club-CP	1:06.20	1:06.32
3	Kruger, Zachary C	13	Swartland Aquatics-WC	1:09.88	1:07.96
4	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	1:12.61	1:11.44
5	Heunis, Le Roux	13	Tygerberg Aquatics-CP	1:13.46	1:11.52
6	Visagie, Dian	13	Swartland Aquatics-WC	1:11.86	1:12.90
7	Barnard, Daniël B	13	Xcel Swim Academy-CP	1:13.37	1:13.55
8	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	1:14.32	1:14.74

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 200 Boys 12-13 100 LC Meter Backstroke**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	1:06.69	1:06.20	q
2	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:04.89	1:07.18	q
3	Kruger, Zachary C	13	Swartland Aquatics-WC	1:08.53	1:09.88	q
4	Visagie, Dian	13	Swartland Aquatics-WC	1:10.37	1:11.86	q
5	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	1:10.58	1:12.61	q
6	Barnard, Daniël B	13	Xcel Swim Academy-CP	1:13.90	1:13.37	q
7	Heunis, Le Roux	13	Tygerberg Aquatics-CP	1:13.02	1:13.46	q
8	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	1:13.79	1:14.32	q
9	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	1:15.01	1:15.38	
10	Schaefer, Daniel C	13	Players-CE	1:14.57	1:15.63	
11	February, Dillon S	13	Curro Aquatic Swim Club-CP	1:16.18	1:15.76	
12	Akinci, Can Batu	13	Vineyard SC-CP	1:14.40	1:16.09	
13	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	1:13.81	1:16.15	
14	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	1:10.75	1:16.46	
15	Schabert, Lowen	12	Elite Swimming Academy-CE	1:15.78	1:16.90	
16	Van der Merwe, Luan J	12	Uwc Aquatics-CP	1:16.64	1:17.24	
17	Steyn, Harry	12	Aqua Sharks Academy-CP	1:13.87	1:17.50	
18	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	1:15.75	1:17.73	
19	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	1:16.72	1:18.01	
20	Lewis, Amaru C	13	Paarl Aquarius SC-CE	1:18.96	1:18.97	
21	Clark, Alexander L	12	Uwc Aquatics-CP	1:22.11	1:19.56	
22	Rossouw, Marais	12	Quick Silver Swimming Club-CP	1:21.78	1:19.63	
23	Harder, Callum R	12	Vineyard SC-CP	1:17.41	1:19.64	
24	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	1:22.50	1:19.95	
25	Sebastian, Alexander	12	Manta SC-CP	1:20.00	1:20.59	
26	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	1:19.15	1:20.78	
27	Spangenberg, Zach A	12	Xcel Swim Academy-CP	1:19.74	1:21.07	
28	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	1:19.12	1:21.17	
29	Lee, Daniel	12	Tygerberg Aquatics-CP	1:19.47	1:21.67	
30	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	1:19.92	1:21.83	
31	King, Aidan J	13	Curro Aquatic Swim Club-CP	1:17.48	1:21.99	
32	Brandt, Leroux	13	Fish Eagle Aquatics-ED	1:23.87	1:22.26	
33	Zwarts, Zak P	13	Tygerberg Aquatics-CP	1:22.64	1:22.32	
34	Gerber, Luke M	12	Curro Aquatic Swim Club-CP	1:21.29	1:22.96	
35	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	1:23.52	1:23.19	
36	Smith, Zian	13	Curro Langebaan Aquatics-WC	1:29.13	1:23.39	
37	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	1:19.59	1:23.80	
38	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	1:23.18	1:23.83	
39	Lategan, Wessel W	13	Swartland Aquatics-WC	1:24.79	1:24.15	
40	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	1:21.37	1:24.40	
41	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	1:22.35	1:24.73	
42	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	1:25.37	1:24.78	
43	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	1:27.08	1:25.11	
44	Heunis, Johan C	12	Barracudas Aquarama SC-CP	1:23.00	1:25.30	
45	Abrie, Ryn J	13	Curro Hermanus Aquatics-OB	1:22.19	1:25.45	
46	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	1:23.76	1:25.75	
47	O'Reilly, Shane B	13	Swimlab Aquatic Academ-CP	1:28.86	1:26.38	
48	Kenmuir, Ethan	12	Vineyard SC-CP	1:26.47	1:26.95	
49	Basson, Jan-Hugo D	12	The Well-CE	1:26.85	1:29.36	
50	Kriel, Ewan	12	Quick Silver Swimming Club-CP	1:31.17	1:29.78	
51	Parr, Riley C	12	Knysna Aquatics-ED	1:25.39	1:32.36	
52	Samuels, Mason	13	Marlin Swimming Club-CP	1:37.50	1:38.08	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 200 Men 14-15 100 LC Meter Backstroke**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	1:02.26	1:01.76
2	Snyders, Kyle	15	Curro Langebaan Aquatics-WC	1:03.54	1:02.55
3	Gilmour, Connor A	15	Streamline Aquatics-CP	1:03.31	1:02.72
4	Fernold, AJ	15	Waterbender Aquatics Club-ED	1:06.89	1:04.38
5	Kotzè, Arden C	15	Swartland Aquatics-WC	1:08.60	1:07.32
6	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	1:06.61	1:08.32
7	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	1:08.17	1:10.56
8	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	1:08.30	1:12.34

Event 200 Men 14-15 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	59.75	1:02.26	q
2	Gilmour, Connor A	15	Streamline Aquatics-CP	1:02.02	1:03.31	q
3	Snyders, Kyle	15	Curro Langebaan Aquatics-WC	1:01.04	1:03.54	q
4	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	1:03.25	1:06.61	q
5	Fernold, AJ	15	Waterbender Aquatics Club-ED	1:02.10	1:06.89	q
6	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	1:08.72	1:08.17	q
7	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	1:10.00	1:08.30	q
8	Kotzè, Arden C	15	Swartland Aquatics-WC	1:06.75	1:08.60	q
9	Durrans, Liam J	15	Stellenbosch Aquatics-CE	1:10.11	1:09.31	
10	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	1:06.61	1:09.33	
11	Coetzee, Sion M	15	Quick Silver Swimming Club-CP	1:08.10	1:09.36	
12	Crabbe-Mann, Michael K	15	Unattached	1:09.49	1:09.38	
13	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	1:06.39	1:09.47	
14	Loots, Noah C	14	Aqua Sharks Academy-CP	1:05.03	1:09.81	
15	Wright, Jonah S	14	Tygerberg Aquatics-CP	1:09.26	1:09.86	
16	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	1:13.46	1:10.42	
*17	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	1:09.51	1:10.63	
*17	Lichthart, Nicus	14	Quick Silver Swimming Club-CP	1:08.85	1:10.63	
19	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	1:06.81	1:10.66	
20	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	1:10.99	1:11.17	
21	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	1:07.26	1:11.38	
22	Wing, James L	15	Curro Aquatic Swim Club-CP	1:12.29	1:11.47	
23	Williams, Evan B	15	Sport Science Institute of SA-CP	1:10.93	1:11.77	
24	Nagendrakumar, Puneet	15	Streamline Aquatics-CP	1:09.16	1:11.81	
25	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	1:09.32	1:12.28	
26	Daniels, Joshua D	15	Streamline Aquatics-CP	1:11.60	1:12.69	
27	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	1:11.81	1:13.51	
28	Van Vondel, Roland	14	Tygerberg Aquatics-CP	1:11.54	1:13.53	
29	Smit, Reynard-Gray	14	Streamline Aquatics-CP	1:13.74	1:13.82	
30	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	1:15.98	1:14.10	
31	Faulkner, Callum E	14	Sport Science Institute of SA-CP	1:14.06	1:14.24	
*32	Addinall, Ethan	14	Manta SC-CP	1:13.13	1:14.46	
*32	Moodie, Zak	15	Blouberg Marlins-CP	1:14.00	1:14.46	
34	Pearson-Adams, Wolfe D	15	Swimlab Aquatic Academ-CP	1:14.48	1:14.70	
35	Hodgskiss, Fin J	14	Sport Science Institute of SA-CP	1:12.86	1:14.76	
36	Hucke, Tegan	14	Cape Town Otters-CP	1:16.08	1:14.84	
37	Fortune, Yaseen	15	Manta SC-CP	1:11.36	1:14.85	
38	Rheeder, Liam M	15	Paarl Aquarius SC-CE	1:13.00	1:15.13	
39	Hough, Caleb	14	Curro Langebaan Aquatics-WC	1:13.13	1:15.26	
40	Tresfon, Robbie	14	Vineyard SC-CP	1:13.97	1:15.47	
41	Francis, Ethan	14	Marlin Swimming Club-CP	1:13.26	1:15.81	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 200 Men 14-15 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
42	Ganger, Zeke D	15	Marlin Swimming Club-CP	1:11.60	1:16.86
43	Snyders, Reece	15	Uwc Aquatics-CP	1:19.06	1:16.98
44	Smit, Christian F	14	Royal Swimming Academy-ED	1:16.84	1:18.70
45	Fortune, Hakeem	14	Manta SC-CP	1:19.85	1:18.72
46	De Jager, Eben	14	Brave-CE	1:19.92	1:21.19
47	Lamminga, Jack	14	Curro Langebaan Aquatics-WC	1:22.11	1:21.32
48	Earle, Zack C	14	Fish Eagle Aquatics-ED	1:26.05	1:23.50

Event 200 Men 16 & Over 100 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	57.94	58.11
2	Labuschagne, Jeremy	19	Lane Leader Stellenbosch-CE	1:00.31	59.26
3	Loots, Andre S	17	Lane Leader Stellenbosch-CE	1:00.97	1:00.75
4	Trower, Nic T	16	Swimlab Aquatic Academ-CP	1:01.20	1:00.95
5	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	1:02.73	1:02.35
6	Heslop, Jonathan V	22	TuksSwimming-TS	1:03.69	1:03.12
7	Wolson, Daniel A	18	Swimlab Aquatic Academ-CP	1:04.52	1:03.34
8	Myburgh, Ruan	17	Blouberg Marlins-CP	1:03.12	1:03.54
9	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	1:05.25	1:04.35
10	Bannister, Joshua G	17	Tygerberg Aquatics-CP	1:04.93	1:04.39
11	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	1:06.62	1:05.01
12	Karsten, Jody	18	Blouberg Marlins-CP	1:05.92	1:05.83
13	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	1:06.43	1:06.70
14	Kotzè, Max M	16	Blouberg Marlins-CP	1:08.09	1:08.42
15	Bowers, Joshua A	22	Manta SC-CP	1:09.07	1:09.89

Event 200 Men 16 & Over 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	54.49	57.94 q
2	Labuschagne, Jeremy	19	Lane Leader Stellenbosch-CE	59.71	1:00.31 q
3	Loots, Andre S	17	Lane Leader Stellenbosch-CE	58.95	1:00.97 q
4	Trower, Nic T	16	Swimlab Aquatic Academ-CP	59.38	1:01.20 q
5	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	59.50	1:02.73 q
6	Myburgh, Ruan	17	Blouberg Marlins-CP	1:00.63	1:03.12 q
7	Heslop, Jonathan V	22	TuksSwimming-TS	1:02.83	1:03.69 q
8	Wolson, Daniel A	18	Swimlab Aquatic Academ-CP	58.54	1:04.52 q
9	Bannister, Joshua G	17	Tygerberg Aquatics-CP	1:01.34	1:04.93 q
10	Norton, Trent A	19	Lane Leader Stellenbosch-CE	59.80	1:05.09 q
11	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	1:02.53	1:05.25 q
12	Karsten, Jody	18	Blouberg Marlins-CP	1:04.67	1:05.92 q
13	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	1:00.34	1:06.43 q
14	De Kock, John P	16	Stellenbosch Aquatics-CE	1:03.42	1:06.51 q
15	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	1:05.52	1:06.62 q
16	Wollenschlaeger, Noah	17	Vineyard SC-CP	1:00.03	1:07.24 q
17	Kotzè, Max M	16	Blouberg Marlins-CP	1:05.20	1:08.09
18	Sirin, Ben	16	Vineyard SC-CP	1:04.64	1:08.14
19	Basson, Lucca N	16	Aqua Athlete Cta-CP	1:05.30	1:08.36
20	Bowers, Joshua A	22	Manta SC-CP	1:05.85	1:09.07
21	Moolman, Carter S	17	Manta SC-CP	1:06.39	1:09.23
22	Haupt, Rhys A	16	Vineyard SC-CP	1:03.17	1:09.39
23	Viljoen, Jaden R	17	Aqua Sharks Academy-CP	1:05.74	1:09.62
24	Lategan, Nicky N	16	Swartland Aquatics-WC	1:08.94	1:10.47
25	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	1:08.47	1:10.49

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 200 Men 16 & Over 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
26	Burmeister, Marius	17	Brave-CE	1:10.14	1:12.22
27	Van der Watt, Alpheus J	17	Players-CE	1:07.80	1:12.44
28	Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	1:10.60	1:12.62
29	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	1:08.68	1:12.80
30	Martin, Alzhario	17	Uwc Aquatics-CP	1:13.25	1:13.15
31	Cleophas, Kyle	16	Paarl Aquarius SC-CE	1:10.32	1:14.23
32	Abrahams, Rayhan	16	Walmers SC-CP	1:15.88	1:14.86
33	Holland-Muter, Jesse	16	Swartland Aquatics-WC	1:13.76	1:14.98
34	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	1:15.07	1:15.01
35	Wykeham, Josh W	17	Vineyard SC-CP	1:13.81	1:16.17

Event 201 Girls 11 & Under 100 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	1:15.25	1:12.57
2	Daniels, Emily G	11	Xcel Swim Academy-CP	1:15.61	1:15.01
3	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:23.07	1:21.76
4	Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:22.52	1:22.46
5	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	1:25.08	1:23.01
6	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	1:25.07	1:24.22
7	Strydom, Marli	11	Quick Silver Swimming Club-CP	1:27.69	1:25.37
8	Schenck, Maya K	11	Tygerberg Aquatics-CP	1:26.78	1:25.84

Event 201 Girls 11 & Under 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	1:13.76	1:15.25 a
2	Daniels, Emily G	11	Xcel Swim Academy-CP	1:15.73	1:15.61 a
3	Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:20.42	1:22.52 a
4	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:23.32	1:23.07 a
5	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	1:23.58	1:25.07 a
6	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	1:22.47	1:25.08 a
7	Schenck, Maya K	11	Tygerberg Aquatics-CP	1:26.20	1:26.78 a
8	Strydom, Marli	11	Quick Silver Swimming Club-CP	1:24.72	1:27.69 a
9	Richards, Emma E	11	Swimlab Aquatic Academ-CP	1:28.58	1:29.95
10	De Lange, Niah	10	Curro Aquatic Swim Club-CP	1:34.26	1:30.61
11	Harvett, Logan L	11	Stellenbosch Aquatics-CE	1:32.44	1:30.70
12	Louw, Milea	11	Tygerberg Aquatics-CP	1:30.64	1:30.81
13	Bruwer, Leané	11	Swartland Aquatics-WC	1:31.99	1:31.35
14	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	1:37.46	1:32.18
15	Van Zyl, Lily M	11	Elite Swimming Academy-CE	1:31.69	1:32.52
16	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	1:40.00	1:33.00
17	Keun, Lente	10	Vineyard SC-CP	1:37.81	1:33.26
18	Glass, Gabi	11	Swimlab Aquatic Academ-CP	1:30.35	1:33.90
19	Kriel, Leah	11	Greydogs Swimming Club-CP	1:31.27	1:34.08
20	Lacovig, Sofia G	11	Lane Leader Stellenbosch-CE	1:33.09	1:34.28
21	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	1:33.60	1:34.86
22	Freese, Gabi M	10	Swimlab Aquatic Academ-CP	1:33.80	1:36.60
23	Fakier, Ayesha i	11	Cape Town Otters-CP	1:38.08	1:38.29
24	De Jager, Isabella	11	Brave-CE	1:40.40	1:40.49
25	Koen, Elmi	11	Elite Swimming Academy-CE	1:36.77	1:41.56
26	Burger, Marguerite	11	Swartland Aquatics-WC	1:49.19	1:45.18

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 201 Girls 12-13 100 LC Meter Backstroke**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	1:05.83	1:05.49
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:10.74	1:10.79
3	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	1:14.61	1:15.00
4	Dabrowski, Leah A	12	Blouberg Marlins-CP	1:16.11	1:15.07
5	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	1:15.66	1:15.51
6	Thirsk, Savannah	13	Curro Aquatic Swim Club-CP	1:16.03	1:17.11
7	Haldane, Bella	12	Fish Eagle Aquatics-ED	1:17.58	1:19.03
8	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	1:17.17	1:20.46

Event 201 Girls 12-13 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	1:03.83	1:05.83	q
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:08.77	1:10.74	q
3	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	1:13.18	1:14.61	q
4	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	1:14.64	1:15.66	q
5	Thirsk, Savannah	13	Curro Aquatic Swim Club-CP	1:14.81	1:16.03	q
6	Dabrowski, Leah A	12	Blouberg Marlins-CP	1:13.23	1:16.11	q
7	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	1:16.10	1:17.17	q
8	Gullan, Sophia	13	Vineyard SC-CP	1:16.79	1:17.54	q
9	Haldane, Bella	12	Fish Eagle Aquatics-ED	1:18.71	1:17.58	
10	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	1:13.93	1:18.30	
11	Koegelenberg, Emily	13	Xcel Swim Academy-CP	1:20.34	1:19.14	
12	Venter, Ané	12	Fish Eagle Aquatics-ED	1:22.80	1:19.15	
13	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	1:17.21	1:19.63	
14	Barthus, Alessia	12	Manta SC-CP	1:17.58	1:20.20	
15	Gilligan, Saskia	12	Blouberg Marlins-CP	1:23.05	1:20.68	
16	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	1:21.56	1:20.86	
17	Burger, Johané	13	Royal Swimming Academy-ED	1:17.55	1:21.40	
18	Horn, Anna	13	Xcel Swim Academy-CP	1:17.80	1:21.46	
19	Nel, Olivia	12	Curro Langebaan Aquatics-WC	1:23.20	1:21.56	
20	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	1:22.37	1:21.87	
21	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	1:22.74	1:21.94	
22	Lloyd, Jemma A	13	Vineyard SC-CP	1:21.62	1:22.28	
23	Sabbagha, Georgia	13	Paarl Aquarius SC-CE	1:22.47	1:22.62	
24	Jantjies, Zara	13	Manta SC-CP	1:22.48	1:22.70	
25	Matthee, Zarah	12	Uwc Aquatics-CP	1:21.42	1:23.16	
26	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	1:19.82	1:23.29	
27	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	1:23.50	1:23.46	
28	Gerber, Kayla M	12	Stellenbosch Aquatics-CE	1:24.41	1:23.80	
29	Newkirk, Gia	12	Tygerberg Aquatics-CP	1:23.92	1:23.89	
30	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	1:21.08	1:24.03	
31	Billson, Amelie	13	Curro Aquatic Swim Club-CP	1:18.22	1:24.13	
32	Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	1:20.93	1:24.84	
33	Barenblatt, Sienna G	13	Stellenbosch Aquatics-CE	1:22.48	1:24.90	
34	Sprong, Jaime M	12	Aqua Sharks Academy-CP	1:24.73	1:25.00	
35	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	1:26.19	1:25.35	
36	Liebenberg, Aimee L	13	Elite Swimming Academy-CE	1:27.28	1:26.04	
37	Knott, Cayleigh	12	Aqua Sharks Academy-CP	1:18.31	1:26.13	
38	Adams, Tatum	12	Paarl Aquarius SC-CE	1:24.41	1:26.29	
39	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	1:21.93	1:26.37	
40	Eyssen, Sky	13	Manta SC-CP	1:25.87	1:26.38	
41	De Wit, Rua	13	Curro Aquatic Swim Club-CP	1:26.84	1:26.98	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 201 Girls 12-13 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
42	Tager, Kate S	13	Curro Hermanus Aquatics-OB	1:29.18	1:27.13
43	Smit, Dione	12	Curro Aquatic Swim Club-CP	1:23.36	1:28.78
*44	Breytenbach, Amore	13	Elite Swimming Academy-CE	1:29.67	1:28.96
*44	Noble, Lea L	12	Blouberg Marlins-CP	1:29.85	1:28.96
46	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	1:29.08	1:29.02
47	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	1:29.45	1:29.09
48	Smith, Cadence C	13	Sport Science Institute of SA-CP	1:34.52	1:30.01
49	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	1:24.19	1:30.02
50	Van de Vyver, Mia	13	Elite Swimming Academy-CE	1:29.50	1:31.53
51	Schoeman, Liné	12	Fish Eagle Aquatics-ED	1:33.01	1:32.89
52	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	1:36.06	1:33.07
53	Marais, Lily E	12	Fish Eagle Aquatics-ED	1:42.41	1:35.51
54	Adams, Ella	12	Curro Aquatic Swim Club-CP	1:34.43	1:36.48

Event 201 Women 14-15 100 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	1:11.17	1:09.41
2	Durandt, Sharli	14	Aqua Sharks Academy-CP	1:14.06	1:12.83
3	Holman, Acaylia	15	Marlin Swimming Club-CP	1:14.44	1:13.33
4	De Villiers, Anja	14	Tygerberg Aquatics-CP	1:13.11	1:13.36
5	Riley, Logan	15	Curro Aquatic Swim Club-CP	1:14.29	1:13.45
6	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	1:15.09	1:14.36
7	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	1:16.14	1:16.02
8	Coetzee, Liane	14	Players-CE	1:17.05	1:17.19

Event 201 Women 14-15 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	1:10.25	1:11.17 a
2	De Villiers, Anja	14	Tygerberg Aquatics-CP	1:10.72	1:13.11 a
3	Durandt, Sharli	14	Aqua Sharks Academy-CP	1:10.39	1:14.06 a
4	Riley, Logan	15	Curro Aquatic Swim Club-CP	1:11.67	1:14.29 a
5	Holman, Acaylia	15	Marlin Swimming Club-CP	1:11.03	1:14.44 a
6	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	1:13.24	1:15.09 a
7	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	1:12.37	1:16.14 a
8	Coetzee, Liane	14	Players-CE	1:16.19	1:17.05 a
9	De Beer, Isabella C	14	Players-CE	1:16.32	1:17.21
10	Louw, Anieka	15	Curro Aquatic Swim Club-CP	1:14.41	1:17.36
11	Cronjé, Miané	14	Fish Eagle Aquatics-ED	1:16.50	1:17.74
12	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	1:16.19	1:17.83
13	Saayman, Nika D	15	Players-CE	1:15.01	1:17.87
14	Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	1:14.34	1:18.50
15	Fenner, Olivia M	14	Players-CE	1:13.87	1:18.71
16	Hager, Carle	15	Elite Swimming Academy-CE	1:16.55	1:19.14
17	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	1:19.91	1:19.57
18	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	1:17.32	1:19.89
19	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	1:19.72	1:20.25
20	Groves, Philippa R	14	Sport Science Institute of SA-CP	1:20.48	1:20.38
21	Coleman, Milan	14	Fish Eagle Aquatics-ED	1:18.82	1:20.52
*22	McAfee, Holly B	15	Fish Eagle Aquatics-ED	1:20.50	1:20.96
*22	De Oliveira, Aliyah	15	Tygerberg Aquatics-CP	1:19.70	1:20.96
24	Thirsk, Madison	15	Curro Aquatic Swim Club-CP	1:17.33	1:20.97
25	Barkhuysen, Jani	14	Lane Leader Stellenbosch-CE	1:24.60	1:21.11
26	Burger, Juanè	15	Curro Aquatic Swim Club-CP	1:17.68	1:21.34

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 201 Women 14-15 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
27	Blake, Abi E	15	Curro Aquatic Swim Club-CP	1:17.21	1:21.37
28	Lourens, Mia	14	Curro Aquatic Swim Club-CP	1:18.18	1:21.63
29	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	1:16.38	1:21.69
30	Basson, Lenè	14	Paarl Aquarius SC-CE	1:19.13	1:22.04
31	Kröger, Sammy	14	Elite Swimming Academy-CE	1:20.88	1:22.28
32	Van den Berg, Nika	14	Elite Swimming Academy-CE	1:20.78	1:22.41
33	Schou, Lexi	15	Silver Fins Swimming Club-CP	1:21.30	1:23.84
34	Robinson, Alana	15	Swimlab Aquatic Academ-CP	1:21.02	1:24.17
35	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	1:18.92	1:25.03
36	Abrahams, Amaani	14	Marlin Swimming Club-CP	1:22.25	1:25.08
37	Mare, Isabella	14	Curro Aquatic Swim Club-CP	1:21.37	1:25.17
38	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	1:22.21	1:25.26

Event 201 Women 16 & Over 100 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	1:04.77	1:04.82
2	Burgess, Cassidy S	17	Vineyard SC-CP	1:05.74	1:04.90
3	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	1:07.77	1:07.38
4	Smit, Jenna	18	TuksSwimming-TS	1:08.69	1:08.67
5	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	1:10.42	1:09.35
6	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	1:10.04	1:10.19
7	Newton, Ava L	16	Curro Aquatic Swim Club-CP	1:11.49	1:10.34
8	Cronjè, Danielle	17	Lane Leader Stellenbosch-CE	1:11.07	1:12.99
9	Vd Merwe, Mi-Ly	16	Lane Leader Stellenbosch-CE	1:13.77	1:13.83
10	Fourie, Petro Marié	20	Lane Leader Stellenbosch-CE	1:14.09	1:13.86
11	Juries, Sam C	16	Curro Langebaan Aquatics-WC	1:15.64	1:15.06
12	Coleman, Madison	16	Blouberg Marlins-CP	1:14.16	1:15.10
13	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	1:14.94	1:15.33
14	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	1:11.72	1:15.57
15	Raimond, Marike M	16	Tygerberg Aquatics-CP	1:14.46	1:16.66
16	Huang, Shi Han A	16	Blouberg Marlins-CP	1:15.61	1:17.78

Event 201 Women 16 & Over 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	1:02.17	1:04.77 q
2	Burgess, Cassidy S	17	Vineyard SC-CP	1:02.48	1:05.74 q
3	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	1:04.73	1:07.77 q
4	Smit, Jenna	18	TuksSwimming-TS	1:07.33	1:08.69 q
5	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	1:05.70	1:10.04 q
6	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	1:09.53	1:10.42 q
7	Cronjè, Danielle	17	Lane Leader Stellenbosch-CE	1:08.57	1:11.07 q
8	Combrink, Amy	16	Vineyard SC-CP	1:09.55	1:11.23 q
9	Newton, Ava L	16	Curro Aquatic Swim Club-CP	1:06.49	1:11.49 q
10	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	1:11.39	1:11.72 q
11	Vd Merwe, Mi-Ly	16	Lane Leader Stellenbosch-CE	1:14.49	1:13.77 q
12	Fourie, Petro Marié	20	Lane Leader Stellenbosch-CE	1:13.73	1:14.09 q
13	Pearse, Jemma S	17	Vineyard SC-CP	1:07.42	1:14.14 q
14	Coleman, Madison	16	Blouberg Marlins-CP	1:13.62	1:14.16 q
15	Raimond, Marike M	16	Tygerberg Aquatics-CP	1:13.08	1:14.46 q
16	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	1:09.69	1:14.94 q
17	Morris, Jenna	16	Vineyard SC-CP	1:11.64	1:14.97
18	Huang, Shi Han A	16	Blouberg Marlins-CP	1:12.36	1:15.61
19	Juries, Sam C	16	Curro Langebaan Aquatics-WC	1:11.98	1:15.64

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 201 Women 16 & Over 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
20	Morais, Nyriam W	16	Uwc Aquatics-CP	1:17.30	1:16.83
21	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	1:13.36	1:17.36
22	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	1:13.72	1:17.41
23	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	1:14.24	1:17.64
24	Burke, Hannah	16	Streamline Aquatics-CP	1:14.05	1:18.65
25	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	1:16.95	1:19.48
26	Louw, Alexa	17	Blouberg Marlins-CP	1:17.89	1:20.03
27	Hagglund, Emma H	16	Sport Science Institute of SA-CP	1:18.85	1:20.33
28	Senekal, Margo	16	Tygerberg Aquatics-CP	1:16.57	1:20.40
29	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	1:20.20	1:21.86
30	Visser, Sandri	16	Players-CE	1:24.56	1:23.57
31	Jephta, Ra-eesa	20	Manta SC-CP	1:26.32	1:28.12

Event 202 Boys 13 & Under 200 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Boshoff, Mickayle C	13	Knysna Aquatics-ED	2:29.70	2:31.35
2	Barnard, Daniël B	13	Xcel Swim Academy-CP	2:37.10	2:33.21
	1:14.01	2:33.21 (1:19.20)			
3	Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:36.75	2:34.70
	1:14.02	2:34.70 (1:20.68)			
4	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	2:41.09	2:34.73
	1:12.42	2:34.73 (1:22.31)			
5	Wagener, Tiaan H	13	Elite Swimming Academy-CE	2:48.18	2:42.22
	1:15.20	2:42.22 (1:27.02)			
6	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	2:37.10	2:43.42
	1:13.90	2:43.42 (1:29.52)			
7	Barnard, Theo J	13	Swartland Aquatics-WC	2:41.39	2:45.74
	1:13.31	2:45.74 (1:32.43)			
8	Titus, Brody	12	Paarl Aquarius SC-CE	2:51.80	2:56.88
	1:20.75	2:56.88 (1:36.13)			
9	Daniels, Tylan H	12	Alpha Swim Club-CP	2:59.06	2:58.07
	1:21.12	2:58.07 (1:36.95)			
10	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	2:59.49	3:02.41
	1:21.56	3:02.41 (1:40.85)			

Event 202 Men 14-15 200 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Roman, Noah P	15	Alpha Swim Club-CP	2:20.18	2:19.17
	1:06.16	2:19.17 (1:13.01)			
2	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	2:19.77	2:21.16
	1:07.55	2:21.16 (1:13.61)			
3	Goussard, Henry	15	Curro Aquatic Swim Club-CP	2:22.99	2:22.66
	1:05.33	2:22.66 (1:17.33)			
4	Kotzè, Arden C	15	Swartland Aquatics-WC	2:19.95	2:22.76
	1:05.33	2:22.76 (1:17.43)			
5	Fernold, AJ	15	Waterbender Aquatics Club-ED	2:28.68	2:23.39
	1:08.31	2:23.39 (1:15.08)			
6	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	2:27.49	2:23.99
	1:07.84	2:23.99 (1:16.15)			
7	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:23.53	2:28.74
	1:11.94	2:28.74 (1:16.80)			
8	Loots, Noah C	14	Aqua Sharks Academy-CP	2:23.96	2:30.02
	1:07.92	2:30.02 (1:22.10)			
9	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	2:33.09	2:32.31
	1:15.13	2:32.31 (1:17.18)			
10	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	2:32.94	2:32.81
	1:11.43	2:32.81 (1:21.38)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 202 Men 14-15 200 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
11	Palmer, Travis I	15	Swimlab Aquatic Academ-CP	2:21.90	2:33.90
	1:13.30	2:33.90 (1:20.60)			
12	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	2:32.47	2:35.88
	1:13.44	2:35.88 (1:22.44)			
13	Francis, Ethan	14	Marlin Swimming Club-CP	2:34.30	2:38.86
	1:12.83	2:38.86 (1:26.03)			
14	Weber, Daniel	14	Players-CE	2:52.98	2:40.59
15	Rheeder, Liam M	15	Paarl Aquarius SC-CE	2:44.99	2:43.87
	1:16.42	2:43.87 (1:27.45)			

Event 202 Men 16 & Over 200 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Boshoff, Juan C	20	TuksSwimming-TS	2:03.76	2:07.17
	1:00.67	2:07.17 (1:06.50)			
2	Wright, Keegan	19	Tygerberg Aquatics-CP	2:09.29	2:13.19
3	Krenin, Damon R	18	Curro Aquatic Swim Club-CP	2:17.15	2:15.74
	1:04.92	2:15.74 (1:10.82)			
4	Terblanche, Luan L	17	Tygerberg Aquatics-CP	2:20.19	2:20.04
	1:05.84	2:20.04 (1:14.20)			
5	Norton, Trent A	19	Lane Leader Stellenbosch-CE	2:12.00	2:22.46
	1:05.18	2:22.46 (1:17.28)			
6	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	2:16.25	2:25.96
	1:06.94	2:25.96 (1:19.02)			
7	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	2:29.11	2:33.34
	1:10.05	2:33.34 (1:23.29)			
8	Moolman, Carter S	17	Manta SC-CP	2:41.89	2:36.33
	1:07.64	2:36.33 (1:28.69)			
9	Martin, Alzhario	17	Uwc Aquatics-CP	2:37.39	2:36.84
10	Beukes, Mateo A	20	Walmers SC-CP	2:29.06	2:38.54
	1:11.46	2:38.54 (1:27.08)			
11	Beukes, Jaden L	16	Walmers SC-CP	2:43.73	3:02.13
	1:18.11	3:02.13 (1:44.02)			

Event 203 Girls 13 & Under 200 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:28.97	2:34.67
	1:12.43	2:34.67 (1:22.24)			
2	Williams, Aqeelah	13	Uwc Aquatics-CP	2:46.49	2:42.36
	1:18.51	2:42.36 (1:23.85)			
3	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:46.49	2:47.15
	1:20.31	2:47.15 (1:26.84)			
4	Horn, Anna	13	Xcel Swim Academy-CP	2:56.71	2:53.98
	1:23.11	2:53.98 (1:30.87)			
5	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	2:52.40	2:56.53
	1:19.22	2:56.53 (1:37.31)			
6	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	2:57.78	2:57.55
	1:24.45	2:57.55 (1:33.10)			
7	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	2:51.36	2:57.67
	1:24.24	2:57.67 (1:33.43)			
8	Scheffer, Shaylee C	11	Uwc Aquatics-CP	3:08.85	3:05.60
	1:28.09	3:05.60 (1:37.51)			
9	Wentzel, Leah A	13	Marlin Swimming Club-CP	3:39.11	3:47.68
	1:43.14	3:47.68 (2:04.54)			
---	Anthony, Jazmin A	13	Paarl Aquarius SC-CE	3:07.91	DNF

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 203 Women 14-15 200 LC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:29.43	2:31.33
	1:10.46	2:31.33 (1:20.87)			
2	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	2:31.26	2:34.33
	1:14.26	2:34.33 (1:20.07)			
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	2:35.02	2:35.63
	1:13.40	2:35.63 (1:22.23)			
4	Blake, Abi E	15	Curro Aquatic Swim Club-CP	2:40.62	2:43.77
	1:18.44	2:43.77 (1:25.33)			
5	Abrahams, Amaani	14	Marlin Swimming Club-CP	3:19.73	3:21.77
	1:46.41	3:21.77 (1:35.36)			
---	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	2:45.25	DQ
	1:18.60	DQ (1:28.49)			

Event 203 Women 16 & Over 200 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	2:26.87	2:34.64
	1:10.48	2:34.64 (1:24.16)			
2	Liebenberg, Emily M	16	Elite Swimming Academy-CE	2:46.01	2:44.06
	1:17.63	2:44.06 (1:26.43)			
3	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:47.60	2:46.94
	1:17.35	2:46.94 (1:29.59)			
4	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	2:48.48	2:52.66
	1:19.95	2:52.66 (1:32.71)			
5	Morais, Nyriam W	16	Uwc Aquatics-CP	3:07.67	3:03.11
	1:27.93	3:03.11 (1:35.18)			
6	Jephtha, Ra-eesa	20	Manta SC-CP	3:00.87	3:07.50
	1:24.39	3:07.50 (1:43.11)			
---	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	2:17.62	DNF

Event 204 Boys 11 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Grobler, Reynhardt	11	The Well-CE	41.17	40.58
2	Horn, Ben	10	Xcel Swim Academy-CP	41.86	41.24
3	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	43.54	41.92
4	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	43.90	42.96
5	Van Wyngaard, Daniël C	11	Royal Swimming Academy-ED	44.65	43.69
6	Pieters, Cayden R	11	Swartland Aquatics-WC	43.42	43.71
7	Mare, Ilan	11	Curro Aquatic Swim Club-CP	44.87	44.50
8	Olivier, Simeon	11	Paarl Aquarius SC-CE	45.85	45.30

Event 204 Boys 11 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Grobler, Reynhardt	11	The Well-CE	41.84	41.17 q
2	Horn, Ben	10	Xcel Swim Academy-CP	45.08	41.86 q
3	Pieters, Cayden R	11	Swartland Aquatics-WC	42.64	43.42 q
4	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	48.06	43.54 q
5	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	43.19	43.90 q
6	Van Wyngaard, Daniël C	11	Royal Swimming Academy-ED	45.95	44.65 q
7	Mare, Ilan	11	Curro Aquatic Swim Club-CP	46.03	44.87 q
8	Olivier, Simeon	11	Paarl Aquarius SC-CE	46.04	45.85 q
9	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	47.61	45.93
10	Kruger, Zander	11	Lane Leader Stellenbosch-CE	52.50	46.05
11	Spangenberg, Luke A	11	Xcel Swim Academy-CP	46.11	46.59
12	Joubert, Daniel J	11	Players-CE	46.20	46.75

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 204 Boys 11 & Under 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
13	Askevold, Gunther J	11	Blouberg Marlins-CP	47.46	46.87
14	Malherbe, Roz R	11	Brave-CE	46.80	46.88
15	Pretorius, Johan M	11	Elite Swimming Academy-CE	47.39	47.09
16	Spies, Judah J	11	Fish Eagle Aquatics-ED	46.26	47.11
17	Pretorius, Liam R	11	Tygerberg Aquatics-CP	48.90	47.15
18	Josling, Rafael	11	Curro Aquatic Swim Club-CP	49.56	47.36
19	Whitehouse, Bramwell A	10	Curro Hermanus Aquatics-OB	48.69	47.70
20	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	48.15	47.84
21	Versfeld, Ben I	11	Brave-CE	48.18	48.25
22	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	48.08	48.55
23	Eksteen, Pisces M	11	Xcel Swim Academy-CP	51.91	48.61
24	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	51.32	48.64
25	Vincent, Joshua	10	Quick Silver Swimming Club-CP	50.96	48.90
26	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	47.54	48.95
27	Froneman, Nolan O	11	Blouberg Marlins-CP	49.73	49.02
28	Kemp, André D	10	Agulhas Aquatics-OB	49.77	49.33
29	Spreeth, Barend P	11	Swartland Aquatics-WC	51.44	49.50
30	Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	52.94	49.56
31	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	51.91	50.12
32	Schutte, Ethan	10	Quick Silver Swimming Club-CP	51.20	50.34
33	Gilligan, Cooper J	11	Blouberg Marlins-CP	49.09	50.50
34	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	53.07	51.20

Event 204 Boys 12-13 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	van Rensburg, Tristan	13	Curro Aquatic Swim Club-CP	34.61	34.35
2	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	35.75	34.46
3	Melnik, Yoni	13	Orcas Swim Club-CP	35.88	35.56
4	Maughan, Patrick F	12	Aqua Sharks Academy-CP	37.18	37.01
5	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	38.95	37.71
6	Schaefer, Daniel C	13	Players-CE	38.09	38.31
7	Laufs, Connor R	13	Cape Town Otters-CP	38.45	39.76
8	Baadjies, Cruden H	13	Paarl Aquarius SC-CE	35.19	40.31

Event 204 Boys 12-13 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	van Rensburg, Tristan	13	Curro Aquatic Swim Club-CP	35.17	34.61 a
2	Baadjies, Cruden H	13	Paarl Aquarius SC-CE	41.54	35.19 a
3	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	34.97	35.75 a
4	Melnik, Yoni	13	Orcas Swim Club-CP	36.70	35.88 a
5	Maughan, Patrick F	12	Aqua Sharks Academy-CP	38.81	37.18 a
6	Schaefer, Daniel C	13	Players-CE	39.09	38.09 a
7	Laufs, Connor R	13	Cape Town Otters-CP	38.21	38.45 a
8	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	41.65	38.95 a
9	Van der Merwe, Dandre J	13	Stellenbosch Aquatics-CE	40.60	39.24
10	Kenmuir, Ethan	12	Vineyard SC-CP	40.82	39.29
11	Clark, Alexander L	12	Uwc Aquatics-CP	40.72	39.69
12	Snyders, Dylan	13	Curro Langebaan Aquatics-WC	40.39	39.71
13	Abrie, Ryn J	13	Curro Hermanus Aquatics-OB	40.20	39.99
14	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	40.53	40.10
15	Hauser, Paul	12	Aqua Sharks Academy-CP	43.57	40.20
16	February, Dillon S	13	Curro Aquatic Swim Club-CP	42.22	40.29
17	Sebastian, Alexander	12	Manta SC-CP	41.88	40.53

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 204 Boys 12-13 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
18	Lange, Oliver	12	Vineyard SC-CP	39.67	40.76
19	Barnard, Daniël B	13	Xcel Swim Academy-CP	39.41	40.89
20	Malherbe, Max M	12	Brave-CE	40.70	41.03
21	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	41.81	41.09
22	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	42.61	41.12
23	Botha, Andre	13	Tygerberg Aquatics-CP	42.95	41.22
24	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	40.36	41.58
25	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	40.41	41.86
26	Schoeman, Mateo J	12	Elite Swimming Academy-CE	42.40	41.90
27	Lategan, Wessel W	13	Swartland Aquatics-WC	42.21	42.07
28	Nel, Charles Paul	12	Quick Silver Swimming Club-CP	43.26	42.56
29	Spies, Pierre J	13	Fish Eagle Aquatics-ED	43.66	42.66
30	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	43.71	42.87
31	Munnik, Connor C	13	Paarl Aquarius SC-CE	44.53	42.96
32	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	41.70	43.40
33	Titus, Brody	12	Paarl Aquarius SC-CE	45.97	43.57
34	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	43.71	43.96
35	Lee, Daniel	12	Tygerberg Aquatics-CP	46.69	44.30
36	Spangenberg, Zach A	12	Xcel Swim Academy-CP	45.42	44.31
37	Fouche, Jack	13	Curro Aquatic Swim Club-CP	44.57	44.53
38	Kemp, Albert A	12	Agulhas Aquatics-OB	44.01	44.64
39	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	43.96	44.94
40	Schabert, Lowen	12	Elite Swimming Academy-CE	44.53	45.65
41	Samuels, Mason	13	Marlin Swimming Club-CP	44.57	46.12
42	Parr, Riley C	12	Knysna Aquatics-ED	45.59	50.16

Event 204 Men 14-15 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Wing, James L	15	Curro Aquatic Swim Club-CP	32.34	32.04
2	Mkavea, Tasu	15	Uwc Aquatics-CP	32.34	32.61
3	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	32.94	33.03
4	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	33.92	33.32
5	Liedeman, Mark	15	Swartland Aquatics-WC	33.94	33.86
6	Moodie, Zak	15	Blouberg Marlins-CP	33.96	34.17
7	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	33.69	34.35
8	Douries, Ean	14	Curro Aquatic Swim Club-CP	34.11	34.78

Event 204 Men 14-15 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
*1	Wing, James L	15	Curro Aquatic Swim Club-CP	31.60	32.34 a
*1	Mkavea, Tasu	15	Uwc Aquatics-CP	31.16	32.34 a
3	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	35.77	32.94 a
4	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	33.12	33.69 a
5	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	34.80	33.92 a
6	Liedeman, Mark	15	Swartland Aquatics-WC	34.71	33.94 a
7	Moodie, Zak	15	Blouberg Marlins-CP	35.60	33.96 a
8	Douries, Ean	14	Curro Aquatic Swim Club-CP	33.70	34.11 a
9	Trower, Michael	14	Streamline Aquatics-CP	34.55	34.37
10	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	34.57	34.66
11	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	35.13	34.69
12	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	34.00	34.88
13	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	36.29	34.92
14	Van Dyk, Stephaan	14	Blouberg Marlins-CP	36.36	35.74

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 204 Men 14-15 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
15	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	35.67	35.79
16	Van Heerden, Christian	14	Aqua Athlete Cta-CP	36.54	35.87
17	Faulkner, Callum E	14	Sport Science Institute of SA-CP	35.94	35.94
18	Van Rensburg, Janco	15	Tygerberg Aquatics-CP	38.73	35.97
19	Bosman, Jan C	15	Lane Leader Stellenbosch-CE	38.97	36.09
20	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	36.23	36.23
21	Coetzee, Sion M	15	Quick Silver Swimming Club-CP	36.71	36.61
22	De Jager, Eben	14	Brave-CE	36.58	36.63
23	De Jager, Joshua	15	Players-CE	37.09	36.76
24	Theron, Oloff A	15	Vineyard SC-CP	36.29	36.89
25	Gomez, Alex W	15	Marlin Swimming Club-CP	37.63	36.99
26	Snyders, Reece	15	Uwc Aquatics-CP	37.32	37.01
27	Krause, Luke	15	Curro Aquatic Swim Club-CP	37.60	37.07
28	Visser, Wessel M	14	Uwc Aquatics-CP	37.69	37.32
29	Ganger, Zeke D	15	Marlin Swimming Club-CP	37.94	37.39
30	Van Vondel, Roland	14	Tygerberg Aquatics-CP	38.16	37.46
31	Bruwer, Ben E	14	Lane Leader Stellenbosch-CE	39.59	37.47
32	Bester, Daniël M	14	Elite Swimming Academy-CE	40.13	37.48
33	Addinall, Ethan	14	Manta SC-CP	39.03	38.43
34	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	37.49	38.64
35	Langeveldt, Christiano C	15	Alpha Swim Club-CP	40.29	38.83
36	Smit, Christian F	14	Royal Swimming Academy-ED	40.02	39.31
37	Fortune, Hakeem	14	Manta SC-CP	39.57	39.88
38	Fortune, Yaseen	15	Manta SC-CP	38.82	40.22
39	Froneman, Dylan R	14	Blouberg Marlins-CP	41.77	40.89

Event 204 Men 16 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	29.12	29.60
2	Gilbert, Andrew A	16	Swimlab Aquatic Academ-CP	30.66	30.42
3	Williams, Jayden J	16	Paarl Aquarius SC-CE	30.79	31.24
4	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	31.52	31.64
5	Heslop, Jonathan V	22	TuksSwimming-TS	31.56	32.07
6	Pautz, Nathan M	17	Blouberg Marlins-CP	32.09	32.57
7	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	33.42	32.79
8	Wilson, Christian G	20	Streamline Aquatics-CP	33.06	32.98
9	Alexander, Ammaar	18	Marlin Swimming Club-CP	32.98	33.30
10	Van der Watt, Alpheus J	17	Players-CE	32.77	33.53
11	Snowden, Ivan D	18	Uwc Aquatics-CP	34.03	33.57
12	Vorster, Josua A	20	Fish Eagle Aquatics-ED	33.04	33.58
13	Saayman, Dehan	17	Players-CE	33.00	33.59
14	Townsend, Lucan D	17	Aqua Sharks Academy-CP	33.80	33.73
15	Kalapac, Joshua	16	Streamline Aquatics-CP	34.12	33.86
16	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	33.94	34.36

Event 204 Men 16 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	28.48	29.12	q
2	Gilbert, Andrew A	16	Swimlab Aquatic Academ-CP	30.39	30.66	q
3	Williams, Jayden J	16	Paarl Aquarius SC-CE	31.02	30.79	q
4	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	30.67	31.52	q
5	Heslop, Jonathan V	22	TuksSwimming-TS	30.95	31.56	q
6	Theron, Luca D	17	Vineyard SC-CP	31.28	32.06	q
7	Pautz, Nathan M	17	Blouberg Marlins-CP	32.73	32.09	q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 204 Men 16 & Over 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
8	Van der Watt, Alpheus J	17	Players-CE	32.94	32.77	q
9	Alexander, Ammaar	18	Marlin Swimming Club-CP	33.30	32.98	q
10	Saayman, Dehan	17	Players-CE	33.17	33.00	q
11	Vorster, Josua A	20	Fish Eagle Aquatics-ED	32.63	33.04	q
12	Wilson, Christian G	20	Streamline Aquatics-CP	33.94	33.06	q
13	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	33.20	33.42	q
14	Townsend, Lucan D	17	Aqua Sharks Academy-CP	33.41	33.80	q
15	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	34.34	33.94	q
16	Snowden, Ivan D	18	Uwc Aquatics-CP	33.05	34.03	q
17	Kalapac, Joshua	16	Streamline Aquatics-CP	33.98	34.12	
18	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	33.47	34.16	
19	Atkinson, Samuel A	17	Swartland Aquatics-WC	35.90	34.48	
20	Haupt, Rhys A	16	Vineyard SC-CP	31.73	34.50	
21	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	34.21	34.87	
22	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	34.66	34.92	
23	Smit, Joshua B	16	Fish Eagle Aquatics-ED	35.29	35.51	
24	Martin, Alzhario	17	Uwc Aquatics-CP	35.39	35.83	
25	Meintjes, Armand R	17	Swartland Aquatics-WC	36.20	35.92	
26	Otto, Luan	16	Swartland Aquatics-WC	37.59	36.45	
27	Burmeister, Marius	17	Brave-CE	35.03	36.66	
28	Vd Berg, Wilan	16	Brave-CE	37.01	36.80	

Event 205 Girls 11 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	41.08	39.48	
2	Levi, Zara	11	Cape Town Otters-CP	41.47	40.17	
3	Benade, Aria	11	Swimlab Aquatic Academ-CP	41.04	40.62	
4	Strydom, Marli	11	Quick Silver Swimming Club-CP	43.14	41.23	
5	Abrahamse, Lexi	11	Vineyard SC-CP	43.46	43.08	
6	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	44.93	43.74	
7	Harvett, Logan L	11	Stellenbosch Aquatics-CE	44.31	44.37	
8	Ferrao, Zara E	10	Sport Science Institute of SA-CP	45.56	44.74	

Event 205 Girls 11 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Benade, Aria	11	Swimlab Aquatic Academ-CP	42.20	41.04	q
2	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	39.33	41.08	q
3	Levi, Zara	11	Cape Town Otters-CP	42.32	41.47	q
4	Strydom, Marli	11	Quick Silver Swimming Club-CP	42.28	43.14	q
5	Abrahamse, Lexi	11	Vineyard SC-CP	44.13	43.46	q
6	Harvett, Logan L	11	Stellenbosch Aquatics-CE	44.74	44.31	q
7	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	46.18	44.93	q
8	Ferrao, Zara E	10	Sport Science Institute of SA-CP	52.23	45.56	q
9	De Jager, Isabella	11	Brave-CE	45.73	45.96	
10	Scheffer, Shaylee C	11	Uwc Aquatics-CP	46.02	46.08	
11	Burger, Marguerite	11	Swartland Aquatics-WC	46.18	46.31	
12	Jansen Van Rensburg, MACKENZI	11	Knysna Aquatics-ED	46.10	46.33	
13	Muijs, Emily C	11	Stellenbosch Aquatics-CE	47.68	46.51	
14	Jaftha, Mercedes A	11	Manta SC-CP	45.35	46.85	
15	Van Zyl, Lily M	11	Elite Swimming Academy-CE	48.68	46.91	
16	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	48.17	47.19	
17	Nicholson, Gemma	10	Swimlab Aquatic Academ-CP	49.43	47.20	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 205 Girls 11 & Under 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
18	Fakier, Ayesha i	11	Cape Town Otters-CP	49.61	47.61
19	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	48.28	48.11
20	Keun, Lente	10	Vineyard SC-CP	50.07	48.59
21	Schenck, Maya K	11	Tygerberg Aquatics-CP	47.35	48.92
22	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	49.46	49.00
23	Tredoux, Mila	11	Curro Langebaan Aquatics-WC	53.12	49.20
24	Van Wyk, Annabelle	11	Lane Leader Stellenbosch-CE	53.68	49.38
25	Bruwer, Leané	11	Swartland Aquatics-WC	51.33	49.62
26	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	51.89	50.09
27	Kriel, Leah	11	Greydogs Swimming Club-CP	52.60	50.31

Event 205 Girls 12-13 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Horn, Anna	13	Xcel Swim Academy-CP	36.48	35.78
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	36.57	36.41
3	Pretorius, Kara	13	Sport Science Institute of SA-CP	37.80	36.51
4	Newkirk, Gia	12	Tygerberg Aquatics-CP	38.33	36.87
5	Johnson, Ella J	12	Cape Town Otters-CP	37.99	37.30
6	Charles, Tyla	13	Vineyard SC-CP	39.05	39.02
7	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	39.13	39.08
8	Kalapac, Lexi	12	Streamline Aquatics-CP	39.13	40.02

Event 205 Girls 12-13 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Horn, Anna	13	Xcel Swim Academy-CP	36.94	36.48 a
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	36.56	36.57 a
3	Pretorius, Kara	13	Sport Science Institute of SA-CP	37.20	37.80 a
4	Johnson, Ella J	12	Cape Town Otters-CP	38.08	37.99 a
5	Newkirk, Gia	12	Tygerberg Aquatics-CP	37.86	38.33 a
6	Charles, Tyla	13	Vineyard SC-CP	39.05	39.05 a
*7	Kalapac, Lexi	12	Streamline Aquatics-CP	38.93	39.13 a
*7	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	40.82	39.13 a
9	Voysey, Ella N	12	Aqua Sharks Academy-CP	39.22	39.23
10	Julies, Grace J	12	Xcel Swim Academy-CP	39.81	40.20
11	Van Zyl, Neanè	12	Greydogs Swimming Club-CP	44.27	40.84
12	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	40.98	40.85
13	Grebe, Ava	13	Curro Hermanus Aquatics-OB	39.65	40.96
14	Onkruid, Gianna R	12	Uwc Aquatics-CP	41.51	41.17
15	Venter, Ané	12	Fish Eagle Aquatics-ED	41.59	41.23
16	Dabrowski, Leah A	12	Blouberg Marlins-CP	40.61	41.61
17	Olivier, Gianna G	12	Paarl Aquarius SC-CE	41.70	41.96
18	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	39.87	42.06
19	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	43.33	42.24
20	Longueira, Ava L	13	Aqua Sharks Academy-CP	39.31	42.37
21	Normington, Olivia	12	Xcel Swim Academy-CP	41.58	42.67
22	Knott, Cayleigh	12	Aqua Sharks Academy-CP	42.98	42.96
23	Haldane, Bella	12	Fish Eagle Aquatics-ED	42.43	42.99
24	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	47.73	43.46
25	Gilligan, Saskia	12	Blouberg Marlins-CP	43.46	43.67
26	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	43.55	43.73
27	Lloyd, Jemma A	13	Vineyard SC-CP	45.82	44.11
28	Jantjies, Zara	13	Manta SC-CP	44.59	44.39
29	Marais, Lily E	12	Fish Eagle Aquatics-ED	45.35	45.22

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 205 Girls 12-13 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
30	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	45.65	45.24
31	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	45.37	45.31
32	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	43.97	45.72
33	Sebastian, Catherine	12	Manta SC-CP	48.31	46.17
34	Schoeman, Liné	12	Fish Eagle Aquatics-ED	45.79	46.34
35	Noble, Lea L	12	Blouberg Marlins-CP	48.97	46.93
36	Breytenbach, Amore	13	Elite Swimming Academy-CE	45.37	47.98
37	Eysen, Sky	13	Manta SC-CP	48.80	49.89

Event 205 Women 14-15 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
*1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	36.30	35.51
*1	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	35.21	35.51
3	Dreyer, Arne'	15	Stellenbosch Aquatics-CE	36.24	35.55
4	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	36.41	35.66
5	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	38.09	37.70
6	Mare, Isabella	14	Curro Aquatic Swim Club-CP	38.19	37.84
7	Grobler, Zané	15	Waterbender Aquatics Club-ED	38.06	38.10
8	McAfee, Holly B	15	Fish Eagle Aquatics-ED	39.24	38.91

Event 205 Women 14-15 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	35.93	35.21 a
2	Dreyer, Arne'	15	Stellenbosch Aquatics-CE	38.87	36.24 a
3	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	35.94	36.30 a
4	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	36.11	36.41 a
5	Grobler, Zané	15	Waterbender Aquatics Club-ED	37.63	38.06 a
6	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	37.54	38.09 a
7	Mare, Isabella	14	Curro Aquatic Swim Club-CP	38.71	38.19 a
8	McAfee, Holly B	15	Fish Eagle Aquatics-ED	39.65	39.24 a
9	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	37.94	39.30
10	Barnard, Adelmari D	15	Elite Swimming Academy-CE	39.26	39.54
11	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	41.23	40.01
12	Schou, Lexi	15	Silver Fins Swimming Club-CP	40.11	40.48
13	Faul, Ellen J	14	Players-CE	42.44	41.14
14	Hawley, Nicola	14	Players-CE	38.54	41.36
15	Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	40.39	41.55
16	Cronjé, Miané	14	Fish Eagle Aquatics-ED	41.86	41.62
17	De Beer, Isabella C	14	Players-CE	42.37	42.82
18	Thirsk, Madison	15	Curro Aquatic Swim Club-CP	44.46	45.69
19	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	47.16	45.78

Event 205 Women 16 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Cope, Morgan M	19	Lane Leader Stellenbosch-CE	32.41	32.69
2	Combrink, Amy	16	Vineyard SC-CP	34.94	34.99
3	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	35.72	35.48
4	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	36.43	36.36
*5	Coleman, Madison	16	Blouberg Marlins-CP	36.03	36.38
*5	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	35.85	36.38
7	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	37.44	36.91
8	Bulose, Megan	21	Uwc Aquatics-CP	37.66	37.91
9	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	38.49	38.16

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 205 Women 16 & Over 50 LC Meter Breaststroke)**

	Name	Age	Team	Prelim Time	Finals Time
10	Hahn, Kayleigh K	16	Waterbender Aquatics Club-ED	40.32	38.60
11	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	41.72	40.72
12	Visser, Sandri	16	Players-CE	41.09	41.14
13	Badenhorst, Storme	16	Marlin Swimming Club-CP	42.81	42.88
14	Jephtha, Ra-eesa	20	Manta SC-CP	43.41	45.38

Event 205 Women 16 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Cope, Morgan M	19	Lane Leader Stellenbosch-CE	31.40	32.41 q
2	Combrink, Amy	16	Vineyard SC-CP	34.83	34.94 q
3	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	36.26	35.72 q
4	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	36.09	35.85 q
5	Coleman, Madison	16	Blouberg Marlins-CP	35.90	36.03 q
6	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	37.37	36.43 q
7	Jeftha, Zara L	17	Vineyard SC-CP	36.29	36.85 q
8	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	37.36	37.44 q
9	Bulose, Megan	21	Uwc Aquatics-CP	38.46	37.66 q
10	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	38.23	38.49 q
11	Morris, Jenna	16	Vineyard SC-CP	36.34	38.72 q
12	Hahn, Kayleigh K	16	Waterbender Aquatics Club-ED	38.07	40.32 q
13	Visser, Sandri	16	Players-CE	39.37	41.09 q
14	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	40.48	41.72 q
15	Badenhorst, Storme	16	Marlin Swimming Club-CP	43.12	42.81 q
16	Jephtha, Ra-eesa	20	Manta SC-CP	43.93	43.41 q

Event 206 Boys 11 & Under 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	2:22.63	2:20.16
	1:07.42		2:20.16 (1:12.74)		
2	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	2:29.56	2:26.27
	1:08.79		2:26.27 (1:17.48)		
3	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	2:33.61	2:32.14
	1:14.29		2:32.14 (1:17.85)		
4	Kruger, Declan	11	Blouberg Marlins-CP	2:34.77	2:35.51
	1:16.44		2:35.51 (1:19.07)		
5	Pieters, Cayden R	11	Swartland Aquatics-WC	2:38.28	2:36.35
	1:16.65		2:36.35 (1:19.70)		
6	Gilligan, Cooper J	11	Blouberg Marlins-CP	2:40.35	2:38.45
	1:16.63		2:38.45 (1:21.82)		
7	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	2:41.44	2:39.05
	1:16.41		2:39.05 (1:22.64)		
8	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	2:40.31	2:40.46
	1:16.97		2:40.46 (1:23.49)		

Event 206 Boys 11 & Under 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	2:20.88	2:22.63 q
	1:10.73		2:22.63 (1:11.90)		
2	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	2:24.76	2:29.56 q
	1:12.61		2:29.56 (1:16.95)		
3	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	2:32.84	2:33.61 q
	1:14.84		2:33.61 (1:18.77)		
4	Van Wyngaard, Daniël C	11	Royal Swimming Academy-ED	2:40.15	2:34.33 q
	1:16.97		2:34.33 (1:17.36)		

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Boys 11 & Under 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
5 Kruger, Declan	11	Blouberg Marlins-CP	2:35.94	2:34.77	q
1:16.72	2:34.77 (1:18.05)				
6 Pieters, Cayden R	11	Swartland Aquatics-WC	2:41.89	2:38.28	q
1:16.58	2:38.28 (1:21.70)				
7 Swartz, Seth J	11	Curro Aquatic Swim Club-CP	2:40.53	2:40.31	q
1:17.00	2:40.31 (1:23.31)				
8 Gilligan, Cooper J	11	Blouberg Marlins-CP	2:41.34	2:40.35	q
1:17.38	2:40.35 (1:22.97)				
9 Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	2:38.50	2:41.44	
1:18.00	2:41.44 (1:23.44)				
10 Froneman, Nolan O	11	Blouberg Marlins-CP	2:41.31	2:41.70	
1:17.89	2:41.70 (1:23.81)				
11 Spies, Judah J	11	Fish Eagle Aquatics-ED	2:43.38	2:42.24	
1:17.71	2:42.24 (1:24.53)				
12 Horn, Ben	10	Xcel Swim Academy-CP	2:45.28	2:42.30	
1:19.54	2:42.30 (1:22.76)				
13 Naude, Niel P	11	Agulhas Aquatics-OB	2:48.32	2:43.75	
1:19.66	2:43.75 (1:24.09)				
14 Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	2:48.26	2:44.24	
1:18.90	2:44.24 (1:25.34)				
15 Mallin, Aron	9	Swimlab Aquatic Academ-CP	2:48.64	2:44.34	
1:20.88	2:44.34 (1:23.46)				
16 Mare, Ilan	11	Curro Aquatic Swim Club-CP	2:48.66	2:45.22	
1:23.92	2:45.22 (1:21.30)				
17 Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	2:42.99	2:45.78	
1:19.85	2:45.78 (1:25.93)				
18 Fouche, Ryan	11	Curro Aquatic Swim Club-CP	2:48.73	2:46.86	
1:20.79	2:46.86 (1:26.07)				
19 Edwards, Bryce	11	Cape Town Otters-CP	3:01.42	2:47.14	
1:20.16	2:47.14 (1:26.98)				
20 Bouffé, Hunter K	11	Knysna Aquatics-ED	2:50.35	2:47.59	
1:23.62	2:47.59 (1:23.97)				
21 Cloete, Albert	11	Tygerberg Aquatics-CP	2:56.96	2:49.34	
1:21.98	2:49.34 (1:27.36)				
22 Olivier, Simeon	11	Paarl Aquarius SC-CE	2:58.23	2:51.86	
1:23.58	2:51.86 (1:28.28)				
23 Josling, Rafael	11	Curro Aquatic Swim Club-CP	2:58.97	2:52.00	
1:25.09	2:52.00 (1:26.91)				
24 Kruger, Blake R	11	Swartland Aquatics-WC	2:50.73	2:52.97	
1:23.97	2:52.97 (1:29.00)				
25 Eksteen, Pisces M	11	Xcel Swim Academy-CP	3:09.32	2:53.29	
1:24.01	2:53.29 (1:29.28)				
26 Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	3:01.49	2:55.07	
1:27.67	2:55.07 (1:27.40)				
27 Pretorius, Johan M	11	Elite Swimming Academy-CE	3:00.97	2:56.70	
1:25.89	2:56.70 (1:30.81)				
28 Askevold, Gunther J	11	Blouberg Marlins-CP	2:50.81	2:56.91	
1:24.45	2:56.91 (1:32.46)				
29 Spangenberg, Luke A	11	Xcel Swim Academy-CP	3:02.84	2:57.34	
1:28.25	2:57.34 (1:29.09)				
30 Kemp, André D	10	Agulhas Aquatics-OB	3:08.70	2:58.15	
1:25.87	2:58.15 (1:32.28)				
31 Versfeld, Ben I	11	Brave-CE	2:53.60	2:58.62	
1:26.36	2:58.62 (1:32.26)				
32 Spreeth, Barend P	11	Swartland Aquatics-WC	3:06.46	2:58.63	
1:26.71	2:58.63 (1:31.92)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Boys 11 & Under 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
33	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	2:58.56	2:59.27
	1:25.11	2:59.27 (1:34.16)			
34	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	3:05.16	2:59.62
	1:26.92	2:59.62 (1:32.70)			
35	Whitehouse, Bramwell A	10	Curro Hermanus Aquatics-OB	3:01.03	2:59.92
	1:27.35	2:59.92 (1:32.57)			
36	Retief, Daniel	11	The Well-CE	3:10.10	3:00.25
	1:27.71	3:00.25 (1:32.54)			
37	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	3:00.37	3:00.34
	1:27.67	3:00.34 (1:32.67)			
38	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	3:14.58	3:00.97
	1:28.69	3:00.97 (1:32.28)			
39	Loxton, Camden	11	Vineyard SC-CP	3:05.06	3:02.22
	1:28.34	3:02.22 (1:33.88)			
40	Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	3:11.52	3:02.33
	1:30.45	3:02.33 (1:31.88)			
41	Steyn, Francois D	11	Curro Aquatic Swim Club-CP	3:06.48	3:03.25
	1:28.22	3:03.25 (1:35.03)			
42	Meets, Daniel	11	Aqua Sharks Academy-CP	3:09.59	3:08.02
	1:29.53	3:08.02 (1:38.49)			

Event 206 Boys 12-13 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Allott, Jaydon K	13	Aqua Athlete Cta-CP	2:13.34	2:11.74
	1:03.83	2:11.74 (1:07.91)			
2	Barnard, Theo J	13	Swartland Aquatics-WC	2:15.41	2:13.22
	1:05.48	2:13.22 (1:07.74)			
3	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	2:10.37	2:13.23
	1:05.48	2:13.23 (1:07.75)			
4	van Rensburg, Tristan	13	Curro Aquatic Swim Club-CP	2:14.19	2:14.09
	1:05.81	2:14.09 (1:08.28)			
5	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	2:16.70	2:17.04
	1:05.94	2:17.04 (1:11.10)			
6	Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:17.40	2:17.87
	1:07.06	2:17.87 (1:10.81)			
7	Barnard, Daniël B	13	Xcel Swim Academy-CP	2:17.64	2:18.80
	1:08.03	2:18.80 (1:10.77)			
8	Boshoff, Mickayle C	13	Knysna Aquatics-ED	2:12.09	2:21.27
	1:07.73	2:21.27 (1:13.54)			

Event 206 Boys 12-13 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	2:09.65	2:10.37 q
	1:03.78	2:10.37 (1:06.59)			
2	Boshoff, Mickayle C	13	Knysna Aquatics-ED	2:15.50	2:12.09 q
	1:05.07	2:12.09 (1:07.02)			
3	Allott, Jaydon K	13	Aqua Athlete Cta-CP	2:14.05	2:13.34 q
	1:04.01	2:13.34 (1:09.33)			
4	van Rensburg, Tristan	13	Curro Aquatic Swim Club-CP	2:16.56	2:14.19 q
	1:05.04	2:14.19 (1:09.15)			
5	Barnard, Theo J	13	Swartland Aquatics-WC	2:16.00	2:15.41 q
	1:04.96	2:15.41 (1:10.45)			
6	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	2:16.17	2:16.70 q
	1:05.88	2:16.70 (1:10.82)			
7	Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:17.44	2:17.40 q
	1:06.53	2:17.40 (1:10.87)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Boys 12-13 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
8	Barnard, Daniël B	13	Xcel Swim Academy-CP	2:16.60	2:17.64	a
	1:07.72	2:17.64 (1:09.92)				
9	Kruger, Zachary C	13	Swartland Aquatics-WC	2:17.02	2:17.70	
	1:06.49	2:17.70 (1:11.21)				
10	Wagener, Tiaan H	13	Elite Swimming Academy-CE	2:17.92	2:18.46	
	1:06.63	2:18.46 (1:11.83)				
11	Daniels, Tylan H	12	Alpha Swim Club-CP	2:18.98	2:21.82	
	1:07.39	2:21.82 (1:14.43)				
12	Visagie, Dian	13	Swartland Aquatics-WC	2:26.11	2:21.88	
	1:07.33	2:21.88 (1:14.55)				
13	Van der Merwe, Luan J	12	Uwc Aquatics-CP	2:26.69	2:23.81	
	1:10.00	2:23.81 (1:13.81)				
14	Akinci, Can Batu	13	Vineyard SC-CP	2:23.59	2:24.68	
	1:09.94	2:24.68 (1:14.74)				
15	Laufs, Connor R	13	Cape Town Otters-CP	2:27.32	2:24.99	
	1:10.27	2:24.99 (1:14.72)				
16	Spies, Pierre J	13	Fish Eagle Aquatics-ED	2:27.19	2:25.02	
	1:10.42	2:25.02 (1:14.60)				
17	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	2:26.31	2:27.39	
	1:11.04	2:27.39 (1:16.35)				
18	Steyn, Harry	12	Aqua Sharks Academy-CP	2:24.55	2:28.36	
	1:11.64	2:28.36 (1:16.72)				
19	Snyders, Dylan	13	Curro Langebaan Aquatics-WC	2:29.11	2:28.81	
	1:11.07	2:28.81 (1:17.74)				
20	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	2:24.83	2:28.93	
	1:11.06	2:28.93 (1:17.87)				
21	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	2:36.57	2:32.55	
	1:14.51	2:32.55 (1:18.04)				
22	Schoeman, Mateo J	12	Elite Swimming Academy-CE	2:38.13	2:33.10	
	1:13.86	2:33.10 (1:19.24)				
23	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	2:34.37	2:33.17	
	1:13.72	2:33.17 (1:19.45)				
24	Schabort, Lowen	12	Elite Swimming Academy-CE	2:35.05	2:33.23	
	1:14.51	2:33.23 (1:18.72)				
25	Spangenberg, Zach A	12	Xcel Swim Academy-CP	2:34.96	2:33.49	
	1:16.44	2:33.49 (1:17.05)				
26	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	2:37.41	2:33.85	
	1:15.52	2:33.85 (1:18.33)				
27	Lewis, Amaru C	13	Paarl Aquarius SC-CE	2:37.26	2:34.42	
	1:16.05	2:34.42 (1:18.37)				
28	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	2:35.93	2:35.91	
	1:13.98	2:35.91 (1:21.93)				
29	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	2:38.41	2:36.15	
	1:16.33	2:36.15 (1:19.82)				
30	Kriel, Ewan	12	Quick Silver Swimming Club-CP	2:45.07	2:36.59	
	1:16.64	2:36.59 (1:19.95)				
31	Heunis, Johan C	12	Barracudas Aquarama SC-CP	2:39.37	2:36.61	
	1:17.49	2:36.61 (1:19.12)				
32	Smith, Zian	13	Curro Langebaan Aquatics-WC	2:47.39	2:36.68	
	1:15.16	2:36.68 (1:21.52)				
33	Sebastian, Alexander	12	Manta SC-CP	2:37.31	2:36.72	
	1:14.45	2:36.72 (1:22.27)				
34	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	2:42.12	2:36.99	
	1:15.82	2:36.99 (1:21.17)				
35	Newham, Christopher J	13	Tygerberg Aquatics-CP	2:41.63	2:37.16	
	1:12.74	2:37.16 (1:24.42)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Boys 12-13 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
36	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	2:32.47	2:38.44
	1:16.39	2:38.44 (1:22.05)			
37	Brandt, Leroux	13	Fish Eagle Aquatics-ED	2:40.55	2:39.11
	1:16.38	2:39.11 (1:22.73)			
38	Zwarts, Zak P	13	Tygerberg Aquatics-CP	2:49.42	2:39.29
	1:17.91	2:39.29 (1:21.38)			
39	Gerber, Luke M	12	Curro Aquatic Swim Club-CP	2:40.30	2:39.37
	1:17.68	2:39.37 (1:21.69)			
40	Fouche, Jack	13	Curro Aquatic Swim Club-CP	2:40.53	2:39.64
	1:16.73	2:39.64 (1:22.91)			
41	Hauser, Paul	12	Aqua Sharks Academy-CP	2:25.56	2:40.63
	1:15.16	2:40.63 (1:25.47)			
42	King, Aidan J	13	Curro Aquatic Swim Club-CP	2:42.95	2:40.88
	1:17.26	2:40.88 (1:23.62)			
43	Clark, Alexander L	12	Uwc Aquatics-CP	2:39.39	2:42.01
	1:16.90	2:42.01 (1:25.11)			
44	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	2:48.19	2:42.29
	1:18.12	2:42.29 (1:24.17)			
45	Harder, Callum R	12	Vineyard SC-CP	2:56.34	2:42.75
	1:19.01	2:42.75 (1:23.74)			
46	Parr, Riley C	12	Knysna Aquatics-ED	2:41.41	2:43.23
	1:19.45	2:43.23 (1:23.78)			
47	Baadjies, Cruden H	13	Paarl Aquarius SC-CE	2:41.84	2:43.24
	1:17.18	2:43.24 (1:26.06)			
48	Kenmuir, Ethan	12	Vineyard SC-CP	2:54.03	2:43.51
	1:21.02	2:43.51 (1:22.49)			
49	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	2:54.54	2:43.58
	1:20.32	2:43.58 (1:23.26)			
50	Lee, Daniel	12	Tygerberg Aquatics-CP	2:42.51	2:43.65
	1:18.99	2:43.65 (1:24.66)			
51	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	2:43.32	2:44.04
	1:20.41	2:44.04 (1:23.63)			
52	Samuels, Mason	13	Marlin Swimming Club-CP	2:42.51	2:45.90
	1:19.85	2:45.90 (1:26.05)			
53	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	2:46.92	2:47.80
	1:19.75	2:47.80 (1:28.05)			
54	Nel, Charles Paul	12	Quick Silver Swimming Club-CP	2:47.78	2:51.73
	1:21.08	2:51.73 (1:30.65)			
55	Munnik, Connor C	13	Paarl Aquarius SC-CE	2:55.47	2:54.22
	1:22.28	2:54.22 (1:31.94)			
56	O'Reilly, Shane B	13	Swimlab Aquatic Academ-CP	3:01.32	2:56.86
	1:26.28	2:56.86 (1:30.58)			
57	Kemp, Albert A	12	Agulhas Aquatics-OB	3:02.29	3:03.89
	1:27.28	3:03.89 (1:36.61)			

Event 206 Men 14-15 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
A - Final					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	2:02.82	2:00.09
	57.68	2:00.09 (1:02.41)			
2	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	2:06.37	2:05.30
	1:00.02	2:05.30 (1:05.28)			
3	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	2:07.13	2:07.25
	1:01.55	2:07.25 (1:05.70)			
4	Loots, Noah C	14	Aqua Sharks Academy-CP	2:08.28	2:08.40
	1:02.85	2:08.40 (1:05.55)			
5	Fletcher, Tyler D	14	Knysna Aquatics-ED	2:07.43	2:08.41
	1:02.62	2:08.41 (1:05.79)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****A - Final ... (Event 206 Men 14-15 200 LC Meter Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
6	Goussard, Henry	15	Curro Aquatic Swim Club-CP	2:08.06	2:08.87
	1:02.34	2:08.87 (1:06.53)			
7	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:08.47	2:11.29
	1:03.38	2:11.29 (1:07.91)			
---	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:07.32	DQ
	1:01.65	DQ (1:09.83)			

Event 206 Men 14-15 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	2:00.56	2:02.82 a
	59.67	2:02.82 (1:03.15)			
2	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	2:03.58	2:06.37 a
	1:01.39	2:06.37 (1:04.98)			
3	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	2:04.48	2:07.13 a
	1:01.78	2:07.13 (1:05.35)			
4	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:13.49	2:07.32 a
	59.57	2:07.32 (1:07.75)			
5	Fletcher, Tyler D	14	Knysna Aquatics-ED	2:08.40	2:07.43 a
	1:02.69	2:07.43 (1:04.74)			
6	Goussard, Henry	15	Curro Aquatic Swim Club-CP	2:06.75	2:08.06 a
	1:02.66	2:08.06 (1:05.40)			
7	Loots, Noah C	14	Aqua Sharks Academy-CP	2:08.34	2:08.28 a
	1:02.12	2:08.28 (1:06.16)			
8	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:11.80	2:08.47 a
	1:03.23	2:08.47 (1:05.24)			
9	Wright, Jonah S	14	Tygerberg Aquatics-CP	2:10.60	2:08.92
	1:02.81	2:08.92 (1:06.11)			
10	Boshoff, Keanu A	14	Knysna Aquatics-ED	2:04.25	2:09.19
	1:03.53	2:09.19 (1:05.66)			
11	Williams, Logan	15	Vineyard SC-CP	2:06.72	2:09.28
	1:01.90	2:09.28 (1:07.38)			
12	Afonso, Aragon G	15	Quick Silver Swimming Club-CP	2:11.43	2:09.36
	1:02.32	2:09.36 (1:07.04)			
13	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	2:06.29	2:09.56
	1:02.28	2:09.56 (1:07.28)			
14	Roman, Noah P	15	Alpha Swim Club-CP	2:08.77	2:09.66
	1:02.80	2:09.66 (1:06.86)			
15	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	2:19.54	2:11.18
	1:03.86	2:11.18 (1:07.32)			
16	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	2:08.55	2:12.05
	1:02.67	2:12.05 (1:09.38)			
17	Kotzé, Arden C	15	Swartland Aquatics-WC	2:12.57	2:12.07
	1:05.20	2:12.07 (1:06.87)			
18	Mkavea, Tasu	15	Uwc Aquatics-CP	2:21.88	2:12.41
	1:06.53	2:12.41 (1:05.88)			
19	Liedeman, Mark	15	Swartland Aquatics-WC	2:16.14	2:13.09
	1:03.12	2:13.09 (1:09.97)			
20	Durrans, Liam J	15	Stellenbosch Aquatics-CE	2:16.51	2:13.18
	1:03.35	2:13.18 (1:09.83)			
21	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	2:14.92	2:13.26
	1:05.06	2:13.26 (1:08.20)			
22	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	2:17.09	2:14.17
	1:05.67	2:14.17 (1:08.50)			
23	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	2:12.65	2:14.62
	1:06.14	2:14.62 (1:08.48)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Men 14-15 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
24	Coetzee, Sion M	15	Quick Silver Swimming Club-CP	2:17.07	2:15.10
	1:06.10	2:15.10 (1:09.00)			
25	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	2:17.69	2:15.29
	1:05.03	2:15.29 (1:10.26)			
26	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	2:15.96	2:16.05
	1:06.80	2:16.05 (1:09.25)			
27	Trower, Michael	14	Streamline Aquatics-CP	2:14.72	2:16.22
	1:05.67	2:16.22 (1:10.55)			
28	Hough, Caleb	14	Curro Langebaan Aquatics-WC	2:11.13	2:16.49
	1:05.20	2:16.49 (1:11.29)			
29	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	2:15.61	2:16.91
	1:05.73	2:16.91 (1:11.18)			
30	Lichthart, Nicus	14	Quick Silver Swimming Club-CP	2:15.65	2:17.14
	1:05.17	2:17.14 (1:11.97)			
31	Weber, Daniel	14	Players-CE	2:22.36	2:17.44
	1:05.74	2:17.44 (1:11.70)			
32	Faulkner, Callum E	14	Sport Science Institute of SA-CP	2:18.60	2:17.55
	1:05.94	2:17.55 (1:11.61)			
33	Smit, Reynard-Gray	14	Streamline Aquatics-CP	2:18.16	2:17.65
	1:06.64	2:17.65 (1:11.01)			
34	Williams, Evan B	15	Sport Science Institute of SA-CP	2:13.68	2:17.88
	1:06.48	2:17.88 (1:11.40)			
35	Hodgskiss, Fin J	14	Sport Science Institute of SA-CP	2:23.33	2:18.57
	1:07.22	2:18.57 (1:11.35)			
36	Nagendrakumar, Puneet	15	Streamline Aquatics-CP	2:17.57	2:19.19
	1:06.61	2:19.19 (1:12.58)			
37	Addinall, Ethan	14	Manta SC-CP	2:19.97	2:21.52
	1:08.07	2:21.52 (1:13.45)			
38	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	2:27.98	2:22.29
	1:11.92	2:22.29 (1:10.37)			
39	Krause, Luke	15	Curro Aquatic Swim Club-CP	2:20.60	2:22.73
	1:10.98	2:22.73 (1:11.75)			
40	Rheeder, Liam M	15	Paarl Aquarius SC-CE	2:24.06	2:22.75
	1:09.08	2:22.75 (1:13.67)			
41	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	2:21.67	2:23.82
	1:10.43	2:23.82 (1:13.39)			
42	Visser, Wessel M	14	Uwc Aquatics-CP	2:20.67	2:24.03
	1:09.27	2:24.03 (1:14.76)			
43	Hucke, Tegan	14	Cape Town Otters-CP	2:22.42	2:24.16
	1:11.29	2:24.16 (1:12.87)			
44	Froneman, Dylan R	14	Blouberg Marlins-CP	2:26.82	2:24.28
	1:09.11	2:24.28 (1:15.17)			
45	Smit, Christian F	14	Royal Swimming Academy-ED	2:24.50	2:25.06
	1:10.92	2:25.06 (1:14.14)			
46	Douries, Ean	14	Curro Aquatic Swim Club-CP	2:25.90	2:25.16
	1:09.80	2:25.16 (1:15.36)			
47	Langeveldt, Christiano C	15	Alpha Swim Club-CP	2:18.09	2:25.64
	1:09.32	2:25.64 (1:16.32)			
48	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	2:27.84	2:26.03
	1:10.37	2:26.03 (1:15.66)			
49	Gomez, Alex W	15	Marlin Swimming Club-CP	2:26.15	2:26.04
	1:09.03	2:26.04 (1:17.01)			
50	Earle, Zack C	14	Fish Eagle Aquatics-ED	2:32.22	2:26.17
	1:10.43	2:26.17 (1:15.74)			
51	Pitout, Zachary J	14	Aqua Sharks Academy-CP	2:29.51	2:26.90
	1:10.97	2:26.90 (1:15.93)			
52	Snyders, Reece	15	Uwc Aquatics-CP	2:27.53	2:27.17
	1:11.79	2:27.17 (1:15.38)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Men 14-15 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
53 Samsodien, Saaligh S	15	Marlin Swimming Club-CP	2:20.37	2:28.45
1:10.96	2:28.45 (1:17.49)			
54 Van Vondel, Roland	14	Tygerberg Aquatics-CP	2:24.59	2:28.56
1:12.95	2:28.56 (1:15.61)			
55 October, Joshua D	14	Alpha Swim Club-CP	2:29.16	2:28.60
1:12.24	2:28.60 (1:16.36)			
56 Lamminga, Jack	14	Curro Langebaan Aquatics-WC	2:39.38	2:35.54
1:15.30	2:35.54 (1:20.24)			
57 Tresfon, Robbie	14	Vineyard SC-CP	2:33.60	2:37.29
1:16.03	2:37.29 (1:21.26)			
58 De Jager, Joshua	15	Players-CE	2:59.19	2:45.11
1:16.85	2:45.11 (1:28.26)			

Event 206 Men 16 & Over 200 LC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
A - Final				
1 Muller, Righardt	23	Lane Leader Stellenbosch-CE	1:59.68	1:56.16
56.63	1:56.16 (59.53)			
2 Pearson, Tai L	18	Lane Leader Stellenbosch-CE	2:00.84	1:56.88
55.83	1:56.88 (1:01.05)			
3 Wright, Keegan	19	Tygerberg Aquatics-CP	2:01.59	1:57.80
57.44	1:57.80 (1:00.36)			
4 Pretorius, Luuk E	17	Knysna Aquatics-ED	1:59.41	1:58.88
57.76	1:58.88 (1:01.12)			
5 Trower, Nic T	16	Swimlab Aquatic Academ-CP	2:02.62	2:00.47
57.98	2:00.47 (1:02.49)			
6 Terblanche, Luan L	17	Tygerberg Aquatics-CP	2:02.58	2:01.80
58.77	2:01.80 (1:03.03)			
7 Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	2:02.28	2:02.58
58.71	2:02.58 (1:03.87)			
8 Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	2:03.02	2:03.00
1:00.31	2:03.00 (1:02.69)			
B - Final				
9 Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	2:03.11	2:01.77
57.35	2:01.77 (1:04.42)			
10 Bannister, Joshua G	17	Tygerberg Aquatics-CP	2:03.09	2:03.00
59.70	2:03.00 (1:03.30)			
11 Wolson, Daniel A	18	Swimlab Aquatic Academ-CP	2:05.92	2:04.67
59.87	2:04.67 (1:04.80)			
12 Myburgh, Ruan	17	Blouberg Marlins-CP	2:05.77	2:06.81
1:00.74	2:06.81 (1:06.07)			
13 Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	2:06.62	2:07.44
1:00.42	2:07.44 (1:07.02)			
14 Heyes, Garrick T	17	Aqua Sharks Academy-CP	2:06.35	2:08.98
1:01.67	2:08.98 (1:07.31)			
15 Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	2:06.85	2:12.20
1:02.18	2:12.20 (1:10.02)			
--- Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	2:07.21	DQ
1:01.46	DQ (1:06.03)			

Event 206 Men 16 & Over 200 LC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Pretorius, Luuk E	17	Knysna Aquatics-ED	1:57.24	1:59.41 a
58.48	1:59.41 (1:00.93)			
2 Muller, Righardt	23	Lane Leader Stellenbosch-CE	1:53.03	1:59.68 a
58.60	1:59.68 (1:01.08)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Men 16 & Over 200 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time	
3 Pearson, Tai L	18	Lane Leader Stellenbosch-CE	1:54.39	2:00.84	q
59.36	2:00.84 (1:01.48)				
4 Forbes, Thomas P	21	Lane Leader Stellenbosch-CE	1:58.87	2:00.86	q
59.95	2:00.86 (1:00.91)				
5 Wright, Keegan	19	Tygerberg Aquatics-CP	1:56.82	2:01.59	q
59.28	2:01.59 (1:02.31)				
6 Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	2:03.58	2:02.28	q
59.62	2:02.28 (1:02.66)				
7 Terblanche, Luan L	17	Tygerberg Aquatics-CP	2:02.74	2:02.58	q
59.22	2:02.58 (1:03.36)				
8 Trower, Nic T	16	Swimlab Aquatic Academ-CP	1:56.01	2:02.62	q
59.50	2:02.62 (1:03.12)				
9 Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	2:01.27	2:03.02	q
57.50	2:03.02 (1:05.52)				
10 Bannister, Joshua G	17	Tygerberg Aquatics-CP	1:58.83	2:03.09	q
1:00.00	2:03.09 (1:03.09)				
11 Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	2:01.12	2:03.11	q
59.13	2:03.11 (1:03.98)				
12 Myburgh, Ruan	17	Blouberg Marlins-CP	2:08.36	2:05.77	q
1:00.44	2:05.77 (1:05.33)				
13 Wolson, Daniel A	18	Swimlab Aquatic Academ-CP	1:55.73	2:05.92	q
59.89	2:05.92 (1:06.03)				
14 Heyes, Garrick T	17	Aqua Sharks Academy-CP	2:05.74	2:06.35	q
1:00.57	2:06.35 (1:05.78)				
15 Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	2:03.17	2:06.62	q
1:01.42	2:06.62 (1:05.20)				
16 Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	2:07.86	2:06.85	q
1:01.57	2:06.85 (1:05.28)				
17 Pullock, Sam J	16	Curro Hermanus Aquatics-OB	2:04.24	2:07.01	
1:01.42	2:07.01 (1:05.59)				
18 Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	2:06.04	2:07.21	
1:02.35	2:07.21 (1:04.86)				
19 Karsten, Jody	18	Blouberg Marlins-CP	2:03.65	2:07.54	
1:01.56	2:07.54 (1:05.98)				
20 Allott, Jack R	17	Aqua Athlete Cta-CP	2:02.70	2:07.80	
1:00.86	2:07.80 (1:06.94)				
21 Pautz, Nathan M	17	Blouberg Marlins-CP	2:06.39	2:08.52	
1:02.12	2:08.52 (1:06.40)				
22 Basson, Lucca N	16	Aqua Athlete Cta-CP	2:10.63	2:08.65	
1:02.62	2:08.65 (1:06.03)				
23 Theron, Ryan P	16	Curro Aquatic Swim Club-CP	2:06.14	2:08.97	
1:03.05	2:08.97 (1:05.92)				
24 Williams, Jayden J	16	Paarl Aquarius SC-CE	2:05.53	2:09.18	
1:00.78	2:09.18 (1:08.40)				
25 Brooker, Matthew W	18	Aqua Athlete Cta-CP	2:09.67	2:11.02	
1:02.16	2:11.02 (1:08.86)				
26 Kotzè, Max M	16	Blouberg Marlins-CP	2:08.74	2:11.30	
1:04.00	2:11.30 (1:07.30)				
27 Blauw, Tyriq D	17	Tygerberg Aquatics-CP	2:11.49	2:11.46	
1:02.30	2:11.46 (1:09.16)				
28 Solomon, Ethan	17	Alpha Swim Club-CP	2:05.93	2:11.74	
1:03.72	2:11.74 (1:08.02)				
29 Lategan, Nicky N	16	Swartland Aquatics-WC	2:14.91	2:12.43	
1:04.21	2:12.43 (1:08.22)				
30 Atkinson, Samuel A	17	Swartland Aquatics-WC	2:15.19	2:12.53	
1:02.08	2:12.53 (1:10.45)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 206 Men 16 & Over 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
31	Saayman, Dehan	17	Players-CE	2:12.04	2:15.19
	1:04.12	2:15.19 (1:11.07)			
32	Bestel, Luc M	16	Vineyard SC-CP	1:58.90	2:15.89
	1:04.25	2:15.89 (1:11.64)			
33	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	2:19.16	2:16.73
	1:06.28	2:16.73 (1:10.45)			
34	Alexander, Ammaar	18	Marlin Swimming Club-CP	2:06.45	2:18.07
	1:03.59	2:18.07 (1:14.48)			
35	Cleophas, Kyle	16	Paarl Aquarius SC-CE	2:16.83	2:18.95
	1:05.95	2:18.95 (1:13.00)			
36	Martin, Alzhario	17	Uwc Aquatics-CP	2:19.11	2:19.48
	1:05.62	2:19.48 (1:13.86)			
37	Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	2:15.39	2:19.57
	1:05.40	2:19.57 (1:14.17)			
38	Bowers, Joshua A	22	Manta SC-CP	2:16.76	2:21.78
	1:06.35	2:21.78 (1:15.43)			
39	Wollenschlaeger, Noah	17	Vineyard SC-CP	2:04.79	2:25.67
	1:08.96	2:25.67 (1:16.71)			
40	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	2:18.39	2:25.93
	1:09.86	2:25.93 (1:16.07)			
41	Meintjes, Armand R	17	Swartland Aquatics-WC	2:32.40	2:28.51
	1:10.85	2:28.51 (1:17.66)			
42	Holland-Muter, Jesse	16	Swartland Aquatics-WC	2:29.62	2:28.61
	1:11.17	2:28.61 (1:17.44)			
43	Vd Berg, Wilan	16	Brave-CE	2:39.77	2:29.61
	1:09.00	2:29.61 (1:20.61)			
44	Wykeham, Josh W	17	Vineyard SC-CP	2:18.04	2:30.85
	1:10.56	2:30.85 (1:20.29)			

Event 207 Girls 11 & Under 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	2:29.83	2:28.33
	1:11.52	2:28.33 (1:16.81)			
2	Daniels, Emily G	11	Xcel Swim Academy-CP	2:33.22	2:32.28
	1:14.34	2:32.28 (1:17.94)			
3	Levi, Zara	11	Cape Town Otters-CP	2:37.22	2:35.47
	1:14.82	2:35.47 (1:20.65)			
4	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	2:40.32	2:36.31
	1:13.53	2:36.31 (1:22.78)			
5	Scheffer, Shaylee C	11	Uwc Aquatics-CP	2:35.90	2:40.36
	1:17.23	2:40.36 (1:23.13)			
6	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	2:43.38	2:42.43
	1:18.20	2:42.43 (1:24.23)			
7	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	2:44.87	2:42.84
	1:16.81	2:42.84 (1:26.03)			
8	Richards, Emma E	11	Swimlab Aquatic Academ-CP	2:47.27	2:45.92
	1:19.66	2:45.92 (1:26.26)			

Event 207 Girls 11 & Under 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	2:29.94	2:29.83 a
	1:11.93	2:29.83 (1:17.90)			
2	Daniels, Emily G	11	Xcel Swim Academy-CP	2:32.32	2:33.22 a
	1:17.18	2:33.22 (1:16.04)			
3	Scheffer, Shaylee C	11	Uwc Aquatics-CP	2:37.31	2:35.90 a
	1:16.74	2:35.90 (1:19.16)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 207 Girls 11 & Under 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
4	Levi, Zara	11	Cape Town Otters-CP	2:54.43	2:37.22	q
	1:15.20	2:37.22 (1:22.02)				
5	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	2:40.96	2:40.32	q
	1:17.11	2:40.32 (1:23.21)				
6	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	2:43.24	2:43.38	q
	1:19.25	2:43.38 (1:24.13)				
7	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	2:48.24	2:44.87	q
	1:19.02	2:44.87 (1:25.85)				
8	Richards, Emma E	11	Swimlab Aquatic Academ-CP	2:56.70	2:47.27	q
	1:20.94	2:47.27 (1:26.33)				
9	Pitout, Addison P	11	Aqua Sharks Academy-CP	2:43.76	2:48.97	
	1:20.83	2:48.97 (1:28.14)				
10	De Lange, Niah	10	Curro Aquatic Swim Club-CP	2:50.35	2:49.21	
	1:23.44	2:49.21 (1:25.77)				
11	Van Zyl, Lily M	11	Elite Swimming Academy-CE	2:53.78	2:49.67	
	1:21.73	2:49.67 (1:27.94)				
12	Glass, Gabi	11	Swimlab Aquatic Academ-CP	2:55.04	2:50.69	
	1:22.83	2:50.69 (1:27.86)				
13	Schenck, Maya K	11	Tygerberg Aquatics-CP	2:53.39	2:50.96	
	1:22.92	2:50.96 (1:28.04)				
14	Benade, Aria	11	Swimlab Aquatic Academ-CP	2:55.45	2:51.69	
	1:23.78	2:51.69 (1:27.91)				
15	Harvett, Logan L	11	Stellenbosch Aquatics-CE	2:55.07	2:55.58	
	1:26.38	2:55.58 (1:29.20)				
16	Louw, Milea	11	Tygerberg Aquatics-CP	2:55.04	2:56.82	
	1:25.16	2:56.82 (1:31.66)				
17	Nicholson, Gemma	10	Swimlab Aquatic Academ-CP	3:02.40	2:57.22	
	1:25.03	2:57.22 (1:32.19)				
18	Jansen Van Rensburg, MACKENZI	11	Knysna Aquatics-ED	3:05.42	2:57.47	
	1:25.84	2:57.47 (1:31.63)				
19	Bruwer, Leané	11	Swartland Aquatics-WC	2:59.48	2:57.61	
	1:25.33	2:57.61 (1:32.28)				
20	Freese, Gabi M	10	Swimlab Aquatic Academ-CP	2:56.24	2:57.79	
	1:27.88	2:57.79 (1:29.91)				
21	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	3:01.84	2:58.34	
	1:24.95	2:58.34 (1:33.39)				
22	Jaftha, Mercedes A	11	Manta SC-CP	2:54.99	2:58.72	
	1:24.92	2:58.72 (1:33.80)				
23	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	3:04.61	3:01.98	
	1:27.84	3:01.98 (1:34.14)				
24	Burger, Marguerite	11	Swartland Aquatics-WC	3:02.16	3:04.27	
	1:28.13	3:04.27 (1:36.14)				
25	Koen, Elmi	11	Elite Swimming Academy-CE	3:15.90	3:15.70	
	1:31.47	3:15.70 (1:44.23)				

Event 207 Girls 12-13 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:14.38	2:13.18
	1:04.14	2:13.18 (1:09.04)			
2	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	2:17.45	2:16.32
	1:05.39	2:16.32 (1:10.93)			
3	Williams, Aqeelah	13	Uwc Aquatics-CP	2:23.17	2:19.81
	1:08.71	2:19.81 (1:11.10)			
4	Johnson, Ella J	12	Cape Town Otters-CP	2:21.45	2:20.13
	1:08.27	2:20.13 (1:11.86)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 207 Girls 12-13 200 LC Meter Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
5	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:21.39	2:22.25
	1:08.94	2:22.25 (1:13.31)			
6	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	2:26.98	2:27.32
	1:10.12	2:27.32 (1:17.20)			
7	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	2:28.18	2:27.80
	1:11.53	2:27.80 (1:16.27)			
8	Hofinger, Charlotte M	12	Aqua Sharks Academy-CP	2:27.50	2:29.43
	1:14.03	2:29.43 (1:15.40)			

Event 207 Girls 12-13 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:13.88	2:14.38 a
	1:04.82	2:14.38 (1:09.56)			
2	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	2:14.79	2:17.45 a
	1:07.97	2:17.45 (1:09.48)			
3	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:24.73	2:21.39 a
	1:09.10	2:21.39 (1:12.29)			
4	Johnson, Ella J	12	Cape Town Otters-CP	2:22.40	2:21.45 a
	1:09.04	2:21.45 (1:12.41)			
5	Williams, Aqeelah	13	Uwc Aquatics-CP	2:22.84	2:23.17 a
	1:10.06	2:23.17 (1:13.11)			
6	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	2:21.91	2:26.98 a
	1:09.83	2:26.98 (1:17.15)			
7	Hofinger, Charlotte M	12	Aqua Sharks Academy-CP	2:28.06	2:27.50 a
	1:12.85	2:27.50 (1:14.65)			
8	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	2:28.41	2:28.18 a
	1:12.39	2:28.18 (1:15.79)			
9	Koegelenberg, Emily	13	Xcel Swim Academy-CP	2:29.85	2:29.33
	1:12.99	2:29.33 (1:16.34)			
10	Burger, Johané	13	Royal Swimming Academy-ED	2:26.75	2:29.37
	1:13.42	2:29.37 (1:15.95)			
11	Dabrowski, Leah A	12	Blouberg Marlins-CP	2:37.92	2:30.18
	1:13.99	2:30.18 (1:16.19)			
12	Gullan, Sophia	13	Vineyard SC-CP	2:27.43	2:30.22
	1:14.09	2:30.22 (1:16.13)			
13	Retief, Jane	13	Lane Leader Stellenbosch-CE	2:36.86	2:30.32
	1:12.07	2:30.32 (1:18.25)			
14	Billson, Amelie	13	Curro Aquatic Swim Club-CP	2:23.21	2:30.76
	1:11.59	2:30.76 (1:19.17)			
15	Sabbagha, Georgia	13	Paarl Aquarius SC-CE	2:34.32	2:31.49
	1:13.47	2:31.49 (1:18.02)			
16	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	2:32.13	2:31.97
	1:12.61	2:31.97 (1:19.36)			
17	Grebe, Ava	13	Curro Hermanus Aquatics-OB	2:29.23	2:32.78
	1:13.01	2:32.78 (1:19.77)			
18	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	2:35.43	2:32.79
	1:14.38	2:32.79 (1:18.41)			
19	Thirsk, Savannah	13	Curro Aquatic Swim Club-CP	2:38.11	2:32.84
	1:16.37	2:32.84 (1:16.47)			
20	Bishop, Caro	12	Vineyard SC-CP	2:29.26	2:32.89
	1:13.00	2:32.89 (1:19.89)			
21	Julies, Grace J	12	Xcel Swim Academy-CP	2:33.59	2:32.96
	1:15.85	2:32.96 (1:17.11)			
22	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	2:29.63	2:34.34
	1:14.59	2:34.34 (1:19.75)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 207 Girls 12-13 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
23	Adams, Tatum	12	Paarl Aquarius SC-CE	2:36.45	2:34.81
	1:14.49	2:34.81 (1:20.32)			
24	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	2:34.21	2:34.91
	1:15.91	2:34.91 (1:19.00)			
25	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	2:34.51	2:35.04
	1:14.93	2:35.04 (1:20.11)			
26	Voysey, Ella N	12	Aqua Sharks Academy-CP	2:39.12	2:35.34
	1:15.77	2:35.34 (1:19.57)			
27	Nel, Olivia	12	Curro Langebaan Aquatics-WC	2:38.48	2:36.03
	1:16.62	2:36.03 (1:19.41)			
28	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	2:35.12	2:36.35
	1:15.53	2:36.35 (1:20.82)			
29	Gilligan, Saskia	12	Blouberg Marlins-CP	2:38.96	2:36.39
	1:14.92	2:36.39 (1:21.47)			
30	Newkirk, Gia	12	Tygerberg Aquatics-CP	2:36.14	2:36.68
	1:14.98	2:36.68 (1:21.70)			
31	Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	2:37.46	2:37.49
	1:16.83	2:37.49 (1:20.66)			
32	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	2:35.28	2:37.74
	1:16.15	2:37.74 (1:21.59)			
33	Kruger, Livvy	12	Players-CE	2:40.80	2:38.15
	1:14.98	2:38.15 (1:23.17)			
34	Lloyd, Jemma A	13	Vineyard SC-CP	2:40.50	2:38.33
	1:16.63	2:38.33 (1:21.70)			
35	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	2:38.45	2:39.71
	1:17.66	2:39.71 (1:22.05)			
36	Normington, Olivia	12	Xcel Swim Academy-CP	2:43.34	2:39.95
	1:20.52	2:39.95 (1:19.43)			
37	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	2:44.92	2:39.99
	1:17.44	2:39.99 (1:22.55)			
38	Jantjies, Zara	13	Manta SC-CP	2:39.07	2:40.04
	1:18.88	2:40.04 (1:21.16)			
39	Haldane, Bella	12	Fish Eagle Aquatics-ED	2:41.33	2:40.33
	1:17.14	2:40.33 (1:23.19)			
40	Matthee, Zarah	12	Uwc Aquatics-CP	2:42.40	2:40.37
	1:18.54	2:40.37 (1:21.83)			
41	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	2:43.98	2:40.39
	1:17.79	2:40.39 (1:22.60)			
*42	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	2:39.36	2:40.45
	1:17.20	2:40.45 (1:23.25)			
*42	Smith, Cadence C	13	Sport Science Institute of SA-CP	2:42.66	2:40.45
	1:17.72	2:40.45 (1:22.73)			
44	Pretorius, Kara	13	Sport Science Institute of SA-CP	2:41.42	2:41.18
	1:17.84	2:41.18 (1:23.34)			
45	Olivier, Gianna G	12	Paarl Aquarius SC-CE	2:33.79	2:41.47
	1:18.66	2:41.47 (1:22.81)			
46	Makore, Bona M	12	Aqua Sharks Academy-CP	2:44.68	2:41.62
	1:19.48	2:41.62 (1:22.14)			
47	Van de Vyver, Mia	13	Elite Swimming Academy-CE	2:42.27	2:42.22
	1:18.63	2:42.22 (1:23.59)			
48	Adams, Ella	12	Curro Aquatic Swim Club-CP	2:41.03	2:42.43
	1:17.94	2:42.43 (1:24.49)			
49	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	2:48.63	2:42.47
	1:19.74	2:42.47 (1:22.73)			
50	Smit, Dione	12	Curro Aquatic Swim Club-CP	2:45.39	2:42.58
	1:20.03	2:42.58 (1:22.55)			
51	Liebenberg, Aimee L	13	Elite Swimming Academy-CE	2:42.12	2:43.04
	1:18.24	2:43.04 (1:24.80)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 207 Girls 12-13 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
52	Venter, Ané	12	Fish Eagle Aquatics-ED	3:02.03	2:43.17
	1:16.93	2:43.17 (1:26.24)			
53	De Wit, Rua	13	Curro Aquatic Swim Club-CP	2:48.10	2:43.20
	1:17.98	2:43.20 (1:25.22)			
54	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	2:43.56	2:43.49
	1:17.37	2:43.49 (1:26.12)			
55	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	2:41.54	2:44.58
	1:17.16	2:44.58 (1:27.42)			
56	Barenblatt, Sienna G	13	Stellenbosch Aquatics-CE	2:42.91	2:44.68
	1:18.65	2:44.68 (1:26.03)			
57	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	2:52.20	2:45.11
	1:19.30	2:45.11 (1:25.81)			
58	Barthus, Alessia	12	Manta SC-CP	2:42.57	2:45.64
	1:19.64	2:45.64 (1:26.00)			
59	Sebastian, Catherine	12	Manta SC-CP	2:52.61	2:46.31
	1:19.87	2:46.31 (1:26.44)			
60	Schoeman, Liné	12	Fish Eagle Aquatics-ED	2:52.00	2:46.73
	1:19.81	2:46.73 (1:26.92)			
61	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	3:00.44	2:47.84
	1:20.42	2:47.84 (1:27.42)			
62	Wentzel, Leah A	13	Marlin Swimming Club-CP	2:48.64	2:48.90
	1:21.86	2:48.90 (1:27.04)			
63	Sprong, Jaime M	12	Aqua Sharks Academy-CP	2:51.02	2:49.55
	1:21.69	2:49.55 (1:27.86)			
64	Eyssen, Sky	13	Manta SC-CP	2:49.70	2:51.14
	1:22.68	2:51.14 (1:28.46)			
65	Tager, Kate S	13	Curro Hermanus Aquatics-OB	2:59.38	2:52.79
	1:23.46	2:52.79 (1:29.33)			
66	Marais, Lily E	12	Fish Eagle Aquatics-ED	3:03.44	2:53.76
	1:26.05	2:53.76 (1:27.71)			
67	Noble, Lea L	12	Blouberg Marlins-CP	3:00.54	2:55.86
	1:25.28	2:55.86 (1:30.58)			
68	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	2:56.76	2:55.96
	1:25.37	2:55.96 (1:30.59)			
69	Onkruid, Gianna R	12	Uwc Aquatics-CP	2:59.57	2:58.97
	1:22.32	2:58.97 (1:36.65)			
70	Cozyn, Nuhaa	13	Manta SC-CP	2:56.77	3:04.30
	1:27.17	3:04.30 (1:37.13)			

Event 207 Women 14-15 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:13.48	2:12.70
	1:04.11	2:12.70 (1:08.59)			
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	2:17.00	2:14.78
	1:04.64	2:14.78 (1:10.14)			
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	2:15.01	2:15.46
	1:06.04	2:15.46 (1:09.42)			
4	Durandt, Sharli	14	Aqua Sharks Academy-CP	2:21.04	2:18.92
	1:07.03	2:18.92 (1:11.89)			
5	Van Der Wath, Izi	15	Knysna Aquatics-ED	2:21.17	2:19.55
	1:08.79	2:19.55 (1:10.76)			
6	Grobler, Zané	15	Waterbender Aquatics Club-ED	2:18.89	2:20.73
	1:07.87	2:20.73 (1:12.86)			
7	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	2:20.16	2:22.91
	1:09.61	2:22.91 (1:13.30)			
8	De Villiers, Anja	14	Tygerberg Aquatics-CP	2:20.03	2:25.55
	1:09.08	2:25.55 (1:16.47)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 207 Women 14-15 200 LC Meter Freestyle**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:14.06	2:13.48	q
	1:04.51	2:13.48	(1:08.97)			
2	Grütter, Arabelle	15	Royal Swimming Academy-ED	2:15.98	2:15.01	q
	1:05.80	2:15.01	(1:09.21)			
3	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	2:15.38	2:17.00	q
	1:04.73	2:17.00	(1:12.27)			
4	Grobler, Zané	15	Waterbender Aquatics Club-ED	2:22.70	2:18.89	q
	1:07.06	2:18.89	(1:11.83)			
5	De Villiers, Anja	14	Tygerberg Aquatics-CP	2:19.53	2:20.03	q
	1:07.98	2:20.03	(1:12.05)			
6	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	2:20.18	2:20.16	q
	1:08.16	2:20.16	(1:12.00)			
7	Durandt, Sharli	14	Aqua Sharks Academy-CP	2:17.25	2:21.04	q
	1:08.00	2:21.04	(1:13.04)			
8	Van Der Wath, Izi	15	Knysna Aquatics-ED	2:18.08	2:21.17	q
	1:07.34	2:21.17	(1:13.83)			
9	Louw, Anieka	15	Curro Aquatic Swim Club-CP	2:19.81	2:21.58	
	1:07.25	2:21.58	(1:14.33)			
10	Faul, Ellen J	14	Players-CE	2:24.01	2:24.20	
	1:07.80	2:24.20	(1:16.40)			
11	Klopper, Minet	15	Lane Leader Stellenbosch-CE	2:22.10	2:24.78	
	1:09.42	2:24.78	(1:15.36)			
12	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	2:26.36	2:25.58	
	1:10.59	2:25.58	(1:14.99)			
13	Blake, Abi E	15	Curro Aquatic Swim Club-CP	2:21.13	2:28.12	
	1:11.01	2:28.12	(1:17.11)			
14	Nienaber, Mila J	14	Elite Swimming Academy-CE	2:30.37	2:28.43	
	1:10.80	2:28.43	(1:17.63)			
15	Holman, Acaylia	15	Marlin Swimming Club-CP	2:28.37	2:28.47	
	1:10.07	2:28.47	(1:18.40)			
16	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	2:30.38	2:28.49	
	1:09.28	2:28.49	(1:19.21)			
17	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	2:35.24	2:28.55	
	1:13.99	2:28.55	(1:14.56)			
18	Bull, Theia R	14	Curro Aquatic Swim Club-CP	2:25.93	2:28.91	
	1:10.62	2:28.91	(1:18.29)			
19	Pahl, Shelly	14	Quick Silver Swimming Club-CP	2:26.16	2:29.27	
	1:10.96	2:29.27	(1:18.31)			
20	Dreyer, Arne'	15	Stellenbosch Aquatics-CE	2:30.90	2:30.12	
	1:13.69	2:30.12	(1:16.43)			
21	Riley, Logan	15	Curro Aquatic Swim Club-CP	2:25.84	2:30.18	
	1:11.90	2:30.18	(1:18.28)			
22	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	2:26.56	2:30.41	
	1:12.62	2:30.41	(1:17.79)			
23	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	2:28.24	2:30.88	
	1:12.75	2:30.88	(1:18.13)			
24	Robinson, Alana	15	Swimlab Aquatic Academ-CP	2:34.85	2:31.07	
	1:11.50	2:31.07	(1:19.57)			
25	Groves, Philippa R	14	Sport Science Institute of SA-CP	2:35.82	2:31.18	
	1:13.60	2:31.18	(1:17.58)			
26	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	2:29.00	2:32.54	
	1:13.96	2:32.54	(1:18.58)			
27	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	2:27.90	2:32.78	
	1:14.02	2:32.78	(1:18.76)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 207 Women 14-15 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
28	Fenner, Olivia M	14	Players-CE	2:28.46	2:32.81
	1:12.95	2:32.81 (1:19.86)			
29	Hager, Carle	15	Elite Swimming Academy-CE	2:32.10	2:32.96
	1:13.98	2:32.96 (1:18.98)			
30	Burger, Juanè	15	Curro Aquatic Swim Club-CP	2:28.82	2:33.24
	1:13.20	2:33.24 (1:20.04)			
31	De Beer, Isabella C	14	Players-CE	2:43.34	2:33.26
	1:15.02	2:33.26 (1:18.24)			
32	De Oliveira, Aliyah	15	Tygerberg Aquatics-CP	2:40.27	2:33.97
	1:13.66	2:33.97 (1:20.31)			
33	Brooker, Isabella J	14	Aqua Athlete Cta-CP	2:26.29	2:34.45
	1:13.71	2:34.45 (1:20.74)			
34	Coleman, Milan	14	Fish Eagle Aquatics-ED	2:31.07	2:34.46
	1:13.35	2:34.46 (1:21.11)			
35	Hawley, Nicola	14	Players-CE	2:31.77	2:34.48
	1:15.04	2:34.48 (1:19.44)			
36	Cronjé, Miané	14	Fish Eagle Aquatics-ED	2:34.95	2:36.32
	1:14.60	2:36.32 (1:21.72)			
37	Basson, Lenè	14	Paarl Aquarius SC-CE	2:36.48	2:36.55
	1:14.42	2:36.55 (1:22.13)			
38	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	2:37.74	2:38.21
	1:16.87	2:38.21 (1:21.34)			
39	Joubert, Elle	14	Players-CE	2:36.74	2:38.49
	1:16.48	2:38.49 (1:22.01)			
40	Lourens, Mia	14	Curro Aquatic Swim Club-CP	2:36.07	2:39.93
	1:14.93	2:39.93 (1:25.00)			
41	Kröger, Sammy	14	Elite Swimming Academy-CE	2:41.85	2:42.45
	1:17.21	2:42.45 (1:25.24)			
42	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	2:39.96	2:43.63
	1:16.27	2:43.63 (1:27.36)			
43	Coetzee, Liane	14	Players-CE	2:48.19	2:47.28
	1:19.41	2:47.28 (1:27.87)			

Event 207 Women 16 & Over 200 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	2:08.04	2:06.92
	1:01.37	2:06.92 (1:05.55)			
2	Groepes, Rachel L	19	TuksSwimming-TS	2:12.69	2:10.75
	1:03.07	2:10.75 (1:07.68)			
3	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	2:14.97	2:15.98
	1:05.40	2:15.98 (1:10.58)			
4	Raimond, Marike M	16	Tygerberg Aquatics-CP	2:16.90	2:17.52
	1:06.12	2:17.52 (1:11.40)			
5	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	2:16.62	2:17.95
	1:06.33	2:17.95 (1:11.62)			
6	Neilson, Hannah K	20	Uwc Aquatics-CP	2:18.01	2:18.24
	1:07.64	2:18.24 (1:10.60)			
7	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	2:19.67	2:20.49
	1:07.33	2:20.49 (1:13.16)			
8	Cronjè, Danielle	17	Lane Leader Stellenbosch-CE	2:22.73	2:20.73
	1:08.73	2:20.73 (1:12.00)			
9	Huang, Shi Han A	16	Blouberg Marlins-CP	2:23.10	2:22.36
	1:10.02	2:22.36 (1:12.34)			
10	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	2:23.99	2:22.86
	1:10.32	2:22.86 (1:12.54)			
11	Newton, Ava L	16	Curro Aquatic Swim Club-CP	2:21.97	2:23.06
	1:08.14	2:23.06 (1:14.92)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 207 Women 16 & Over 200 LC Meter Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
12	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	2:22.70	2:23.10
	1:09.55	2:23.10 (1:13.55)			
13	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:25.15	2:25.21
	1:11.10	2:25.21 (1:14.11)			
14	Liebenberg, Emily M	16	Elite Swimming Academy-CE	2:27.23	2:25.37
	1:11.50	2:25.37 (1:13.87)			
15	Morais, Nyriam W	16	Uwc Aquatics-CP	2:23.02	2:26.34
	1:09.16	2:26.34 (1:17.18)			

Event 207 Women 16 & Over 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	2:03.61	2:08.04 a
	1:02.52	2:08.04 (1:05.52)			
2	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	2:09.71	2:09.98 a
	1:02.71	2:09.98 (1:07.27)			
3	Groepes, Rachel L	19	TuksSwimming-TS	2:13.20	2:12.69 a
	1:03.66	2:12.69 (1:09.03)			
4	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	2:11.54	2:14.97 a
	1:04.68	2:14.97 (1:10.29)			
5	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	2:16.17	2:16.62 a
	1:05.17	2:16.62 (1:11.45)			
6	Raimond, Marike M	16	Tygerberg Aquatics-CP	2:17.95	2:16.90 a
	1:06.38	2:16.90 (1:10.52)			
7	Neilson, Hannah K	20	Uwc Aquatics-CP	2:20.59	2:18.01 a
	1:07.31	2:18.01 (1:10.70)			
8	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	2:17.17	2:19.67 a
	1:07.24	2:19.67 (1:12.43)			
9	Newton, Ava L	16	Curro Aquatic Swim Club-CP	2:18.79	2:21.97 a
	1:08.96	2:21.97 (1:13.01)			
10	Glover, Erin K	17	Curro Aquatic Swim Club-CP	2:18.81	2:22.53 a
	1:08.58	2:22.53 (1:13.95)			
11	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	2:22.16	2:22.70 a
	1:09.95	2:22.70 (1:12.75)			
12	Cronjè, Danielle	17	Lane Leader Stellenbosch-CE	2:16.03	2:22.73 a
	1:08.07	2:22.73 (1:14.66)			
13	Morais, Nyriam W	16	Uwc Aquatics-CP	2:25.22	2:23.02 a
	1:10.46	2:23.02 (1:12.56)			
14	Huang, Shi Han A	16	Blouberg Marlins-CP	2:31.09	2:23.10 a
	1:07.82	2:23.10 (1:15.28)			
15	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	2:22.01	2:23.99 a
	1:10.50	2:23.99 (1:13.49)			
16	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:30.47	2:25.15 a
	1:11.12	2:25.15 (1:14.03)			
17	Senekal, Margo	16	Tygerberg Aquatics-CP	2:21.47	2:25.77
	1:09.61	2:25.77 (1:16.16)			
18	Hartung, Amy M	16	Aqua Sharks Academy-CP	2:22.29	2:26.72
	1:10.82	2:26.72 (1:15.90)			
19	Liebenberg, Emily M	16	Elite Swimming Academy-CE	2:26.33	2:27.23
	1:10.10	2:27.23 (1:17.13)			
20	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	2:27.56	2:29.86
	1:12.52	2:29.86 (1:17.34)			
21	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	2:26.79	2:30.15
	1:11.59	2:30.15 (1:18.56)			
22	Juries, Sam C	16	Curro Langebaan Aquatics-WC	2:36.47	2:30.18
	1:11.79	2:30.18 (1:18.39)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 207 Women 16 & Over 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
23	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	2:23.83	2:31.58
	1:13.51	2:31.58 (1:18.07)			
24	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	2:31.01	2:34.58
	1:14.83	2:34.58 (1:19.75)			
25	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	2:28.48	2:34.87
	1:13.82	2:34.87 (1:21.05)			
26	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	2:35.78	2:35.92
	1:15.46	2:35.92 (1:20.46)			
27	Loubser, Jenna L	17	Streamline Aquatics-CP	2:27.60	2:36.36
	1:15.72	2:36.36 (1:20.64)			
28	Badenhorst, Storme	16	Marlin Swimming Club-CP	2:33.51	2:37.21
	1:14.14	2:37.21 (1:23.07)			
---	Bulose, Megan	21	Uwc Aquatics-CP	2:34.13	DQ

Event 208 Boys 11 & Under 4x100 LC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Swimlab Aquatic Academ-CP	A	4:49.91	4:46.94
	1:06.69	2:16.04 (1:09.35)	3:37.20 (1:21.16)	4:46.94 (1:09.74)
2	Curro Aquatic Swim Club-CP	A	4:55.03	4:53.05
	1:10.74	2:25.36 (1:14.62)	3:39.75 (1:14.39)	4:53.05 (1:13.30)
3	Blouberg Marlins-CP	A	5:01.11	5:04.26
	1:14.65	3:46.65 ()	5:04.26 (1:17.61)	
4	Tygerberg Aquatics-CP	A	5:22.30	5:23.69
	1:17.26	2:43.62 (1:26.36)	4:08.13 (1:24.51)	5:23.69 (1:15.56)
5	Lane Leader Stellenbosch-CE	A	NT	5:38.71
	1:28.89	2:55.85 (1:26.96)	4:15.45 (1:19.60)	5:38.71 (1:23.26)

Event 209 Girls 11 & Under 4x100 LC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Tygerberg Aquatics-CP	A	5:10.57	5:05.62
	1:12.11	2:34.03 (1:21.92)	3:51.00 (1:16.97)	5:05.62 (1:14.62)
2	Curro Aquatic Swim Club-CP	A	5:17.22	5:11.44
	1:08.81	2:30.74 (1:21.93)	3:48.99 (1:18.25)	5:11.44 (1:22.45)
3	Swimlab Aquatic Academ-CP	A	5:21.12	5:18.69
	1:21.48	2:40.82 (1:19.34)	3:59.31 (1:18.49)	5:18.69 (1:19.38)
4	Lane Leader Stellenbosch-CE	A	NT	5:34.51
	1:21.33	2:43.11 (1:21.78)	4:07.41 (1:24.30)	5:34.51 (1:27.10)

Event 210 Boys 13 & Under 4x100 LC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Curro Aquatic Swim Club-CP	A	4:16.40	4:09.32
2	Swartland Aquatics-WC	A	4:26.55	4:21.12
3	Tygerberg Aquatics-CP	A	4:38.69	4:33.25
4	Aqua Sharks Academy-CP	A	4:41.92	4:44.16
5	Xcel Swim Academy-CP	A	5:01.52	4:52.52
6	Elite Swimming Academy-CE	A	4:47.75	4:55.23

Event 211 Girls 13 & Under 4x100 LC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Curro Aquatic Swim Club-CP	A	4:36.74	4:32.41
	1:08.48	2:17.35 (1:08.87)	3:22.87 (1:05.52)	4:32.41 (1:09.54)
2	Xcel Swim Academy-CP	A	4:35.78	4:36.28
	1:08.08	2:17.55 (1:09.47)	3:27.11 (1:09.56)	4:36.28 (1:09.17)
3	Blouberg Marlins-CP	A	4:36.02	4:41.97
	1:03.19	2:24.15 (1:20.96)	3:35.51 (1:11.36)	4:41.97 (1:06.46)
4	Aqua Sharks Academy-CP	B	4:48.37	4:42.41
	1:10.26	2:19.95 (1:09.69)	3:29.07 (1:09.12)	4:42.41 (1:13.34)

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 211 Girls 13 & Under 4x100 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
5 Uwc Aquatics-CP	A	4:50.20	4:51.15
1:06.43 2:19.16 (1:12.73)	3:30.86 (1:11.70)	4:51.15 (1:20.29)	
6 Aqua Sharks Academy-CP	A	4:53.34	5:00.06
1:15.03 2:30.02 (1:14.99)	3:40.32 (1:10.30)	5:00.06 (1:19.74)	
7 Manta SC-CP	A	5:04.50	5:03.46
1:13.77 2:30.69 (1:16.92)	3:45.19 (1:14.50)	5:03.46 (1:18.27)	
8 Lane Leader Stellenbosch-CE	A	NT	5:05.01
1:12.90 2:33.37 (1:20.47)	3:55.33 (1:21.96)	5:05.01 (1:09.68)	
9 Tygerberg Aquatics-CP	A	4:56.14	5:05.14
1:10.34 2:32.62 (1:22.28)	3:48.92 (1:16.30)	5:05.14 (1:16.22)	

Event 213 Boys 15 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP	A	3:49.90	3:49.86
57.85 1:56.47 (58.62)	2:52.23 (55.76)	3:49.86 (57.63)	
2 Streamline Aquatics-CP	A	4:00.19	4:00.49
56.89 1:58.00 (1:01.11)	3:00.43 (1:02.43)	4:00.49 (1:00.06)	
3 Curro Aquatic Swim Club-CP	B	4:01.67	4:06.49
1:02.42 2:05.71 (1:03.29)	3:04.69 (58.98)	4:06.49 (1:01.80)	
4 Swimlab Aquatic Academ-CP	A	NT	4:08.61
57.50 2:56.42 (1:58.92)	4:08.66 (1:12.24)	4:08.61 ()	
5 Blouberg Marlins-CP	A	4:22.15	4:14.32
1:05.25 2:08.91 (1:03.66)	3:12.75 (1:03.84)	4:14.32 (1:01.57)	
6 Tygerberg Aquatics-CP	A	4:15.32	4:14.39
59.14 2:06.71 (1:07.57)	3:14.20 (1:07.49)	4:14.39 (1:00.19)	
7 Sport Science Institute of SA-CP	A	4:15.51	4:16.60
1:03.65 2:10.61 (1:06.96)	3:13.90 (1:03.29)	4:16.60 (1:02.70)	
8 Aqua Sharks Academy-CP	A	4:15.39	4:17.86
1:05.66 2:11.30 (1:05.64)	3:19.26 (1:07.96)	4:17.86 (58.60)	
9 Marlin Swimming Club-CP	A	4:17.50	4:18.54
1:04.97 2:10.79 (1:05.82)	3:15.88 (1:05.09)	4:18.54 (1:02.66)	
10 Fish Eagle Aquatics-ED	A	4:27.30	4:26.23
1:05.97 2:13.60 (1:07.63)	3:20.44 (1:06.84)	4:26.23 (1:05.79)	
11 Manta SC-CP	A	4:31.35	4:34.68
1:04.54 2:14.91 (1:10.37)	3:23.74 (1:08.83)	4:34.68 (1:10.94)	

Event 214 Girls 15 & Under 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP	A	4:13.43	4:13.24
1:02.11 2:07.48 (1:05.37)	3:10.48 (1:03.00)	4:13.24 (1:02.76)	
2 Curro Aquatic Swim Club-CP	B	4:25.27	4:28.08
1:06.70 2:12.71 (1:06.01)	3:19.73 (1:07.02)	4:28.08 (1:08.35)	
3 Aqua Sharks Academy-CP	A	4:31.56	4:35.32
1:13.74 2:23.73 (1:09.99)	3:30.89 (1:07.16)	4:35.32 (1:04.43)	
4 Lane Leader Stellenbosch-CE	A	NT	4:46.89
1:10.26 2:20.45 (1:10.19)	3:33.96 (1:13.51)	4:46.89 (1:12.93)	
5 Tygerberg Aquatics-CP	A	4:41.42	4:53.85
1:11.33 2:35.51 (1:24.18)	3:48.13 (1:12.62)	4:53.85 (1:05.72)	

Event 215 Men 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Lane Leader Stellenbosch-CE	A	3:45.00	3:37.39
53.17 1:45.62 (52.45)	2:41.90 (56.28)	3:37.39 (55.49)	
2 Tygerberg Aquatics-CP	A	3:44.13	3:41.33
55.78 1:52.59 (56.81)	2:47.78 (55.19)	3:41.33 (53.55)	
3 Swimlab Aquatic Academ-CP	A	3:41.76	3:46.44
56.32 1:56.23 (59.91)	2:53.25 (57.02)	3:46.44 (53.19)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 215 Men 4x100 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
4 Blouberg Marlins-CP	A	3:48.57	3:50.85
57.84 1:56.44 (58.60)	3:50.87 (1:54.43)	3:50.85 ()	
5 Lane Leader Stellenbosch-CE	B	3:50.00	3:53.41
1:01.11 1:59.59 (58.48)	2:57.75 (58.16)	3:53.41 (55.66)	
6 Aqua Sharks Academy-CP	A	3:51.88	3:57.55
59.22 1:55.13 (55.91)	3:00.44 (1:05.31)	3:57.55 (57.11)	
7 Walmers SC-CP	A	4:00.94	4:00.92
1:00.39 1:58.69 (58.30)	3:00.75 (1:02.06)	4:00.92 (1:00.17)	
8 Swartland Aquatics-WC	A	4:03.67	4:03.03
1:00.40 2:00.45 (1:00.05)	3:03.99 (1:03.54)	4:03.03 (59.04)	
9 Curro Aquatic Swim Club-CP	A	3:49.00	4:03.56
58.99 1:59.03 (1:00.04)	3:01.91 (1:02.88)	4:03.56 (1:01.65)	
10 Uwc Aquatics-CP	A	4:05.76	4:08.61
57.66 2:00.73 (1:03.07)	4:08.88 (2:08.15)	4:08.61 ()	

Event 216 Women 4x100 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Lane Leader Stellenbosch-CE	A	4:00.00	4:06.95
59.65 1:59.90 (1:00.25)	3:04.36 (1:04.46)	4:06.95 (1:02.59)	
2 Lane Leader Stellenbosch-CE	B	4:00.00	4:22.44
1:09.05 2:13.90 (1:04.85)	3:18.50 (1:04.60)	4:22.44 (1:03.94)	
3 Tygerberg Aquatics-CP	A	4:25.42	4:25.96
1:08.93 2:15.53 (1:06.60)	3:22.09 (1:06.56)	4:25.96 (1:03.87)	
4 Blouberg Marlins-CP	A	4:26.97	4:30.15
1:06.81 2:19.25 (1:12.44)	3:24.47 (1:05.22)	4:30.15 (1:05.68)	
5 Curro Aquatic Swim Club-CP	A	4:24.58	4:33.69
1:06.68 2:13.30 (1:06.62)	3:23.64 (1:10.34)	4:33.69 (1:10.05)	
6 Swimlab Aquatic Academ-CP	A	4:28.70	4:45.19
1:07.30	3:29.13 ()	4:45.19 (1:16.06)	
7 Marlin Swimming Club-CP	A	4:51.78	4:57.38
1:13.01 2:27.14 (1:14.13)	3:38.77 (1:11.63)	4:57.38 (1:18.61)	

Event 300 Girls 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Perrins, Hayden	11	Curro Aquatic Swim Club-CP	1:09.15	1:06.78
2 Coetsee, Elke M	11	Fish Eagle Aquatics-ED	1:09.27	1:07.12
3 Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:12.23	1:10.59
4 Levi, Zara	11	Cape Town Otters-CP	1:13.23	1:10.93
5 Kimani, Katja	11	Cybersmart Aquatics-CP	1:14.62	1:10.96
6 Daniels, Emily G	11	Xcel Swim Academy-CP	1:11.54	1:11.28
7 Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	1:15.06	1:12.44
8 Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:14.12	1:12.67

Event 300 Girls 11 & Under 100 LC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Perrins, Hayden	11	Curro Aquatic Swim Club-CP	1:07.19	1:09.15 a
2 Coetsee, Elke M	11	Fish Eagle Aquatics-ED	1:09.28	1:09.27 a
3 Daniels, Emily G	11	Xcel Swim Academy-CP	1:10.23	1:11.54 a
4 Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:15.63	1:12.23 a
5 Levi, Zara	11	Cape Town Otters-CP	1:15.52	1:13.23 a
6 Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:12.86	1:14.12 a
7 Kimani, Katja	11	Cybersmart Aquatics-CP	1:15.51	1:14.62 a
8 Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	1:13.17	1:15.06 a
9 Strydom, Marli	11	Quick Silver Swimming Club-CP	1:16.60	1:15.28
10 Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	1:14.99	1:16.78

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 300 Girls 11 & Under 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
11	Pitout, Addison P	11	Aqua Sharks Academy-CP	1:12.84	1:16.92
12	Keun, Lente	10	Vineyard SC-CP	1:21.88	1:17.70
13	De Lange, Niah	10	Curro Aquatic Swim Club-CP	1:20.52	1:18.84
14	Harvett, Logan L	11	Stellenbosch Aquatics-CE	1:20.21	1:19.11
15	Glass, Gabi	11	Swimlab Aquatic Academ-CP	1:20.86	1:19.45
16	Richards, Emma E	11	Swimlab Aquatic Academ-CP	1:20.26	1:19.62
17	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	1:19.93	1:19.94
18	Jansen Van Rensburg, MACKENZI	11	Knysna Aquatics-ED	1:24.46	1:19.97
19	Jaftha, Mercedes A	11	Manta SC-CP	1:18.53	1:20.07
20	Benade, Aria	11	Swimlab Aquatic Academ-CP	1:20.54	1:20.12
21	Van Zyl, Lily M	11	Elite Swimming Academy-CE	1:19.55	1:20.36
22	Bruwer, Leané	11	Swartland Aquatics-WC	1:21.38	1:20.91
23	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	1:29.41	1:21.07
24	Kriel, Leah	11	Greydogs Swimming Club-CP	1:26.33	1:23.44
25	Louw, Milea	11	Tygerberg Aquatics-CP	1:23.08	1:24.26
26	Burger, Marguerite	11	Swartland Aquatics-WC	1:20.61	1:25.98
27	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	1:23.68	1:26.09
28	Koen, Elmi	11	Elite Swimming Academy-CE	1:27.49	1:26.32
29	Fakier, Ayesha i	11	Cape Town Otters-CP	1:30.07	1:31.65

Event 300 Girls 12-13 100 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	1:03.38	1:02.07
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:03.31	1:02.12
3	Heldsinger, Gia	13	Sport Science Institute of SA-CP	1:06.78	1:04.61
4	Gullan, Sophia	13	Vineyard SC-CP	1:05.56	1:05.28
5	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	1:07.88	1:06.07
6	Roff, Mikaela	13	Royal Swimming Academy-ED	1:08.25	1:07.84
7	Boshoff, Anja	13	Tygerberg Aquatics-CP	1:07.72	1:08.16
8	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	1:07.79	1:08.37

Event 300 Girls 12-13 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:01.70	1:03.31 a
2	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	1:01.97	1:03.38 a
3	Gullan, Sophia	13	Vineyard SC-CP	1:05.00	1:05.56 a
4	Heldsinger, Gia	13	Sport Science Institute of SA-CP	1:06.15	1:06.78 a
5	Boshoff, Anja	13	Tygerberg Aquatics-CP	1:08.20	1:07.72 a
6	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	1:07.97	1:07.79 a
7	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	1:06.05	1:07.88 a
8	Roff, Mikaela	13	Royal Swimming Academy-ED	1:08.19	1:08.25 a
9	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	1:08.94	1:08.29
10	Koegelenberg, Emily	13	Xcel Swim Academy-CP	1:09.73	1:08.47
11	Dabrowski, Leah A	12	Blouberg Marlins-CP	1:07.95	1:08.75
12	Van Dyk, Zani	13	Aqua Sharks Academy-CP	1:09.28	1:08.79
13	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	1:11.23	1:08.86
14	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	1:07.67	1:09.03
15	Williams, Aqeelah	13	Uwc Aquatics-CP	1:05.65	1:09.57
16	Cupido, Kirsten	12	Cybersmart Aquatics-CP	1:09.03	1:09.60
17	Billson, Amelie	13	Curro Aquatic Swim Club-CP	1:09.04	1:09.71
18	Kimani, Luisa	12	Cybersmart Aquatics-CP	1:11.88	1:09.89
19	Burger, Johané	13	Royal Swimming Academy-ED	1:08.25	1:09.95
20	Gerber, Kayla M	12	Stellenbosch Aquatics-CE	1:09.44	1:10.27

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 300 Girls 12-13 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
21	Voysey, Ella N	12	Aqua Sharks Academy-CP	1:11.79	1:10.44
22	Newkirk, Gia	12	Tygerberg Aquatics-CP	1:12.63	1:10.51
23	Sabbagha, Georgia	13	Paarl Aquarius SC-CE	1:09.69	1:10.62
24	Lockitch, Zara	13	Cybersmart Aquatics-CP	1:09.48	1:11.20
25	Grebe, Ava	13	Curro Hermanus Aquatics-OB	1:10.52	1:11.22
26	Julies, Grace J	12	Xcel Swim Academy-CP	1:09.77	1:11.31
27	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	1:09.71	1:11.34
28	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	1:10.35	1:11.42
29	Liebenberg, Aimee L	13	Elite Swimming Academy-CE	1:12.75	1:11.56
30	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	1:10.02	1:11.60
31	Theron, Alex	13	Curro Aquatic Swim Club-CP	1:11.51	1:11.65
32	Pretorius, Kara	13	Sport Science Institute of SA-CP	1:10.55	1:12.03
33	Longueira, Ava L	13	Aqua Sharks Academy-CP	1:08.54	1:12.07
34	Louw, Mali R	13	Players-CE	1:10.43	1:12.30
35	Gilligan, Saskia	12	Blouberg Marlins-CP	1:11.29	1:12.34
36	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	1:10.64	1:12.36
37	Lloyd, Jemma A	13	Vineyard SC-CP	1:11.74	1:12.58
38	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	1:12.00	1:12.59
39	Van Heerden, Hannah	13	Aqua Athlete Cta-CP	1:18.23	1:12.63
40	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	1:11.80	1:12.90
41	Wink, Leonie	13	Vineyard SC-CP	1:11.37	1:13.02
42	Sprong, Jaime M	12	Aqua Sharks Academy-CP	1:11.14	1:13.03
43	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	1:12.90	1:13.10
44	Barenblatt, Sienna G	13	Stellenbosch Aquatics-CE	1:13.54	1:13.55
45	Makore, Bona M	12	Aqua Sharks Academy-CP	1:16.69	1:13.57
46	Arenz, Jessica	12	Sport Science Institute of SA-CP	1:11.57	1:13.72
47	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	1:14.01	1:13.79
48	Adams, Tatum	12	Paarl Aquarius SC-CE	1:11.59	1:13.92
49	Nel, Olivia	12	Curro Langebaan Aquatics-WC	1:15.99	1:14.12
50	Matthee, Zarah	12	Uwc Aquatics-CP	1:12.31	1:14.24
*51	Olivier, Gianna G	12	Paarl Aquarius SC-CE	1:13.82	1:14.27
*51	Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	1:11.69	1:14.27
53	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	1:12.26	1:14.42
54	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	1:11.90	1:14.62
55	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	1:17.28	1:14.79
56	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	1:14.18	1:14.88
57	Smit, Dione	12	Curro Aquatic Swim Club-CP	1:16.54	1:15.11
58	Van de Vyver, Mia	13	Elite Swimming Academy-CE	1:12.68	1:15.12
*59	Sebastian, Catherine	12	Manta SC-CP	1:14.49	1:15.24
*59	Barthus, Alessia	12	Manta SC-CP	1:14.72	1:15.24
61	Van Zyl, Neanè	12	Greydogs Swimming Club-CP	1:19.63	1:15.38
62	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	1:15.02	1:15.62
63	Adams, Ella	12	Curro Aquatic Swim Club-CP	1:15.13	1:15.64
64	De Wit, Rua	13	Curro Aquatic Swim Club-CP	1:14.57	1:15.77
65	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	1:17.33	1:16.00
66	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	1:13.34	1:16.27
67	Louw, Yvette H	13	Tygerberg Aquatics-CP	1:19.15	1:17.17
68	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	1:14.71	1:17.34
69	Le Roux, Zanli	12	Agulhas Aquatics-OB	1:17.68	1:17.73
70	Marais, Lily E	12	Fish Eagle Aquatics-ED	1:15.07	1:17.87
71	Cozyn, Nuhaa	13	Manta SC-CP	1:16.01	1:18.06
72	Noble, Lea L	12	Blouberg Marlins-CP	1:21.50	1:18.17
73	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	1:15.98	1:18.56
74	Breytenbach, Amore	13	Elite Swimming Academy-CE	1:21.29	1:18.61
75	Schoeman, Liné	12	Fish Eagle Aquatics-ED	1:19.83	1:18.72
76	Muriro, Neema K	13	Cape Town Otters-CP	1:14.67	1:18.93

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 300 Girls 12-13 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
77	Tager, Kate S	13	Curro Hermanus Aquatics-OB	1:19.19	1:19.37
78	Wentzel, Leah A	13	Marlin Swimming Club-CP	1:17.26	1:20.08
79	Kruger, Zoe	13	Lane Leader Stellenbosch-CE	1:22.54	1:20.70
80	Onkruid, Gianna R	12	Uwc Aquatics-CP	1:19.38	1:22.35

Event 300 Women 14-15 100 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	1:04.24	1:02.13
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	1:02.96	1:02.14
3	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	1:03.43	1:02.37
4	Grütter, Arabelle	15	Royal Swimming Academy-ED	1:04.75	1:02.88
*5	Van Der Wath, Izi	15	Knysna Aquatics-ED	1:04.20	1:03.34
*5	Visser, Cara	15	Cybersmart Aquatics-CP	1:03.54	1:03.34
7	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	1:03.68	1:04.42
8	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	1:04.62	1:05.20

Event 300 Women 14-15 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	1:02.34	1:02.96 a
2	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	1:03.20	1:03.43 a
3	Visser, Cara	15	Cybersmart Aquatics-CP	1:03.53	1:03.54 a
4	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	1:03.26	1:03.68 a
5	Van Der Wath, Izi	15	Knysna Aquatics-ED	1:02.70	1:04.20 a
6	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	1:03.93	1:04.24 a
7	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	1:06.11	1:04.62 a
8	Grütter, Arabelle	15	Royal Swimming Academy-ED	1:02.17	1:04.75 a
9	Durandt, Sharli	14	Aqua Sharks Academy-CP	1:05.77	1:04.96
10	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	1:05.82	1:05.51
11	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	1:05.37	1:05.89
12	Louw, Anieka	15	Curro Aquatic Swim Club-CP	1:03.96	1:06.04
13	De Villiers, Anja	14	Tygerberg Aquatics-CP	1:03.33	1:06.06
14	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	1:04.70	1:06.16
15	Faul, Ellen J	14	Players-CE	1:06.05	1:06.21
16	Blake, Abi E	15	Curro Aquatic Swim Club-CP	1:06.17	1:06.75
17	Klopper, Minet	15	Lane Leader Stellenbosch-CE	1:05.60	1:07.11
18	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	1:06.41	1:07.26
19	Burger, Juanè	15	Curro Aquatic Swim Club-CP	1:07.54	1:07.38
20	Pahl, Shelly	14	Quick Silver Swimming Club-CP	1:06.81	1:07.48
21	Groves, Philippa R	14	Sport Science Institute of SA-CP	1:08.07	1:07.60
22	Hager, Carle	15	Elite Swimming Academy-CE	1:09.20	1:08.01
23	Fenner, Olivia M	14	Players-CE	1:05.82	1:08.18
24	Coleman, Milan	14	Fish Eagle Aquatics-ED	1:08.63	1:08.52
25	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	1:09.22	1:08.65
26	Riley, Logan	15	Curro Aquatic Swim Club-CP	1:06.86	1:08.67
27	Van Tromp, Seruby	14	Lane Leader Stellenbosch-CE	1:06.62	1:09.23
28	Saayman, Nika D	15	Players-CE	1:09.87	1:09.35
29	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	1:08.11	1:09.58
30	Hawley, Nicola	14	Players-CE	1:07.22	1:09.66
31	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	1:08.43	1:10.74
*32	Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	1:12.15	1:10.79
*32	Cronjé, Miané	14	Fish Eagle Aquatics-ED	1:12.87	1:10.79
34	Barnard, Adelmari D	15	Elite Swimming Academy-CE	1:11.26	1:11.31
35	Mare, Isabella	14	Curro Aquatic Swim Club-CP	1:12.49	1:11.45

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 300 Women 14-15 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
36	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	1:08.57	1:12.01
37	Basson, Lenè	14	Paarl Aquarius SC-CE	1:11.01	1:12.25
38	Schou, Lexi	15	Silver Fins Swimming Club-CP	1:09.83	1:12.37
39	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	1:13.96	1:12.51
40	De Oliveira, Aliyah	15	Tygerberg Aquatics-CP	1:10.34	1:12.83
41	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	1:11.18	1:13.16
42	Lourens, Mia	14	Curro Aquatic Swim Club-CP	1:11.85	1:13.27
43	Nilsson, Rebecca B	14	Curro Aquatic Swim Club-CP	1:10.39	1:13.61
44	Van den Berg, Nika	14	Elite Swimming Academy-CE	1:17.53	1:16.04

Event 300 Women 16 & Over 100 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	59.81	59.13
2	Groepes, Rachel L	19	TuksSwimming-TS	59.86	59.86
3	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	1:02.82	1:01.88
4	Knoblauch, Cara	18	Lane Leader Stellenbosch-CE	1:02.55	1:01.95
5	Smit, Jenna	18	TuksSwimming-TS	1:02.66	1:01.97
6	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	1:04.86	1:03.56
7	Raimond, Marike M	16	Tygerberg Aquatics-CP	1:04.99	1:03.94
8	Newton, Ava L	16	Curro Aquatic Swim Club-CP	1:05.81	1:04.13
9	Canter, Jessica A	26	Aqua Sharks Academy-CP	1:04.67	1:04.30
10	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	1:05.58	1:04.79
11	Morais, Nyriam W	16	Uwc Aquatics-CP	1:05.06	1:04.88
12	Huang, Shi Han A	16	Blouberg Marlins-CP	1:05.65	1:05.32
13	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	1:06.45	1:05.37
14	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	1:05.03	1:05.46
15	Liebenberg, Emily M	16	Elite Swimming Academy-CE	1:06.74	1:05.58
16	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	1:06.64	1:07.31

Event 300 Women 16 & Over 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	58.58	59.81 a
2	Morris, Grace	17	Lane Leader Stellenbosch-CE	57.25	59.84 a
3	Groepes, Rachel L	19	TuksSwimming-TS	59.31	59.86 a
4	Knoblauch, Cara	18	Lane Leader Stellenbosch-CE	57.96	1:02.55 a
5	Smit, Jenna	18	TuksSwimming-TS	1:01.40	1:02.66 a
6	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	59.84	1:02.82 a
7	Canter, Jessica A	26	Aqua Sharks Academy-CP	1:03.68	1:04.67 a
8	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	1:03.35	1:04.86 a
9	Raimond, Marike M	16	Tygerberg Aquatics-CP	1:04.17	1:04.99 a
10	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	1:04.19	1:05.03 a
11	Morais, Nyriam W	16	Uwc Aquatics-CP	1:04.68	1:05.06 a
12	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	1:06.23	1:05.58 a
13	Huang, Shi Han A	16	Blouberg Marlins-CP	1:05.86	1:05.65 a
14	Newton, Ava L	16	Curro Aquatic Swim Club-CP	1:03.76	1:05.81 a
15	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	1:06.56	1:06.45 a
16	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	1:05.42	1:06.64 a
17	Liebenberg, Emily M	16	Elite Swimming Academy-CE	1:05.98	1:06.74
18	Coleman, Madison	16	Blouberg Marlins-CP	1:04.57	1:06.85
19	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	1:06.28	1:07.96
20	Bulose, Megan	21	Uwc Aquatics-CP	1:07.00	1:08.33
21	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	1:08.33	1:08.97
22	Burke, Hannah	16	Streamline Aquatics-CP	1:06.44	1:09.06

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 300 Women 16 & Over 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
23	Hahn, Kayleigh K	16	Waterbender Aquatics Club-ED	1:06.62	1:09.36
24	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	1:07.97	1:09.39
25	White, Rebecca M	16	Sport Science Institute of SA-CP	1:06.10	1:09.40
26	Juries, Sam C	16	Curro Langebaan Aquatics-WC	1:08.69	1:09.91
27	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	1:06.56	1:11.01
28	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	1:08.55	1:11.08
29	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	1:08.84	1:11.32
30	Loubser, Jenna L	17	Streamline Aquatics-CP	1:09.67	1:11.56
31	Louw, Alexa	17	Blouberg Marlins-CP	1:10.26	1:13.21
32	Badenhorst, Storme	16	Marlin Swimming Club-CP	1:08.38	1:14.01
33	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	1:12.98	1:14.71
34	Visser, Sandri	16	Players-CE	1:13.22	1:16.66

Event 301 Boys 11 & Under 100 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	1:05.42	1:03.32
2	Grobler, Reynhardt	11	The Well-CE	1:06.65	1:05.94
3	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	1:10.99	1:06.47
4	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	1:10.12	1:09.73
5	Pieters, Cayden R	11	Swartland Aquatics-WC	1:10.92	1:10.84
6	Michel, Hayden	11	Sport Science Institute of SA-CP	1:12.65	1:11.08
7	Joyce, Guy	11	Curro Aquatic Swim Club-CP	1:10.37	1:11.17
8	Spies, Judah J	11	Fish Eagle Aquatics-ED	1:12.22	1:11.31

Event 301 Boys 11 & Under 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	1:04.47	1:05.42 q
2	Grobler, Reynhardt	11	The Well-CE	1:04.72	1:06.65 q
3	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	1:08.67	1:10.12 q
4	Joyce, Guy	11	Curro Aquatic Swim Club-CP	1:10.47	1:10.37 q
5	Pieters, Cayden R	11	Swartland Aquatics-WC	1:13.84	1:10.92 q
6	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	1:07.50	1:10.99 q
7	Spies, Judah J	11	Fish Eagle Aquatics-ED	1:13.24	1:12.22 q
8	Michel, Hayden	11	Sport Science Institute of SA-CP	1:13.48	1:12.65 q
9	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	1:13.82	1:12.90
10	Froneman, Nolan O	11	Blouberg Marlins-CP	1:15.17	1:12.91
11	Kruger, Declan	11	Blouberg Marlins-CP	1:13.40	1:12.92
12	Horn, Ben	10	Xcel Swim Academy-CP	1:19.83	1:14.19
*13	Naude, Niel P	11	Agulhas Aquatics-OB	1:15.52	1:14.21
*13	Edwards, Bryce	11	Cape Town Otters-CP	1:20.45	1:14.21
15	Gilligan, Cooper J	11	Blouberg Marlins-CP	1:13.14	1:14.51
16	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	1:18.11	1:14.69
17	Mare, Ilan	11	Curro Aquatic Swim Club-CP	1:17.83	1:14.91
18	Cloete, Albert	11	Tygerberg Aquatics-CP	1:20.16	1:15.21
19	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	1:14.71	1:15.24
20	Mallin, Aron	9	Swimlab Aquatic Academ-CP	1:19.83	1:15.88
21	Kleu, Jean C	10	Stellenbosch Aquatics-CE	1:15.79	1:15.91
22	Gamiel dien, Zuhair	11	Marlin Swimming Club-CP	1:17.87	1:16.85
23	Scholtz, William A	11	Curro Aquatic Swim Club-CP	1:22.99	1:17.22
24	Askevold, Gunther J	11	Blouberg Marlins-CP	1:19.40	1:17.68
25	Kleynhans, Michael	11	Barracudas Aquarama SC-CP	1:18.76	1:18.19
26	Spreeth, Barend P	11	Swartland Aquatics-WC	1:21.97	1:18.26
27	Pretorius, Johan M	11	Elite Swimming Academy-CE	1:22.07	1:18.56

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 301 Boys 11 & Under 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
28	Bouffé, Hunter K	11	Knysna Aquatics-ED	1:18.56	1:18.62
29	Versfeld, Ben I	11	Brave-CE	1:23.85	1:18.69
30	Meets, Daniel	11	Aqua Sharks Academy-CP	1:19.21	1:19.25
31	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	1:25.36	1:19.69
32	Kruger, Blake R	11	Swartland Aquatics-WC	1:17.98	1:19.88
*33	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	1:22.47	1:20.05
*33	De Nooy, Wyatt J	10	Lane Leader Stellenbosch-CE	1:20.18	1:20.05
35	Kemp, André D	10	Agulhas Aquatics-OB	1:28.11	1:20.12
36	Kruger, Zander	11	Lane Leader Stellenbosch-CE	1:28.25	1:20.62
37	Whitehouse, Bramwell A	10	Curro Hermanus Aquatics-OB	1:20.33	1:21.35
38	Spangenberg, Luke A	11	Xcel Swim Academy-CP	1:24.14	1:21.52
39	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	1:20.92	1:21.86
40	Malherbe, Roz R	11	Brave-CE	1:20.69	1:21.88
41	Eksteen, Pisces M	11	Xcel Swim Academy-CP	1:24.09	1:22.28
42	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	1:21.87	1:22.94
43	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	1:27.32	1:23.34
44	Steyn, Francois D	11	Curro Aquatic Swim Club-CP	1:27.27	1:24.27
45	Israel, Zayd	10	Sport Science Institute of SA-CP	1:34.09	1:24.28
46	Vincent, Joshua	10	Quick Silver Swimming Club-CP	1:28.54	1:24.57
47	Retief, Daniel	11	The Well-CE	1:24.99	1:26.15
48	Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	1:28.57	1:26.19
49	Pretorius, Liam R	11	Tygerberg Aquatics-CP	1:29.12	1:28.51
50	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	1:27.38	1:29.86

Event 301 Boys 12-13 100 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:00.42	59.75
2	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	1:00.89	59.98
3	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	1:01.05	1:00.62
4	Barnard, Theo J	13	Swartland Aquatics-WC	1:01.46	1:00.66
5	Kruger, Zachary C	13	Swartland Aquatics-WC	1:01.11	1:01.16
6	Allott, Jaydon K	13	Aqua Athlete Cta-CP	1:01.23	1:02.13
7	Pautz, Benjamin R	13	Blouberg Marlins-CP	1:02.19	1:02.23
8	Boshoff, Mickayle C	13	Knysna Aquatics-ED	1:02.38	1:06.05

Event 301 Boys 12-13 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:00.68	1:00.42 a
2	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	1:01.61	1:00.89 a
3	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	1:01.62	1:01.05 a
4	Kruger, Zachary C	13	Swartland Aquatics-WC	1:02.89	1:01.11 a
5	Allott, Jaydon K	13	Aqua Athlete Cta-CP	1:01.69	1:01.23 a
6	Barnard, Theo J	13	Swartland Aquatics-WC	1:01.50	1:01.46 a
7	Pautz, Benjamin R	13	Blouberg Marlins-CP	1:01.95	1:02.19 a
8	Boshoff, Mickayle C	13	Knysna Aquatics-ED	1:05.23	1:02.38 a
9	Bright, Michael C	13	Curro Aquatic Swim Club-CP	1:02.40	1:03.50
10	Maughan, Patrick F	12	Aqua Sharks Academy-CP	1:07.47	1:04.57
11	Van der Merwe, Luan J	12	Uwc Aquatics-CP	1:04.55	1:04.97
12	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	1:06.13	1:05.35
13	Coates, Caleb	13	Royal Swimming Academy-ED	1:05.18	1:05.73
14	Spies, Pierre J	13	Fish Eagle Aquatics-ED	1:06.49	1:05.80
15	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	1:06.13	1:05.91
16	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	1:04.97	1:06.18

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 301 Boys 12-13 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
17	Kleu, Wian M	12	Stellenbosch Aquatics-CE	1:05.78	1:06.19
18	Steyn, Harry	12	Aqua Sharks Academy-CP	1:05.39	1:06.80
19	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	1:08.94	1:07.01
20	Jacobs, Seth G	13	Manta SC-CP	1:08.24	1:07.11
21	Kunihira, Ethan	13	Swimlab Aquatic Kampala	1:13.11	1:07.16
22	Swanepoel, Hallett J	13	Knysna Aquatics-ED	1:07.53	1:07.26
23	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	1:06.25	1:07.33
24	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	1:07.79	1:07.37
25	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	1:09.12	1:07.54
26	Ellis, Alec C	13	Lane Leader Stellenbosch-CE	1:08.69	1:07.60
27	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	1:09.02	1:08.18
28	Snyders, Dylan	13	Curro Langebaan Aquatics-WC	1:07.76	1:08.40
*29	Heunis, Johan C	12	Barracudas Aquarama SC-CP	1:11.56	1:08.81
*29	February, Dillon S	13	Curro Aquatic Swim Club-CP	1:08.12	1:08.81
31	Schoeman, Mateo J	12	Elite Swimming Academy-CE	1:10.97	1:09.59
32	Spangenberg, Zach A	12	Xcel Swim Academy-CP	1:10.38	1:09.87
33	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	1:09.06	1:10.03
34	Louw, James	12	Vineyard SC-CP	1:09.13	1:10.18
35	Brandt, Leroux	13	Fish Eagle Aquatics-ED	1:10.48	1:10.41
36	Van Wyk, Adrian S	13	Lane Leader Stellenbosch-CE	1:15.60	1:10.60
37	Schabert, Lowen	12	Elite Swimming Academy-CE	1:11.90	1:10.64
38	King, Aidan J	13	Curro Aquatic Swim Club-CP	1:09.78	1:10.65
39	Lewis, Amaru C	13	Paarl Aquarius SC-CE	1:13.62	1:10.76
40	Zwarts, Zak P	13	Tygerberg Aquatics-CP	1:15.17	1:10.83
41	Lange, Oliver	12	Vineyard SC-CP	1:09.86	1:10.95
42	Chiang, Adam	13	Vineyard SC-CP	1:11.56	1:11.02
43	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	1:13.74	1:11.47
44	Smith, Zian	13	Curro Langebaan Aquatics-WC	1:13.39	1:11.51
45	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	1:12.50	1:11.62
46	Harder, Callum R	12	Vineyard SC-CP	1:13.78	1:11.86
47	Lee, Daniel	12	Tygerberg Aquatics-CP	1:12.57	1:11.94
*48	Clark, Alexander L	12	Uwc Aquatics-CP	1:11.14	1:11.97
*48	Walters, Caleb	13	Quick Silver Swimming Club-CP	1:11.80	1:11.97
50	Newham, Christopher J	13	Tygerberg Aquatics-CP	1:13.05	1:12.01
51	Hauser, Paul	12	Aqua Sharks Academy-CP	1:07.28	1:12.08
52	Lategan, Wessel W	13	Swartland Aquatics-WC	1:12.64	1:12.19
53	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	1:13.40	1:12.41
54	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	1:13.14	1:12.54
55	Sebastian, Alexander	12	Manta SC-CP	1:12.80	1:12.56
56	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	1:12.04	1:13.10
57	Abrie, Ryn J	13	Curro Hermanus Aquatics-OB	1:10.68	1:13.19
58	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	1:16.02	1:13.27
59	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	1:14.82	1:13.47
60	Samuels, Mason	13	Marlin Swimming Club-CP	1:11.80	1:14.29
61	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	1:15.34	1:14.81
62	O'Reilly, Shane B	13	Swimlab Aquatic Academ-CP	1:15.73	1:15.22
63	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	1:19.25	1:15.36
64	Malherbe, Max M	12	Brave-CE	1:16.21	1:16.08
65	Naude, AJ J	13	Agulhas Aquatics-OB	1:18.85	1:17.37
66	Basson, Jan-Hugo D	12	The Well-CE	1:16.84	1:18.17
67	Munnik, Connor C	13	Paarl Aquarius SC-CE	1:20.08	1:19.09
68	Parr, Riley C	12	Knysna Aquatics-ED	1:14.95	1:19.56
69	Kemp, Albert A	12	Agulhas Aquatics-OB	1:17.23	1:20.16

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 301 Men 14-15 100 LC Meter Freestyle**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Boshoff, Keanu A	14	Knysna Aquatics-ED	56.70	55.34
2	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	56.00	55.45
3	Snyders, Kyle	15	Curro Langebaan Aquatics-WC	56.32	55.71
4	Gilmour, Connor A	15	Streamline Aquatics-CP	56.99	57.41
5	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	58.23	57.87
6	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	57.78	58.21
7	Goussard, Henry	15	Curro Aquatic Swim Club-CP	57.87	58.32
8	Durrans, Liam J	15	Stellenbosch Aquatics-CE	58.25	58.57

Event 301 Men 14-15 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	55.43	56.00	q
2	Snyders, Kyle	15	Curro Langebaan Aquatics-WC	56.02	56.32	q
3	Boshoff, Keanu A	14	Knysna Aquatics-ED	56.60	56.70	q
4	Gilmour, Connor A	15	Streamline Aquatics-CP	55.56	56.99	q
5	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	59.84	57.78	q
6	Goussard, Henry	15	Curro Aquatic Swim Club-CP	56.81	57.87	q
7	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	59.29	58.23	q
8	Durrans, Liam J	15	Stellenbosch Aquatics-CE	1:00.13	58.25	q
9	Wing, James L	15	Curro Aquatic Swim Club-CP	58.22	58.28	
10	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	56.72	58.32	
11	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	58.51	58.61	
12	Fletcher, Tyler D	14	Knysna Aquatics-ED	58.72	58.97	
13	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	58.55	59.15	
14	Palmer, Travis I	15	Swimlab Aquatic Academ-CP	59.18	59.46	
*15	Wright, Jonah S	14	Tygerberg Aquatics-CP	58.67	59.56	
*15	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	58.82	59.56	
17	Crabbe-Mann, Michael K	15	Unattached	58.50	59.71	
18	Loots, Noah C	14	Aqua Sharks Academy-CP	57.97	59.72	
19	Fernold, AJ	15	Waterbender Aquatics Club-ED	59.69	1:00.22	
20	Daniels, Joshua D	15	Streamline Aquatics-CP	1:00.55	1:00.33	
21	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	59.15	1:00.57	
22	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	1:02.15	1:00.85	
23	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	1:01.58	1:01.15	
24	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	1:00.45	1:01.34	
25	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	1:03.36	1:01.51	
26	Weber, Daniel	14	Players-CE	1:02.95	1:01.63	
27	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	1:02.94	1:01.92	
28	Hodgskiss, Fin J	14	Sport Science Institute of SA-CP	1:01.17	1:01.94	
29	Benecke, Delmar	14	Vineyard SC-CP	1:01.82	1:02.19	
30	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	1:04.10	1:02.41	
31	Faulkner, Callum E	14	Sport Science Institute of SA-CP	1:02.53	1:02.48	
32	Krause, Luke	15	Curro Aquatic Swim Club-CP	1:02.08	1:02.49	
33	Hough, Caleb	14	Curro Langebaan Aquatics-WC	1:00.18	1:02.95	
34	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	1:02.47	1:03.19	
35	Nagendrakumar, Puneet	15	Streamline Aquatics-CP	1:02.80	1:03.22	
36	McHarg, Alexander	15	Vineyard SC-CP	1:02.38	1:03.31	
37	Addinall, Ethan	14	Manta SC-CP	1:03.27	1:03.53	
38	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	1:02.74	1:03.89	
39	Ganger, Zeke D	15	Marlin Swimming Club-CP	1:02.21	1:04.12	
40	Van Dyk, Stephaan	14	Blouberg Marlins-CP	1:03.53	1:04.16	
41	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	1:04.66	1:04.20	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 301 Men 14-15 100 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Prelim Time
42 Froneman, Dylan R	14	Blouberg Marlins-CP	1:06.26	1:04.47
43 Oosthuizen, Ethan	15	Players-CE	1:03.03	1:04.59
44 Visser, Wessel M	14	Uwc Aquatics-CP	1:03.78	1:04.69
45 Pitout, Zachary J	14	Aqua Sharks Academy-CP	1:04.56	1:04.76
46 Langeveldt, Christiano C	15	Alpha Swim Club-CP	1:03.78	1:04.91
47 Tresfon, Robbie	14	Vineyard SC-CP	1:02.39	1:05.40
48 Gomez, Alex W	15	Marlin Swimming Club-CP	1:05.90	1:05.50
*49 Niemand, Leo	14	Cybersmart Aquatics-CP	1:06.20	1:05.65
*49 Damons, Ezra C	15	Sport Science Institute of SA-CP	1:07.89	1:05.65
51 Van Vondel, Roland	14	Tygerberg Aquatics-CP	1:07.76	1:05.73
52 Smit, Christian F	14	Royal Swimming Academy-ED	1:06.09	1:05.86
53 Douries, Ean	14	Curro Aquatic Swim Club-CP	1:04.66	1:06.01
54 Hucke, Tegan	14	Cape Town Otters-CP	1:06.49	1:06.33
55 Trautman, Liam	14	Curro Hermanus Aquatics-OB	1:07.10	1:06.34
56 Vorster, Bastian S	14	Fish Eagle Aquatics-ED	1:07.18	1:06.47
57 Rheeder, Liam M	15	Paarl Aquarius SC-CE	1:05.41	1:06.51
58 Van Rensburg, Janco	15	Tygerberg Aquatics-CP	1:07.89	1:07.07
59 Earle, Zack C	14	Fish Eagle Aquatics-ED	1:06.46	1:07.35
60 October, Joshua D	14	Alpha Swim Club-CP	1:08.21	1:08.08
61 Gamieldien, Idreess	14	Marlin Swimming Club-CP	1:09.49	1:08.45
62 De Jager, Joshua	15	Players-CE	1:11.28	1:09.54
63 Pedro, Maahier	14	Walmers SC-CP	1:07.34	1:09.57
64 Fortune, Yaseen	15	Manta SC-CP	1:07.04	1:09.78
65 Fortune, Hakeem	14	Manta SC-CP	1:13.21	1:12.09

Event 301 Men 16 & Over 100 LC Meter Freestyle

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	53.46	53.15
2 Pearson, Tai L	18	Lane Leader Stellenbosch-CE	54.60	53.31
3 Trower, Nic T	16	Swimlab Aquatic Academ-CP	53.96	53.54
4 Loots, Andre S	17	Lane Leader Stellenbosch-CE	53.89	53.59
5 Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	53.83	53.65
6 Muller, Righardt	23	Lane Leader Stellenbosch-CE	55.79	54.37
7 Sistenich, Dylan L	21	Maties Aquatics-CE	55.66	54.49
8 Pretorius, Luuk E	17	Knysna Aquatics-ED	55.79	54.62
9 Basson, Wilan	19	Maties Aquatics-CE	55.67	55.13
10 Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	55.35	55.16
11 Pullock, Sam J	16	Curro Hermanus Aquatics-OB	55.96	55.32
12 Forbes, Thomas P	21	Lane Leader Stellenbosch-CE	55.81	55.47
13 Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	56.09	55.83
14 Bannister, Joshua G	17	Tygerberg Aquatics-CP	56.45	55.98
15 Myburgh, Ruan	17	Blouberg Marlins-CP	56.59	56.96
16 Basson, Lucca N	16	Aqua Athlete Cta-CP	56.94	58.02

Event 301 Men 16 & Over 100 LC Meter Freestyle

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	51.53	53.46 a
2 Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	53.29	53.83 a
3 Loots, Andre S	17	Lane Leader Stellenbosch-CE	54.30	53.89 a
4 Trower, Nic T	16	Swimlab Aquatic Academ-CP	53.07	53.96 a
5 Pearson, Tai L	18	Lane Leader Stellenbosch-CE	51.17	54.60 a
6 Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	55.05	55.35 a
7 Sistenich, Dylan L	21	Maties Aquatics-CE	53.82	55.66 a
8 Basson, Wilan	19	Maties Aquatics-CE	54.00	55.67 a

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 301 Men 16 & Over 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
*9	Muller, Righardt	23	Lane Leader Stellenbosch-CE	52.36	55.79	q
*9	Pretorius, Luuk E	17	Knysna Aquatics-ED	53.52	55.79	q
11	Forbes, Thomas P	21	Lane Leader Stellenbosch-CE	55.79	55.81	q
12	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	56.17	55.96	q
13	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	55.06	56.09	q
14	Bannister, Joshua G	17	Tygerberg Aquatics-CP	54.52	56.45	q
15	Myburgh, Ruan	17	Blouberg Marlins-CP	56.66	56.59	q
16	Basson, Lucca N	16	Aqua Athlete Cta-CP	58.52	56.94	q
17	Karsten, Jody	18	Blouberg Marlins-CP	57.00	57.27	
18	Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	55.41	57.30	
19	Snowden, Ivan D	18	Uwc Aquatics-CP	1:01.16	57.44	
20	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	56.97	57.61	
21	Pautz, Nathan M	17	Blouberg Marlins-CP	56.92	57.81	
22	Benecke, Alexander	17	Sport Science Institute of SA-CP	57.24	57.93	
23	Kalapac, Joshua	16	Streamline Aquatics-CP	56.83	58.01	
24	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	55.91	58.02	
25	Viljoen, Jaden R	17	Aqua Sharks Academy-CP	56.53	58.08	
26	Allott, Jack R	17	Aqua Athlete Cta-CP	59.24	58.17	
27	De Kock, John P	16	Stellenbosch Aquatics-CE	57.48	58.97	
28	Solomon, Ethan	17	Alpha Swim Club-CP	58.52	58.99	
29	Arnott, Carter J	17	Aqua Sharks Academy-CP	56.61	59.07	
30	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	58.64	59.08	
31	Southworth, Matthew W	17	Cybersmart Aquatics-CP	56.90	59.27	
32	Beukes, Mateo A	20	Walmers SC-CP	57.97	59.31	
33	Kotzè, Max M	16	Blouberg Marlins-CP	57.99	59.48	
34	Alexander, Ammaar	18	Marlin Swimming Club-CP	57.33	59.67	
35	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	59.87	59.77	
36	Atkinson, Samuel A	17	Swartland Aquatics-WC	1:00.38	59.86	
37	Lategan, Nicky N	16	Swartland Aquatics-WC	1:01.55	1:00.14	
38	De Jager, Nathan B	17	Aqua Sharks Academy-CP	58.22	1:00.16	
39	Wilson, Christian G	20	Streamline Aquatics-CP	58.79	1:00.41	
40	Cleophas, Kyle	16	Paarl Aquarius SC-CE	59.41	1:01.15	
41	Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	1:00.82	1:01.19	
42	De Beer, Rynard A	17	Players-CE	1:00.22	1:01.31	
43	Burmeister, Marius	17	Brave-CE	1:01.30	1:01.41	
44	Moolman, Carter S	17	Manta SC-CP	1:07.50	1:01.58	
45	Abrahams, Rayhan	16	Walmers SC-CP	1:01.50	1:01.88	
46	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	1:00.91	1:02.03	
47	Bowers, Joshua A	22	Manta SC-CP	1:02.48	1:02.30	
48	Beukes, Jaden L	16	Walmers SC-CP	1:00.51	1:02.71	
49	Martin, Alzhario	17	Uwc Aquatics-CP	1:01.64	1:03.03	
50	Spencer, Charles A	16	Cybersmart Aquatics-CP	58.82	1:03.36	
51	Mulol, Daniel	19	Maties Aquatics-CE	54.74	1:03.50	
52	Meintjes, Armand R	17	Swartland Aquatics-WC	1:04.51	1:03.67	
53	Pedro, Tamkeen	17	Walmers SC-CP	1:00.96	1:03.87	
54	Otto, Luan	16	Swartland Aquatics-WC	1:06.02	1:05.30	
55	Vd Berg, Wilan	16	Brave-CE	1:05.60	1:05.74	
56	Holland-Muter, Jesse	16	Swartland Aquatics-WC	1:07.35	1:07.89	
57	Jurgens, Ezra J	17	Vineyard SC-CP	1:06.09	1:09.06	
58	Emslie, Joshua D	23	Maties Aquatics-CE	53.81	1:09.45	
---	Heyes, Garrick T	17	Aqua Sharks Academy-CP	54.68	DQ	
---	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	57.53	DQ	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 302 Girls 11 & Under 100 LC Meter Breaststroke**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	1:28.58	1:27.01
2	Benade, Aria	11	Swimlab Aquatic Academ-CP	1:31.54	1:29.21
3	Strydom, Marli	11	Quick Silver Swimming Club-CP	1:33.66	1:30.76
4	Levi, Zara	11	Cape Town Otters-CP	1:35.94	1:34.93
5	Abrahamse, Lexi	11	Vineyard SC-CP	1:35.03	1:35.01
6	Kimani, Katja	11	Cybersmart Aquatics-CP	1:33.89	1:35.15
7	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	1:37.08	1:36.71
8	Harvett, Logan L	11	Stellenbosch Aquatics-CE	1:39.25	1:40.09

Event 302 Girls 11 & Under 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	1:29.34	1:28.58 q
2	Benade, Aria	11	Swimlab Aquatic Academ-CP	1:31.53	1:31.54 q
3	Strydom, Marli	11	Quick Silver Swimming Club-CP	1:34.47	1:33.66 q
4	Kimani, Katja	11	Cybersmart Aquatics-CP	1:35.37	1:33.89 q
5	Abrahamse, Lexi	11	Vineyard SC-CP	1:35.66	1:35.03 q
6	Levi, Zara	11	Cape Town Otters-CP	1:35.28	1:35.94 q
7	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	1:35.60	1:37.08 q
8	Harvett, Logan L	11	Stellenbosch Aquatics-CE	1:39.42	1:39.25 q
9	De Jager, Isabella	11	Brave-CE	1:39.07	1:39.35
10	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:45.60	1:40.14
11	Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:39.22	1:40.36
12	Burger, Marguerite	11	Swartland Aquatics-WC	1:40.44	1:40.40
13	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	1:41.32	1:41.19
14	Keun, Lente	10	Vineyard SC-CP	1:45.98	1:43.30
15	Van Zyl, Lily M	11	Elite Swimming Academy-CE	1:45.73	1:43.36
16	Jansen Van Rensburg, MACKENZI	11	Knysna Aquatics-ED	1:40.58	1:43.57
17	Schenck, Maya K	11	Tygerberg Aquatics-CP	1:43.31	1:43.82
18	Ferrao, Zara E	10	Sport Science Institute of SA-CP	1:43.52	1:44.18
19	Fakier, Ayesha i	11	Cape Town Otters-CP	1:44.52	1:44.31
20	Nicholson, Gemma	10	Swimlab Aquatic Academ-CP	1:46.96	1:44.95
21	Bruwer, Leané	11	Swartland Aquatics-WC	1:45.75	1:45.73
22	Jaftha, Mercedes A	11	Manta SC-CP	1:41.98	1:46.31
23	Muijs, Emily C	11	Stellenbosch Aquatics-CE	1:43.49	1:47.28
24	De Lange, Niah	10	Curro Aquatic Swim Club-CP	1:50.26	1:47.74
25	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	1:49.59	1:49.60
26	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	1:56.24	1:50.30
27	Kriel, Leah	11	Greydogs Swimming Club-CP	1:53.02	1:51.60
28	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	1:43.87	1:51.71
29	Koen, Elmi	11	Elite Swimming Academy-CE	1:57.07	1:58.21

Event 302 Girls 12-13 100 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Horn, Anna	13	Xcel Swim Academy-CP	1:18.67	1:16.89
2	Johnson, Ella J	12	Cape Town Otters-CP	1:23.44	1:20.26
3	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:21.27	1:21.13
4	Pretorius, Kara	13	Sport Science Institute of SA-CP	1:28.27	1:22.18
5	Newkirk, Gia	12	Tygerberg Aquatics-CP	1:27.07	1:27.28
6	Julies, Grace J	12	Xcel Swim Academy-CP	1:28.54	1:27.93
7	Kalapac, Lexi	12	Streamline Aquatics-CP	1:27.78	1:28.26
---	Louw, Mali R	13	Players-CE	1:26.32	DQ

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 302 Girls 12-13 100 LC Meter Breaststroke**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Horn, Anna	13	Xcel Swim Academy-CP	1:20.47	1:18.67	q
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:20.40	1:21.27	q
3	Johnson, Ella J	12	Cape Town Otters-CP	1:22.61	1:23.44	q
4	Louw, Mali R	13	Players-CE	1:25.27	1:26.32	q
5	Newkirk, Gia	12	Tygerberg Aquatics-CP	1:26.53	1:27.07	q
6	Kalapac, Lexi	12	Streamline Aquatics-CP	1:27.00	1:27.78	q
7	Pretorius, Kara	13	Sport Science Institute of SA-CP	1:23.55	1:28.27	q
8	Julies, Grace J	12	Xcel Swim Academy-CP	1:28.56	1:28.54	q
9	Charles, Tyla	13	Vineyard SC-CP	1:27.97	1:28.59	
10	Voysey, Ella N	12	Aqua Sharks Academy-CP	1:28.38	1:29.37	
11	Grebe, Ava	13	Curro Hermanus Aquatics-OB	1:26.80	1:29.39	
12	Van Dyk, Zani	13	Aqua Sharks Academy-CP	1:29.54	1:30.40	
13	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	1:28.58	1:30.69	
14	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	1:27.32	1:30.78	
15	Knott, Cayleigh	12	Aqua Sharks Academy-CP	1:30.52	1:30.88	
16	Venter, Ané	12	Fish Eagle Aquatics-ED	1:34.41	1:30.99	
17	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	1:34.21	1:31.01	
18	Retief, Jane	13	Lane Leader Stellenbosch-CE	1:29.62	1:31.43	
19	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	1:33.07	1:31.81	
20	Normington, Olivia	12	Xcel Swim Academy-CP	1:32.68	1:32.06	
21	Dabrowski, Leah A	12	Blouberg Marlins-CP	1:32.75	1:32.21	
22	Olivier, Gianna G	12	Paarl Aquarius SC-CE	1:32.38	1:32.69	
23	Van Zyl, Neanè	12	Greydogs Swimming Club-CP	1:32.23	1:32.75	
24	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	1:32.46	1:33.03	
25	Haldane, Bella	12	Fish Eagle Aquatics-ED	1:32.05	1:33.57	
26	Longueira, Ava L	13	Aqua Sharks Academy-CP	1:28.71	1:33.66	
27	Jurgens, Chloe-Leigh	13	Vineyard SC-CP	1:32.88	1:33.75	
28	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	1:41.94	1:33.94	
29	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	1:36.93	1:34.28	
30	Onkruid, Gianna R	12	Uwc Aquatics-CP	1:31.77	1:34.98	
31	Gilligan, Saskia	12	Blouberg Marlins-CP	1:37.80	1:35.96	
32	Wink, Leonie	13	Vineyard SC-CP	1:37.01	1:36.48	
33	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	1:36.87	1:37.21	
34	Gerber, Kayla M	12	Stellenbosch Aquatics-CE	1:36.52	1:37.24	
35	Kruger, Zoe	13	Lane Leader Stellenbosch-CE	1:36.34	1:37.27	
36	Lloyd, Jemma A	13	Vineyard SC-CP	1:39.95	1:37.42	
37	Castleden, Sophia K	13	Stellenbosch Aquatics-CE	1:35.86	1:38.42	
38	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	1:34.61	1:39.31	
39	Le Roux, Zanli	12	Agulhas Aquatics-OB	1:36.66	1:39.46	
40	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	1:38.74	1:39.56	
41	Malan, Lua B	13	Players-CE	1:37.03	1:40.81	
42	Schoeman, Liné	12	Fish Eagle Aquatics-ED	1:38.53	1:41.30	
43	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	1:43.12	1:42.27	
44	Cozyn, Nuhaa	13	Manta SC-CP	1:42.97	1:42.30	
45	Noble, Lea L	12	Blouberg Marlins-CP	1:46.11	1:42.48	
46	Sebastian, Catherine	12	Manta SC-CP	1:48.12	1:42.77	
47	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	1:46.66	1:43.42	
48	Marais, Lily E	12	Fish Eagle Aquatics-ED	1:42.80	1:43.53	
49	Louw, Yvette H	13	Tygerberg Aquatics-CP	1:46.70	1:43.73	
50	Breytenbach, Amore	13	Elite Swimming Academy-CE	1:44.59	1:46.18	
51	Eyssen, Sky	13	Manta SC-CP	1:49.81	1:47.67	
52	Theron, Alex	13	Curro Aquatic Swim Club-CP	1:51.35	1:49.99	
53	Barthus, Alessia	12	Manta SC-CP	1:45.26	1:53.55	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 302 Girls 12-13 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time
--- Anthony, Jazmin A	13	Paarl Aquarius SC-CE	1:34.95	DQ

Event 302 Women 14-15 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	1:18.91	1:16.99
2 Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	1:22.19	1:20.84
3 Dreyer, Arne'	15	Stellenbosch Aquatics-CE	1:22.47	1:21.05
4 Grobler, Zané	15	Waterbender Aquatics Club-ED	1:24.85	1:22.72
5 Mare, Isabella	14	Curro Aquatic Swim Club-CP	1:24.94	1:23.75
6 Van Der Wath, Izi	15	Knysna Aquatics-ED	1:23.56	1:23.88
7 Lindsay, Edith J	14	Fish Eagle Aquatics-ED	1:25.87	1:26.19
8 Barnard, Adelmari D	15	Elite Swimming Academy-CE	1:27.30	1:26.53

Event 302 Women 14-15 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	1:16.42	1:18.91 q
2 Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	1:20.66	1:22.19 q
3 Dreyer, Arne'	15	Stellenbosch Aquatics-CE	1:22.59	1:22.47 q
4 Van Der Wath, Izi	15	Knysna Aquatics-ED	1:21.78	1:23.56 q
5 Grobler, Zané	15	Waterbender Aquatics Club-ED	1:22.98	1:24.85 q
6 Mare, Isabella	14	Curro Aquatic Swim Club-CP	1:24.05	1:24.94 q
7 Lindsay, Edith J	14	Fish Eagle Aquatics-ED	1:25.83	1:25.87 q
8 Barnard, Adelmari D	15	Elite Swimming Academy-CE	1:27.44	1:27.30 q
9 Cronjé, Miané	14	Fish Eagle Aquatics-ED	1:30.33	1:27.50
10 Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	1:27.96	1:27.75
11 McAfee, Holly B	15	Fish Eagle Aquatics-ED	1:29.32	1:28.12
12 Van Tromp, Seruby	14	Lane Leader Stellenbosch-CE	1:29.43	1:28.98
13 Bull, Theia R	14	Curro Aquatic Swim Club-CP	1:23.94	1:29.09
14 Abrahams, Amaani	14	Marlin Swimming Club-CP	1:29.91	1:29.86
15 Hawley, Nicola	14	Players-CE	1:26.79	1:31.78
16 Schou, Lexi	15	Silver Fins Swimming Club-CP	1:28.63	1:32.97
17 Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	1:37.08	1:34.07
18 Nilsson, Rebecca B	14	Curro Aquatic Swim Club-CP	1:29.57	1:34.92
19 O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	1:29.90	1:38.24

Event 302 Women 16 & Over 100 LC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Cope, Morgan M	19	Lane Leader Stellenbosch-CE	1:15.56	1:12.56
2 Coleman, Madison	16	Blouberg Marlins-CP	1:20.54	1:18.79
3 Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	1:21.12	1:19.34
4 Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	1:20.08	1:19.57
5 Combrink, Amy	16	Vineyard SC-CP	1:20.35	1:20.33
6 Hugo, Anika S	19	Lane Leader Stellenbosch-CE	1:21.82	1:20.82
7 Newton, Ava L	16	Curro Aquatic Swim Club-CP	1:25.54	1:24.13
8 Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	1:26.43	1:25.45

Event 302 Women 16 & Over 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Cope, Morgan M	19	Lane Leader Stellenbosch-CE	1:08.91	1:15.56 q
2 Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	1:19.61	1:20.08 q
3 Combrink, Amy	16	Vineyard SC-CP	1:16.67	1:20.35 q
4 Coleman, Madison	16	Blouberg Marlins-CP	1:20.09	1:20.54 q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 302 Women 16 & Over 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
5	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	1:18.80	1:21.12	q
6	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	1:18.68	1:21.82	q
7	Adams, Sydni M	16	Vineyard SC-CP	1:21.67	1:25.21	q
8	Newton, Ava L	16	Curro Aquatic Swim Club-CP	1:21.92	1:25.54	q
9	Fabricsius, Kaylin	16	Curro Aquatic Swim Club-CP	1:23.50	1:26.43	q
10	Visser, Sandri	16	Players-CE	1:27.94	1:32.23	q
11	Badenhorst, Storme	16	Marlin Swimming Club-CP	1:29.48	1:39.75	q

Event 303 Boys 11 & Under 100 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Kasner, James	11	Unattached	1:21.50	1:19.64	
2	Horn, Ben	10	Xcel Swim Academy-CP	1:34.90	1:31.05	
3	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	1:35.90	1:34.28	
4	Kleynhans, Michael	11	Barracudas Aquarama SC-CP	1:35.40	1:34.89	
5	Pieters, Cayden R	11	Swartland Aquatics-WC	1:32.49	1:35.50	
6	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	1:38.24	1:38.25	
7	Askevold, Gunther J	11	Blouberg Marlins-CP	1:38.41	1:38.31	
8	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	1:38.75	1:40.15	

Event 303 Boys 11 & Under 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Kasner, James	11	Unattached	1:22.26	1:21.50	q
2	Pieters, Cayden R	11	Swartland Aquatics-WC	1:33.73	1:32.49	q
3	Horn, Ben	10	Xcel Swim Academy-CP	1:37.48	1:34.90	q
4	Kleynhans, Michael	11	Barracudas Aquarama SC-CP	1:37.27	1:35.40	q
5	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	1:35.65	1:35.90	q
6	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	1:40.94	1:38.24	q
7	Askevold, Gunther J	11	Blouberg Marlins-CP	1:39.29	1:38.41	q
8	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	1:42.48	1:38.75	q
9	Olivier, Simeon	11	Paarl Aquarius SC-CE	1:39.27	1:39.86	
10	Mare, Ilan	11	Curro Aquatic Swim Club-CP	1:39.14	1:40.79	
11	Versfeld, Ben I	11	Brave-CE	1:42.13	1:42.44	
12	Kleu, Jean C	10	Stellenbosch Aquatics-CE	1:40.83	1:42.48	
13	Joubert, Daniel J	11	Players-CE	1:40.17	1:42.51	
14	Tredoux, Simon P	10	Barracudas Aquarama SC-CP	1:41.97	1:42.59	
15	Pretorius, Henri	11	Tygerberg Aquatics-CP	1:44.42	1:43.08	
16	Whitehouse, Bramwell A	10	Curro Hermanus Aquatics-OB	1:41.91	1:43.46	
17	Pretorius, Johan M	11	Elite Swimming Academy-CE	1:51.62	1:44.06	
18	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	1:41.80	1:44.15	
19	Kruger, Zander	11	Lane Leader Stellenbosch-CE	1:46.89	1:44.20	
20	Spangenberg, Luke A	11	Xcel Swim Academy-CP	1:44.45	1:44.21	
21	Pretorius, Liam R	11	Tygerberg Aquatics-CP	1:49.15	1:44.97	
22	Joyce, Guy	11	Curro Aquatic Swim Club-CP	1:41.98	1:45.66	
23	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	1:47.70	1:46.08	
24	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	1:43.84	1:46.35	
25	Israel, Zayd	10	Sport Science Institute of SA-CP	1:46.31	1:46.43	
26	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	1:45.08	1:46.97	
27	Vincent, Joshua	10	Quick Silver Swimming Club-CP	1:50.53	1:48.02	
28	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	1:53.57	1:48.06	
29	Eksteen, Pisces M	11	Xcel Swim Academy-CP	1:48.52	1:48.96	
30	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	1:51.81	1:49.00	
31	Froneman, Nolan O	11	Blouberg Marlins-CP	1:51.19	1:49.13	
32	Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	1:52.41	1:49.26	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 303 Boys 11 & Under 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
33	Spreeth, Barend P	11	Swartland Aquatics-WC	1:50.34	1:49.77
34	Gilligan, Cooper J	11	Blouberg Marlins-CP	1:49.78	1:51.35
35	Kemp, André D	10	Agulhas Aquatics-OB	1:48.11	1:51.85
36	Steyn, Francois D	11	Curro Aquatic Swim Club-CP	1:56.08	2:00.31
---	Malherbe, Roz R	11	Brave-CE	1:42.25	DQ

Event 303 Boys 12-13 100 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:17.26	1:15.30
2	Melnik, Yoni	13	Orcas Swim Club-CP	1:21.65	1:17.83
3	Daniels, Tylan H	12	Alpha Swim Club-CP	1:22.19	1:21.35
4	Maughan, Patrick F	12	Aqua Sharks Academy-CP	1:23.70	1:21.60
5	Ellis, Alec C	13	Lane Leader Stellenbosch-CE	1:22.75	1:22.57
6	Schaefer, Daniel C	13	Players-CE	1:23.05	1:22.74
7	Kleu, Wian M	12	Stellenbosch Aquatics-CE	1:24.65	1:23.26
8	Pautz, Benjamin R	13	Blouberg Marlins-CP	1:24.91	1:24.20

Event 303 Boys 12-13 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:15.73	1:17.26	q
2	Melnik, Yoni	13	Orcas Swim Club-CP	1:22.49	1:21.65	q
3	Daniels, Tylan H	12	Alpha Swim Club-CP	1:20.26	1:22.19	q
4	Ellis, Alec C	13	Lane Leader Stellenbosch-CE	1:25.41	1:22.75	q
5	Schaefer, Daniel C	13	Players-CE	1:24.20	1:23.05	q
6	Maughan, Patrick F	12	Aqua Sharks Academy-CP	1:27.19	1:23.70	q
7	Kleu, Wian M	12	Stellenbosch Aquatics-CE	1:22.18	1:24.65	q
8	Pautz, Benjamin R	13	Blouberg Marlins-CP	1:21.41	1:24.91	q
9	Visagie, Dian	13	Swartland Aquatics-WC	1:23.64	1:25.09	
10	Laufs, Connor R	13	Cape Town Otters-CP	1:25.78	1:25.85	
11	Van der Merwe, Dandre J	13	Stellenbosch Aquatics-CE	1:28.13	1:26.95	
12	Kleinsmith, David	13	Curro Aquatic Swim Club-CP	1:29.25	1:28.02	
13	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	1:31.98	1:28.23	
14	Sebastian, Alexander	12	Manta SC-CP	1:33.17	1:28.39	
15	Coates, Caleb	13	Royal Swimming Academy-ED	1:25.88	1:28.71	
16	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	1:28.82	1:28.95	
17	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	1:30.90	1:28.96	
18	Schoeman, Mateo J	12	Elite Swimming Academy-CE	1:31.68	1:29.46	
19	Abrie, Ryn J	13	Curro Hermanus Aquatics-OB	1:28.17	1:29.57	
20	Van der Merwe, Luan J	12	Uwc Aquatics-CP	1:28.78	1:29.61	
21	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	1:29.08	1:29.94	
22	Lategan, Wessel W	13	Swartland Aquatics-WC	1:32.71	1:30.11	
23	February, Dillon S	13	Curro Aquatic Swim Club-CP	1:30.55	1:30.60	
24	Clark, Alexander L	12	Uwc Aquatics-CP	1:30.57	1:30.91	
25	Baadjies, Cruden H	13	Paarl Aquarius SC-CE	1:30.11	1:31.03	
26	Snyders, Dylan	13	Curro Langebaan Aquatics-WC	1:33.26	1:31.27	
*27	Lange, Oliver	12	Vineyard SC-CP	1:29.30	1:31.29	
*27	Hauser, Paul	12	Aqua Sharks Academy-CP	1:40.90	1:31.29	
29	Munnik, Connor C	13	Paarl Aquarius SC-CE	1:33.96	1:32.09	
30	Swanepoel, Hallett J	13	Knysna Aquatics-ED	1:31.31	1:32.13	
31	Titus, Brody	12	Paarl Aquarius SC-CE	1:33.93	1:32.46	
32	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	1:32.36	1:32.71	
33	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	1:30.85	1:33.21	
34	Botha, Andre	13	Tygerberg Aquatics-CP	1:32.83	1:33.41	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 303 Boys 12-13 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
35	Chiang, Adam	13	Vineyard SC-CP	1:35.76	1:33.43
36	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	1:39.29	1:34.86
37	Nel, Charles Paul	12	Quick Silver Swimming Club-CP	1:33.68	1:35.41
38	Smith, Zian	13	Curro Langebaan Aquatics-WC	1:34.86	1:36.19
39	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	1:33.66	1:36.65
40	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	1:36.17	1:36.77
41	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	1:34.43	1:36.90
42	Theunissen, Corné J	13	Aqua Sharks Academy-CP	1:41.20	1:37.13
43	Kunihira, Ethan	13	Swimlab Aquatic Kampala	2:00.45	1:37.77
44	Spangenberg, Zach A	12	Xcel Swim Academy-CP	1:41.27	1:38.04
45	Malherbe, Max M	12	Brave-CE	1:36.29	1:38.20
46	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	1:41.51	1:39.93
47	Lee, Daniel	12	Tygerberg Aquatics-CP	1:49.30	1:43.08
48	Kemp, Albert A	12	Agulhas Aquatics-OB	1:37.05	1:43.67
49	Newham, Christopher J	13	Tygerberg Aquatics-CP	1:53.24	1:45.14
50	Naude, AJ J	13	Agulhas Aquatics-OB	1:41.90	1:45.29
51	Samuels, Mason	13	Marlin Swimming Club-CP	1:45.28	1:45.50
52	Parr, Riley C	12	Knysna Aquatics-ED	1:37.28	1:45.91
---	Walters, Caleb	13	Quick Silver Swimming Club-CP	1:39.74	DQ

Event 303 Men 14-15 100 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Wing, James L	15	Curro Aquatic Swim Club-CP	1:12.01	1:10.80
2	Moodie, Zak	15	Blouberg Marlins-CP	1:14.92	1:13.36
3	Mkavea, Tasu	15	Uwc Aquatics-CP	1:14.24	1:13.90
4	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	1:14.87	1:13.99
5	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	1:15.70	1:14.07
6	Roman, Noah P	15	Alpha Swim Club-CP	1:15.70	1:14.40
7	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	1:16.26	1:15.05
8	Liedeman, Mark	15	Swartland Aquatics-WC	1:14.67	1:15.31

Event 303 Men 14-15 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Wing, James L	15	Curro Aquatic Swim Club-CP	1:09.90	1:12.01 a
2	Mkavea, Tasu	15	Uwc Aquatics-CP	1:09.88	1:14.24 a
3	Liedeman, Mark	15	Swartland Aquatics-WC	1:12.90	1:14.67 a
4	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	1:12.77	1:14.87 a
5	Moodie, Zak	15	Blouberg Marlins-CP	1:17.49	1:14.92 a
*6	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	1:14.65	1:15.70 a
*6	Roman, Noah P	15	Alpha Swim Club-CP	1:14.42	1:15.70 a
8	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	1:14.52	1:16.26 a
9	Douries, Ean	14	Curro Aquatic Swim Club-CP	1:15.74	1:16.84
10	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	1:12.63	1:17.20
11	Trower, Michael	14	Streamline Aquatics-CP	1:17.75	1:18.29
12	Swart, Nico N	14	Aqua Sharks Academy-CP	1:17.95	1:18.30
13	Faulkner, Callum E	14	Sport Science Institute of SA-CP	1:17.84	1:19.05
14	De Jager, Eben	14	Brave-CE	1:21.02	1:19.82
15	Theron, Oloff A	15	Vineyard SC-CP	1:17.19	1:19.83
16	Van der Merwe, Noah B	15	Swimlab Aquatic Academ-CP	1:13.40	1:19.84
17	Spencer, Marcus W	14	Cybersmart Aquatics-CP	1:18.88	1:20.09
18	Van Heerden, Christian	14	Aqua Athlete Cta-CP	1:20.20	1:21.01
19	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	1:20.25	1:21.43
20	Bester, Daniël M	14	Elite Swimming Academy-CE	1:31.10	1:21.45

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 303 Men 14-15 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
21	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	1:20.90	1:21.47
22	Van Rensburg, Janco	15	Tygerberg Aquatics-CP	1:24.74	1:21.64
23	Francis, Ethan	14	Marlin Swimming Club-CP	1:25.50	1:21.75
24	De Jager, Joshua	15	Players-CE	1:22.79	1:22.01
25	Snyders, Reece	15	Uwc Aquatics-CP	1:23.41	1:22.81
26	Gamieldien, Idreess	14	Marlin Swimming Club-CP	1:22.40	1:23.06
27	Smit, Christian F	14	Royal Swimming Academy-ED	1:25.57	1:23.80
28	Visser, Wessel M	14	Uwc Aquatics-CP	1:25.04	1:24.10
29	Oosthuizen, Ethan	15	Players-CE	1:20.56	1:24.29
30	Gomez, Alex W	15	Marlin Swimming Club-CP	1:22.33	1:24.40
31	Van Vondel, Roland	14	Tygerberg Aquatics-CP	1:28.81	1:24.46
32	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	1:26.45	1:25.63
33	Van Dyk, Stephaan	14	Blouberg Marlins-CP	1:22.08	1:25.83
34	Addinall, Ethan	14	Manta SC-CP	1:21.72	1:26.48
35	Pitout, Zachary J	14	Aqua Sharks Academy-CP	1:25.15	1:27.01
36	Trautman, Liam	14	Curro Hermanus Aquatics-OB	1:26.90	1:27.47
37	Damons, Ezra C	15	Sport Science Institute of SA-CP	1:25.52	1:29.44
38	Fortune, Hakeem	14	Manta SC-CP	1:28.97	1:30.66
39	Fortune, Yaseen	15	Manta SC-CP	1:30.90	1:31.42
40	Pedro, Maahier	14	Walmers SC-CP	1:26.36	1:34.52
41	October, Joshua D	14	Alpha Swim Club-CP	1:40.52	1:34.70
---	Krause, Luke	15	Curro Aquatic Swim Club-CP	1:26.58	DQ

Event 303 Men 16 & Over 100 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	1:04.38	1:03.85
2	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	1:06.57	1:05.08
3	Jani, Tawanda	18	Cybersmart Aquatics-CP	1:09.49	1:08.44
4	Sack, Benji	29	Sport Science Institute of SA-CP	1:08.37	1:08.75
5	Heslop, Jonathan V	22	TuksSwimming-TS	1:10.58	1:09.30
6	Williams, Jayden J	16	Paarl Aquarius SC-CE	1:08.79	1:09.43
7	Gilbert, Andrew A	16	Swimlab Aquatic Academ-CP	1:14.41	1:11.22
8	Pautz, Nathan M	17	Blouberg Marlins-CP	1:12.10	1:12.37
9	Southworth, Matthew W	17	Cybersmart Aquatics-CP	1:13.47	1:12.66
10	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	1:13.89	1:13.20
11	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	1:14.62	1:14.72
12	Alexander, Ammaar	18	Marlin Swimming Club-CP	1:14.02	1:14.90
13	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	1:15.37	1:15.06
14	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	1:18.11	1:16.97
15	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	1:17.02	1:16.98

Event 303 Men 16 & Over 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	1:02.03	1:04.38 q
2	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	1:04.55	1:06.57 q
3	Sack, Benji	29	Sport Science Institute of SA-CP	1:07.31	1:08.37 q
4	Williams, Jayden J	16	Paarl Aquarius SC-CE	1:07.26	1:08.79 q
5	Jani, Tawanda	18	Cybersmart Aquatics-CP	1:06.76	1:09.49 q
6	Heslop, Jonathan V	22	TuksSwimming-TS	1:07.77	1:10.58 q
7	Pautz, Nathan M	17	Blouberg Marlins-CP	1:12.50	1:12.10 q
8	Southworth, Matthew W	17	Cybersmart Aquatics-CP	1:12.99	1:13.47 q
9	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	1:13.48	1:13.89 q
10	Alexander, Ammaar	18	Marlin Swimming Club-CP	1:12.80	1:14.02 q
11	Gilbert, Andrew A	16	Swimlab Aquatic Academ-CP	1:07.38	1:14.41 q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 303 Men 16 & Over 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
12	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	1:14.33	1:14.62	q
13	Saayman, Dehan	17	Players-CE	1:12.89	1:15.36	q
14	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	1:13.43	1:15.37	q
15	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	1:15.03	1:17.02	q
16	Van der Watt, Alpheus J	17	Players-CE	1:14.22	1:17.88	q
17	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	1:17.13	1:18.11	
18	Snowden, Ivan D	18	Uwc Aquatics-CP	1:18.72	1:18.36	
19	Townsend, Lucan D	17	Aqua Sharks Academy-CP	1:17.79	1:18.42	
20	Wilson, Christian G	20	Streamline Aquatics-CP	1:16.28	1:19.00	
21	Martin, Alzhario	17	Uwc Aquatics-CP	1:18.41	1:20.32	
22	Smit, Joshua B	16	Fish Eagle Aquatics-ED	1:18.87	1:20.41	
23	Jurgens, Ezra J	17	Vineyard SC-CP	1:16.38	1:20.63	
24	Meintjes, Armand R	17	Swartland Aquatics-WC	1:22.07	1:20.99	
25	Vd Berg, Wilan	16	Brave-CE	1:21.28	1:22.14	
26	Poggenpoel, Troy J	16	Sport Science Institute of SA-CP	1:22.82	1:22.54	
27	Otto, Luan	16	Swartland Aquatics-WC	1:21.85	1:24.16	

Event 304 Girls 13 & Under 400 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time	
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	5:13.20	5:17.14	
	1:11.84	2:32.81 (1:20.97)	4:02.74 (1:29.93)	5:17.14 (1:14.40)		
2	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	5:41.85	5:35.98	
	1:17.82	2:43.48 (1:25.66)	4:24.08 (1:40.60)	5:35.98 (1:11.90)		
3	Johnson, Ella J	12	Cape Town Otters-CP	5:46.16	5:41.28	
	1:22.58	2:54.29 (1:31.71)	4:28.10 (1:33.81)	5:41.28 (1:13.18)		
4	Horn, Anna	13	Xcel Swim Academy-CP	5:38.93	5:42.48	
	1:22.21	2:53.03 (1:30.82)	4:23.27 (1:30.24)	5:42.48 (1:19.21)		
5	Williams, Aqeelah	13	Uwc Aquatics-CP	5:52.88	5:44.54	
	1:17.69	2:49.81 (1:32.12)	4:28.51 (1:38.70)	5:44.54 (1:16.03)		
6	Boshoff, Anja	13	Tygerberg Aquatics-CP	5:46.22	5:50.70	
	1:22.52	2:47.74 (1:25.22)	4:33.50 (1:45.76)	5:50.70 (1:17.20)		
7	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	5:55.73	5:54.14	
	1:17.98	2:52.29 (1:34.31)	4:32.32 (1:40.03)	5:54.14 (1:21.82)		
8	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	6:00.74	5:59.41	
	1:19.78	2:49.56 (1:29.78)	4:39.35 (1:49.79)	5:59.41 (1:20.06)		
9	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	6:10.74	6:00.83	
	1:26.23	2:59.02 (1:32.79)	4:37.79 (1:38.77)	6:00.83 (1:23.04)		
10	Lockitch, Zara	13	Cybersmart Aquatics-CP	5:54.39	6:08.90	
	1:27.48	3:01.55 (1:34.07)	4:50.51 (1:48.96)	6:08.90 (1:18.39)		
11	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	6:22.88	6:11.75	
	1:24.73	2:54.47 (1:29.74)	4:48.70 (1:54.23)	6:11.75 (1:23.05)		
12	Normington, Olivia	12	Xcel Swim Academy-CP	6:07.84	6:19.59	
	1:29.94	3:11.11 (1:41.17)	4:55.70 (1:44.59)	6:19.59 (1:23.89)		
13	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	6:25.67	6:31.10	
	1:31.33	3:08.78 (1:37.45)	5:00.79 (1:52.01)	6:31.10 (1:30.31)		
14	Anthony, Jazmin A	13	Paarl Aquarius SC-CE	6:26.40	6:42.64	
	1:28.50	3:16.66 (1:48.16)	5:10.96 (1:54.30)	6:42.64 (1:31.68)		

Event 304 Women 14-15 400 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time	
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	5:04.52	5:09.81	
	1:11.62	2:31.49 (1:19.87)	3:57.67 (1:26.18)	5:09.81 (1:12.14)		
2	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	5:29.57	5:21.60	
	1:14.25	2:39.41 (1:25.16)	4:09.54 (1:30.13)	5:21.60 (1:12.06)		
3	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	5:27.62	5:27.06	
	1:13.03	2:40.37 (1:27.34)	4:14.73 (1:34.36)	5:27.06 (1:12.33)		

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 304 Women 14-15 400 LC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time
4	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	5:20.35	5:27.22
	1:19.65	2:42.39 (1:22.74)	4:17.08 (1:34.69)	5:27.22 (1:10.14)	
5	Grütter, Arabelle	15	Royal Swimming Academy-ED	5:30.08	5:30.67
	1:14.70	2:35.66 (1:20.96)	4:13.90 (1:38.24)	5:30.67 (1:16.77)	
6	Durandt, Sharli	14	Aqua Sharks Academy-CP	5:36.24	5:37.13
	1:18.04	2:42.78 (1:24.74)	4:24.64 (1:41.86)	5:37.13 (1:12.49)	
7	Grobler, Zané	15	Waterbender Aquatics Club-ED	5:37.46	5:40.86
	1:21.52	2:49.74 (1:28.22)	4:26.36 (1:36.62)	5:40.86 (1:14.50)	
8	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	5:36.95	5:42.73
	1:21.99	2:51.02 (1:29.03)	4:31.02 (1:40.00)	5:42.73 (1:11.71)	
9	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	6:15.96	5:48.25
	1:14.64	2:47.02 (1:32.38)	4:27.38 (1:40.36)	5:48.25 (1:20.87)	
10	De Villiers, Anja	14	Tygerberg Aquatics-CP	5:57.00	5:55.48
	1:16.91	2:44.19 (1:27.28)	4:36.72 (1:52.53)	5:55.48 (1:18.76)	
11	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	6:03.88	6:08.47
	1:26.52	3:01.57 (1:35.05)	4:47.78 (1:46.21)	6:08.47 (1:20.69)	

Event 304 Women 16 & Over 400 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Novello, Utah	19	Lane Leader Stellenbosch-CE	5:34.12	5:35.17
	1:15.51	2:42.06 (1:26.55)	4:17.73 (1:35.67)	5:35.17 (1:17.44)	
2	Rossouw, Cara	16	Tygerberg Aquatics-CP	5:41.48	5:42.07
	1:16.22	2:43.25 (1:27.03)	4:22.99 (1:39.74)	5:42.07 (1:19.08)	
3	Coleman, Madison	16	Blouberg Marlins-CP	5:41.67	5:42.33
	1:19.58	2:47.94 (1:28.36)	4:22.21 (1:34.27)	5:42.33 (1:20.12)	
4	Hartung, Amy M	16	Aqua Sharks Academy-CP	5:49.68	5:52.66
	1:19.64	2:52.90 (1:33.26)	4:33.69 (1:40.79)	5:52.66 (1:18.97)	

Event 305 Boys 13 & Under 400 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	5:18.04	5:16.10
	1:11.12	2:31.19 (1:20.07)	4:03.89 (1:32.70)	5:16.10 (1:12.21)	
2	Barnard, Daniël B	13	Xcel Swim Academy-CP	5:25.19	5:21.91
	1:13.95	2:35.67 (1:21.72)	4:11.65 (1:35.98)	5:21.91 (1:10.26)	
3	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	5:21.48	5:22.30
	1:12.42	2:35.31 (1:22.89)	4:12.85 (1:37.54)	5:22.30 (1:09.45)	
4	Heunis, Le Roux	13	Tygerberg Aquatics-CP	5:55.54	5:37.69
	1:14.45	2:40.78 (1:26.33)	4:21.39 (1:40.61)	5:37.69 (1:16.30)	
5	Schaefer, Daniel C	13	Players-CE	5:32.88	5:40.63
	1:15.65	2:42.90 (1:27.25)	4:23.90 (1:41.00)	5:40.63 (1:16.73)	
6	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	5:46.21	5:41.01
	1:12.98	2:39.41 (1:26.43)	4:22.75 (1:43.34)	5:41.01 (1:18.26)	
7	Barnard, Theo J	13	Swartland Aquatics-WC	5:42.95	5:41.19
	1:16.77	2:44.34 (1:27.57)	4:27.21 (1:42.87)	5:41.19 (1:13.98)	
8	Daniels, Tylan H	12	Alpha Swim Club-CP	5:34.44	5:46.93
	1:19.59	2:53.01 (1:33.42)	4:29.59 (1:36.58)	5:46.93 (1:17.34)	
9	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	5:50.33	5:47.53
	1:20.97	2:48.47 (1:27.50)	4:29.28 (1:40.81)	5:47.53 (1:18.25)	
10	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	5:51.88	6:00.43
	1:21.76	2:51.90 (1:30.14)	4:40.22 (1:48.32)	6:00.43 (1:20.21)	
11	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	6:42.96	6:28.49
	1:27.09	3:04.60 (1:37.51)	4:58.95 (1:54.35)	6:28.49 (1:29.54)	
12	Kruger, Declan	11	Blouberg Marlins-CP	6:40.00	6:29.31
	1:31.13	3:11.59 (1:40.46)	5:08.40 (1:56.81)	6:29.31 (1:20.91)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 305 Men 14-15 400 LC Meter IM**

	Name	Age	Team	Seed Time	Finals Time
1	Roman, Noah P	15	Alpha Swim Club-CP	5:00.83	4:59.84
	1:05.32	2:25.87 (1:20.55)	3:50.13 (1:24.26)	4:59.84 (1:09.71)	
2	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	5:03.23	5:00.76
	1:06.80	2:26.16 (1:19.36)	3:51.64 (1:25.48)	5:00.76 (1:09.12)	
3	Fernold, AJ	15	Waterbender Aquatics Club-ED	5:02.37	5:04.25
	1:06.15	2:23.07 (1:16.92)	3:52.65 (1:29.58)	5:04.25 (1:11.60)	
4	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	5:04.98	5:07.40
	1:10.58	2:30.85 (1:20.27)	3:59.84 (1:28.99)	5:07.40 (1:07.56)	
5	Goussard, Henry	15	Curro Aquatic Swim Club-CP	5:07.85	5:12.74
	1:05.69	2:32.66 (1:26.97)	4:04.04 (1:31.38)	5:12.74 (1:08.70)	
6	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	5:19.48	5:15.00
	1:10.87	2:31.15 (1:20.28)	4:00.71 (1:29.56)	5:15.00 (1:14.29)	
7	Loots, Noah C	14	Aqua Sharks Academy-CP	5:03.03	5:15.53
	1:07.88	2:33.08 (1:25.20)	4:02.81 (1:29.73)	5:15.53 (1:12.72)	
8	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	5:37.91	5:16.69
	1:13.19	2:33.94 (1:20.75)	4:04.88 (1:30.94)	5:16.69 (1:11.81)	
9	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	5:25.67	5:17.42
	1:11.94	2:33.72 (1:21.78)	4:07.56 (1:33.84)	5:17.42 (1:09.86)	
10	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	5:19.07	5:20.44
	1:12.93	2:38.07 (1:25.14)	4:11.55 (1:33.48)	5:20.44 (1:08.89)	
*11	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	5:16.13	5:22.33
	1:11.60	2:34.89 (1:23.29)	4:11.70 (1:36.81)	5:22.33 (1:10.63)	
*11	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	5:18.57	5:22.33
	1:12.14	2:34.14 (1:22.00)	4:11.23 (1:37.09)	5:22.33 (1:11.10)	
13	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	5:12.52	5:22.70
	1:08.77	2:32.05 (1:23.28)	4:06.72 (1:34.67)	5:22.70 (1:15.98)	
14	Spencer, Marcus W	14	Cybersmart Aquatics-CP	5:36.45	5:32.28
	1:12.89	2:40.53 (1:27.64)	4:17.13 (1:36.60)	5:32.28 (1:15.15)	
15	Smit, Reynard-Gray	14	Streamline Aquatics-CP	5:27.45	5:32.75
	1:14.63	2:39.97 (1:25.34)	4:17.68 (1:37.71)	5:32.75 (1:15.07)	
16	Francis, Ethan	14	Marlin Swimming Club-CP	5:43.61	5:39.05
	1:11.96	2:42.16 (1:30.20)	4:21.14 (1:38.98)	5:39.05 (1:17.91)	
17	Rheeder, Liam M	15	Paarl Aquarius SC-CE	5:44.50	5:47.39
	1:15.06	2:40.44 (1:25.38)	4:29.08 (1:48.64)	5:47.39 (1:18.31)	

Event 305 Men 16 & Over 400 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time
1	Boshoff, Juan C	20	TuksSwimming-TS	4:27.69	4:38.18
	1:01.17	2:14.63 (1:13.46)	3:33.58 (1:18.95)	4:38.18 (1:04.60)	
2	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	4:38.90	4:45.33
	1:05.87	2:21.10 (1:15.23)	3:35.49 (1:14.39)	4:45.33 (1:09.84)	
3	Terblanche, Luan L	17	Tygerberg Aquatics-CP	4:47.31	4:50.95
	1:05.38	2:21.12 (1:15.74)	3:45.20 (1:24.08)	4:50.95 (1:05.75)	
4	Jani, Tawanda	18	Cybersmart Aquatics-CP	4:57.32	4:58.00
	1:06.25	2:27.73 (1:21.48)	3:47.68 (1:19.95)	4:58.00 (1:10.32)	
5	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	5:19.07	5:06.63
	1:06.44	2:23.83 (1:17.39)	3:56.04 (1:32.21)	5:06.63 (1:10.59)	
6	Myburgh, Ruan	17	Blouberg Marlins-CP	5:01.17	5:08.44
	1:07.22	2:25.26 (1:18.04)	3:52.83 (1:27.57)	5:08.44 (1:15.61)	
7	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	5:23.30	5:26.03
	1:11.38	2:31.31 (1:19.93)	4:10.16 (1:38.85)	5:26.03 (1:15.87)	
8	Martin, Alzhario	17	Uwc Aquatics-CP	5:32.92	5:34.15
	1:11.65	2:40.17 (1:28.52)	4:16.63 (1:36.46)	5:34.15 (1:17.52)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 306 Girls 11 & Under 50 LC Meter Butterfly**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	35.08	33.63
2	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	35.19	33.77
3	Pitout, Addison P	11	Aqua Sharks Academy-CP	36.85	34.88
4	Daniels, Emily G	11	Xcel Swim Academy-CP	35.03	35.43
5	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	35.67	35.51
6	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	36.37	36.86
7	Tredoux, Mila	11	Curro Langebaan Aquatics-WC	38.44	38.87
---	Kimani, Katja	11	Cybersmart Aquatics-CP	35.89	DQ

Event 306 Girls 11 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Daniels, Emily G	11	Xcel Swim Academy-CP	35.84	35.03	q
2	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	33.93	35.08	q
3	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	35.02	35.19	q
4	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	36.00	35.67	q
5	Kimani, Katja	11	Cybersmart Aquatics-CP	42.01	35.89	q
6	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	37.84	36.37	q
7	Pitout, Addison P	11	Aqua Sharks Academy-CP	38.66	36.85	q
8	Tredoux, Mila	11	Curro Langebaan Aquatics-WC	40.72	38.44	q
9	Keun, Lente	10	Vineyard SC-CP	43.32	38.54	
10	Benade, Aria	11	Swimlab Aquatic Academ-CP	44.41	38.66	
11	Schenck, Maya K	11	Tygerberg Aquatics-CP	37.21	40.04	
12	Van Onselen, Annabelle	11	Tygerberg Aquatics-CP	41.11	40.21	
13	Scheffer, Shaylee C	11	Uwc Aquatics-CP	37.92	40.23	
14	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	41.08	40.58	
15	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	43.08	42.62	
16	De Jager, Isabella	11	Brave-CE	46.16	43.22	
17	Bruwer, Leané	11	Swartland Aquatics-WC	43.95	44.79	
18	Van Zyl, Lily M	11	Elite Swimming Academy-CE	43.60	46.80	

Event 306 Girls 12-13 50 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	30.10	29.91
2	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	31.63	31.38
3	Lorenzen, Ava E	13	Blouberg Marlins-CP	31.53	31.73
4	Horn, Anna	13	Xcel Swim Academy-CP	32.24	31.76
5	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	31.83	31.99
6	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	33.14	32.08
7	Williams, Aqeelah	13	Uwc Aquatics-CP	32.88	32.28
8	Barthus, Alessia	12	Manta SC-CP	33.18	33.64

Event 306 Girls 12-13 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	29.52	30.10	q
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	31.14	31.53	q
3	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	31.71	31.63	q
4	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	33.46	31.83	q
5	Horn, Anna	13	Xcel Swim Academy-CP	33.01	32.24	q
6	Williams, Aqeelah	13	Uwc Aquatics-CP	33.43	32.88	q
7	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	34.24	33.14	q
8	Barthus, Alessia	12	Manta SC-CP	34.61	33.18	q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 306 Girls 12-13 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
9	Gullan, Sophia	13	Vineyard SC-CP	35.43	33.32
10	Charles, Tyla	13	Vineyard SC-CP	33.86	33.43
11	Gerber, Kayla M	12	Stellenbosch Aquatics-CE	35.11	33.47
12	Venter, Ané	12	Fish Eagle Aquatics-ED	37.08	33.68
13	Van Dyk, Zani	13	Aqua Sharks Academy-CP	34.55	33.94
14	Pretorius, Kara	13	Sport Science Institute of SA-CP	36.62	33.98
15	Roff, Mikaela	13	Royal Swimming Academy-ED	35.90	34.14
16	Cupido, Kirsten	12	Cybersmart Aquatics-CP	33.44	34.19
17	Louw, Mali R	13	Players-CE	34.19	34.22
18	Van Heerden, Hannah	13	Aqua Athlete Cta-CP	34.69	34.24
19	Longueira, Ava L	13	Aqua Sharks Academy-CP	34.81	34.40
20	Newkirk, Gia	12	Tygerberg Aquatics-CP	35.33	34.45
*21	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	34.13	34.64
*21	Castleden, Sophia K	13	Stellenbosch Aquatics-CE	35.73	34.64
23	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	35.84	34.67
24	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	36.61	34.72
25	Louw, Yvette H	13	Tygerberg Aquatics-CP	36.59	34.90
26	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	34.74	34.91
27	Dabrowski, Leah A	12	Blouberg Marlins-CP	36.25	34.92
28	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	35.15	35.03
29	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	35.60	35.04
30	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	35.38	35.20
*31	Billson, Amelie	13	Curro Aquatic Swim Club-CP	36.14	35.53
*31	Sabbagha, Georgia	13	Paarl Aquarius SC-CE	39.08	35.53
*33	Van de Vyver, Mia	13	Elite Swimming Academy-CE	36.42	35.72
*33	Koegelenberg, Emily	13	Xcel Swim Academy-CP	36.16	35.72
35	Julies, Grace J	12	Xcel Swim Academy-CP	33.96	35.85
36	Jurgens, Chloe-Leigh	13	Vineyard SC-CP	35.97	35.92
37	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	36.33	36.13
*38	Normington, Olivia	12	Xcel Swim Academy-CP	38.48	36.17
*38	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	37.65	36.17
40	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	36.60	36.21
41	Kalapac, Lexi	12	Streamline Aquatics-CP	36.11	36.25
42	Boshoff, Anja	13	Tygerberg Aquatics-CP	34.65	36.26
43	Knott, Cayleigh	12	Aqua Sharks Academy-CP	38.43	36.35
44	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	35.98	36.36
45	Onkruid, Gianna R	12	Uwc Aquatics-CP	36.52	36.49
46	Smit, Dione	12	Curro Aquatic Swim Club-CP	38.41	36.52
47	Burger, Johané	13	Royal Swimming Academy-ED	35.53	36.75
48	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	38.16	36.85
49	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	35.73	37.03
50	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	35.28	37.26
51	Matthee, Zarah	12	Uwc Aquatics-CP	39.78	37.28
*52	Makore, Bona M	12	Aqua Sharks Academy-CP	38.60	37.41
*52	Lockitch, Zara	13	Cybersmart Aquatics-CP	36.72	37.41
54	Sprong, Jaime M	12	Aqua Sharks Academy-CP	37.52	37.62
55	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	39.21	37.63
56	Malan, Lua B	13	Players-CE	37.00	37.70
57	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	39.24	37.72
58	Gilligan, Saskia	12	Blouberg Marlins-CP	38.22	38.03
59	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	39.21	38.04
60	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	38.87	38.53
61	Nel, Olivia	12	Curro Langebaan Aquatics-WC	41.81	38.54
62	Adams, Ella	12	Curro Aquatic Swim Club-CP	41.80	38.66
63	Sebastian, Catherine	12	Manta SC-CP	43.67	38.79

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 306 Girls 12-13 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
64	Kruger, Zoe	13	Lane Leader Stellenbosch-CE	39.22	38.88
*65	Haldane, Bella	12	Fish Eagle Aquatics-ED	37.66	38.96
*65	Kimani, Luisa	12	Cybersmart Aquatics-CP	45.20	38.96
67	Theron, Alex	13	Curro Aquatic Swim Club-CP	40.20	39.07
68	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	40.73	39.08
69	Muriro, Neema K	13	Cape Town Otters-CP	37.97	39.16
70	Arenz, Jessica	12	Sport Science Institute of SA-CP	38.66	39.89
71	Anthony, Jazmin A	13	Paarl Aquarius SC-CE	38.10	40.07
72	Adams, Tatum	12	Paarl Aquarius SC-CE	39.29	40.16
73	Eyssen, Sky	13	Manta SC-CP	40.85	40.36
74	Wentzel, Leah A	13	Marlin Swimming Club-CP	40.31	40.77
75	De Wit, Rua	13	Curro Aquatic Swim Club-CP	41.18	41.85
---	Marais, Lily E	12	Fish Eagle Aquatics-ED	40.16	DQ

Event 306 Women 14-15 50 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	29.67	29.57
2	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	32.14	31.38
3	Van Der Wath, Izi	15	Knysna Aquatics-ED	31.95	31.42
4	Faul, Ellen J	14	Players-CE	32.53	31.57
5	Louw, Anieka	15	Curro Aquatic Swim Club-CP	32.53	31.73
6	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	32.84	31.90
7	Riley, Logan	15	Curro Aquatic Swim Club-CP	32.29	32.31
8	Burger, Juanè	15	Curro Aquatic Swim Club-CP	33.00	32.55

Event 306 Women 14-15 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	29.30	29.67 a
2	Van Der Wath, Izi	15	Knysna Aquatics-ED	31.15	31.95 a
3	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	31.27	32.14 a
4	Riley, Logan	15	Curro Aquatic Swim Club-CP	33.18	32.29 a
*5	Faul, Ellen J	14	Players-CE	32.72	32.53 a
*5	Louw, Anieka	15	Curro Aquatic Swim Club-CP	31.96	32.53 a
7	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	32.07	32.84 a
8	Burger, Juanè	15	Curro Aquatic Swim Club-CP	33.88	33.00 a
9	Klopper, Minet	15	Lane Leader Stellenbosch-CE	34.26	33.08
10	Fenner, Olivia M	14	Players-CE	33.71	33.53
11	Van Tromp, Seruby	14	Lane Leader Stellenbosch-CE	35.29	33.83
12	Abrahams, Amaani	14	Marlin Swimming Club-CP	36.14	33.98
13	Durandt, Sharli	14	Aqua Sharks Academy-CP	32.85	34.02
14	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	33.72	34.14
15	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	34.44	34.23
16	Hager, Carle	15	Elite Swimming Academy-CE	35.15	34.28
17	Saayman, Nika D	15	Players-CE	35.18	34.33
18	Blake, Abi E	15	Curro Aquatic Swim Club-CP	33.48	34.36
19	Lourens, Mia	14	Curro Aquatic Swim Club-CP	35.27	34.39
20	Pahl, Shelly	14	Quick Silver Swimming Club-CP	33.78	34.74
21	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	35.82	34.86
22	Nilsson, Rebecca B	14	Curro Aquatic Swim Club-CP	33.84	34.88
23	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	33.87	34.89
24	Groves, Philippa R	14	Sport Science Institute of SA-CP	36.62	35.03
25	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	34.39	35.07
26	Schou, Lexi	15	Silver Fins Swimming Club-CP	35.45	35.46

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 306 Women 14-15 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
27	De Oliveira, Aliyah	15	Tygerberg Aquatics-CP	34.59	35.69
28	Coleman, Milan	14	Fish Eagle Aquatics-ED	36.06	35.87
29	Cronjé, Miané	14	Fish Eagle Aquatics-ED	34.81	36.00
30	Bull, Theia R	14	Curro Aquatic Swim Club-CP	34.52	36.22
31	McAfee, Holly B	15	Fish Eagle Aquatics-ED	36.62	37.07
32	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	36.97	37.48
33	Joubert, Elle	14	Players-CE	36.92	37.69
34	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	38.88	38.05

Event 306 Women 16 & Over 50 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Knoblauch, Cara	18	Lane Leader Stellenbosch-CE	27.92	27.84
2	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	28.40	27.87
3	Groepes, Rachel L	19	TuksSwimming-TS	29.42	29.87
4	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	30.69	29.98
5	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	30.51	30.26
6	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	30.50	30.62
7	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	30.99	31.11
8	Combrink, Amy	16	Vineyard SC-CP	31.34	31.20
9	Canter, Jessica A	26	Aqua Sharks Academy-CP	30.77	31.21
10	Bulose, Megan	21	Uwc Aquatics-CP	31.47	31.36
11	Huang, Shi Han A	16	Blouberg Marlins-CP	31.50	31.78
12	Morais, Nyriam W	16	Uwc Aquatics-CP	32.22	31.84
13	Rossouw, Cara	16	Tygerberg Aquatics-CP	32.21	32.04
14	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	32.05	32.05
15	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	32.12	32.06
16	Liebenberg, Emily M	16	Elite Swimming Academy-CE	32.05	32.39

Event 306 Women 16 & Over 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Knoblauch, Cara	18	Lane Leader Stellenbosch-CE	27.51	27.92 a
2	Kotze, Abigail	16	Lane Leader Stellenbosch-CE	27.95	28.40 a
3	Groepes, Rachel L	19	TuksSwimming-TS	29.00	29.42 a
4	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	30.82	30.50 a
5	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	29.96	30.51 a
6	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	31.10	30.69 a
7	Canter, Jessica A	26	Aqua Sharks Academy-CP	30.81	30.77 a
8	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	30.96	30.99 a
9	Combrink, Amy	16	Vineyard SC-CP	31.22	31.34 a
10	Bulose, Megan	21	Uwc Aquatics-CP	32.48	31.47 a
11	Huang, Shi Han A	16	Blouberg Marlins-CP	31.68	31.50 a
*12	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	32.71	32.05 a
*12	Liebenberg, Emily M	16	Elite Swimming Academy-CE	34.74	32.05 a
14	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	31.64	32.12 a
15	Rossouw, Cara	16	Tygerberg Aquatics-CP	32.80	32.21 a
16	Morais, Nyriam W	16	Uwc Aquatics-CP	31.02	32.22 a
17	Smit, Jenna	18	TuksSwimming-TS	31.54	32.29
18	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	33.11	32.57
19	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	32.03	33.36
20	White, Rebecca M	16	Sport Science Institute of SA-CP	32.70	33.52
21	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	33.39	33.54
22	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	32.26	33.75
23	Adams, Sydni M	16	Vineyard SC-CP	32.94	33.95

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 307 Boys 11 & Under 50 LC Meter Butterfly**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	34.27	32.78
*2	Spies, Judah J	11	Fish Eagle Aquatics-ED	35.37	34.55
*2	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	36.40	34.55
4	Pieters, Cayden R	11	Swartland Aquatics-WC	36.00	35.60
5	Edwards, Bryce	11	Cape Town Otters-CP	36.58	35.71
6	Kruger, Declan	11	Blouberg Marlins-CP	35.65	35.94
7	Horn, Ben	10	Xcel Swim Academy-CP	36.07	36.48
8	Michel, Hayden	11	Sport Science Institute of SA-CP	36.47	37.19

Event 307 Boys 11 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	34.07	34.27	q
2	Spies, Judah J	11	Fish Eagle Aquatics-ED	36.22	35.37	q
3	Kruger, Declan	11	Blouberg Marlins-CP	37.09	35.65	q
4	Pieters, Cayden R	11	Swartland Aquatics-WC	37.43	36.00	q
5	Horn, Ben	10	Xcel Swim Academy-CP	37.35	36.07	q
6	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	38.23	36.40	q
7	Michel, Hayden	11	Sport Science Institute of SA-CP	38.21	36.47	q
8	Edwards, Bryce	11	Cape Town Otters-CP	45.19	36.58	q
9	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	36.02	36.73	
10	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	44.91	36.92	
11	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	38.16	37.57	
12	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	35.78	37.83	
13	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	37.72	37.84	
14	Gamieldien, Zuhair	11	Marlin Swimming Club-CP	42.26	37.89	
15	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	38.41	38.14	
16	Mare, Ilan	11	Curro Aquatic Swim Club-CP	38.65	38.35	
17	Gilligan, Cooper J	11	Blouberg Marlins-CP	42.30	38.86	
18	Naude, Niel P	11	Agulhas Aquatics-OB	36.55	38.97	
19	Pretorius, Johan M	11	Elite Swimming Academy-CE	41.08	39.41	
20	Meets, Daniel	11	Aqua Sharks Academy-CP	39.63	39.90	
21	Malherbe, Roz R	11	Brave-CE	39.52	39.92	
22	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	41.50	39.97	
23	Askevold, Gunther J	11	Blouberg Marlins-CP	42.05	40.03	
24	Whitehouse, Bramwell A	10	Curro Hermanus Aquatics-OB	44.32	41.21	
25	Spreeth, Barend P	11	Swartland Aquatics-WC	45.10	41.78	
26	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	44.49	41.88	
27	Mallin, Aron	9	Swimlab Aquatic Academ-CP	44.38	42.51	
28	Kleynhans, Michael	11	Barracudas Aquarama SC-CP	43.54	42.65	
29	Retief, Daniel	11	The Well-CE	47.73	42.74	
30	Israel, Zayd	10	Sport Science Institute of SA-CP	46.52	43.27	
31	Spangenberg, Luke A	11	Xcel Swim Academy-CP	41.20	43.32	
32	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	44.37	43.35	
33	Scholtz, William A	11	Curro Aquatic Swim Club-CP	46.43	43.99	
34	Eksteen, Pisces M	11	Xcel Swim Academy-CP	45.46	44.11	
35	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	47.19	44.66	
36	Joubert, Daniel J	11	Players-CE	46.13	45.50	
37	Kemp, André D	10	Agulhas Aquatics-OB	47.45	46.89	
38	Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	53.32	49.04	
39	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	53.68	1:01.69	
---	De Nooy, Wyatt J	10	Lane Leader Stellenbosch-CE	49.95	DQ	
---	Cloete, Albert	11	Tygerberg Aquatics-CP	36.95	DQ	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 307 Boys 12-13 50 LC Meter Butterfly**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	30.11	28.96
2	Bright, Michael C	13	Curro Aquatic Swim Club-CP	29.86	29.11
3	Barnard, Theo J	13	Swartland Aquatics-WC	30.18	29.73
4	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	29.96	30.11
5	Coates, Caleb	13	Royal Swimming Academy-ED	30.75	30.44
6	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	30.84	30.64
7	Kruger, Zachary C	13	Swartland Aquatics-WC	31.12	31.19
8	Boshoff, Mickayle C	13	Knysna Aquatics-ED	30.79	31.32

Event 307 Boys 12-13 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	30.48	29.86	q
2	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	30.90	29.96	q
3	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	30.06	30.11	q
4	Barnard, Theo J	13	Swartland Aquatics-WC	30.78	30.18	q
5	Coates, Caleb	13	Royal Swimming Academy-ED	30.55	30.75	q
6	Boshoff, Mickayle C	13	Knysna Aquatics-ED	30.97	30.79	q
7	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	31.86	30.84	q
8	Kruger, Zachary C	13	Swartland Aquatics-WC	31.13	31.12	q
9	Heunis, Le Roux	13	Tygerberg Aquatics-CP	31.42	31.17	
10	Kleinsmith, David	13	Curro Aquatic Swim Club-CP	31.99	31.46	
11	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	31.96	31.57	
12	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	32.42	31.63	
13	Ellis, Alec C	13	Lane Leader Stellenbosch-CE	33.48	31.85	
14	Barnard, Daniël B	13	Xcel Swim Academy-CP	32.92	31.87	
15	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	32.24	31.94	
16	Melnik, Yoni	13	Orcas Swim Club-CP	33.52	32.85	
17	Jacobs, Seth G	13	Manta SC-CP	34.07	33.07	
18	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	33.88	33.10	
19	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	32.77	33.23	
20	Schabert, Lowen	12	Elite Swimming Academy-CE	33.55	33.53	
21	O'Reilly, Shane B	13	Swimlab Aquatic Academ-CP	34.66	33.54	
22	Swanepoel, Hallett J	13	Knysna Aquatics-ED	33.60	33.58	
23	Heunis, Johan C	12	Barracudas Aquarama SC-CP	34.74	33.70	
24	February, Dillon S	13	Curro Aquatic Swim Club-CP	34.93	33.73	
25	Van der Merwe, Luan J	12	Uwc Aquatics-CP	33.06	33.81	
26	Kunihira, Ethan	13	Swimlab Aquatic Kampala	32.62	33.85	
27	Laufs, Connor R	13	Cape Town Otters-CP	36.69	33.88	
28	Spies, Pierre J	13	Fish Eagle Aquatics-ED	35.52	33.90	
29	Steyn, Harry	12	Aqua Sharks Academy-CP	35.67	33.95	
30	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	35.07	34.31	
31	Louw, James	12	Vineyard SC-CP	34.38	34.34	
32	Nel, Charles Paul	12	Quick Silver Swimming Club-CP	38.03	34.70	
33	Titus, Brody	12	Paarl Aquarius SC-CE	35.78	35.26	
34	Schoeman, Mateo J	12	Elite Swimming Academy-CE	37.61	35.45	
35	King, Aidan J	13	Curro Aquatic Swim Club-CP	34.95	35.53	
36	Basson, Jan-Hugo D	12	The Well-CE	36.25	35.54	
37	Lewis, Amaru C	13	Paarl Aquarius SC-CE	37.79	35.70	
38	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	36.89	35.91	
39	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	36.62	35.96	
40	Spangenberg, Zach A	12	Xcel Swim Academy-CP	35.56	36.07	
41	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	36.91	36.12	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 307 Boys 12-13 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
42	Lee, Daniel	12	Tygerberg Aquatics-CP	35.77	36.20
43	Newham, Christopher J	13	Tygerberg Aquatics-CP	41.88	36.32
44	Zwarts, Zak P	13	Tygerberg Aquatics-CP	35.39	36.62
45	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	36.79	36.65
46	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	35.30	36.69
47	Harder, Callum R	12	Vineyard SC-CP	38.44	37.17
48	Clark, Alexander L	12	Uwc Aquatics-CP	36.61	37.18
49	Walters, Caleb	13	Quick Silver Swimming Club-CP	36.62	37.23
50	Van Wyk, Adrian S	13	Lane Leader Stellenbosch-CE	38.61	37.26
51	Lange, Oliver	12	Vineyard SC-CP	41.48	37.64
52	Kemp, Albert A	12	Agulhas Aquatics-OB	39.54	38.23
53	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	39.98	38.49
54	Samuels, Mason	13	Marlin Swimming Club-CP	38.45	38.72
55	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	39.28	38.98
56	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	40.21	39.62
57	Botha, Andre	13	Tygerberg Aquatics-CP	42.74	40.62
---	Malherbe, Max M	12	Brave-CE	45.68	DQ

Event 307 Men 14-15 50 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Kotze, Eric B	15	Stellenbosch Aquatics-CE	25.21	25.40
2	Gilmour, Connor A	15	Streamline Aquatics-CP	27.93	27.19
3	Boshoff, Keanu A	14	Knysna Aquatics-ED	27.89	27.60
4	Crabbe-Mann, Michael K	15	Unattached	27.74	27.72
5	Fernold, AJ	15	Waterbender Aquatics Club-ED	28.82	28.12
6	Loots, Noah C	14	Aqua Sharks Academy-CP	29.00	28.81
7	Mkavea, Tasu	15	Uwc Aquatics-CP	28.20	29.20
8	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	29.00	29.26

Event 307 Men 14-15 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Kotze, Eric B	15	Stellenbosch Aquatics-CE	24.49	25.21 a
2	Crabbe-Mann, Michael K	15	Unattached	27.41	27.74 a
3	Boshoff, Keanu A	14	Knysna Aquatics-ED	29.19	27.89 a
4	Gilmour, Connor A	15	Streamline Aquatics-CP	27.22	27.93 a
5	Mkavea, Tasu	15	Uwc Aquatics-CP	27.20	28.20 a
6	Fernold, AJ	15	Waterbender Aquatics Club-ED	29.04	28.82 a
*7	Loots, Noah C	14	Aqua Sharks Academy-CP	28.41	29.00 a
*7	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	29.13	29.00 a
9	Liedeman, Mark	15	Swartland Aquatics-WC	29.37	29.01
10	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	28.59	29.05
11	Fletcher, Tyler D	14	Knysna Aquatics-ED	29.20	29.11
12	Wing, James L	15	Curro Aquatic Swim Club-CP	29.58	29.19
13	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	29.83	29.27
14	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	29.21	29.71
15	Oosthuizen, Ethan	15	Players-CE	29.88	29.85
16	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	29.84	29.94
17	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	30.39	30.02
18	Daniels, Joshua D	15	Streamline Aquatics-CP	29.99	30.06
19	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	30.01	30.18
20	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	30.47	30.24
21	Spencer, Marcus W	14	Cybersmart Aquatics-CP	30.72	30.30
22	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	31.14	30.47

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 307 Men 14-15 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
23	Krause, Luke	15	Curro Aquatic Swim Club-CP	29.86	30.53
24	Weber, Daniel	14	Players-CE	30.08	30.57
25	Trower, Michael	14	Streamline Aquatics-CP	30.89	30.66
26	McHarg, Alexander	15	Vineyard SC-CP	31.60	30.97
27	Langeveldt, Christiano C	15	Alpha Swim Club-CP	32.23	31.09
28	Van Dyk, Stephaan	14	Blouberg Marlins-CP	31.11	31.25
29	De Jager, Eben	14	Brave-CE	32.60	31.37
30	Ganger, Zeke D	15	Marlin Swimming Club-CP	31.47	31.46
31	Smit, Reynard-Gray	14	Streamline Aquatics-CP	31.77	31.49
32	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	32.25	31.68
33	Van Rensburg, Janco	15	Tygerberg Aquatics-CP	32.57	31.72
34	Swart, Nico N	14	Aqua Sharks Academy-CP	31.00	31.90
35	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	31.10	31.91
36	Hodgskiss, Fin J	14	Sport Science Institute of SA-CP	31.74	32.14
37	Nagendrakumar, Puneet	15	Streamline Aquatics-CP	32.26	32.32
38	Niemand, Leo	14	Cybersmart Aquatics-CP	31.09	32.48
39	Damons, Ezra C	15	Sport Science Institute of SA-CP	33.21	32.49
40	October, Joshua D	14	Alpha Swim Club-CP	33.66	32.72
41	Earle, Zack C	14	Fish Eagle Aquatics-ED	32.67	33.15
42	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	33.38	33.40
43	Gomez, Alex W	15	Marlin Swimming Club-CP	34.67	33.54
44	Visser, Wessel M	14	Uwc Aquatics-CP	32.27	33.83
45	Tresfon, Robbie	14	Vineyard SC-CP	31.86	35.71

Event 307 Men 16 & Over 50 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	25.08	25.29
2	Emslie, Joshua D	23	Maties Aquatics-CE	26.08	25.81
3	Loots, Andre S	17	Lane Leader Stellenbosch-CE	25.98	25.94
4	Sistenich, Dylan L	21	Maties Aquatics-CE	26.02	26.11
5	Heyes, Garrick T	17	Aqua Sharks Academy-CP	26.45	26.26
6	Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	26.11	26.36
*7	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	25.70	26.52
*7	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	26.73	26.52
9	Barber, Dino B	36	Sport Science Institute of SA-CP	27.32	26.62
10	Basson, Wilan	19	Maties Aquatics-CE	26.36	26.74
11	Pretorius, Luuk E	17	Knysna Aquatics-ED	26.94	26.80
12	Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	26.31	27.27
13	De Kock, John P	16	Stellenbosch Aquatics-CE	27.40	27.32
14	Norton, Trent A	19	Lane Leader Stellenbosch-CE	27.77	27.49
15	Kalapac, Joshua	16	Streamline Aquatics-CP	27.73	27.73
16	Pedro, Tamkeen	17	Walmers SC-CP	27.79	27.90

Event 307 Men 16 & Over 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	24.34	25.08 a
2	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	26.46	25.70 a
3	Loots, Andre S	17	Lane Leader Stellenbosch-CE	25.54	25.98 a
4	Sistenich, Dylan L	21	Maties Aquatics-CE	25.86	26.02 a
5	Emslie, Joshua D	23	Maties Aquatics-CE	25.02	26.08 a
6	Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	25.67	26.11 a
7	Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	26.96	26.31 a
8	Basson, Wilan	19	Maties Aquatics-CE	25.85	26.36 a
9	Heyes, Garrick T	17	Aqua Sharks Academy-CP	28.45	26.45 a

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 307 Men 16 & Over 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Prelim Time	
10 Pullock, Sam J	16	Curro Hermanus Aquatics-OB	27.20	26.73	q
11 Mulol, Daniel	19	Maties Aquatics-CE	26.76	26.92	q
12 Williams, Jayden J	16	Paarl Aquarius SC-CE	27.99	26.93	q
13 Pretorius, Luuk E	17	Knysna Aquatics-ED	26.93	26.94	q
14 Barber, Dino B	36	Sport Science Institute of SA-CP	27.15	27.32	q
15 De Kock, John P	16	Stellenbosch Aquatics-CE	27.33	27.40	q
16 Kalapac, Joshua	16	Streamline Aquatics-CP	27.43	27.73	q
17 Norton, Trent A	19	Lane Leader Stellenbosch-CE	27.45	27.77	
18 Pedro, Tamkeen	17	Walmers SC-CP	27.94	27.79	
19 Southworth, Matthew W	17	Cybersmart Aquatics-CP	27.60	27.83	
20 Gilbert, Andrew A	16	Swimlab Aquatic Academ-CP	27.26	27.96	
21 Moolman, Carter S	17	Manta SC-CP	28.13	27.99	
22 Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	28.21	28.19	
23 Theron, Ryan P	16	Curro Aquatic Swim Club-CP	28.09	28.23	
24 Snowden, Ivan D	18	Uwc Aquatics-CP	27.84	28.39	
25 Alexander, Ammaar	18	Marlin Swimming Club-CP	27.63	28.48	
26 Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	27.27	28.52	
27 De Beer, Rynard A	17	Players-CE	28.26	28.70	
28 Beukes, Mateo A	20	Walmers SC-CP	28.17	28.76	
29 Solomon, Ethan	17	Alpha Swim Club-CP	28.45	28.78	
30 Basson, Lucca N	16	Aqua Athlete Cta-CP	28.39	29.14	
31 Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	28.53	29.17	
32 Beukes, Jaden L	16	Walmers SC-CP	29.39	29.25	
33 Burmeister, Marius	17	Brave-CE	29.25	29.29	
34 Abrahams, Rayhan	16	Walmers SC-CP	29.27	29.40	
35 Blauw, Tyriq D	17	Tygerberg Aquatics-CP	28.85	29.48	
36 Burger, Rosseau	16	Lane Leader Stellenbosch-CE	29.82	29.57	
37 Meintjes, Armand R	17	Swartland Aquatics-WC	32.32	29.61	
38 Poggenpoel, Troy J	16	Sport Science Institute of SA-CP	29.76	29.94	
*39 Otto, Luan	16	Swartland Aquatics-WC	31.45	29.98	
*39 Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	29.97	29.98	
41 Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	28.69	30.15	
42 Saayman, Dehan	17	Players-CE	31.25	30.18	
*43 Schreuder, Steffen	17	Elite Swimming Academy-CE	28.53	30.25	
*43 Smith, Tristan A	16	Curro Aquatic Swim Club-CP	31.52	30.25	
45 De Jager, Nathan B	17	Aqua Sharks Academy-CP	31.27	30.33	
46 Kotzè, Max M	16	Blouberg Marlins-CP	30.07	30.41	
47 Atkinson, Samuel A	17	Swartland Aquatics-WC	30.84	30.43	
48 Lategan, Nicky N	16	Swartland Aquatics-WC	30.57	30.55	
49 Smit, Joshua B	16	Fish Eagle Aquatics-ED	31.21	30.83	
50 Wilson, Christian G	20	Streamline Aquatics-CP	30.54	30.85	
51 Martin, Alzhario	17	Uwc Aquatics-CP	30.69	31.06	
52 Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	30.61	31.39	
53 Townsend, Lucan D	17	Aqua Sharks Academy-CP	32.63	32.04	
54 Holland-Muter, Jesse	16	Swartland Aquatics-WC	34.05	32.96	
55 Cleophas, Kyle	16	Paarl Aquarius SC-CE	29.33	33.59	
56 Vd Berg, Wilan	16	Brave-CE	34.67	33.81	

Event 308 Girls 11 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Tygerberg Aquatics-CP	A	2:18.01	2:16.73
1:09.48 2:16.73 (1:07.25)			
2 Curro Aquatic Swim Club-CP	A	2:26.11	2:19.32
1:07.08 2:19.32 (1:12.24)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 308 Girls 11 & Under 4x50 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
3 Curro Langebaan Aquatics-WC 1:09.87 2:20.14 (1:10.27)	A	2:27.24	2:20.14
4 Swimlab Aquatic Academ-CP 1:09.80 2:20.29 (1:10.49)	A	2:26.27	2:20.29

Event 309 Boys 11 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP 1:05.32 2:08.51 (1:03.19)	A	2:12.51	2:08.51
2 Swimlab Aquatic Academ-CP 1:01.89 2:09.76 (1:07.87)	A	2:14.71	2:09.76
3 Blouberg Marlins-CP 1:07.92 2:15.20 (1:07.28)	A	2:19.21	2:15.20
4 Lane Leader Stellenbosch-CE 1:13.86 2:28.14 (1:14.28)	A	2:34.56	2:28.14

Event 310 Girls 13 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP 1:01.89 2:03.55 (1:01.66)	A	2:04.58	2:03.55
2 Blouberg Marlins-CP 1:01.94 2:06.26 (1:04.32)	A	2:06.55	2:06.26
3 Xcel Swim Academy-CP 1:02.82 2:07.25 (1:04.43)	A	2:07.56	2:07.25
4 Tygerberg Aquatics-CP 1:05.58 2:09.59 (1:04.01)	A	2:18.43	2:09.59
5 Cybersmart Aquatics-CP 1:04.59 2:10.67 (1:06.08)	A	2:11.31	2:10.67
6 Curro Aquatic Swim Club-CP 1:05.03 2:10.68 (1:05.65)	B	2:08.83	2:10.68
7 Uwc Aquatics-CP 1:04.24 2:10.71 (1:06.47)	A	2:11.04	2:10.71
8 Manta SC-CP 1:05.99 2:11.59 (1:05.60)	A	2:16.33	2:11.59
9 Aqua Sharks Academy-CP 1:07.24 2:12.41 (1:05.17)	A	2:12.16	2:12.41
10 Lane Leader Stellenbosch-CE 1:07.17 2:13.77 (1:06.60)	A	2:05.46	2:13.77
--- Fish Eagle Aquatics-ED 1:08.63 DQ (1:05.24)	A	2:11.86	DQ

Event 311 Boys 13 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP 58.14 1:55.34 (57.20)	A	1:58.85	1:55.34
2 Swartland Aquatics-WC 1:00.28 1:56.59 (56.31)	A	2:02.87	1:56.59
3 Lane Leader Stellenbosch-CE 58.07 2:00.76 (1:02.69)	A	2:05.46	2:00.76
4 Tygerberg Aquatics-CP 1:01.20 2:02.41 (1:01.21)	A	2:07.00	2:02.41
5 Curro Aquatic Swim Club-CP	B	2:06.30	2:04.64
6 Aqua Sharks Academy-CP 1:03.25 2:07.32 (1:04.07)	A	2:13.70	2:07.32
7 Curro Langebaan Aquatics-WC 1:04.33 2:10.03 (1:05.70)	A	2:15.69	2:10.03
8 Xcel Swim Academy-CP 42.29 2:12.27 (1:29.98)	A	2:15.30	2:12.27

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 311 Boys 13 & Under 4x50 LC Meter Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
9 Tygerberg Aquatics-CP	B	2:20.00	2:15.92
1:07.84 2:15.92 (1:08.08)			

Event 312 Girls 15 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP	A	1:57.59	1:55.68
58.85 1:55.68 (56.83)			
2 Aqua Sharks Academy-CP	A	2:04.04	2:00.86
1:00.21 2:00.86 (1:00.65)			
3 Curro Aquatic Swim Club-CP	B	2:03.54	2:01.37
1:00.55 2:01.37 (1:00.82)			
4 Fish Eagle Aquatics-ED	A	2:01.52	2:02.47
1:00.86 2:02.47 (1:01.61)			
5 Elite Swimming Academy-CE	A	2:09.47	2:02.67
1:01.82 2:02.67 (1:00.85)			
6 Lane Leader Stellenbosch-CE	A	2:05.67	2:04.88
1:02.83 2:04.88 (1:02.05)			

Event 313 Boys 15 & Under 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP	A	1:45.04	1:44.84
53.80 1:44.84 (51.04)			
2 Streamline Aquatics-CP	A	1:48.74	1:46.86
53.68 1:46.86 (53.18)			
3 Curro Aquatic Swim Club-CP	B	1:52.18	1:53.07
56.98 1:53.07 (56.09)			
4 Blouberg Marlins-CP	A	2:07.01	1:53.99
56.92 1:53.99 (57.07)			
5 Swimlab Aquatic Academ-CP	A	1:49.69	1:54.31
55.23 1:54.31 (59.08)			
6 Tygerberg Aquatics-CP	A	1:57.23	1:55.31
56.91 1:55.31 (58.40)			
7 Aqua Sharks Academy-CP	A	1:55.15	1:55.57
56.37 1:55.57 (59.20)			
8 Sport Science Institute of SA-CP	A	1:57.58	1:56.03
57.78 1:56.03 (58.25)			
9 Marlin Swimming Club-CP	A	1:55.95	1:56.46
58.41 1:56.46 (58.05)			
10 Fish Eagle Aquatics-ED	A	2:00.74	1:58.00
59.66 1:58.00 (58.34)			
11 Manta SC-CP	A	2:02.63	1:58.66
1:01.29 1:58.66 (57.37)			

Event 314 Women 4x50 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Lane Leader Stellenbosch-CE	A	1:58.90	1:51.51
56.59 1:51.51 (54.92)			
2 Tygerberg Aquatics-CP	A	2:11.39	1:59.18
59.38 1:59.18 (59.80)			
3 Curro Aquatic Swim Club-CP	A	1:59.92	1:59.55
58.86 1:59.55 (1:00.69)			
4 Sport Science Institute of SA-CP	A	2:02.54	2:01.36
1:01.29 2:01.36 (1:00.07)			
5 Blouberg Marlins-CP	A	2:03.30	2:01.50
59.96 2:01.50 (1:01.54)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 315 Men 4x50 LC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Lane Leader Stellenbosch-CE 48.95 1:38.13 (49.18)	A	1:40.90	1:38.13
2 Tygerberg Aquatics-CP 49.76 1:40.80 (51.04)	A	1:40.10	1:40.80
3 Aqua Sharks Academy-CP 52.70 1:42.84 (50.14)	A	1:43.92	1:42.84
4 Swimlab Aquatic Academ-CP 51.12 1:43.24 (52.12)	A	1:41.82	1:43.24
5 Fish Eagle Aquatics-ED 50.63 1:43.42 (52.79)	A	1:46.89	1:43.42
6 Lane Leader Stellenbosch-CE 53.02 1:44.80 (51.78)	B	1:52.67	1:44.80
7 Blouberg Marlins-CP 52.87 1:44.97 (52.10)	A	1:44.61	1:44.97
8 Walmers SC-CP 52.27 1:45.59 (53.32)	A	1:47.99	1:45.59
9 Cybersmart Aquatics-CP 51.88 1:46.23 (54.35)	A	1:47.06	1:46.23
10 Curro Aquatic Swim Club-CP 52.24 1:47.39 (55.15)	A	1:44.20	1:47.39
11 Uwc Aquatics-CP 57.46 1:49.58 (52.12)	A	1:59.67	1:49.58
12 Swartland Aquatics-WC 57.99 1:51.99 (54.00)	A	1:52.41	1:51.99

Event 400 Boys 11 & Under 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Askevold, Gunther J 1:36.91 3:17.70 (1:40.79)	11	Blouberg Marlins-CP	3:29.33	3:17.70
2 Kleynhans, Michael 1:35.60 3:18.03 (1:42.43)	11	Barracudas Aquarama SC-CP	3:29.08	3:18.03
3 Mare, Ilan 1:41.17 3:22.59 (1:41.42)	11	Curro Aquatic Swim Club-CP	3:34.27	3:22.59
4 Olivier, Simeon 1:41.41 3:27.84 (1:46.43)	11	Paarl Aquarius SC-CE	3:34.59	3:27.84
5 Van der Merwe, Ulric 1:40.43 3:29.53 (1:49.10)	11	Tygerberg Aquatics-CP	3:32.56	3:29.53
6 Versfeld, Ben I 1:42.21 3:29.88 (1:47.67)	11	Brave-CE	3:40.28	3:29.88
7 Beukes, Ryan M 1:41.17 3:31.67 (1:50.50)	11	Swimlab Aquatic Academ-CP	3:39.47	3:31.67
8 Van Der Westhuizen, Ewan 1:44.83 3:39.83 (1:55.00)	11	Lane Leader Stellenbosch-CE	3:38.77	3:39.83

Event 400 Boys 11 & Under 200 LC Meter Breaststroke

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Kleynhans, Michael 1:41.80 3:29.08 (1:47.28)	11	Barracudas Aquarama SC-CP	3:22.67	3:29.08 a
2 Askevold, Gunther J 1:41.09 3:29.33 (1:48.24)	11	Blouberg Marlins-CP	3:33.54	3:29.33 a
3 Van der Merwe, Ulric 1:44.39 3:32.56 (1:48.17)	11	Tygerberg Aquatics-CP	3:31.89	3:32.56 a
4 Mare, Ilan 1:44.69 3:34.27 (1:49.58)	11	Curro Aquatic Swim Club-CP	3:35.29	3:34.27 a

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 400 Boys 11 & Under 200 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Prelim Time	
5 Olivier, Simeon	11	Paarl Aquarius SC-CE	3:33.35	3:34.59	q
1:45.18	3:34.59 (1:49.41)				
6 Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	3:54.62	3:38.77	q
1:47.17	3:38.77 (1:51.60)				
7 Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	3:46.37	3:39.47	q
1:46.04	3:39.47 (1:53.43)				
8 Versfeld, Ben I	11	Brave-CE	3:38.21	3:40.28	q
1:47.79	3:40.28 (1:52.49)				
9 Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	3:45.53	3:41.30	
1:47.01	3:41.30 (1:54.29)				
10 Spangenberg, Luke A	11	Xcel Swim Academy-CP	3:34.53	3:45.07	
1:48.45	3:45.07 (1:56.62)				
11 Gamieldien, Zuhair	11	Marlin Swimming Club-CP	3:42.27	3:46.94	
1:52.01	3:46.94 (1:54.93)				
12 Israel, Zayd	10	Sport Science Institute of SA-CP	4:01.24	3:49.82	
1:53.55	3:49.82 (1:56.27)				
13 Pretorius, Liam R	11	Tygerberg Aquatics-CP	4:00.77	3:49.98	
1:52.75	3:49.98 (1:57.23)				
14 Tredoux, Simon P	10	Barracudas Aquarama SC-CP	3:41.43	3:51.30	
1:52.33	3:51.30 (1:58.97)				
15 Pretorius, Henri	11	Tygerberg Aquatics-CP	3:41.38	3:52.51	
1:53.87	3:52.51 (1:58.64)				
16 Eksteen, Pisces M	11	Xcel Swim Academy-CP	3:51.26	3:53.01	
1:52.33	3:53.01 (2:00.68)				
17 Basson, Christiaan K	10	Silver Fins Swimming Club-CP	4:07.58	3:53.32	
1:53.64	3:53.32 (1:59.68)				
18 Joubert, Daniel J	11	Players-CE	3:39.15	3:53.42	
1:52.36	3:53.42 (2:01.06)				
19 Gilligan, Cooper J	11	Blouberg Marlins-CP	3:42.15	3:54.61	
1:54.66	3:54.61 (1:59.95)				
20 Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	3:43.84	3:55.51	
1:54.59	3:55.51 (2:00.92)				
21 Schutte, Ethan	10	Quick Silver Swimming Club-CP	3:59.15	3:55.96	
1:52.50	3:55.96 (2:03.46)				
22 Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	3:54.36	3:57.05	
1:54.08	3:57.05 (2:02.97)				
23 Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	3:47.38	3:58.29	
1:54.01	3:58.29 (2:04.28)				
24 Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	3:54.87	3:58.47	
1:55.44	3:58.47 (2:03.03)				
25 Steyn, Francois D	11	Curro Aquatic Swim Club-CP	3:59.10	4:17.72	
2:05.16	4:17.72 (2:12.56)				
--- Kruger, Zander	11	Lane Leader Stellenbosch-CE	3:45.06	DQ	
1:47.67	DQ (1:54.28)				
--- Vincent, Joshua	10	Quick Silver Swimming Club-CP	3:57.42	DQ	
1:54.91	DQ (2:00.59)				
--- Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	3:20.50	DQ	
1:40.11	DQ (1:45.89)				
--- Horn, Ben	10	Xcel Swim Academy-CP	3:33.35	DQ	
1:43.49	DQ (1:44.16)				

Event 400 Boys 12-13 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Hahn, Kyle H	13	Waterbender Aquatics Club-ED	2:51.74	2:41.12
1:19.69	2:41.12 (1:21.43)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 400 Boys 12-13 200 LC Meter Breaststroke)**

	Name	Age	Team	Prelim Time	Finals Time
2	Melnik, Yoni	13	Orcas Swim Club-CP	2:53.76	2:51.02
	1:20.69	2:51.02 (1:30.33)			
3	Allott, Jaydon K	13	Aqua Athlete Cta-CP	2:55.57	2:58.06
	1:25.35	2:58.06 (1:32.71)			
4	Kleu, Wian M	12	Stellenbosch Aquatics-CE	3:03.30	2:58.26
	1:26.48	2:58.26 (1:31.78)			
5	Schaefer, Daniel C	13	Players-CE	3:01.28	2:58.39
	1:25.05	2:58.39 (1:33.34)			
6	Daniels, Tylan H	12	Alpha Swim Club-CP	3:03.88	2:59.92
	1:25.58	2:59.92 (1:34.34)			
7	Van der Merwe, Dandre J	13	Stellenbosch Aquatics-CE	3:09.52	3:05.27
	1:30.58	3:05.27 (1:34.69)			
8	February, Dillon S	13	Curro Aquatic Swim Club-CP	3:08.61	3:07.54
	1:30.56	3:07.54 (1:36.98)			

Event 400 Boys 12-13 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	2:44.84	2:51.74 a
	1:23.41	2:51.74 (1:28.33)			
2	Melnik, Yoni	13	Orcas Swim Club-CP	2:53.53	2:53.76 a
	1:23.20	2:53.76 (1:30.56)			
3	Allott, Jaydon K	13	Aqua Athlete Cta-CP	2:54.10	2:55.57 a
	1:25.05	2:55.57 (1:30.52)			
4	Schaefer, Daniel C	13	Players-CE	2:57.25	3:01.28 a
	1:25.80	3:01.28 (1:35.48)			
5	Kleu, Wian M	12	Stellenbosch Aquatics-CE	3:00.24	3:03.30 a
	1:28.90	3:03.30 (1:34.40)			
6	Daniels, Tylan H	12	Alpha Swim Club-CP	2:52.73	3:03.88 a
	1:29.31	3:03.88 (1:34.57)			
7	February, Dillon S	13	Curro Aquatic Swim Club-CP	3:10.87	3:08.61 a
	1:32.59	3:08.61 (1:36.02)			
8	Van der Merwe, Dandre J	13	Stellenbosch Aquatics-CE	3:07.00	3:09.52 a
	1:32.84	3:09.52 (1:36.68)			
9	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	3:22.74	3:15.65
	1:35.90	3:15.65 (1:39.75)			
10	Abrie, Ryn J	13	Curro Hermanus Aquatics-OB	3:08.17	3:15.87
	1:35.23	3:15.87 (1:40.64)			
11	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	3:10.81	3:16.07
	1:32.92	3:16.07 (1:43.15)			
12	Jacobs, Seth G	13	Manta SC-CP	3:21.94	3:16.34
	1:36.69	3:16.34 (1:39.65)			
13	Baadjies, Cruden H	13	Paarl Aquarius SC-CE	3:09.96	3:16.43
	1:36.14	3:16.43 (1:40.29)			
14	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	3:14.05	3:17.31
	1:38.02	3:17.31 (1:39.29)			
15	Kleinsmith, David	13	Curro Aquatic Swim Club-CP	3:14.36	3:18.04
	1:33.89	3:18.04 (1:44.15)			
16	Lategan, Wessel W	13	Swartland Aquatics-WC	3:18.09	3:18.55
	1:36.93	3:18.55 (1:41.62)			
17	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	3:13.65	3:18.74
	1:37.48	3:18.74 (1:41.26)			
18	Clark, Alexander L	12	Uwc Aquatics-CP	3:33.08	3:18.96
	1:37.16	3:18.96 (1:41.80)			
19	Munnik, Connor C	13	Paarl Aquarius SC-CE	3:23.96	3:19.19
	1:35.59	3:19.19 (1:43.60)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 400 Boys 12-13 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
20	Lange, Oliver	12	Vineyard SC-CP	3:11.80	3:19.24
	1:37.06	3:19.24 (1:42.18)			
21	Schoeman, Mateo J	12	Elite Swimming Academy-CE	3:21.69	3:23.02
	1:39.57	3:23.02 (1:43.45)			
22	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	3:18.21	3:24.41
	1:41.74	3:24.41 (1:42.67)			
23	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	3:24.70	3:24.79
	1:39.15	3:24.79 (1:45.64)			
24	Botha, Andre	13	Tygerberg Aquatics-CP	3:28.73	3:28.98
	1:43.52	3:28.98 (1:45.46)			
25	Smith, Zian	13	Curro Langebaan Aquatics-WC	3:25.41	3:29.70
	1:40.88	3:29.70 (1:48.82)			
26	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	3:28.11	3:30.35
	1:41.54	3:30.35 (1:48.81)			
27	Walters, Caleb	13	Quick Silver Swimming Club-CP	3:26.57	3:31.16
	1:43.70	3:31.16 (1:47.46)			
28	Spangenberg, Zach A	12	Xcel Swim Academy-CP	3:25.98	3:31.23
	1:43.28	3:31.23 (1:47.95)			
29	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	3:28.28	3:31.51
	1:42.19	3:31.51 (1:49.32)			
30	Kunihira, Ethan	13	Swimlab Aquatic Kampala	3:47.28	3:31.79
	1:44.14	3:31.79 (1:47.65)			
31	Malherbe, Max M	12	Brave-CE	3:31.32	3:41.79
	1:48.10	3:41.79 (1:53.69)			
32	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	3:38.11	3:42.04
	1:46.55	3:42.04 (1:55.49)			
33	Kemp, Albert A	12	Agulhas Aquatics-OB	3:25.79	3:43.16
	1:46.14	3:43.16 (1:57.02)			
34	Wustefeld-Janssens, Harry G	12	Stellenbosch Aquatics-CE	3:38.11	3:51.32
	1:52.95	3:51.32 (1:58.37)			
35	Samuels, Mason	13	Marlin Swimming Club-CP	3:45.97	3:54.34
	1:52.38	3:54.34 (2:01.96)			
---	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	3:33.41	DQ
	1:45.07	DQ (1:59.42)			
---	Ellis, Alec C	13	Lane Leader Stellenbosch-CE	3:09.75	DQ
	1:29.89	DQ (1:32.16)			
---	Nel, Charles Paul	12	Quick Silver Swimming Club-CP	3:31.45	DQ
	1:42.59	DQ (1:51.06)			

Event 400 Men 14-15 200 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	2:39.51	2:37.32
	1:16.19	2:37.32 (1:21.13)			
2	Roman, Noah P	15	Alpha Swim Club-CP	2:47.31	2:38.39
	1:16.45	2:38.39 (1:21.94)			
3	Moodie, Zak	15	Blouberg Marlins-CP	2:44.39	2:40.30
	1:17.62	2:40.30 (1:22.68)			
4	Wing, James L	15	Curro Aquatic Swim Club-CP	2:47.13	2:40.95
	1:15.45	2:40.95 (1:25.50)			
5	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	2:47.26	2:41.91
	1:16.03	2:41.91 (1:25.88)			
6	Douries, Ean	14	Curro Aquatic Swim Club-CP	2:49.23	2:44.45
	1:18.27	2:44.45 (1:26.18)			
7	Swart, Nico N	14	Aqua Sharks Academy-CP	2:45.56	2:44.72
	1:17.40	2:44.72 (1:27.32)			
8	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:45.58	2:45.97
	1:17.25	2:45.97 (1:28.72)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 400 Men 14-15 200 LC Meter Breaststroke**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	2:36.71	2:39.51	q
	1:17.10	2:39.51 (1:22.41)				
2	Moodie, Zak	15	Blouberg Marlins-CP	2:48.22	2:44.39	q
	1:19.21	2:44.39 (1:25.18)				
3	Swart, Nico N	14	Aqua Sharks Academy-CP	2:43.56	2:45.56	q
	1:19.27	2:45.56 (1:26.29)				
4	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:50.35	2:45.58	q
	1:17.13	2:45.58 (1:28.45)				
5	Wing, James L	15	Curro Aquatic Swim Club-CP	2:41.74	2:47.13	q
	1:19.21	2:47.13 (1:27.92)				
6	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	2:42.45	2:47.26	q
	1:18.19	2:47.26 (1:29.07)				
7	Roman, Noah P	15	Alpha Swim Club-CP	2:41.81	2:47.31	q
	1:21.10	2:47.31 (1:26.21)				
8	Douries, Ean	14	Curro Aquatic Swim Club-CP	2:43.70	2:49.23	q
	1:21.35	2:49.23 (1:27.88)				
9	Loots, Noah C	14	Aqua Sharks Academy-CP	2:42.73	2:49.81	
	1:20.64	2:49.81 (1:29.17)				
10	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	2:44.72	2:50.33	
	1:21.12	2:50.33 (1:29.21)				
11	Faulkner, Callum E	14	Sport Science Institute of SA-CP	2:46.06	2:52.87	
	1:20.58	2:52.87 (1:32.29)				
12	Liedeman, Mark	15	Swartland Aquatics-WC	2:39.97	2:53.62	
	1:18.88	2:53.62 (1:34.74)				
13	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	2:40.51	2:54.15	
	1:23.02	2:54.15 (1:31.13)				
14	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	2:55.49	2:54.61	
	1:23.92	2:54.61 (1:30.69)				
15	Snyders, Reece	15	Uwc Aquatics-CP	2:55.44	2:57.59	
	1:24.44	2:57.59 (1:33.15)				
16	Mkavea, Tasu	15	Uwc Aquatics-CP	2:45.87	2:57.99	
	1:23.64	2:57.99 (1:34.35)				
17	Trower, Michael	14	Streamline Aquatics-CP	2:50.99	2:58.04	
	1:26.81	2:58.04 (1:31.23)				
18	Van Heerden, Christian	14	Aqua Athlete Cta-CP	2:47.32	2:58.17	
	1:24.65	2:58.17 (1:33.52)				
19	Bester, Daniël M	14	Elite Swimming Academy-CE	3:02.91	2:58.33	
	1:25.50	2:58.33 (1:32.83)				
20	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	2:57.27	2:58.82	
	1:27.43	2:58.82 (1:31.39)				
21	Spencer, Marcus W	14	Cybersmart Aquatics-CP	2:57.71	3:01.09	
	1:27.90	3:01.09 (1:33.19)				
22	Theron, Oloff A	15	Vineyard SC-CP	2:52.42	3:01.58	
	1:29.30	3:01.58 (1:32.28)				
23	Gomez, Alex W	15	Marlin Swimming Club-CP	2:56.12	3:04.98	
	1:28.62	3:04.98 (1:36.36)				
24	De Jager, Joshua	15	Players-CE	3:11.45	3:05.22	
	1:26.23	3:05.22 (1:38.99)				
25	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	3:04.35	3:05.55	
	1:31.41	3:05.55 (1:34.14)				
26	Bruwer, Ben E	14	Lane Leader Stellenbosch-CE	3:05.65	3:05.85	
	1:30.96	3:05.85 (1:34.89)				
27	Gamieldien, Idreess	14	Marlin Swimming Club-CP	2:56.88	3:05.97	
	1:29.56	3:05.97 (1:36.41)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 400 Men 14-15 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
28	Smit, Christian F	14	Royal Swimming Academy-ED	3:03.59	3:06.27
	1:29.72	3:06.27 (1:36.55)			
29	De Jager, Eben	14	Brave-CE	3:02.19	3:08.63
	1:28.78	3:08.63 (1:39.85)			
30	Addinall, Ethan	14	Manta SC-CP	3:01.23	3:09.07
	1:30.00	3:09.07 (1:39.07)			
31	Van Vondel, Roland	14	Tygerberg Aquatics-CP	3:02.43	3:09.42
	1:32.70	3:09.42 (1:36.72)			
32	Visser, Wessel M	14	Uwc Aquatics-CP	3:06.20	3:10.60
	1:30.33	3:10.60 (1:40.27)			
33	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	3:08.69	3:13.58
	1:32.02	3:13.58 (1:41.56)			
34	Fortune, Hakeem	14	Manta SC-CP	3:04.72	3:17.17
	1:33.46	3:17.17 (1:43.71)			
35	Rheeder, Liam M	15	Paarl Aquarius SC-CE	3:10.56	3:18.89
	1:34.28	3:18.89 (1:44.61)			
36	Trautman, Liam	14	Curro Hermanus Aquatics-OB	3:14.57	3:19.06
	1:34.30	3:19.06 (1:44.76)			
37	Pitout, Zachary J	14	Aqua Sharks Academy-CP	3:10.35	3:19.23
	1:35.02	3:19.23 (1:44.21)			
38	Froneman, Dylan R	14	Blouberg Marlins-CP	3:23.23	3:20.51
	1:35.32	3:20.51 (1:45.19)			
39	Fortune, Yaseen	15	Manta SC-CP	3:09.39	3:26.58
	1:36.69	3:26.58 (1:49.89)			

Event 400 Men 16 & Over 200 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	2:27.51	2:21.12
	1:07.05	2:21.12 (1:14.07)			
2	Jani, Tawanda	18	Cybersmart Aquatics-CP	2:31.06	2:26.34
	1:09.39	2:26.34 (1:16.95)			
3	Williams, Jayden J	16	Paarl Aquarius SC-CE	2:34.57	2:33.69
	1:10.74	2:33.69 (1:22.95)			
4	Krenin, Damon R	18	Curro Aquatic Swim Club-CP	2:37.48	2:37.66
	1:14.37	2:37.66 (1:23.29)			
5	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	2:40.56	2:38.71
	1:16.17	2:38.71 (1:22.54)			
6	Pautz, Nathan M	17	Blouberg Marlins-CP	2:59.01	2:42.59
	1:18.56	2:42.59 (1:24.03)			
7	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	2:52.62	2:43.44
	1:17.17	2:43.44 (1:26.27)			
8	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	2:53.55	2:50.31
	1:20.97	2:50.31 (1:29.34)			
9	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	2:54.44	2:52.25
	1:19.83	2:52.25 (1:32.42)			
10	Martin, Alzhario	17	Uwc Aquatics-CP	3:03.38	2:57.95
	1:25.00	2:57.95 (1:32.95)			
11	Townsend, Lucan D	17	Aqua Sharks Academy-CP	3:02.40	2:58.02
	1:25.44	2:58.02 (1:32.58)			
12	Otto, Luan	16	Swartland Aquatics-WC	3:12.05	3:06.06
	1:26.74	3:06.06 (1:39.32)			

Event 400 Men 16 & Over 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	2:18.50	2:24.93 q
	1:10.37	2:24.93 (1:14.56)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 400 Men 16 & Over 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	2:18.25	2:27.51	q
	1:08.66	2:27.51 (1:18.85)				
3	Jani, Tawanda	18	Cybersmart Aquatics-CP	2:25.00	2:31.06	q
	1:12.53	2:31.06 (1:18.53)				
4	Williams, Jayden J	16	Paarl Aquarius SC-CE	2:25.81	2:34.57	q
	1:13.29	2:34.57 (1:21.28)				
5	Krenin, Damon R	18	Curro Aquatic Swim Club-CP	2:37.92	2:37.48	q
	1:15.31	2:37.48 (1:22.17)				
6	Southworth, Matthew W	17	Cybersmart Aquatics-CP	2:38.32	2:40.32	q
	1:15.93	2:40.32 (1:24.39)				
7	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	2:38.37	2:40.56	q
	1:16.70	2:40.56 (1:23.86)				
8	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	2:47.03	2:52.62	q
	1:21.51	2:52.62 (1:31.11)				
9	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	2:48.97	2:53.55	q
	1:21.44	2:53.55 (1:32.11)				
10	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	2:55.93	2:54.44	q
	1:21.66	2:54.44 (1:32.78)				
11	Pautz, Nathan M	17	Blouberg Marlins-CP	2:38.63	2:59.01	q
	1:25.14	2:59.01 (1:33.87)				
12	Townsend, Lucan D	17	Aqua Sharks Academy-CP	2:57.98	3:02.40	q
	1:29.34	3:02.40 (1:33.06)				
13	Smit, Joshua B	16	Fish Eagle Aquatics-ED	2:56.56	3:02.70	q
	1:26.41	3:02.70 (1:36.29)				
14	Martin, Alzhario	17	Uwc Aquatics-CP	2:53.27	3:03.38	q
	1:27.67	3:03.38 (1:35.71)				
15	Otto, Luan	16	Swartland Aquatics-WC	3:03.58	3:12.05	q
	1:32.28	3:12.05 (1:39.77)				
---	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	2:50.31	DQ	
	1:20.47	DQ (1:25.72)				

Event 401 Girls 11 & Under 200 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Benade, Aria	11	Swimlab Aquatic Academ-CP	3:19.44	3:14.32	
	1:33.91	3:14.32 (1:40.41)				
2	Kimani, Katja	11	Cybersmart Aquatics-CP	3:25.24	3:15.35	
	1:35.49	3:15.35 (1:39.86)				
3	Abrahamse, Lexi	11	Vineyard SC-CP	3:24.59	3:22.20	
	1:38.51	3:22.20 (1:43.69)				
4	De Jager, Isabella	11	Brave-CE	3:31.02	3:22.65	
	1:40.19	3:22.65 (1:42.46)				
5	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	3:26.92	3:24.23	
	1:40.89	3:24.23 (1:43.34)				
6	Scheffer, Shaylee C	11	Uwc Aquatics-CP	3:28.48	3:26.38	
	1:40.34	3:26.38 (1:46.04)				
7	Burger, Marguerite	11	Swartland Aquatics-WC	3:36.30	3:29.34	
	1:41.66	3:29.34 (1:47.68)				
8	Harvett, Logan L	11	Stellenbosch Aquatics-CE	3:35.87	3:38.32	
	1:46.03	3:38.32 (1:52.29)				

Event 401 Girls 11 & Under 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Benade, Aria	11	Swimlab Aquatic Academ-CP	3:16.56	3:19.44	q
	1:35.20	3:19.44 (1:44.24)				
2	Abrahamse, Lexi	11	Vineyard SC-CP	3:19.51	3:24.59	q
	1:38.56	3:24.59 (1:46.03)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 401 Girls 11 & Under 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Kimani, Katja	11	Cybersmart Aquatics-CP	3:20.48	3:25.24	q
	1:38.23	3:25.24 (1:47.01)				
4	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	3:31.40	3:26.92	q
	1:42.11	3:26.92 (1:44.81)				
5	Scheffer, Shaylee C	11	Uwc Aquatics-CP	3:28.76	3:28.48	q
	1:41.69	3:28.48 (1:46.79)				
6	De Jager, Isabella	11	Brave-CE	3:31.00	3:31.02	q
	1:44.28	3:31.02 (1:46.74)				
7	Harvett, Logan L	11	Stellenbosch Aquatics-CE	3:39.16	3:35.87	q
	1:43.75	3:35.87 (1:52.12)				
8	Burger, Marguerite	11	Swartland Aquatics-WC	3:32.74	3:36.30	q
	1:45.78	3:36.30 (1:50.52)				
9	Jansen Van Rensburg, MACKENZI	11	Knysna Aquatics-ED	3:33.91	3:38.67	
	1:47.22	3:38.67 (1:51.45)				
10	Fakier, Ayesha i	11	Cape Town Otters-CP	3:42.65	3:39.11	
	1:44.13	3:39.11 (1:54.98)				
11	Bruwer, Leané	11	Swartland Aquatics-WC	3:45.27	3:40.80	
	1:45.31	3:40.80 (1:55.49)				
12	Nicholson, Gemma	10	Swimlab Aquatic Academ-CP	3:42.86	3:40.81	
	1:47.36	3:40.81 (1:53.45)				
13	Schenck, Maya K	11	Tygerberg Aquatics-CP	3:39.42	3:42.88	
	1:48.40	3:42.88 (1:54.48)				
14	Muijs, Emily C	11	Stellenbosch Aquatics-CE	3:38.95	3:44.40	
	1:49.87	3:44.40 (1:54.53)				
15	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	4:21.05	3:57.58	
	1:55.64	3:57.58 (2:01.94)				
16	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	3:45.94	4:00.38	
	1:54.34	4:00.38 (2:06.04)				

Event 401 Girls 12-13 200 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Horn, Anna	13	Xcel Swim Academy-CP	2:53.12	2:46.55	
	1:23.16	2:46.55 (1:23.39)				
2	Johnson, Ella J	12	Cape Town Otters-CP	3:02.18	2:52.17	
	1:23.55	2:52.17 (1:28.62)				
3	Williams, Aqeelah	13	Uwc Aquatics-CP	3:10.41	3:02.65	
	1:28.56	3:02.65 (1:34.09)				
4	Louw, Mali R	13	Players-CE	3:10.30	3:06.30	
	1:28.97	3:06.30 (1:37.33)				
5	Julies, Grace J	12	Xcel Swim Academy-CP	3:08.08	3:06.37	
	1:30.28	3:06.37 (1:36.09)				
6	Venter, Ané	12	Fish Eagle Aquatics-ED	3:10.62	3:08.93	
	1:32.01	3:08.93 (1:36.92)				
7	Newkirk, Gia	12	Tygerberg Aquatics-CP	3:08.34	3:09.24	
	1:26.96	3:09.24 (1:42.28)				
8	Retief, Jane	13	Lane Leader Stellenbosch-CE	3:12.40	3:09.64	
	1:31.38	3:09.64 (1:38.26)				

Event 401 Girls 12-13 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Horn, Anna	13	Xcel Swim Academy-CP	2:48.31	2:53.12	q
	1:25.11	2:53.12 (1:28.01)				
2	Johnson, Ella J	12	Cape Town Otters-CP	2:55.54	3:02.18	q
	1:27.65	3:02.18 (1:34.53)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 401 Girls 12-13 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Julies, Grace J	12	Xcel Swim Academy-CP	3:05.48	3:08.08	q
	1:31.38	3:08.08 (1:36.70)				
4	Newkirk, Gia	12	Tygerberg Aquatics-CP	3:11.50	3:08.34	q
	1:28.76	3:08.34 (1:39.58)				
5	Louw, Mali R	13	Players-CE	3:10.03	3:10.30	q
	1:28.38	3:10.30 (1:41.92)				
6	Williams, Aqeelah	13	Uwc Aquatics-CP	3:09.43	3:10.41	q
	1:33.84	3:10.41 (1:36.57)				
7	Venter, Ané	12	Fish Eagle Aquatics-ED	3:11.59	3:10.62	q
	1:33.12	3:10.62 (1:37.50)				
8	Retief, Jane	13	Lane Leader Stellenbosch-CE	3:14.95	3:12.40	q
	1:32.68	3:12.40 (1:39.72)				
9	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	3:07.90	3:12.89	
	1:34.78	3:12.89 (1:38.11)				
10	Pretorius, Kara	13	Sport Science Institute of SA-CP	3:04.08	3:13.86	
	1:32.78	3:13.86 (1:41.08)				
11	Olivier, Gianna G	12	Paarl Aquarius SC-CE	3:20.85	3:14.30	
	1:35.08	3:14.30 (1:39.22)				
12	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	3:21.04	3:14.40	
	1:36.37	3:14.40 (1:38.03)				
13	Grebe, Ava	13	Curro Hermanus Aquatics-OB	3:09.33	3:14.87	
	1:33.12	3:14.87 (1:41.75)				
14	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	3:06.72	3:16.80	
	1:32.92	3:16.80 (1:43.88)				
15	Kalapac, Lexi	12	Streamline Aquatics-CP	3:09.73	3:17.19	
	1:32.52	3:17.19 (1:44.67)				
16	Voysey, Ella N	12	Aqua Sharks Academy-CP	3:15.24	3:17.44	
	1:35.53	3:17.44 (1:41.91)				
17	Knott, Cayleigh	12	Aqua Sharks Academy-CP	3:21.47	3:18.82	
	1:35.73	3:18.82 (1:43.09)				
18	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	3:09.40	3:19.57	
	1:36.52	3:19.57 (1:43.05)				
19	Haldane, Bella	12	Fish Eagle Aquatics-ED	3:21.60	3:19.75	
	1:37.32	3:19.75 (1:42.43)				
20	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	3:24.27	3:20.61	
	1:39.63	3:20.61 (1:40.98)				
21	Normington, Olivia	12	Xcel Swim Academy-CP	3:13.51	3:20.67	
	1:37.90	3:20.67 (1:42.77)				
22	Cupido, Kirsten	12	Cybersmart Aquatics-CP	3:32.07	3:22.28	
	1:39.94	3:22.28 (1:42.34)				
23	Koegelenberg, Emily	13	Xcel Swim Academy-CP	3:26.17	3:22.92	
	1:40.08	3:22.92 (1:42.84)				
24	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	3:16.53	3:23.62	
	1:37.13	3:23.62 (1:46.49)				
25	Gilligan, Saskia	12	Blouberg Marlins-CP	3:29.98	3:23.82	
	1:36.58	3:23.82 (1:47.24)				
26	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	3:38.83	3:24.35	
	1:36.07	3:24.35 (1:48.28)				
27	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	3:45.21	3:24.98	
	1:38.96	3:24.98 (1:46.02)				
28	Lloyd, Jemma A	13	Vineyard SC-CP	3:25.61	3:25.75	
	1:40.86	3:25.75 (1:44.89)				
29	Van Zyl, Neanè	12	Greydogs Swimming Club-CP	3:22.27	3:25.89	
	1:37.59	3:25.89 (1:48.30)				
30	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	3:26.35	3:27.89	
	1:40.11	3:27.89 (1:47.78)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 401 Girls 12-13 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time
31	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	3:23.17	3:28.26
	1:39.99	3:28.26 (1:48.27)			
32	Wink, Leonie	13	Vineyard SC-CP	3:27.79	3:28.45
	1:41.09	3:28.45 (1:47.36)			
33	Onkruid, Gianna R	12	Uwc Aquatics-CP	3:22.52	3:31.49
	1:39.93	3:31.49 (1:51.56)			
34	Lockitch, Zara	13	Cybersmart Aquatics-CP	3:23.55	3:31.54
	1:45.01	3:31.54 (1:46.53)			
35	Sebastian, Catherine	12	Manta SC-CP	3:46.99	3:33.88
	1:41.66	3:33.88 (1:52.22)			
36	Noble, Lea L	12	Blouberg Marlins-CP	3:49.01	3:34.32
	1:42.54	3:34.32 (1:51.78)			
37	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	3:29.81	3:35.14
	1:41.98	3:35.14 (1:53.16)			
38	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	3:31.27	3:35.35
	1:43.98	3:35.35 (1:51.37)			
39	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	3:45.05	3:35.75
	1:45.03	3:35.75 (1:50.72)			
40	Kruger, Zoe	13	Lane Leader Stellenbosch-CE	3:20.94	3:37.64
	1:42.06	3:37.64 (1:55.58)			
41	Arenz, Jessica	12	Sport Science Institute of SA-CP	3:33.48	3:40.14
	1:45.14	3:40.14 (1:55.00)			
42	Kimani, Luisa	12	Cybersmart Aquatics-CP	3:30.92	3:40.76
	1:44.47	3:40.76 (1:56.29)			
43	Marais, Lily E	12	Fish Eagle Aquatics-ED	3:52.38	3:41.95
	1:47.86	3:41.95 (1:54.09)			
44	Schoeman, Liné	12	Fish Eagle Aquatics-ED	3:30.40	3:46.38
	1:45.39	3:46.38 (2:00.99)			
---	Anthony, Jazmin A	13	Paarl Aquarius SC-CE	3:20.32	DQ
	1:40.90	DQ (1:52.96)			
---	Le Roux, Zanli	12	Agulhas Aquatics-OB	3:30.05	DQ
	1:38.84	DQ (1:52.55)			

Event 401 Women 14-15 200 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:45.41	2:44.45
	1:20.10	2:44.45 (1:24.35)			
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	2:57.11	2:54.26
	1:24.86	2:54.26 (1:29.40)			
3	Grobler, Zané	15	Waterbender Aquatics Club-ED	2:59.83	2:57.81
	1:27.13	2:57.81 (1:30.68)			
4	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	3:02.65	2:57.91
	1:25.96	2:57.91 (1:31.95)			
5	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	3:04.60	2:58.85
	1:22.41	2:58.85 (1:36.44)			
6	Cronjé, Miané	14	Fish Eagle Aquatics-ED	3:07.09	3:02.42
	1:27.28	3:02.42 (1:35.14)			
7	Heldsinger, Alexa L	14	Sport Science Institute of SA-CP	3:06.69	3:03.50
	1:28.04	3:03.50 (1:35.46)			
8	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	3:05.84	3:10.64
	1:31.20	3:10.64 (1:39.44)			

Event 401 Women 14-15 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:42.40	2:45.41 q
	1:20.27	2:45.41 (1:25.14)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 401 Women 14-15 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	2:50.78	2:57.11	q
	1:24.82	2:57.11 (1:32.29)				
3	Grobler, Zané	15	Waterbender Aquatics Club-ED	2:55.29	2:59.83	q
	1:28.58	2:59.83 (1:31.25)				
4	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	3:02.00	3:02.65	q
	1:29.74	3:02.65 (1:32.91)				
5	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	2:55.73	3:04.60	q
	1:28.95	3:04.60 (1:35.65)				
6	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	3:20.85	3:05.84	q
	1:28.55	3:05.84 (1:37.29)				
7	Heldsinger, Alexa L	14	Sport Science Institute of SA-CP	2:59.03	3:06.69	q
	1:31.13	3:06.69 (1:35.56)				
8	Cronjé, Miané	14	Fish Eagle Aquatics-ED	3:07.53	3:07.09	q
	1:29.83	3:07.09 (1:37.26)				
9	Mare, Isabella	14	Curro Aquatic Swim Club-CP	3:02.61	3:07.76	
	1:30.67	3:07.76 (1:37.09)				
10	Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	3:05.46	3:08.86	
	1:31.48	3:08.86 (1:37.38)				
11	Barnard, Adelmari D	15	Elite Swimming Academy-CE	3:06.98	3:08.95	
	1:30.17	3:08.95 (1:38.78)				
12	McAfee, Holly B	15	Fish Eagle Aquatics-ED	3:13.85	3:14.18	
	1:33.41	3:14.18 (1:40.77)				
13	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	3:10.77	3:16.17	
	1:34.86	3:16.17 (1:41.31)				
14	Abrahams, Amaani	14	Marlin Swimming Club-CP	3:11.58	3:16.41	
	1:34.69	3:16.41 (1:41.72)				
15	Schou, Lexi	15	Silver Fins Swimming Club-CP	3:13.82	3:29.20	
	1:35.93	3:29.20 (1:53.27)				
16	Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	3:30.56	3:30.30	
	1:42.73	3:30.30 (1:47.57)				

Event 401 Women 16 & Over 200 LC Meter Breaststroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Cope, Morgan M	19	Lane Leader Stellenbosch-CE	2:48.62	2:43.52
	1:20.94	2:43.52 (1:22.58)			
2	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	2:59.81	2:55.05
	1:24.54	2:55.05 (1:30.51)			
3	Combrink, Amy	16	Vineyard SC-CP	2:57.82	2:55.14
	1:23.63	2:55.14 (1:31.51)			
4	Coleman, Madison	16	Blouberg Marlins-CP	2:59.13	2:55.47
	1:26.57	2:55.47 (1:28.90)			
5	Morris, Jenna	16	Vineyard SC-CP	3:05.00	3:00.60
	1:27.76	3:00.60 (1:32.84)			
6	Visser, Sandri	16	Players-CE	3:18.55	3:13.14
	1:32.23	3:13.14 (1:40.91)			
7	Jephta, Ra-eesa	20	Manta SC-CP	3:33.37	3:26.50
	1:38.69	3:26.50 (1:47.81)			

Event 401 Women 16 & Over 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Cope, Morgan M	19	Lane Leader Stellenbosch-CE	2:30.87	2:48.62
	1:22.13	2:48.62 (1:26.49)			q
2	Combrink, Amy	16	Vineyard SC-CP	2:45.53	2:57.82
	1:26.08	2:57.82 (1:31.74)			q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 401 Women 16 & Over 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Prelim Time	
3	Coleman, Madison	16	Blouberg Marlins-CP	2:54.29	2:59.13	q
	1:27.19	2:59.13 (1:31.94)				
4	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	2:55.44	2:59.81	q
	1:27.00	2:59.81 (1:32.81)				
5	Morris, Jenna	16	Vineyard SC-CP	2:53.73	3:05.00	q
	1:30.05	3:05.00 (1:34.95)				
6	Visser, Sandri	16	Players-CE	3:11.60	3:18.55	q
	1:34.90	3:18.55 (1:43.65)				
7	Jephta, Ra-eesa	20	Manta SC-CP	3:18.28	3:33.37	q
	1:40.88	3:33.37 (1:52.49)				

Event 402 Boys 11 & Under 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	34.51	34.08
2	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	36.14	34.88
3	Grobler, Reynhardt	11	The Well-CE	36.31	35.07
4	Cloete, Albert	11	Tygerberg Aquatics-CP	37.14	36.39
5	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	37.16	37.29
6	Kruger, Declan	11	Blouberg Marlins-CP	37.83	37.62
7	Joyce, Guy	11	Curro Aquatic Swim Club-CP	38.02	38.00
8	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	37.83	38.55

Event 402 Boys 11 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	35.16	34.51	q
2	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	35.92	36.14	q
3	Grobler, Reynhardt	11	The Well-CE	34.60	36.31	q
4	Cloete, Albert	11	Tygerberg Aquatics-CP	38.26	37.14	q
5	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	38.42	37.16	q
*6	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	38.68	37.83	q
*6	Kruger, Declan	11	Blouberg Marlins-CP	38.30	37.83	q
8	Joyce, Guy	11	Curro Aquatic Swim Club-CP	39.29	38.02	q
9	Spies, Judah J	11	Fish Eagle Aquatics-ED	39.16	38.15	
10	Gilligan, Cooper J	11	Blouberg Marlins-CP	37.95	38.16	
11	Michel, Hayden	11	Sport Science Institute of SA-CP	39.60	38.53	
12	Pieters, Cayden R	11	Swartland Aquatics-WC	37.97	38.59	
13	Edwards, Bryce	11	Cape Town Otters-CP	40.81	39.17	
14	Meets, Daniel	11	Aqua Sharks Academy-CP	40.51	39.40	
15	Horn, Ben	10	Xcel Swim Academy-CP	40.80	39.44	
16	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	42.04	40.05	
17	Naude, Niel P	11	Agulhas Aquatics-OB	40.24	40.41	
18	Kruger, Blake R	11	Swartland Aquatics-WC	41.12	40.57	
19	Eksteen, Pisces M	11	Xcel Swim Academy-CP	42.64	40.67	
20	Malherbe, Roz R	11	Brave-CE	41.97	40.69	
21	Stasch, Alexander G	11	Tygerberg Aquatics-CP	39.56	40.98	
22	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	41.26	41.08	
23	Askevold, Gunther J	11	Blouberg Marlins-CP	41.68	41.24	
24	Schutte, Ethan	10	Quick Silver Swimming Club-CP	41.11	41.30	
25	Bouffé, Hunter K	11	Knysna Aquatics-ED	39.50	41.46	
26	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	42.52	41.84	
27	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	44.43	42.13	
28	Mare, Ilan	11	Curro Aquatic Swim Club-CP	43.23	42.30	
29	Pieterse, Christoff C	10	Stellenbosch Aquatics-CE	41.43	42.52	
30	Spreeth, Barend P	11	Swartland Aquatics-WC	43.32	42.66	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 402 Boys 11 & Under 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
31	Kemp, André D	10	Agulhas Aquatics-OB	42.82	43.16
32	Vincent, Joshua	10	Quick Silver Swimming Club-CP	44.78	43.59
33	Spangenberg, Luke A	11	Xcel Swim Academy-CP	44.51	43.90
34	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	44.70	44.13
35	Pretorius, Liam R	11	Tygerberg Aquatics-CP	45.69	44.30
36	De Nooy, Wyatt J	10	Lane Leader Stellenbosch-CE	43.91	44.55
37	Retief, Daniel	11	The Well-CE	46.68	45.30
38	Kruger, Zander	11	Lane Leader Stellenbosch-CE	50.05	47.62
39	Israel, Zayd	10	Sport Science Institute of SA-CP	50.17	50.32

Event 402 Boys 12-13 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	31.26	30.86
2	Kruger, Zachary C	13	Swartland Aquatics-WC	31.59	31.02
3	Barnard, Theo J	13	Swartland Aquatics-WC	32.85	31.89
4	Heunis, Le Roux	13	Tygerberg Aquatics-CP	32.96	33.18
5	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	32.58	33.46
6	Schabort, Lowen	12	Elite Swimming Academy-CE	33.46	33.70
7	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	33.68	34.23
8	Kleu, Wian M	12	Stellenbosch Aquatics-CE	33.64	34.36

Event 402 Boys 12-13 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	31.21	31.26 q
2	Kruger, Zachary C	13	Swartland Aquatics-WC	32.13	31.59 q
3	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	32.66	32.58 q
4	Barnard, Theo J	13	Swartland Aquatics-WC	32.99	32.85 q
5	Heunis, Le Roux	13	Tygerberg Aquatics-CP	33.16	32.96 q
6	Schabort, Lowen	12	Elite Swimming Academy-CE	35.19	33.46 q
7	Kleu, Wian M	12	Stellenbosch Aquatics-CE	35.23	33.64 q
8	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	34.78	33.68 q
9	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	34.72	34.22
10	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	34.53	34.24
11	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	35.49	34.55
12	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	34.46	34.76
13	Steyn, Harry	12	Aqua Sharks Academy-CP	35.23	35.22
14	Van der Merwe, Luan J	12	Uwc Aquatics-CP	35.47	35.32
15	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	36.41	35.42
16	Harder, Callum R	12	Vineyard SC-CP	35.82	35.43
17	Lewis, Amaru C	13	Paarl Aquarius SC-CE	36.37	35.62
18	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	35.64	35.68
19	Spies, Pierre J	13	Fish Eagle Aquatics-ED	37.35	35.98
*20	Lee, Daniel	12	Tygerberg Aquatics-CP	35.40	36.06
*20	Rossouw, Marais	12	Quick Silver Swimming Club-CP	36.26	36.06
22	King, Aidan J	13	Curro Aquatic Swim Club-CP	34.98	36.12
23	Sebastian, Alexander	12	Manta SC-CP	36.45	36.60
24	Louw, James	12	Vineyard SC-CP	35.74	36.63
25	Van Wyk, Adrian S	13	Lane Leader Stellenbosch-CE	37.82	36.72
26	Clark, Alexander L	12	Uwc Aquatics-CP	39.46	36.76
27	Brandt, Leroux	13	Fish Eagle Aquatics-ED	40.55	36.98
28	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	39.46	37.06
29	Kunihira, Ethan	13	Swimlab Aquatic Kampala	34.00	37.20
30	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	36.38	37.21

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 402 Boys 12-13 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
31	Coates, Caleb	13	Royal Swimming Academy-ED	35.31	37.35
32	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	38.59	37.47
*33	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	38.00	37.57
*33	Chiang, Adam	13	Vineyard SC-CP	37.92	37.57
35	Theunissen, Corné J	13	Aqua Sharks Academy-CP	38.13	37.75
36	Abrie, Ryn J	13	Curro Hermanus Aquatics-OB	37.25	37.89
37	Heunis, Johan C	12	Barracudas Aquarama SC-CP	38.32	38.10
38	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	41.46	38.13
39	O'Reilly, Shane B	13	Swimlab Aquatic Academ-CP	38.36	38.14
40	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	39.02	38.18
41	Lategan, Wessel W	13	Swartland Aquatics-WC	38.34	38.46
42	Newham, Christopher J	13	Tygerberg Aquatics-CP	38.43	38.52
43	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	39.41	38.53
*44	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	39.77	38.66
*44	Lange, Oliver	12	Vineyard SC-CP	38.94	38.66
46	Spangenberg, Zach A	12	Xcel Swim Academy-CP	37.91	38.67
*47	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	37.17	38.76
*47	Walters, Caleb	13	Quick Silver Swimming Club-CP	38.55	38.76
49	Naude, AJ J	13	Agulhas Aquatics-OB	39.05	38.95
50	Basson, Jan-Hugo D	12	The Well-CE	39.89	39.02
51	Neuhold, Sebastian	12	Vineyard SC-CP	39.22	39.73
52	Titus, Brody	12	Paarl Aquarius SC-CE	41.59	40.23
53	Parr, Riley C	12	Knysna Aquatics-ED	39.85	41.14
54	Malherbe, Max M	12	Brave-CE	42.79	43.16

Event 402 Men 14-15 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	28.79	28.50
2	Gilmour, Connor A	15	Streamline Aquatics-CP	29.12	28.95
3	Crabbe-Mann, Michael K	15	Unattached	29.75	29.89
4	Fernold, AJ	15	Waterbender Aquatics Club-ED	31.00	30.13
5	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	31.45	30.56
6	Durrans, Liam J	15	Stellenbosch Aquatics-CE	30.41	30.71
7	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	31.50	31.48
8	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	32.02	31.87

Event 402 Men 14-15 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	27.89	28.79 a
2	Gilmour, Connor A	15	Streamline Aquatics-CP	28.25	29.12 a
3	Crabbe-Mann, Michael K	15	Unattached	29.89	29.75 a
4	Durrans, Liam J	15	Stellenbosch Aquatics-CE	32.03	30.41 a
5	Fernold, AJ	15	Waterbender Aquatics Club-ED	30.73	31.00 a
6	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	31.57	31.45 a
7	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	30.89	31.50 a
8	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	31.87	32.02 a
9	Ganger, Zeke D	15	Marlin Swimming Club-CP	32.02	32.05
10	Daniels, Joshua D	15	Streamline Aquatics-CP	31.92	32.10
11	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	32.56	32.42
12	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	32.66	32.75
13	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	34.08	32.88
14	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	32.25	32.89
15	Williams, Evan B	15	Sport Science Institute of SA-CP	32.62	33.32

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 402 Men 14-15 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
16	Moodie, Zak	15	Blouberg Marlins-CP	34.33	33.72
17	Smit, Reynard-Gray	14	Streamline Aquatics-CP	34.34	33.87
18	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	32.22	34.13
19	Fortune, Yaseen	15	Manta SC-CP	35.01	34.42
20	Van Vondel, Roland	14	Tygerberg Aquatics-CP	33.15	35.00
21	Hucke, Tegan	14	Cape Town Otters-CP	34.62	35.21
22	Langeveldt, Christiano C	15	Alpha Swim Club-CP	35.22	35.61
23	De Jager, Eben	14	Brave-CE	35.93	35.75
24	De Jager, Joshua	15	Players-CE	37.22	36.76
25	Earle, Zack C	14	Fish Eagle Aquatics-ED	37.05	36.89
26	Ramorwesi, Oratilwe M	14	Swimlab Aquatic Academ-CP	34.09	36.91
27	Fortune, Hakeem	14	Manta SC-CP	37.54	37.56

Event 402 Men 16 & Over 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	27.01	27.47
2	Labuschagne, Jeremy	19	Lane Leader Stellenbosch-CE	27.81	27.74
3	Loots, Andre S	17	Lane Leader Stellenbosch-CE	28.01	27.88
4	Pretorius, Luuk E	17	Knysna Aquatics-ED	28.68	28.42
5	Trower, Nic T	16	Swimlab Aquatic Academ-CP	28.53	28.45
6	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	28.30	28.54
7	Coetzer, Milan J	18	Cybersmart Aquatics-CP	28.60	28.63
8	Myburgh, Ruan	17	Blouberg Marlins-CP	28.81	29.19
9	Norton, Trent A	19	Lane Leader Stellenbosch-CE	29.29	29.87
10	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	29.42	30.01
11	Basson, Lucca N	16	Aqua Athlete Cta-CP	30.86	30.44
12	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	30.19	30.48
13	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	31.00	30.81
14	Moolman, Carter S	17	Manta SC-CP	31.18	31.40
15	Karsten, Jody	18	Blouberg Marlins-CP	31.00	31.42
16	Bowers, Joshua A	22	Manta SC-CP	31.36	31.76

Event 402 Men 16 & Over 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	26.48	27.01 q
2	Labuschagne, Jeremy	19	Lane Leader Stellenbosch-CE	28.29	27.81 q
3	Loots, Andre S	17	Lane Leader Stellenbosch-CE	27.64	28.01 q
4	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	28.27	28.30 q
5	Trower, Nic T	16	Swimlab Aquatic Academ-CP	28.86	28.53 q
6	Coetzer, Milan J	18	Cybersmart Aquatics-CP	27.63	28.60 q
7	Pretorius, Luuk E	17	Knysna Aquatics-ED	27.38	28.68 q
8	Myburgh, Ruan	17	Blouberg Marlins-CP	28.30	28.81 q
9	Norton, Trent A	19	Lane Leader Stellenbosch-CE	28.13	29.29 q
10	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	28.32	29.42 q
11	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	29.84	30.19 q
12	Basson, Lucca N	16	Aqua Athlete Cta-CP	30.04	30.86 q
*13	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	30.28	31.00 q
*13	Karsten, Jody	18	Blouberg Marlins-CP	30.33	31.00 q
15	Moolman, Carter S	17	Manta SC-CP	30.13	31.18 q
16	Bowers, Joshua A	22	Manta SC-CP	31.57	31.36 q
17	Heyes, Garrick T	17	Aqua Sharks Academy-CP	30.42	31.50
18	Louw, Guillaume	22	Curro Aquatic Swim Club-CP	29.78	31.56
19	Cleophas, Kyle	16	Paarl Aquarius SC-CE	31.57	31.65

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 402 Men 16 & Over 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
20	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	30.49	31.68
21	Lategan, Nicky N	16	Swartland Aquatics-WC	33.55	31.79
22	Viljoen, Jaden R	17	Aqua Sharks Academy-CP	30.20	31.81
23	Burmeister, Marius	17	Brave-CE	31.53	32.00
24	De Jager, Nathan B	17	Aqua Sharks Academy-CP	31.50	32.03
25	Van der Watt, Alpheus J	17	Players-CE	31.53	32.13
26	Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	32.76	33.16
27	Yiorkas, Yiorgos	16	Bloemfontein Otters-MA	34.29	34.73
28	Holland-Muter, Jesse	16	Swartland Aquatics-WC	34.89	34.91

Event 403 Girls 11 & Under 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	34.26	33.61
2	Daniels, Emily G	11	Xcel Swim Academy-CP	35.80	35.11
3	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	35.95	37.24
4	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	38.33	37.82
5	Scheffer, Shaylee C	11	Uwc Aquatics-CP	38.33	38.92
6	Schenck, Maya K	11	Tygerberg Aquatics-CP	41.24	39.80
7	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	40.63	39.98
8	Glass, Gabi	11	Swimlab Aquatic Academ-CP	40.81	40.13

Event 403 Girls 11 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	34.15	34.26 a
2	Daniels, Emily G	11	Xcel Swim Academy-CP	35.00	35.80 a
3	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	38.43	35.95 a
*4	Scheffer, Shaylee C	11	Uwc Aquatics-CP	38.45	38.33 a
*4	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	38.04	38.33 a
6	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	43.19	40.63 a
7	Glass, Gabi	11	Swimlab Aquatic Academ-CP	41.71	40.81 a
8	Schenck, Maya K	11	Tygerberg Aquatics-CP	40.70	41.24 a
9	Richards, Emma E	11	Swimlab Aquatic Academ-CP	43.67	41.32
10	Van Wyk, Annabelle	11	Lane Leader Stellenbosch-CE	43.79	41.35
11	Lacovig, Sofia G	11	Lane Leader Stellenbosch-CE	42.69	41.49
12	Keun, Lente	10	Vineyard SC-CP	43.31	41.62
13	De Lange, Niah	10	Curro Aquatic Swim Club-CP	43.57	42.05
14	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	43.11	42.12
15	Koen, Elmi	11	Elite Swimming Academy-CE	43.71	42.19
16	Kriel, Leah	11	Greydogs Swimming Club-CP	41.99	42.29
17	Harvett, Logan L	11	Stellenbosch Aquatics-CE	43.10	42.63
18	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	43.49	42.76
19	Sinclair, Sarah F	10	Knysna Aquatics-ED	43.81	42.99
20	Jaftha, Mercedes A	11	Manta SC-CP	44.34	43.53
21	Nicholson, Gemma	10	Swimlab Aquatic Academ-CP	43.41	43.59
22	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	42.62	43.78
23	Louw, Milea	11	Tygerberg Aquatics-CP	42.28	43.93
24	De Jager, Isabella	11	Brave-CE	46.78	45.83
25	Ferrao, Zara E	10	Sport Science Institute of SA-CP	50.37	46.50
26	Burger, Marguerite	11	Swartland Aquatics-WC	47.18	47.33

Event 403 Girls 12-13 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	32.72	32.73

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 403 Girls 12-13 50 LC Meter Backstroke)**

	Name	Age	Team	Prelim Time	Finals Time
2	Boshoff, Anja	13	Tygerberg Aquatics-CP	33.86	33.14
3	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	33.72	33.55
4	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	34.90	34.46
5	Dabrowski, Leah A	12	Blouberg Marlins-CP	34.73	34.59
6	Barthus, Alessia	12	Manta SC-CP	34.78	34.77
7	Van Dyk, Zani	13	Aqua Sharks Academy-CP	34.88	34.96
---	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	30.28	DQ

Event 403 Girls 12-13 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	29.16	30.28 q
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	32.48	32.72 q
3	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	33.78	33.72 q
4	Boshoff, Anja	13	Tygerberg Aquatics-CP	33.21	33.86 q
5	Dabrowski, Leah A	12	Blouberg Marlins-CP	34.19	34.73 q
6	Barthus, Alessia	12	Manta SC-CP	35.60	34.78 q
7	Van Dyk, Zani	13	Aqua Sharks Academy-CP	35.61	34.88 q
8	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	34.27	34.90 q
9	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	34.61	34.94
10	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	34.52	34.99
11	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	33.44	35.27
12	Haldane, Bella	12	Fish Eagle Aquatics-ED	35.35	35.62
13	Parker, Leila E	12	Sport Science Institute of SA-CP	35.75	35.67
14	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	36.04	36.34
15	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	35.97	36.36
16	Venter, Ané	12	Fish Eagle Aquatics-ED	38.57	36.48
17	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	37.63	36.80
18	Gilligan, Saskia	12	Blouberg Marlins-CP	38.61	37.22
19	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	36.63	37.23
20	Matthee, Zarah	12	Uwc Aquatics-CP	38.27	37.44
21	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	37.40	37.58
22	Roff, Mikaela	13	Royal Swimming Academy-ED	37.60	37.89
*23	Lloyd, Jemma A	13	Vineyard SC-CP	37.32	37.94
*23	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	37.97	37.94
25	Muriro, Neema K	13	Cape Town Otters-CP	39.10	38.05
26	Noble, Lea L	12	Blouberg Marlins-CP	39.76	38.08
27	Koegelenberg, Emily	13	Xcel Swim Academy-CP	37.90	38.25
28	Nel, Olivia	12	Curro Langebaan Aquatics-WC	39.56	38.27
29	Pretorius, Kara	13	Sport Science Institute of SA-CP	37.92	38.36
30	Burger, Johané	13	Royal Swimming Academy-ED	38.69	38.42
31	Sprong, Jaime M	12	Aqua Sharks Academy-CP	38.42	38.44
32	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	38.61	38.67
33	Adams, Tatum	12	Paarl Aquarius SC-CE	40.07	38.69
34	Eyssen, Sky	13	Manta SC-CP	39.69	38.88
*35	Tranter, Alexia R	12	Sport Science Institute of SA-CP	38.35	38.89
*35	Longueira, Ava L	13	Aqua Sharks Academy-CP	36.81	38.89
37	Dornbrack, Lea	12	The Well-CE	38.31	38.95
38	Malan, Lua B	13	Players-CE	37.15	38.96
39	Lemmer, Sia	12	Elite Swimming Academy-CE	39.85	39.30
40	Van Zyl, Neanè	12	Greydogs Swimming Club-CP	41.86	39.36
41	Cozyn, Nuhaa	13	Manta SC-CP	40.30	39.44
42	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	40.03	39.61
43	De Wit, Rua	13	Curro Aquatic Swim Club-CP	40.68	39.75
44	Breytenbach, Amore	13	Elite Swimming Academy-CE	40.46	39.84

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 403 Girls 12-13 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
45	Arenz, Jessica	12	Sport Science Institute of SA-CP	41.32	39.98
46	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	41.70	40.00
47	Kalapac, Lexi	12	Streamline Aquatics-CP	38.37	40.30
48	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	40.99	40.35
49	Sebastian, Catherine	12	Manta SC-CP	44.29	40.38
50	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	43.79	40.55
51	Smit, Dione	12	Curro Aquatic Swim Club-CP	40.30	40.70
52	Van de Vyver, Mia	13	Elite Swimming Academy-CE	39.80	40.77
53	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	40.60	40.99
54	Marais, Lily E	12	Fish Eagle Aquatics-ED	43.03	41.71
55	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	42.65	42.67
56	Kruger, Zoe	13	Lane Leader Stellenbosch-CE	46.04	44.25

Event 403 Women 14-15 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	31.81	31.66
2	De Villiers, Anja	14	Tygerberg Aquatics-CP	33.49	33.25
3	Riley, Logan	15	Curro Aquatic Swim Club-CP	33.83	33.58
4	Saayman, Nika D	15	Players-CE	33.75	33.79
5	Visser, Cara	15	Cybersmart Aquatics-CP	33.84	33.90
6	Holman, Acaylia	15	Marlin Swimming Club-CP	34.22	34.22
7	Coetzee, Liane	14	Players-CE	34.09	34.40
8	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	34.33	34.92

Event 403 Women 14-15 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	32.15	31.81 q
2	Bayly, Arabella	14	Vineyard SC-CP	30.30	32.08 q
3	De Villiers, Anja	14	Tygerberg Aquatics-CP	32.87	33.49 q
4	Saayman, Nika D	15	Players-CE	34.31	33.75 q
5	Riley, Logan	15	Curro Aquatic Swim Club-CP	32.62	33.83 q
6	Visser, Cara	15	Cybersmart Aquatics-CP	34.75	33.84 q
7	Coetzee, Liane	14	Players-CE	33.89	34.09 q
8	Holman, Acaylia	15	Marlin Swimming Club-CP	33.74	34.22 q
9	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	33.95	34.33
10	Esterhuysen, Alice	14	Waterbender Aquatics Club-ED	34.77	34.55
11	Fenner, Olivia M	14	Players-CE	34.55	35.12
12	Hager, Carle	15	Elite Swimming Academy-CE	34.80	35.19
13	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	34.89	35.27
14	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	35.80	35.47
15	De Beer, Isabella C	14	Players-CE	34.75	35.77
16	Coleman, Milan	14	Fish Eagle Aquatics-ED	37.44	35.79
17	Cronjé, Miané	14	Fish Eagle Aquatics-ED	36.03	35.99
18	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	35.31	36.09
19	Bull, Theia R	14	Curro Aquatic Swim Club-CP	35.89	36.29
20	Louw, Anieka	15	Curro Aquatic Swim Club-CP	34.96	36.57
21	McAfee, Holly B	15	Fish Eagle Aquatics-ED	37.01	36.69
22	Lourens, Mia	14	Curro Aquatic Swim Club-CP	37.18	36.89
23	Burger, Juanè	15	Curro Aquatic Swim Club-CP	35.73	36.99
24	Klopper, Minet	15	Lane Leader Stellenbosch-CE	36.60	37.02
25	Barkhuysen, Jani	14	Lane Leader Stellenbosch-CE	37.06	37.23
26	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	37.17	37.32
27	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	37.27	37.37

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 403 Women 14-15 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
28	Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	35.73	37.42
29	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	35.58	37.66
30	Schou, Lexi	15	Silver Fins Swimming Club-CP	36.44	39.00
31	Joubert, Elle	14	Players-CE	41.01	39.48
32	Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	39.90	41.30

Event 403 Women 16 & Over 50 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	30.35	30.00
2	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	30.41	30.28
3	Burgess, Cassidy S	17	Vineyard SC-CP	30.52	30.35
4	Smit, Jenna	18	TuksSwimming-TS	31.58	31.24
5	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	30.99	31.38
6	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	31.38	31.65
7	Combrink, Amy	16	Vineyard SC-CP	32.42	32.55
8	Lombard, Jana	18	Lane Leader Stellenbosch-CE	32.45	32.85
9	Trout, Sophia L	16	Vineyard SC-CP	32.54	32.91
10	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	33.65	33.31
11	Jurado, Stephanie C	17	Vineyard SC-CP	33.67	33.51
12	Morais, Nyriam W	16	Uwc Aquatics-CP	33.81	33.98
13	Vd Merwe, Mi-Ly	16	Lane Leader Stellenbosch-CE	34.03	34.03
14	Morris, Jenna	16	Vineyard SC-CP	34.40	34.06
15	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	34.00	34.20
16	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	34.27	35.03

Event 403 Women 16 & Over 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	28.92	30.35 a
2	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	29.71	30.41 a
3	Burgess, Cassidy S	17	Vineyard SC-CP	29.55	30.52 a
4	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	30.08	30.99 a
5	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	30.38	31.38 a
6	Smit, Jenna	18	TuksSwimming-TS	30.90	31.58 a
7	Combrink, Amy	16	Vineyard SC-CP	31.92	32.42 a
8	Lombard, Jana	18	Lane Leader Stellenbosch-CE	30.93	32.45 a
9	Trout, Sophia L	16	Vineyard SC-CP	31.44	32.54 a
10	Du Plessis, Chanel P	18	Cybersmart Aquatics-CP	31.78	32.73 a
11	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	32.57	33.65 a
12	Jurado, Stephanie C	17	Vineyard SC-CP	33.38	33.67 a
13	Morais, Nyriam W	16	Uwc Aquatics-CP	35.42	33.81 a
14	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	32.32	34.00 a
15	Vd Merwe, Mi-Ly	16	Lane Leader Stellenbosch-CE	33.67	34.03 a
16	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	33.96	34.27 a
17	Morris, Jenna	16	Vineyard SC-CP	32.66	34.40
18	Coleman, Madison	16	Blouberg Marlins-CP	34.55	34.55
19	Huang, Shi Han A	16	Blouberg Marlins-CP	33.28	34.96
20	Juries, Sam C	16	Curro Langebaan Aquatics-WC	34.81	35.33
21	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	34.83	35.46
22	Burke, Hannah	16	Streamline Aquatics-CP	34.85	35.83
23	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	35.73	36.98
24	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	36.43	37.25
25	Hagglund, Emma H	16	Sport Science Institute of SA-CP	37.05	37.33
26	Visser, Sandri	16	Players-CE	39.25	39.31

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 404 Boys 11 & Under 200 LC Meter IM**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	2:48.06	2:40.40
	1:15.21	2:40.40 (1:25.19)			
2	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	2:56.55	2:48.18
	1:19.34	2:48.18 (1:28.84)			
3	Horn, Ben	10	Xcel Swim Academy-CP	2:57.31	2:54.02
	1:25.40	2:54.02 (1:28.62)			
4	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	2:55.62	2:54.90
	1:20.67	2:54.90 (1:34.23)			
5	Kruger, Declan	11	Blouberg Marlins-CP	3:03.99	3:01.44
	1:26.10	3:01.44 (1:35.34)			
6	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	3:01.03	3:02.42
	3:02.64	3:02.42 ()			
7	Joyce, Guy	11	Curro Aquatic Swim Club-CP	2:58.98	3:05.83
	1:24.69	3:05.83 (1:41.14)			
---	Pieters, Cayden R	11	Swartland Aquatics-WC	2:56.38	DQ
	1:23.71	DQ (1:32.73)			

Event 404 Boys 11 & Under 200 LC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	2:41.37	2:48.06 a
	1:19.98	2:48.06 (1:28.08)			
2	Kasner, James	11	Unattached	2:46.49	2:49.05 a
	1:20.20	2:49.05 (1:28.85)			
3	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	2:56.54	2:55.62 a
	1:22.26	2:55.62 (1:33.36)			
4	Pieters, Cayden R	11	Swartland Aquatics-WC	2:59.41	2:56.38 a
	1:25.24	2:56.38 (1:31.14)			
5	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	3:03.43	2:56.55 a
	1:26.95	2:56.55 (1:29.60)			
6	Horn, Ben	10	Xcel Swim Academy-CP	3:03.97	2:57.31 a
	1:26.68	2:57.31 (1:30.63)			
7	Joyce, Guy	11	Curro Aquatic Swim Club-CP	2:56.20	2:58.98 a
	1:24.97	2:58.98 (1:34.01)			
8	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	3:01.31	3:01.03 a
	1:26.00	3:01.03 (1:35.03)			
9	Kruger, Declan	11	Blouberg Marlins-CP	2:58.63	3:03.99
	1:29.60	3:03.99 (1:34.39)			
10	Cloete, Albert	11	Tygerberg Aquatics-CP	3:14.60	3:06.18
	1:23.35	3:06.18 (1:42.83)			
11	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	3:08.18	3:06.55
	1:31.22	3:06.55 (1:35.33)			
12	Kleynhans, Michael	11	Barracudas Aquarama SC-CP	3:09.33	3:07.17
	1:34.33	3:07.17 (1:32.84)			
13	Michel, Hayden	11	Sport Science Institute of SA-CP	3:10.95	3:07.23
	1:30.31	3:07.23 (1:36.92)			
14	Gilligan, Cooper J	11	Blouberg Marlins-CP	3:07.97	3:07.25
	1:27.09	3:07.25 (1:40.16)			
15	Naude, Niel P	11	Agulhas Aquatics-OB	3:14.32	3:08.16
	1:25.75	3:08.16 (1:42.41)			
16	Askevold, Gunther J	11	Blouberg Marlins-CP	3:13.82	3:08.59
	1:33.56	3:08.59 (1:35.03)			
17	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	3:07.13	3:09.65
	1:24.86	3:09.65 (1:44.79)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 404 Boys 11 & Under 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
18	Froneman, Nolan O	11	Blouberg Marlins-CP	3:12.94	3:10.99
	1:31.61	3:10.99 (1:39.38)			
19	Spies, Judah J	11	Fish Eagle Aquatics-ED	3:26.57	3:11.87
	1:27.71	3:11.87 (1:44.16)			
20	Gamieldien, Zuhair	11	Marlin Swimming Club-CP	3:13.22	3:12.50
21	Spangenberg, Luke A	11	Xcel Swim Academy-CP	3:20.88	3:13.76
	1:34.39	3:13.76 (1:39.37)			
22	Mallin, Aron	9	Swimlab Aquatic Academ-CP	3:22.19	3:15.64
	1:35.71	3:15.64 (1:39.93)			
23	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	3:27.32	3:16.29
	1:33.31	3:16.29 (1:42.98)			
24	Edwards, Bryce	11	Cape Town Otters-CP	3:27.44	3:17.04
	1:30.28	3:17.04 (1:46.76)			
25	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	3:29.47	3:20.91
	1:29.96	3:20.91 (1:50.95)			
26	Pretorius, Johan M	11	Elite Swimming Academy-CE	3:21.44	3:20.94
	1:35.18	3:20.94 (1:45.76)			
27	Eksteen, Pisces M	11	Xcel Swim Academy-CP	3:29.43	3:21.60
	1:41.48	3:21.60 (1:40.12)			
28	Kruger, Blake R	11	Swartland Aquatics-WC	3:18.82	3:21.80
	1:39.92	3:21.80 (1:41.88)			
29	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	3:32.46	3:23.19
	1:36.17	3:23.19 (1:47.02)			
30	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	3:23.37	3:23.76
	1:35.13	3:23.76 (1:48.63)			
31	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	3:25.68	3:26.50
	1:40.58	3:26.50 (1:45.92)			
32	Pretorius, Henri	11	Tygerberg Aquatics-CP	3:28.10	3:27.86
	1:41.24	3:27.86 (1:46.62)			
33	Stasch, Alexander G	11	Tygerberg Aquatics-CP	3:25.35	3:28.71
	1:38.52	3:28.71 (1:50.19)			
34	Bouffé, Hunter K	11	Knysna Aquatics-ED	3:25.43	3:30.81
	1:41.73	3:30.81 (1:49.08)			
35	Spreeth, Barend P	11	Swartland Aquatics-WC	3:31.56	3:30.83
	1:42.22	3:30.83 (1:48.61)			
36	Brevis, Kieran D	11	Curro Aquatic Swim Club-CP	3:42.29	3:34.72
	1:48.08	3:34.72 (1:46.64)			
37	Steyn, Francois D	11	Curro Aquatic Swim Club-CP	3:45.93	3:47.61
	1:57.33	3:47.61 (1:50.28)			
---	Schutte, Ethan	10	Quick Silver Swimming Club-CP	3:29.12	DQ
	1:36.94	DQ (1:42.92)			

Event 404 Boys 12-13 200 LC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	2:29.32	2:23.75
	1:08.98	2:23.75 (1:14.77)			
2	Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:27.42	2:23.88
	1:08.34	2:23.88 (1:15.54)			
3	Kruger, Zachary C	13	Swartland Aquatics-WC	2:33.34	2:30.82
	1:10.47	2:30.82 (1:20.35)			
4	Barnard, Theo J	13	Swartland Aquatics-WC	2:36.21	2:31.54
	1:09.69	2:31.54 (1:21.85)			
5	Barnard, Daniël B	13	Xcel Swim Academy-CP	2:36.17	2:35.03
	1:14.10	2:35.03 (1:20.93)			
6	Wagener, Tiaan H	13	Elite Swimming Academy-CE	2:36.83	2:36.33
	1:12.57	2:36.33 (1:23.76)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 404 Boys 12-13 200 LC Meter IM)**

Name	Age	Team	Prelim Time	Finals Time
7 Pautz, Benjamin R	13	Blouberg Marlins-CP	2:37.29	2:37.22
1:12.82	2:37.22 (1:24.40)			
8 Visagie, Dian	13	Swartland Aquatics-WC	2:36.38	2:37.47
1:12.87	2:37.47 (1:24.60)			

Event 404 Boys 12-13 200 LC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:28.72	2:27.42 a
1:09.90	2:27.42 (1:17.52)			
2 Hahn, Kyle H	13	Waterbender Aquatics Club-ED	2:25.50	2:29.32 a
1:11.91	2:29.32 (1:17.41)			
3 Kruger, Zachary C	13	Swartland Aquatics-WC	2:37.21	2:33.34 a
1:12.59	2:33.34 (1:20.75)			
4 Barnard, Daniël B	13	Xcel Swim Academy-CP	2:36.42	2:36.17 a
1:13.91	2:36.17 (1:22.26)			
5 Barnard, Theo J	13	Swartland Aquatics-WC	2:36.22	2:36.21 a
1:12.74	2:36.21 (1:23.47)			
6 Visagie, Dian	13	Swartland Aquatics-WC	2:41.49	2:36.38 a
1:12.77	2:36.38 (1:23.61)			
7 Wagener, Tiaan H	13	Elite Swimming Academy-CE	2:37.58	2:36.83 a
1:13.75	2:36.83 (1:23.08)			
8 Pautz, Benjamin R	13	Blouberg Marlins-CP	2:35.50	2:37.29 a
1:13.31	2:37.29 (1:23.98)			
9 Heunis, Le Roux	13	Tygerberg Aquatics-CP	2:43.90	2:39.44
1:14.81	2:39.44 (1:24.63)			
10 Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	2:42.83	2:40.22
1:15.75	2:40.22 (1:24.47)			
11 Schaefer, Daniel C	13	Players-CE	2:39.33	2:40.23
1:15.91	2:40.23 (1:24.32)			
12 Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	2:44.22	2:42.04
1:13.55	2:42.04 (1:28.49)			
13 February, Dillon S	13	Curro Aquatic Swim Club-CP	2:47.40	2:43.38
1:16.54	2:43.38 (1:26.84)			
14 Steyn, Harry	12	Aqua Sharks Academy-CP	2:45.15	2:45.41
1:16.69	2:45.41 (1:28.72)			
15 Van der Merwe, Luan J	12	Uwc Aquatics-CP	2:43.98	2:45.82
1:19.23	2:45.82 (1:26.59)			
16 Coates, Caleb	13	Royal Swimming Academy-ED	2:48.90	2:45.84
1:19.90	2:45.84 (1:25.94)			
17 Serfontein, John-Lourens	12	Royal Swimming Academy-ED	2:45.52	2:45.90
1:19.00	2:45.90 (1:26.90)			
18 Kunihiro, Ethan	13	Swimlab Aquatic Kampala	2:36.00	2:48.60
1:19.02	2:48.60 (1:29.58)			
19 Ellis, Alec C	13	Lane Leader Stellenbosch-CE	2:52.29	2:49.18
1:21.86	2:49.18 (1:27.32)			
20 Shipton, Christopher J	13	Quick Silver Swimming Club-CP	2:52.53	2:50.13
1:20.08	2:50.13 (1:30.05)			
21 Viljoen, Jagger F	12	Aqua Sharks Academy-CP	2:50.50	2:50.32
1:17.52	2:50.32 (1:32.80)			
22 Lewis, Amaru C	13	Paarl Aquarius SC-CE	2:52.88	2:50.75
1:19.62	2:50.75 (1:31.13)			
23 Snyders, Dylan	13	Curro Langebaan Aquatics-WC	2:55.09	2:50.83
1:21.97	2:50.83 (1:28.86)			
24 Schabort, Lowen	12	Elite Swimming Academy-CE	2:54.96	2:52.14
1:17.48	2:52.14 (1:34.66)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 404 Boys 12-13 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
25	Spies, Pierre J	13	Fish Eagle Aquatics-ED	3:02.12	2:52.66
	1:20.47	2:52.66 (1:32.19)			
26	Louw, James	12	Vineyard SC-CP	2:58.06	2:53.87
	1:20.50	2:53.87 (1:33.37)			
27	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	2:55.68	2:54.31
	1:24.44	2:54.31 (1:29.87)			
28	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	2:54.00	2:54.93
	1:28.37	2:54.93 (1:26.56)			
29	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	2:55.29	2:55.05
	1:23.32	2:55.05 (1:31.73)			
30	Sebastian, Alexander	12	Manta SC-CP	2:55.11	2:55.21
	1:23.42	2:55.21 (1:31.79)			
31	Schoeman, Mateo J	12	Elite Swimming Academy-CE	2:58.00	2:55.95
	1:26.46	2:55.95 (1:29.49)			
32	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	3:06.10	2:56.04
	1:24.08	2:56.04 (1:31.96)			
33	Clark, Alexander L	12	Uwc Aquatics-CP	2:58.44	2:56.17
	1:25.08	2:56.17 (1:31.09)			
34	Titus, Brody	12	Paarl Aquarius SC-CE	2:56.35	2:56.20
	1:24.83	2:56.20 (1:31.37)			
35	Laufs, Connor R	13	Cape Town Otters-CP	3:00.25	2:56.57
	1:26.48	2:56.57 (1:30.09)			
36	Lee, Daniel	12	Tygerberg Aquatics-CP	2:56.02	2:57.47
	1:25.16	2:57.47 (1:32.31)			
37	Perez Castellano, Emilio	12	Curro Aquatic Swim Club-CP	2:54.84	2:58.12
	1:25.91	2:58.12 (1:32.21)			
38	Spangenberg, Zach A	12	Xcel Swim Academy-CP	2:58.50	2:58.49
	1:24.69	2:58.49 (1:33.80)			
39	Lategan, Wessel W	13	Swartland Aquatics-WC	3:00.11	2:59.84
	1:27.42	2:59.84 (1:32.42)			
40	King, Aidan J	13	Curro Aquatic Swim Club-CP	3:09.50	3:02.12
	1:20.98	3:02.12 (1:41.14)			
41	Nel, Charles Paul	12	Quick Silver Swimming Club-CP	3:18.59	3:03.82
	1:27.54	3:03.82 (1:36.28)			
42	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	3:05.03	3:05.44
	1:28.81	3:05.44 (1:36.63)			
43	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	3:01.10	3:05.82
	1:28.02	3:05.82 (1:37.80)			
44	Heunis, Johan C	12	Barracudas Aquarama SC-CP	3:00.45	3:06.17
	1:24.83	3:06.17 (1:41.34)			
45	Harder, Callum R	12	Vineyard SC-CP	3:14.61	3:06.65
	1:24.41	3:06.65 (1:42.24)			
46	Kannemeyer, Luan	12	Quick Silver Swimming Club-CP	3:05.48	3:06.77
	1:30.34	3:06.77 (1:36.43)			
47	Smith, Zian	13	Curro Langebaan Aquatics-WC	3:24.67	3:07.86
	1:30.96	3:07.86 (1:36.90)			
48	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	3:12.60	3:09.57
	1:28.06	3:09.57 (1:41.51)			
49	Naude, AJ J	13	Agulhas Aquatics-OB	3:11.42	3:09.60
	1:31.70	3:09.60 (1:37.90)			
50	Neuhold, Sebastian	12	Vineyard SC-CP	3:13.30	3:16.82
	1:32.53	3:16.82 (1:44.29)			
51	Wustefeld-Janssens, Harry G	12	Stellenbosch Aquatics-CE	3:12.85	3:19.17
	1:36.27	3:19.17 (1:42.90)			
52	Samuels, Mason	13	Marlin Swimming Club-CP	3:13.29	3:20.39
	1:36.88	3:20.39 (1:43.51)			
53	O'Reilly, Shane B	13	Swimlab Aquatic Academ-CP	3:34.87	3:21.88
	1:23.86	3:21.88 (1:58.02)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 404 Boys 12-13 200 LC Meter IM)**

Name	Age	Team	Seed Time	Prelim Time
54 Botha, Andre	13	Tygerberg Aquatics-CP	3:26.07	3:22.50
1:36.20	3:22.50 (1:46.30)			

Event 404 Men 14-15 200 LC Meter IM

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	2:22.15	2:19.21
1:03.50	2:19.21 (1:15.71)			
2 Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	2:24.13	2:21.68
1:08.71	2:21.68 (1:12.97)			
3 Fernold, AJ	15	Waterbender Aquatics Club-ED	2:25.84	2:23.28
1:05.41	2:23.28 (1:17.87)			
4 Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:24.43	2:24.28
1:08.38	2:24.28 (1:15.90)			
5 Wing, James L	15	Curro Aquatic Swim Club-CP	2:24.49	2:24.63
1:08.92	2:24.63 (1:15.71)			
6 Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	2:27.86	2:25.70
1:07.87	2:25.70 (1:17.83)			
7 Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:28.33	2:26.79
1:09.33	2:26.79 (1:17.46)			
8 Fletcher, Tyler D	14	Knysna Aquatics-ED	2:28.00	2:28.33
1:09.74	2:28.33 (1:18.59)			

Event 404 Men 14-15 200 LC Meter IM

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	2:19.44	2:22.15 q
1:05.64	2:22.15 (1:16.51)			
2 Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	2:22.04	2:24.13 q
1:09.91	2:24.13 (1:14.22)			
3 Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:30.50	2:24.43 q
1:07.97	2:24.43 (1:16.46)			
4 Wing, James L	15	Curro Aquatic Swim Club-CP	2:26.20	2:24.49 q
1:09.38	2:24.49 (1:15.11)			
5 Fernold, AJ	15	Waterbender Aquatics Club-ED	2:21.44	2:25.84 q
1:07.51	2:25.84 (1:18.33)			
6 Goussard, Henry	15	Curro Aquatic Swim Club-CP	2:23.22	2:27.32 q
1:10.02	2:27.32 (1:17.30)			
7 Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	2:27.73	2:27.86 q
1:09.67	2:27.86 (1:18.19)			
8 Fletcher, Tyler D	14	Knysna Aquatics-ED	2:26.48	2:28.00 q
1:09.90	2:28.00 (1:18.10)			
9 Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:30.73	2:28.33
1:09.32	2:28.33 (1:19.01)			
10 Bouwer, Jason	15	Curro Aquatic Swim Club-CP	2:24.41	2:30.03
1:11.30	2:30.03 (1:18.73)			
11 Middleton, Josh C	14	Curro Hermanus Aquatics-OB	2:34.55	2:30.11
1:09.71	2:30.11 (1:20.40)			
12 Pieterse, Marcelle J	15	Xcel Swim Academy-CP	2:29.61	2:30.20
1:10.70	2:30.20 (1:19.50)			
13 Loots, Noah C	14	Aqua Sharks Academy-CP	2:21.80	2:30.59
1:09.97	2:30.59 (1:20.62)			
14 Boshoff, Keanu A	14	Knysna Aquatics-ED	2:24.75	2:30.79
1:13.30	2:30.79 (1:17.49)			
15 Spencer, Marcus W	14	Cybersmart Aquatics-CP	2:32.54	2:31.30
1:11.84	2:31.30 (1:19.46)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 404 Men 14-15 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
16	Liedeman, Mark	15	Swartland Aquatics-WC	2:29.83	2:32.03
	1:12.16	2:32.03 (1:19.87)			
17	Weber, Daniel	14	Players-CE	2:34.56	2:34.36
	1:13.09	2:34.36 (1:21.27)			
18	Trower, Michael	14	Streamline Aquatics-CP	2:30.67	2:34.66
	1:12.65	2:34.66 (1:22.01)			
19	Mkavea, Tasu	15	Uwc Aquatics-CP	2:28.93	2:34.83
	1:12.20	2:34.83 (1:22.63)			
20	Mansfield, Luke T	15	Stellenbosch Aquatics-CE	2:38.73	2:34.85
	1:17.11	2:34.85 (1:17.74)			
21	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	2:32.05	2:35.01
	1:14.53	2:35.01 (1:20.48)			
22	Crabbe-Mann, Michael K	15	Unattached	2:38.26	2:35.55
	1:09.45	2:35.55 (1:26.10)			
23	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	2:31.21	2:36.11
	1:16.61	2:36.11 (1:19.50)			
24	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	2:34.28	2:36.18
	1:12.60	2:36.18 (1:23.58)			
25	Coolen, Jonathan T	15	Stellenbosch Aquatics-CE	2:32.76	2:37.17
	1:13.64	2:37.17 (1:23.53)			
26	Francis, Ethan	14	Marlin Swimming Club-CP	2:36.27	2:37.25
	1:12.54	2:37.25 (1:24.71)			
27	Williams, Evan B	15	Sport Science Institute of SA-CP	2:31.54	2:37.39
	1:11.89	2:37.39 (1:25.50)			
28	Smit, Reynard-Gray	14	Streamline Aquatics-CP	2:34.50	2:37.65
	1:15.19	2:37.65 (1:22.46)			
29	Douries, Ean	14	Curro Aquatic Swim Club-CP	2:36.55	2:38.00
	1:17.07	2:38.00 (1:20.93)			
30	Faulkner, Callum E	14	Sport Science Institute of SA-CP	2:33.15	2:38.82
	1:16.38	2:38.82 (1:22.44)			
31	Durrans, Liam J	15	Stellenbosch Aquatics-CE	2:45.90	2:38.83
	1:11.16	2:38.83 (1:27.67)			
32	Addinall, Ethan	14	Manta SC-CP	2:39.77	2:39.40
	1:16.14	2:39.40 (1:23.26)			
33	Van Heerden, Christian	14	Aqua Athlete Cta-CP	2:34.81	2:39.89
	1:17.28	2:39.89 (1:22.61)			
34	van Aarde, Matthew D	14	Curro Aquatic Swim Club-CP	2:49.05	2:40.40
	1:14.29	2:40.40 (1:26.11)			
35	Rheeder, Liam M	15	Paarl Aquarius SC-CE	2:43.23	2:40.51
	1:14.27	2:40.51 (1:26.24)			
36	Oosthuizen, Ethan	15	Players-CE	2:44.42	2:40.99
	1:14.44	2:40.99 (1:26.55)			
37	Ganger, Zeke D	15	Marlin Swimming Club-CP	2:39.04	2:41.31
	1:16.78	2:41.31 (1:24.53)			
38	Smit, Christian F	14	Royal Swimming Academy-ED	2:43.31	2:42.85
	1:17.80	2:42.85 (1:25.05)			
39	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	2:40.45	2:42.92
	1:16.52	2:42.92 (1:26.40)			
40	Van Vondel, Roland	14	Tygerberg Aquatics-CP	2:37.48	2:43.56
	1:16.19	2:43.56 (1:27.37)			
41	Snyders, Reece	15	Uwc Aquatics-CP	2:41.55	2:44.58
	1:20.59	2:44.58 (1:23.99)			
42	Visser, Wessel M	14	Uwc Aquatics-CP	2:39.53	2:44.65
	1:20.07	2:44.65 (1:24.58)			
43	Krause, Luke	15	Curro Aquatic Swim Club-CP	2:43.07	2:45.12
	1:17.78	2:45.12 (1:27.34)			
44	Langeveldt, Christiano C	15	Alpha Swim Club-CP	2:42.65	2:45.25
	1:20.62	2:45.25 (1:24.63)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 404 Men 14-15 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
45	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	2:45.33	2:45.69
	1:16.48	2:45.69 (1:29.21)			
46	Niemand, Leo	14	Cybersmart Aquatics-CP	2:47.49	2:46.13
	1:14.91	2:46.13 (1:31.22)			
47	Gomez, Alex W	15	Marlin Swimming Club-CP	2:43.31	2:46.71
	1:23.35	2:46.71 (1:23.36)			
48	Bester, Daniël M	14	Elite Swimming Academy-CE	2:51.35	2:46.81
	1:20.49	2:46.81 (1:26.32)			
49	Gamieldien, Idreess	14	Marlin Swimming Club-CP	2:43.26	2:47.20
	1:20.98	2:47.20 (1:26.22)			
50	Froneman, Dylan R	14	Blouberg Marlins-CP	2:49.95	2:49.69
	1:19.30	2:49.69 (1:30.39)			
51	Pitout, Zachary J	14	Aqua Sharks Academy-CP	2:53.59	2:50.11
	1:21.02	2:50.11 (1:29.09)			
52	Hucke, Tegan	14	Cape Town Otters-CP	2:53.28	2:50.40
	1:23.39	2:50.40 (1:27.01)			
53	Trautman, Liam	14	Curro Hermanus Aquatics-OB	2:53.43	2:51.34
	1:23.72	2:51.34 (1:27.62)			
54	Earle, Zack C	14	Fish Eagle Aquatics-ED	3:00.77	2:51.44
	1:17.92	2:51.44 (1:33.52)			
55	October, Joshua D	14	Alpha Swim Club-CP	2:56.75	2:51.79
	1:22.96	2:51.79 (1:28.83)			

Event 404 Men 16 & Over 200 LC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	2:12.46	2:06.37
	1:01.74	2:06.37 (1:04.63)			
2	Boshoff, Juan C	20	TuksSwimming-TS	2:13.68	2:09.41
	59.40	2:09.41 (1:10.01)			
3	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	2:14.54	2:13.75
	1:04.76	2:13.75 (1:08.99)			
4	Heslop, Jonathan V	22	TuksSwimming-TS	2:17.39	2:16.12
	1:04.73	2:16.12 (1:11.39)			
5	Trower, Nic T	16	Swimlab Aquatic Academ-CP	2:16.93	2:16.55
	1:04.05	2:16.55 (1:12.50)			
6	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	2:16.69	2:16.97
	1:02.19	2:16.97 (1:14.78)			
7	Terblanche, Luan L	17	Tygerberg Aquatics-CP	2:18.42	2:18.30
	1:05.91	2:18.30 (1:12.39)			
8	Myburgh, Ruan	17	Blouberg Marlins-CP	2:18.82	2:18.80
	1:05.47	2:18.80 (1:13.33)			
9	Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	2:19.89	2:19.25
	1:06.52	2:19.25 (1:12.73)			
10	Jani, Tawanda	18	Cybersmart Aquatics-CP	2:19.99	2:19.52
	1:08.58	2:19.52 (1:10.94)			
11	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	2:22.44	2:20.31
	1:07.35	2:20.31 (1:12.96)			
12	Karsten, Jody	18	Blouberg Marlins-CP	2:23.79	2:22.54
	1:07.68	2:22.54 (1:14.86)			
13	Allott, Jack R	17	Aqua Athlete Cta-CP	2:25.27	2:25.76
	1:07.12	2:25.76 (1:18.64)			
14	Pautz, Nathan M	17	Blouberg Marlins-CP	2:28.04	2:26.73
	1:10.89	2:26.73 (1:15.84)			
15	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	2:27.85	2:29.27
	1:08.41	2:29.27 (1:20.86)			
16	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	2:26.54	2:30.91
	1:13.01	2:30.91 (1:17.90)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 404 Men 16 & Over 200 LC Meter IM**

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	2:06.54	2:12.46	q
	1:05.44	2:12.46	(1:07.02)			
2	Boshoff, Juan C	20	TuksSwimming-TS	2:06.51	2:13.68	q
	1:02.17	2:13.68	(1:11.51)			
3	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	2:07.67	2:14.54	q
	1:07.45	2:14.54	(1:07.09)			
4	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	2:14.90	2:16.69	q
	1:02.44	2:16.69	(1:14.25)			
5	Trower, Nic T	16	Swimlab Aquatic Academ-CP	2:10.90	2:16.93	q
	1:03.43	2:16.93	(1:13.50)			
6	Heslop, Jonathan V	22	TuksSwimming-TS	2:12.76	2:17.39	q
	1:04.16	2:17.39	(1:13.23)			
7	Terblanche, Luan L	17	Tygerberg Aquatics-CP	2:17.51	2:18.42	q
	1:05.99	2:18.42	(1:12.43)			
8	Myburgh, Ruan	17	Blouberg Marlins-CP	2:15.93	2:18.82	q
	1:04.59	2:18.82	(1:14.23)			
9	Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	2:16.80	2:19.89	q
	1:07.24	2:19.89	(1:12.65)			
10	Jani, Tawanda	18	Cybersmart Aquatics-CP	2:17.32	2:19.99	q
	1:07.97	2:19.99	(1:12.02)			
11	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	2:22.57	2:22.44	q
	1:07.59	2:22.44	(1:14.85)			
12	Karsten, Jody	18	Blouberg Marlins-CP	2:17.72	2:23.79	q
	1:09.00	2:23.79	(1:14.79)			
13	Southworth, Matthew W	17	Cybersmart Aquatics-CP	2:22.34	2:24.21	q
	1:09.21	2:24.21	(1:15.00)			
14	Allott, Jack R	17	Aqua Athlete Cta-CP	2:22.45	2:25.27	q
	1:08.18	2:25.27	(1:17.09)			
15	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	2:26.32	2:26.54	q
	1:11.11	2:26.54	(1:15.43)			
16	McPetrie, James L	18	Manta SC-CP	2:28.07	2:27.11	q
	1:06.76	2:27.11	(1:20.35)			
17	De Kock, John P	16	Stellenbosch Aquatics-CE	2:18.29	2:27.73	
	1:07.79	2:27.73	(1:19.94)			
18	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	2:24.85	2:27.85	
	1:09.28	2:27.85	(1:18.57)			
19	Pautz, Nathan M	17	Blouberg Marlins-CP	2:22.78	2:28.04	
	1:13.38	2:28.04	(1:14.66)			
20	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	2:30.24	2:31.12	
	1:08.95	2:31.12	(1:22.17)			
21	Basson, Lucca N	16	Aqua Athlete Cta-CP	2:27.06	2:31.13	
	1:09.10	2:31.13	(1:22.03)			
22	Solomon, Ethan	17	Alpha Swim Club-CP	2:30.42	2:31.16	
	1:11.71	2:31.16	(1:19.45)			
23	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	2:29.99	2:32.17	
	1:11.78	2:32.17	(1:20.39)			
24	Lategan, Nicky N	16	Swartland Aquatics-WC	2:31.96	2:33.70	
	1:11.38	2:33.70	(1:22.32)			
25	Gilbert, Andrew A	16	Swimlab Aquatic Academ-CP	2:26.96	2:34.44	
	1:14.59	2:34.44	(1:19.85)			
26	Alexander, Ammaar	18	Marlin Swimming Club-CP	2:23.82	2:35.47	
	1:12.96	2:35.47	(1:22.51)			
27	Martin, Alzhario	17	Uwc Aquatics-CP	2:30.70	2:36.24	
	1:13.30	2:36.24	(1:22.94)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 404 Men 16 & Over 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
28	Poggenpoel, Troy J	16	Sport Science Institute of SA-CP	2:32.61	2:38.15
	1:14.07	2:38.15 (1:24.08)			
29	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	2:36.20	2:38.49
	1:17.13	2:38.49 (1:21.36)			
30	Bowers, Joshua A	22	Manta SC-CP	2:35.62	2:39.09
	1:13.42	2:39.09 (1:25.67)			
31	Meintjes, Armand R	17	Swartland Aquatics-WC	2:49.22	2:46.32
	1:18.65	2:46.32 (1:27.67)			
32	Holland-Muter, Jesse	16	Swartland Aquatics-WC	2:50.81	2:50.11
	1:19.98	2:50.11 (1:30.13)			
---	Krenin, Damon R	18	Curro Aquatic Swim Club-CP	2:15.58	DQ
	1:07.28	DQ (1:14.31)			

Event 405 Girls 11 & Under 200 LC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	2:51.94	2:50.24
	1:19.60	2:50.24 (1:30.64)			
2	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	2:57.39	2:51.74
	1:21.69	2:51.74 (1:30.05)			
3	Kimani, Katja	11	Cybersmart Aquatics-CP	2:53.38	2:52.76
	1:22.33	2:52.76 (1:30.43)			
4	Daniels, Emily G	11	Xcel Swim Academy-CP	2:54.00	2:57.06
	1:23.07	2:57.06 (1:33.99)			
5	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	2:57.65	3:01.25
	1:24.31	3:01.25 (1:36.94)			
6	Scheffer, Shaylee C	11	Uwc Aquatics-CP	2:59.68	3:01.79
	1:24.85	3:01.79 (1:36.94)			
7	Benade, Aria	11	Swimlab Aquatic Academ-CP	3:05.51	3:07.04
	1:29.51	3:07.04 (1:37.53)			
8	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	3:03.83	3:11.19
	1:28.67	3:11.19 (1:42.52)			

Event 405 Girls 11 & Under 200 LC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	2:49.95	2:51.94 q
	1:20.10	2:51.94 (1:31.84)			
2	Kimani, Katja	11	Cybersmart Aquatics-CP	3:03.90	2:53.38 q
	1:22.02	2:53.38 (1:31.36)			
3	Daniels, Emily G	11	Xcel Swim Academy-CP	2:54.84	2:54.00 q
	1:20.07	2:54.00 (1:33.93)			
4	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	3:04.07	2:57.39 q
	1:24.07	2:57.39 (1:33.32)			
5	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	3:00.46	2:57.65 q
	1:23.22	2:57.65 (1:34.43)			
6	Scheffer, Shaylee C	11	Uwc Aquatics-CP	3:01.31	2:59.68 q
	1:25.90	2:59.68 (1:33.78)			
7	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	3:01.54	3:03.83 q
	1:28.16	3:03.83 (1:35.67)			
8	Benade, Aria	11	Swimlab Aquatic Academ-CP	3:06.57	3:05.51 q
	1:28.79	3:05.51 (1:36.72)			
9	Schenck, Maya K	11	Tygerberg Aquatics-CP	3:08.60	3:12.84
	1:30.82	3:12.84 (1:42.02)			
10	Keun, Lente	10	Vineyard SC-CP	3:17.16	3:13.88
	1:30.94	3:13.88 (1:42.94)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 405 Girls 11 & Under 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
11	Richards, Emma E	11	Swimlab Aquatic Academ-CP	3:18.78	3:14.88
	1:32.40	3:14.88 (1:42.48)			
12	Pitout, Addison P	11	Aqua Sharks Academy-CP	3:14.63	3:15.10
	1:31.29	3:15.10 (1:43.81)			
13	Glass, Gabi	11	Swimlab Aquatic Academ-CP	3:23.90	3:15.55
	1:37.98	3:15.55 (1:37.57)			
14	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	3:19.28	3:17.58
	1:33.90	3:17.58 (1:43.68)			
15	Bruwer, Leané	11	Swartland Aquatics-WC	3:22.83	3:18.44
	1:35.28	3:18.44 (1:43.16)			
16	Louw, Milea	11	Tygerberg Aquatics-CP	3:24.20	3:19.65
	1:38.62	3:19.65 (1:41.03)			
17	Jaftha, Mercedes A	11	Manta SC-CP	3:14.86	3:20.29
	1:35.85	3:20.29 (1:44.44)			
18	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	3:16.17	3:25.86
	1:39.77	3:25.86 (1:46.09)			
19	De Lange, Niah	10	Curro Aquatic Swim Club-CP	3:33.54	3:26.40
	1:42.87	3:26.40 (1:43.53)			
20	Nicholson, Gemma	10	Swimlab Aquatic Academ-CP	3:25.78	3:26.95
	1:41.00	3:26.95 (1:45.95)			
21	Kriel, Leah	11	Greydogs Swimming Club-CP	3:37.88	3:27.02
	1:41.54	3:27.02 (1:45.48)			
22	Jansen Van Rensburg, MACKENZI	11	Knysna Aquatics-ED	3:28.11	3:33.38
	1:51.77	3:33.38 (1:41.61)			
23	Fakier, Ayesha i	11	Cape Town Otters-CP	3:41.11	3:35.51
	1:48.19	3:35.51 (1:47.32)			

Event 405 Girls 12-13 200 LC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:31.63	2:28.82
	1:09.92	2:28.82 (1:18.90)			
2	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	2:37.28	2:33.92
	1:08.95	2:33.92 (1:24.97)			
3	Horn, Anna	13	Xcel Swim Academy-CP	2:44.04	2:37.77
	1:17.09	2:37.77 (1:20.68)			
4	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:43.49	2:41.08
	1:15.31	2:41.08 (1:25.77)			
5	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	2:43.48	2:42.31
	1:13.90	2:42.31 (1:28.41)			
6	Williams, Aqeelah	13	Uwc Aquatics-CP	2:43.64	2:42.45
	1:17.61	2:42.45 (1:24.84)			
7	Boshoff, Anja	13	Tygerberg Aquatics-CP	2:43.64	2:42.81
	1:15.71	2:42.81 (1:27.10)			
8	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	2:45.61	2:44.92
	1:16.83	2:44.92 (1:28.09)			

Event 405 Girls 12-13 200 LC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:27.81	2:31.63 a
	1:11.17	2:31.63 (1:20.46)			
2	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	2:32.07	2:37.28 a
	1:10.26	2:37.28 (1:27.02)			
3	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	2:41.16	2:43.48 a
	1:16.03	2:43.48 (1:27.45)			
4	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:40.68	2:43.49 a
	1:18.48	2:43.49 (1:25.01)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 405 Girls 12-13 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time	
*5	Williams, Aqeelah	13	Uwc Aquatics-CP	2:42.48	2:43.64	q
	1:19.67	2:43.64 (1:23.97)				
*5	Boshoff, Anja	13	Tygerberg Aquatics-CP	2:41.09	2:43.64	q
	1:17.43	2:43.64 (1:26.21)				
7	Horn, Anna	13	Xcel Swim Academy-CP	2:41.68	2:44.04	q
	1:20.45	2:44.04 (1:23.59)				
8	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	2:43.47	2:45.61	q
	1:18.65	2:45.61 (1:26.96)				
9	Heldsinger, Gia	13	Sport Science Institute of SA-CP	2:49.91	2:47.54	
	1:19.35	2:47.54 (1:28.19)				
10	Dabrowski, Leah A	12	Blouberg Marlins-CP	2:49.95	2:47.63	
	1:18.30	2:47.63 (1:29.33)				
11	Johnson, Ella J	12	Cape Town Otters-CP	2:41.70	2:48.12	
	1:23.62	2:48.12 (1:24.50)				
12	Julies, Grace J	12	Xcel Swim Academy-CP	2:50.71	2:51.13	
	1:24.75	2:51.13 (1:26.38)				
13	Koegelenberg, Emily	13	Xcel Swim Academy-CP	2:48.60	2:51.27	
	1:19.55	2:51.27 (1:31.72)				
14	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	2:52.63	2:51.33	
	1:24.96	2:51.33 (1:26.37)				
15	Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	3:00.92	2:51.52	
	1:22.90	2:51.52 (1:28.62)				
16	Cupido, Kirsten	12	Cybersmart Aquatics-CP	2:51.67	2:52.37	
	1:22.45	2:52.37 (1:29.92)				
17	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	2:47.39	2:52.71	
	1:19.51	2:52.71 (1:33.20)				
18	Newkirk, Gia	12	Tygerberg Aquatics-CP	3:01.03	2:53.41	
	1:24.40	2:53.41 (1:29.01)				
19	Venter, Ané	12	Fish Eagle Aquatics-ED	2:58.57	2:53.70	
	1:21.68	2:53.70 (1:32.02)				
20	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	3:03.68	2:54.40	
	1:17.95	2:54.40 (1:36.45)				
21	Parker, Leila E	12	Sport Science Institute of SA-CP	2:56.13	2:55.14	
	1:22.06	2:55.14 (1:33.08)				
22	Retief, Jane	13	Lane Leader Stellenbosch-CE	3:00.40	2:56.08	
	1:27.23	2:56.08 (1:28.85)				
23	Van Dyk, Zani	13	Aqua Sharks Academy-CP	2:55.77	2:56.46	
	1:23.66	2:56.46 (1:32.80)				
24	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	3:06.28	2:57.03	
	1:22.61	2:57.03 (1:34.42)				
25	Billson, Amelie	13	Curro Aquatic Swim Club-CP	2:47.30	2:57.75	
	1:27.42	2:57.75 (1:30.33)				
26	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	2:54.96	2:57.79	
	1:20.97	2:57.79 (1:36.82)				
27	Lockitch, Zara	13	Cybersmart Aquatics-CP	2:52.93	2:58.66	
	1:26.00	2:58.66 (1:32.66)				
28	Kruger, Livvy	12	Players-CE	2:55.78	2:58.83	
	1:24.37	2:58.83 (1:34.46)				
29	Matthee, Zarah	12	Uwc Aquatics-CP	3:00.92	2:59.11	
	1:25.05	2:59.11 (1:34.06)				
30	Gilligan, Saskia	12	Blouberg Marlins-CP	3:01.29	2:59.27	
	1:22.54	2:59.27 (1:36.73)				
31	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	3:21.92	2:59.34	
	1:23.58	2:59.34 (1:35.76)				
32	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	3:10.06	3:00.26	
	1:24.76	3:00.26 (1:35.50)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 405 Girls 12-13 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
33	Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	2:52.36	3:00.36
	1:26.69	3:00.36 (1:33.67)			
34	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	3:00.32	3:00.96
	1:24.38	3:00.96 (1:36.58)			
35	Els, Jamie	13	Aqua Dolphin Swimming Club-CP	2:59.68	3:01.31
	1:30.18	3:01.31 (1:31.13)			
36	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	3:16.43	3:01.43
	1:23.36	3:01.43 (1:38.07)			
37	Haldane, Bella	12	Fish Eagle Aquatics-ED	2:58.36	3:01.53
	1:26.42	3:01.53 (1:35.11)			
38	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	3:07.88	3:01.65
	1:34.67	3:01.65 (1:26.98)			
39	Sebastian, Catherine	12	Manta SC-CP	3:06.27	3:01.74
	1:26.41	3:01.74 (1:35.33)			
40	Normington, Olivia	12	Xcel Swim Academy-CP	2:50.85	3:01.99
	1:29.49	3:01.99 (1:32.50)			
41	Malan, Lua B	13	Players-CE	2:58.01	3:03.15
	1:26.21	3:03.15 (1:36.94)			
42	Adams, Tatum	12	Paarl Aquarius SC-CE	3:05.84	3:03.44
	1:23.84	3:03.44 (1:39.60)			
43	Nel, Olivia	12	Curro Langebaan Aquatics-WC	3:03.11	3:03.94
	1:27.12	3:03.94 (1:36.82)			
44	Makore, Bona M	12	Aqua Sharks Academy-CP	3:08.73	3:04.09
	1:26.83	3:04.09 (1:37.26)			
45	Wink, Leonie	13	Vineyard SC-CP	3:08.28	3:04.50
	1:28.64	3:04.50 (1:35.86)			
46	Kimani, Luisa	12	Cybersmart Aquatics-CP	3:07.51	3:04.56
	3:04.64	3:04.56 ()			
47	Knott, Cayleigh	12	Aqua Sharks Academy-CP	3:13.15	3:04.79
	1:25.72	3:04.79 (1:39.07)			
48	Van Heerden, Hannah	13	Aqua Athlete Cta-CP	2:57.21	3:05.09
	1:25.88	3:05.09 (1:39.21)			
49	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	3:03.09	3:05.77
	1:27.51	3:05.77 (1:38.26)			
50	Olivier, Gianna G	12	Paarl Aquarius SC-CE	3:02.89	3:05.89
	1:33.11	3:05.89 (1:32.78)			
51	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	3:09.00	3:06.33
	1:30.92	3:06.33 (1:35.41)			
52	Barthus, Alessia	12	Manta SC-CP	3:04.55	3:06.58
	1:24.78	3:06.58 (1:41.80)			
53	Anthony, Jazmin A	13	Paarl Aquarius SC-CE	3:07.44	3:06.88
	1:30.10	3:06.88 (1:36.78)			
54	Theron, Alex	13	Curro Aquatic Swim Club-CP	3:06.81	3:07.54
	1:31.67	3:07.54 (1:35.87)			
55	Sprong, Jaime M	12	Aqua Sharks Academy-CP	3:18.34	3:07.95
	1:28.94	3:07.95 (1:39.01)			
56	Onkruid, Gianna R	12	Uwc Aquatics-CP	3:05.15	3:08.01
	1:30.63	3:08.01 (1:37.38)			
57	Louw, Yvette H	13	Tygerberg Aquatics-CP	3:11.86	3:08.13
	1:25.45	3:08.13 (1:42.68)			
58	Tranter, Alexia R	12	Sport Science Institute of SA-CP	3:16.51	3:09.03
	1:28.98	3:09.03 (1:40.05)			
59	De Wit, Rua	13	Curro Aquatic Swim Club-CP	3:13.98	3:09.17
	1:27.38	3:09.17 (1:41.79)			
60	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	3:07.97	3:09.56
	1:30.26	3:09.56 (1:39.30)			
61	Le Roux, Zanli	12	Agulhas Aquatics-OB	3:15.69	3:11.00
	1:31.47	3:11.00 (1:39.53)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 405 Girls 12-13 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
62	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	3:13.81	3:11.37
	1:28.81	3:11.37 (1:42.56)			
63	Smit, Dione	12	Curro Aquatic Swim Club-CP	3:08.12	3:12.04
	1:31.30	3:12.04 (1:40.74)			
64	Haynes-Smart, Kaitlyn	13	Vineyard SC-CP	3:11.72	3:12.08
	1:37.21	3:12.08 (1:34.87)			
65	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	3:28.29	3:13.64
	1:36.80	3:13.64 (1:36.84)			
66	Eyssen, Sky	13	Manta SC-CP	3:15.62	3:14.49
	1:30.66	3:14.49 (1:43.83)			
67	Schoeman, Liné	12	Fish Eagle Aquatics-ED	3:14.57	3:16.52
	1:33.20	3:16.52 (1:43.32)			
68	Cozyn, Nuhaa	13	Manta SC-CP	3:32.60	3:17.69
	1:34.88	3:17.69 (1:42.81)			
69	Noble, Lea L	12	Blouberg Marlins-CP	3:24.51	3:17.82
	1:35.31	3:17.82 (1:42.51)			
70	Marais, Lily E	12	Fish Eagle Aquatics-ED	3:27.53	3:20.85
	1:39.49	3:20.85 (1:41.36)			
71	Muriro, Neema K	13	Cape Town Otters-CP	3:22.35	3:22.12
	1:36.95	3:22.12 (1:45.17)			
72	Wentzel, Leah A	13	Marlin Swimming Club-CP	3:22.73	3:26.49
	1:39.72	3:26.49 (1:46.77)			
---	Lemmer, Sia	12	Elite Swimming Academy-CE	3:23.38	DQ
	1:34.04	DQ (1:45.21)			

Event 405 Women 14-15 200 LC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:29.22	2:25.39
	1:09.33	2:25.39 (1:16.06)			
2	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	2:32.12	2:28.98
	1:09.53	2:28.98 (1:19.45)			
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	2:34.40	2:33.48
	1:11.37	2:33.48 (1:22.11)			
4	Visser, Cara	15	Cybersmart Aquatics-CP	2:37.46	2:36.19
	1:11.10	2:36.19 (1:25.09)			
5	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	2:39.74	2:39.44
	1:16.06	2:39.44 (1:23.38)			
6	Van Der Wath, Izi	15	Knysna Aquatics-ED	2:40.32	2:42.09
	1:18.54	2:42.09 (1:23.55)			
7	Grobler, Zané	15	Waterbender Aquatics Club-ED	2:42.51	2:42.55
	1:20.18	2:42.55 (1:22.37)			
8	Durandt, Sharli	14	Aqua Sharks Academy-CP	2:41.75	2:42.74
	1:15.75	2:42.74 (1:26.99)			

Event 405 Women 14-15 200 LC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:24.46	2:29.22 a
	1:11.17	2:29.22 (1:18.05)			
2	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	2:27.73	2:32.12 a
	1:12.37	2:32.12 (1:19.75)			
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	2:33.50	2:34.40 a
	1:12.68	2:34.40 (1:21.72)			
4	Visser, Cara	15	Cybersmart Aquatics-CP	2:45.33	2:37.46 a
	1:13.06	2:37.46 (1:24.40)			
5	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	2:37.22	2:39.74 a
	1:16.84	2:39.74 (1:22.90)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 405 Women 14-15 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time	
6	Van Der Wath, Izi	15	Knysna Aquatics-ED	2:37.74	2:40.32	q
	1:16.84	2:40.32 (1:23.48)				
7	Durandt, Sharli	14	Aqua Sharks Academy-CP	2:38.37	2:41.75	q
	1:15.43	2:41.75 (1:26.32)				
8	Grobler, Zané	15	Waterbender Aquatics Club-ED	2:40.93	2:42.51	q
	1:18.97	2:42.51 (1:23.54)				
9	Heldsinger, Alexa L	14	Sport Science Institute of SA-CP	2:43.16	2:43.35	
	1:20.86	2:43.35 (1:22.49)				
10	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	2:44.29	2:43.50	
	1:18.14	2:43.50 (1:25.36)				
11	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	2:41.56	2:43.90	
	1:16.62	2:43.90 (1:27.28)				
12	Faul, Ellen J	14	Players-CE	2:52.08	2:45.68	
	1:17.23	2:45.68 (1:28.45)				
13	Cronjé, Miané	14	Fish Eagle Aquatics-ED	2:48.60	2:48.46	
	1:18.17	2:48.46 (1:30.29)				
14	Bull, Theia R	14	Curro Aquatic Swim Club-CP	2:52.28	2:48.47	
	1:18.45	2:48.47 (1:30.02)				
15	Riley, Logan	15	Curro Aquatic Swim Club-CP	2:46.41	2:48.73	
	1:16.44	2:48.73 (1:32.29)				
16	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	2:49.29	2:49.28	
	1:22.32	2:49.28 (1:26.96)				
17	Van Tromp, Seruby	14	Lane Leader Stellenbosch-CE	2:46.76	2:49.68	
	1:21.05	2:49.68 (1:28.63)				
18	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	2:51.07	2:49.86	
	1:18.09	2:49.86 (1:31.77)				
19	Burger, Juanè	15	Curro Aquatic Swim Club-CP	2:49.90	2:50.90	
	1:17.52	2:50.90 (1:33.38)				
20	Holman, Acaylia	15	Marlin Swimming Club-CP	2:44.18	2:51.05	
	1:18.90	2:51.05 (1:32.15)				
21	De Oliveira, Aliyah	15	Tygerberg Aquatics-CP	2:48.19	2:51.40	
	1:21.21	2:51.40 (1:30.19)				
22	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	2:48.49	2:51.64	
	1:18.29	2:51.64 (1:33.35)				
23	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	2:51.77	2:52.75	
	1:23.16	2:52.75 (1:29.59)				
24	Fenner, Olivia M	14	Players-CE	2:52.14	2:53.12	
	1:19.52	2:53.12 (1:33.60)				
25	Barnard, Adelmari D	15	Elite Swimming Academy-CE	2:55.13	2:54.12	
	1:23.91	2:54.12 (1:30.21)				
26	Mare, Isabella	14	Curro Aquatic Swim Club-CP	2:54.76	2:54.65	
	1:27.46	2:54.65 (1:27.19)				
27	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	2:55.27	2:57.46	
	1:22.09	2:57.46 (1:35.37)				
28	McAfee, Holly B	15	Fish Eagle Aquatics-ED	2:52.41	2:57.78	
	1:24.14	2:57.78 (1:33.64)				
29	Abrahams, Amaani	14	Marlin Swimming Club-CP	2:53.71	2:58.09	
	1:21.48	2:58.09 (1:36.61)				
30	Lourens, Mia	14	Curro Aquatic Swim Club-CP	3:00.51	2:58.18	
	1:22.86	2:58.18 (1:35.32)				
31	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	2:45.01	2:58.51	
	1:23.58	2:58.51 (1:34.93)				
32	Kröger, Sammy	14	Elite Swimming Academy-CE	2:58.70	2:58.74	
	1:23.73	2:58.74 (1:35.01)				
33	De Beer, Isabella C	14	Players-CE	2:53.84	3:01.57	
	1:24.56	3:01.57 (1:37.01)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 405 Women 14-15 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Prelim Time
34	Coleman, Milan	14	Fish Eagle Aquatics-ED	3:02.39	3:02.65
	1:25.94	3:02.65 (1:36.71)			
35	Nilsson, Rebecca B	14	Curro Aquatic Swim Club-CP	2:50.78	3:03.84
	1:28.23	3:03.84 (1:35.61)			
36	Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	3:14.25	3:04.32
	1:27.14	3:04.32 (1:37.18)			
37	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	3:02.27	3:12.62
	1:28.18	3:12.62 (1:44.44)			

Event 405 Women 16 & Over 200 LC Meter IM

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	2:33.35	2:33.00
	1:09.83	2:33.00 (1:23.17)			
2	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:38.62	2:36.09
	1:14.44	2:36.09 (1:21.65)			
3	Coleman, Madison	16	Blouberg Marlins-CP	2:38.96	2:36.11
	1:15.55	2:36.11 (1:20.56)			
4	Novello, Utah	19	Lane Leader Stellenbosch-CE	2:38.64	2:36.13
	1:14.36	2:36.13 (1:21.77)			
5	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	2:34.33	2:39.40
	1:11.54	2:39.40 (1:27.86)			
6	Senekal, Margo	16	Tygerberg Aquatics-CP	2:46.22	2:45.43
	1:18.10	2:45.43 (1:27.33)			
7	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	2:48.77	2:46.70
	1:18.84	2:46.70 (1:27.86)			
8	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	2:52.34	2:47.70
	1:15.46	2:47.70 (1:32.24)			
9	Huang, Shi Han A	16	Blouberg Marlins-CP	2:46.31	2:48.64
	1:18.48	2:48.64 (1:30.16)			
10	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	2:53.95	2:48.81
11	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	2:48.98	2:48.85
	1:17.01	2:48.85 (1:31.84)			
12	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	2:56.25	2:55.85
	1:23.55	2:55.85 (1:32.30)			
13	Louw, Alexa	17	Blouberg Marlins-CP	3:04.04	2:59.04
	1:23.28	2:59.04 (1:35.76)			
14	Jephta, Ra-eesa	20	Manta SC-CP	3:02.33	3:10.32
	1:29.83	3:10.32 (1:40.49)			

Event 405 Women 16 & Over 200 LC Meter IM

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	2:31.79	2:33.35 a
	1:12.55	2:33.35 (1:20.80)			
2	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	2:40.68	2:34.33 a
	1:12.28	2:34.33 (1:22.05)			
3	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:42.46	2:38.62 a
	1:14.80	2:38.62 (1:23.82)			
4	Novello, Utah	19	Lane Leader Stellenbosch-CE	2:32.87	2:38.64 a
5	Coleman, Madison	16	Blouberg Marlins-CP	2:39.65	2:38.96 a
	1:16.76	2:38.96 (1:22.20)			
6	Senekal, Margo	16	Tygerberg Aquatics-CP	2:39.86	2:46.22 a
	1:18.32	2:46.22 (1:27.90)			
7	Huang, Shi Han A	16	Blouberg Marlins-CP	2:48.10	2:46.31 a
8	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	2:44.31	2:48.77 a
	1:21.09	2:48.77 (1:27.68)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

Preliminaries ... (Event 405 Women 16 & Over 200 LC Meter IM)

Name		Age	Team	Seed Time	Prelim Time	
9	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	2:46.95	2:48.90	q
	1:20.43	2:48.90 (1:28.47)				
10	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	2:47.97	2:48.98	q
	1:17.23	2:48.98 (1:31.75)				
11	Mostert, Savannah	17	Players-CE	2:41.03	2:49.06	q
	1:17.76	2:49.06 (1:31.30)				
12	Hagglund, Emma H	16	Sport Science Institute of SA-CP	2:50.59	2:50.57	q
	1:19.32	2:50.57 (1:31.25)				
13	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	2:51.70	2:51.79	q
	1:19.59	2:51.79 (1:32.20)				
14	White, Rebecca M	16	Sport Science Institute of SA-CP	2:43.30	2:52.28	q
	1:19.20	2:52.28 (1:33.08)				
15	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	2:45.19	2:52.34	q
	1:16.97	2:52.34 (1:35.37)				
16	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	2:46.87	2:53.95	q
	1:19.88	2:53.95 (1:34.07)				
17	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	2:54.78	2:56.25	
	1:23.21	2:56.25 (1:33.04)				
18	Loubser, Jenna L	17	Streamline Aquatics-CP	2:49.16	3:00.11	
	1:22.79	3:00.11 (1:37.32)				
19	Jephta, Ra-eesa	20	Manta SC-CP	3:00.05	3:02.33	
	1:25.41	3:02.33 (1:36.92)				
20	Louw, Alexa	17	Blouberg Marlins-CP	2:53.29	3:04.04	
	1:25.69	3:04.04 (1:38.35)				
---	Van Galen, Ava-Loren	16	Lane Leader Stellenbosch-CE	2:36.75	DQ	
	1:11.81	DQ (1:26.30)				

Event 406 Boys 13 & Under 1500 LC Meter Freestyle Fast Heat in Finals

Name		Age	Team	Seed Time	Finals Time
1	Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	17:32.01	17:45.28
	1:05.36	2:15.79 (1:10.43)	3:26.62 (1:10.83)	4:37.46 (1:10.84)	
	5:48.77 (1:11.31)	7:00.51 (1:11.74)	8:12.51 (1:12.00)	9:24.72 (1:12.21)	
	10:36.40 (1:11.68)	11:48.49 (1:12.09)	13:00.32 (1:11.83)	14:12.08 (1:11.76)	
	15:23.46 (1:11.38)	16:35.91 (1:12.45)	17:45.28 (1:09.37)		
2	Allott, Jaydon K	13	Aqua Athlete Cta-CP	18:12.19	18:06.10
	1:07.79	2:19.98 (1:12.19)	3:32.37 (1:12.39)	4:45.47 (1:13.10)	
	5:58.02 (1:12.55)	7:11.02 (1:13.00)	8:23.59 (1:12.57)	9:36.21 (1:12.62)	
	10:49.96 (1:13.75)	12:02.22 (1:12.26)	13:15.15 (1:12.93)	14:28.57 (1:13.42)	
	15:42.48 (1:13.91)	16:56.16 (1:13.68)	18:06.10 (1:09.94)		
3	Wagener, Tiaan H	13	Elite Swimming Academy-CE	19:19.68	18:51.71
	1:09.79	2:25.32 (1:15.53)	3:41.50 (1:16.18)	4:58.65 (1:17.15)	
	6:14.81 (1:16.16)	7:30.35 (1:15.54)	8:46.24 (1:15.89)	10:01.88 (1:15.64)	
	11:18.66 (1:16.78)	12:35.76 (1:17.10)	13:51.13 (1:15.37)	15:07.37 (1:16.24)	
	16:24.12 (1:16.75)	17:39.41 (1:15.29)	18:51.71 (1:12.30)		
4	Barnard, Daniël B	13	Xcel Swim Academy-CP	19:37.92	19:05.61
	1:12.00	2:30.44 (1:18.44)	3:49.44 (1:19.00)	5:06.29 (1:16.85)	
	6:23.28 (1:16.99)	7:40.79 (1:17.51)	8:57.98 (1:17.19)	10:15.12 (1:17.14)	
	11:32.22 (1:17.10)	12:49.19 (1:16.97)	14:06.04 (1:16.85)	15:22.36 (1:16.32)	
	16:38.07 (1:15.71)	17:53.65 (1:15.58)	19:05.61 (1:11.96)		
5	Daniels, Tylan H	12	Alpha Swim Club-CP	19:33.99	19:26.30
	1:12.70	2:29.49 (1:16.79)	3:47.24 (1:17.75)	5:04.92 (1:17.68)	
	6:22.93 (1:18.01)	7:41.84 (1:18.91)	9:00.93 (1:19.09)	10:20.06 (1:19.13)	
	11:38.77 (1:18.71)	12:57.45 (1:18.68)	14:16.17 (1:18.72)	15:34.91 (1:18.74)	
	16:53.43 (1:18.52)	18:11.65 (1:18.22)	19:26.30 (1:14.65)		

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

(Event 406 Boys 13 & Under 1500 LC Meter Freestyle Fast Heat in Finals)

Name	Age	Team	Seed Time	Finals Time
6 Mallin, Lukas	11	Swimlab Aquatic Academ-CP	20:00.43	19:57.90
1:13.55	2:33.66 (1:20.11)	3:54.91 (1:21.25)	5:15.34 (1:20.43)	
6:36.50 (1:21.16)	7:57.63 (1:21.13)	9:18.55 (1:20.92)	10:39.53 (1:20.98)	
12:00.31 (1:20.78)	13:22.30 (1:21.99)	14:41.92 (1:19.62)	16:02.62 (1:20.70)	
17:22.53 (1:19.91)	18:42.12 (1:19.59)	19:57.90 (1:15.78)		

Event 406 Men 14-15 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Seed Time	Finals Time
1 Roman, Noah P	15	Alpha Swim Club-CP	18:18.48	17:53.91
1:05.77	2:16.34 (1:10.57)	3:27.33 (1:10.99)	4:39.71 (1:12.38)	
5:51.73 (1:12.02)	7:04.23 (1:12.50)	8:17.49 (1:13.26)	9:29.91 (1:12.42)	
10:41.31 (1:11.40)	11:54.09 (1:12.78)	13:07.21 (1:13.12)	14:18.27 (1:11.06)	
15:31.45 (1:13.18)	16:43.22 (1:11.77)	17:53.91 (1:10.69)		
2 Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	18:17.93	18:03.01
1:07.83	2:20.36 (1:12.53)	3:32.66 (1:12.30)	4:45.29 (1:12.63)	
5:57.92 (1:12.63)	7:10.55 (1:12.63)	8:23.48 (1:12.93)	9:36.56 (1:13.08)	
10:50.32 (1:13.76)	12:03.13 (1:12.81)	13:15.81 (1:12.68)	14:28.74 (1:12.93)	
15:42.27 (1:13.53)	16:56.18 (1:13.91)	18:03.01 (1:06.83)		
3 Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	17:45.63	18:05.70
1:05.54	2:16.17 (1:10.63)	3:27.27 (1:11.10)	4:39.20 (1:11.93)	
5:52.02 (1:12.82)	7:04.74 (1:12.72)	8:17.94 (1:13.20)	9:32.25 (1:14.31)	
10:46.58 (1:14.33)	12:00.51 (1:13.93)	13:14.90 (1:14.39)	14:28.53 (1:13.63)	
15:42.22 (1:13.69)	16:55.82 (1:13.60)	18:05.70 (1:09.88)		
4 Palmer, Travis I	15	Swimlab Aquatic Academ-CP	18:04.66	18:09.22
1:06.87	2:18.11 (1:11.24)	3:29.81 (1:11.70)	4:41.79 (1:11.98)	
5:54.59 (1:12.80)	7:08.68 (1:14.09)	8:22.78 (1:14.10)	9:36.21 (1:13.43)	
10:51.06 (1:14.85)	12:05.00 (1:13.94)	13:19.01 (1:14.01)	14:33.11 (1:14.10)	
15:46.79 (1:13.68)	16:59.43 (1:12.64)	18:09.22 (1:09.79)		
5 Middleton, Josh C	14	Curro Hermanus Aquatics-OB	18:50.85	18:11.78
1:08.07	2:20.11 (1:12.04)	3:32.79 (1:12.68)	4:45.31 (1:12.52)	
5:58.33 (1:13.02)	7:11.35 (1:13.02)	8:24.46 (1:13.11)	9:37.31 (1:12.85)	
10:50.34 (1:13.03)	12:03.82 (1:13.48)	13:17.07 (1:13.25)	14:30.71 (1:13.64)	
15:45.22 (1:14.51)	16:59.66 (1:14.44)	18:11.78 (1:12.12)		
6 Lewis, Callum R	14	Curro Aquatic Swim Club-CP	18:42.05	18:39.97
1:08.44	2:21.33 (1:12.89)	3:35.11 (1:13.78)	4:49.99 (1:14.88)	
6:05.49 (1:15.50)	7:21.88 (1:16.39)	8:37.86 (1:15.98)	9:52.86 (1:15.00)	
11:08.55 (1:15.69)	12:24.53 (1:15.98)	13:40.57 (1:16.04)	14:56.93 (1:16.36)	
16:11.69 (1:14.76)	18:40.07 (2:28.38)	18:39.97 ()		
7 Oaten, Rourke	14	Curro Aquatic Swim Club-CP	18:45.71	18:48.04
1:09.16	2:23.88 (1:14.72)	3:39.17 (1:15.29)	4:55.90 (1:16.73)	
6:12.57 (1:16.67)	7:29.03 (1:16.46)	8:46.04 (1:17.01)	10:01.97 (1:15.93)	
11:18.93 (1:16.96)	12:35.84 (1:16.91)	13:51.21 (1:15.37)	15:07.85 (1:16.64)	
16:24.09 (1:16.24)	17:39.41 (1:15.32)	18:48.04 (1:08.63)		

Event 406 Men 16 & Over 1500 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Seed Time	Finals Time
1 McWilliam, Troy J	18	Tygerberg Aquatics-CP	16:33.68	16:58.79
1:03.65	2:12.38 (1:08.73)	3:20.78 (1:08.40)	4:29.87 (1:09.09)	
5:39.81 (1:09.94)	6:49.93 (1:10.12)	7:59.38 (1:09.45)	9:07.08 (1:07.70)	
10:14.02 (1:06.94)	11:21.87 (1:07.85)	12:29.46 (1:07.59)	13:37.41 (1:07.95)	
14:45.06 (1:07.65)	15:53.24 (1:08.18)	16:58.79 (1:05.55)		
2 Terblanche, Luan L	17	Tygerberg Aquatics-CP	17:03.95	17:02.01
1:03.10	2:11.33 (1:08.23)	3:20.29 (1:08.96)	4:29.44 (1:09.15)	
5:39.15 (1:09.71)	6:49.07 (1:09.92)	7:58.07 (1:09.00)	9:06.51 (1:08.44)	
10:14.31 (1:07.80)	11:22.58 (1:08.27)	12:31.18 (1:08.60)	13:39.52 (1:08.34)	
14:48.11 (1:08.59)	15:55.89 (1:07.78)	17:02.01 (1:06.12)		

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 406 Men 16 & Over 1500 LC Meter Freestyle Fast Heat in Finals)**

	Name	Age	Team	Seed Time	Finals Time
3	Southey, Jamie	16	Aqua Dolphin Swimming Club-CP	17:56.31	18:02.08
	1:05.87	2:16.31 (1:10.44)	3:28.68 (1:12.37)	4:40.90 (1:12.22)	
	5:54.44 (1:13.54)	7:08.19 (1:13.75)	8:20.86 (1:12.67)	9:34.55 (1:13.69)	
	10:48.07 (1:13.52)	12:01.74 (1:13.67)	13:13.60 (1:11.86)	14:27.43 (1:13.83)	
	15:40.83 (1:13.40)	16:52.06 (1:11.23)	18:02.08 (1:10.02)		
4	Norton, Trent A	19	Lane Leader Stellenbosch-CE	17:21.25	18:03.63
	1:04.69	2:13.89 (1:09.20)	3:24.76 (1:10.87)	4:36.24 (1:11.48)	
	5:48.32 (1:12.08)	7:00.76 (1:12.44)	8:13.66 (1:12.90)	9:25.84 (1:12.18)	
	10:38.91 (1:13.07)	11:53.17 (1:14.26)	13:08.17 (1:15.00)	14:22.87 (1:14.70)	
	15:37.79 (1:14.92)	16:51.15 (1:13.36)	18:03.63 (1:12.48)		
5	Solomon, Ethan	17	Alpha Swim Club-CP	17:34.30	18:07.36
	1:05.71	2:16.57 (1:10.86)	3:29.16 (1:12.59)	4:42.25 (1:13.09)	
	5:55.36 (1:13.11)	7:08.31 (1:12.95)	8:21.37 (1:13.06)	9:34.52 (1:13.15)	
	10:47.98 (1:13.46)	12:01.61 (1:13.63)	13:15.25 (1:13.64)	14:28.75 (1:13.50)	
	15:42.38 (1:13.63)	16:56.26 (1:13.88)	18:07.36 (1:11.10)		
6	Cleophas, Kyle	16	Paarl Aquarius SC-CE	20:51.10	21:12.60
	1:11.87	2:32.79 (1:20.92)	3:56.29 (1:23.50)	5:21.20 (1:24.91)	
	6:47.06 (1:25.86)	8:12.92 (1:25.86)	9:39.13 (1:26.21)	11:07.62 (1:28.49)	
	12:35.38 (1:27.76)	13:57.75 (1:22.37)	15:23.62 (1:25.87)	16:51.25 (1:27.63)	
	18:19.80 (1:28.55)	19:46.95 (1:27.15)	21:12.60 (1:25.65)		

Event 407 Girls 13 & Under 800 LC Meter Freestyle Fast Heat in Finals

	Name	Age	Team	Seed Time	Finals Time
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	9:54.63	9:47.22
	1:07.07	2:21.20 (1:14.13)	3:36.71 (1:15.51)	4:51.31 (1:14.60)	
	6:06.74 (1:15.43)	7:21.82 (1:15.08)	8:36.55 (1:14.73)	9:47.22 (1:10.67)	
2	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	10:29.84	10:00.57
	1:12.58	2:29.39 (1:16.81)	3:45.53 (1:16.14)	5:01.58 (1:16.05)	
	6:17.30 (1:15.72)	7:32.87 (1:15.57)	8:48.14 (1:15.27)	10:00.57 (1:12.43)	
3	Williams, Aqeelah	13	Uwc Aquatics-CP	10:13.55	10:29.79
	1:12.36	2:30.54 (1:18.18)	3:49.11 (1:18.57)	5:08.52 (1:19.41)	
	6:28.43 (1:19.91)	7:50.83 (1:22.40)	9:11.72 (1:20.89)	10:29.79 (1:18.07)	
4	Billson, Amelie	13	Curro Aquatic Swim Club-CP	10:10.63	10:40.31
	1:12.69	2:32.41 (1:19.72)	3:53.20 (1:20.79)	5:15.66 (1:22.46)	
	6:37.45 (1:21.79)	7:59.62 (1:22.17)	9:21.32 (1:21.70)	10:40.31 (1:18.99)	
5	Burger, Johané	13	Royal Swimming Academy-ED	10:37.95	10:41.47
	1:14.43	2:34.60 (1:20.17)	3:55.76 (1:21.16)	5:17.47 (1:21.71)	
	6:40.01 (1:22.54)	8:01.72 (1:21.71)	9:22.96 (1:21.24)	10:41.47 (1:18.51)	
6	Els, Jamie	13	Aqua Dolphin Swimming Club-CP	11:12.39	10:47.78
	1:14.47	2:34.65 (1:20.18)	3:57.01 (1:22.36)	5:19.02 (1:22.01)	
	6:42.07 (1:23.05)	8:05.32 (1:23.25)	9:28.98 (1:23.66)	10:47.78 (1:18.80)	
7	Lockitch, Zara	13	Cybersmart Aquatics-CP	10:42.27	10:54.03
	1:17.26	2:40.17 (1:22.91)	4:02.80 (1:22.63)	5:25.48 (1:22.68)	
	6:49.79 (1:24.31)	8:13.39 (1:23.60)	9:37.08 (1:23.69)	10:54.03 (1:16.95)	
8	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	11:02.86	10:54.83
	1:17.86	2:42.13 (1:24.27)	4:05.60 (1:23.47)	5:28.59 (1:22.99)	
	6:51.47 (1:22.88)	8:13.45 (1:21.98)	9:35.90 (1:22.45)	10:54.83 (1:18.93)	
9	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	11:19.91	10:55.94
	1:17.67	2:40.58 (1:22.91)	4:03.73 (1:23.15)	5:26.86 (1:23.13)	
	6:50.22 (1:23.36)	8:13.60 (1:23.38)	9:36.86 (1:23.26)	10:55.94 (1:19.08)	
10	Hofinger, Charlotte M	12	Aqua Sharks Academy-CP	10:46.08	10:59.75
	1:16.57	2:40.84 (1:24.27)	4:06.33 (1:25.49)	5:32.12 (1:25.79)	
	6:56.77 (1:24.65)	8:20.81 (1:24.04)	9:43.97 (1:23.16)	10:59.75 (1:15.78)	
11	Jordaan, Mikayla E	13	Curro Aquatic Swim Club-CP	11:00.42	11:04.58
	1:17.63	2:40.78 (1:23.15)	4:04.41 (1:23.63)	5:27.91 (1:23.50)	
	6:52.11 (1:24.20)	8:16.70 (1:24.59)	9:41.19 (1:24.49)	11:04.58 (1:23.39)	
12	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	11:12.42	11:14.72
	1:17.51	2:41.39 (1:23.88)	4:05.32 (1:23.93)	5:30.88 (1:25.56)	
	6:59.32 (1:28.44)	8:26.13 (1:26.81)	9:52.99 (1:26.86)	11:14.72 (1:21.73)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

(Event 407 Girls 13 & Under 800 LC Meter Freestyle Fast Heat in Finals)

Name	Age	Team	Seed Time	Finals Time
13 Olivier, Gianna G	12	Paarl Aquarius SC-CE	11:02.73	11:17.58
1:20.29	2:44.86 (1:24.57)	4:10.21 (1:25.35)	5:35.71 (1:25.50)	
7:01.94 (1:26.23)	8:28.17 (1:26.23)	9:54.87 (1:26.70)	11:17.58 (1:22.71)	
14 Nel, Olivia	12	Curro Langebaan Aquatics-WC	11:28.74	11:19.21
1:20.76	2:47.73 (1:26.97)	4:14.65 (1:26.92)	5:41.30 (1:26.65)	
7:07.68 (1:26.38)	8:33.79 (1:26.11)	9:58.60 (1:24.81)	11:19.21 (1:20.61)	
15 Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	11:07.92	11:27.36
1:18.92	2:44.87 (1:25.95)	4:13.00 (1:28.13)	5:39.96 (1:26.96)	
7:08.91 (1:28.95)	8:38.06 (1:29.15)	10:04.22 (1:26.16)	11:27.36 (1:23.14)	
16 Wolfaardt, Imme	12	Lane Leader Stellenbosch-CE	11:41.76	11:35.68
1:22.02	2:49.50 (1:27.48)	4:18.74 (1:29.24)	5:48.73 (1:29.99)	
7:17.88 (1:29.15)	8:46.27 (1:28.39)	10:13.34 (1:27.07)	11:35.68 (1:22.34)	
17 Adams, Ella	12	Curro Aquatic Swim Club-CP	11:59.83	12:12.37
1:21.30	2:53.35 (1:32.05)	4:28.14 (1:34.79)	6:02.37 (1:34.23)	
7:36.41 (1:34.04)	9:10.93 (1:34.52)	10:41.98 (1:31.05)	12:12.37 (1:30.39)	
18 Schoeman, Liné	12	Fish Eagle Aquatics-ED	12:08.07	12:16.93
1:23.48	2:56.80 (1:33.32)	4:30.93 (1:34.13)	6:05.52 (1:34.59)	
7:39.86 (1:34.34)	9:13.64 (1:33.78)	10:46.74 (1:33.10)	12:16.93 (1:30.19)	
19 Wentzel, Leah A	13	Marlin Swimming Club-CP	12:36.62	12:39.76
1:25.96	3:02.80 (1:36.84)	4:39.47 (1:36.67)	6:16.29 (1:36.82)	
7:54.17 (1:37.88)	9:31.48 (1:37.31)	11:07.85 (1:36.37)	12:39.76 (1:31.91)	

Event 407 Women 14-15 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Seed Time	Finals Time
1 Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	9:38.40	9:39.31
1:07.95	2:20.52 (1:12.57)	3:33.24 (1:12.72)	4:47.25 (1:14.01)	
6:01.21 (1:13.96)	7:14.68 (1:13.47)	8:27.82 (1:13.14)	9:39.31 (1:11.49)	
2 Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	9:41.43	9:45.13
1:08.75	2:23.22 (1:14.47)	3:37.70 (1:14.48)	4:51.54 (1:13.84)	
6:05.35 (1:13.81)	7:19.38 (1:14.03)	8:32.94 (1:13.56)	9:45.13 (1:12.19)	
3 Durandt, Sharli	14	Aqua Sharks Academy-CP	9:52.71	9:51.34
1:08.98	2:23.61 (1:14.63)	3:38.54 (1:14.93)	4:53.61 (1:15.07)	
6:08.83 (1:15.22)	7:24.01 (1:15.18)	8:39.36 (1:15.35)	9:51.34 (1:11.98)	
4 Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	10:01.04	10:06.89
1:12.52	2:29.34 (1:16.82)	3:45.53 (1:16.19)	5:02.10 (1:16.57)	
6:18.76 (1:16.66)	7:35.49 (1:16.73)	8:52.94 (1:17.45)	10:06.89 (1:13.95)	
5 Grütter, Arabelle	15	Royal Swimming Academy-ED	10:02.50	10:08.36
1:11.88	2:27.40 (1:15.52)	3:43.18 (1:15.78)	4:59.81 (1:16.63)	
6:17.18 (1:17.37)	7:35.43 (1:18.25)	8:52.98 (1:17.55)	10:08.36 (1:15.38)	
6 De Villiers, Anja	14	Tygerberg Aquatics-CP	10:12.56	10:08.38
1:12.59	2:29.41 (1:16.82)	3:45.82 (1:16.41)	5:02.71 (1:16.89)	
6:20.34 (1:17.63)	7:38.17 (1:17.83)	8:55.20 (1:17.03)	10:08.38 (1:13.18)	
7 Grobler, Zané	15	Waterbender Aquatics Club-ED	9:57.64	10:11.70
1:11.61	2:29.28 (1:17.67)	3:46.63 (1:17.35)	5:04.08 (1:17.45)	
6:21.52 (1:17.44)	7:39.40 (1:17.88)	8:56.99 (1:17.59)	10:11.70 (1:14.71)	
8 Louw, Anieka	15	Curro Aquatic Swim Club-CP	10:05.03	10:19.74
1:10.00	2:25.18 (1:15.18)	3:42.44 (1:17.26)	5:02.07 (1:19.63)	
6:22.74 (1:20.67)	7:42.93 (1:20.19)	9:02.17 (1:19.24)	10:19.74 (1:17.57)	
9 Blake, Abi E	15	Curro Aquatic Swim Club-CP	10:18.54	10:29.19
1:13.37	2:31.92 (1:18.55)	3:52.05 (1:20.13)	5:12.50 (1:20.45)	
6:32.95 (1:20.45)	7:52.93 (1:19.98)	9:12.35 (1:19.42)	10:29.19 (1:16.84)	
10 Nienaber, Mila J	14	Elite Swimming Academy-CE	10:53.78	10:47.25
1:12.32	2:31.14 (1:18.82)	3:52.48 (1:21.34)	5:14.64 (1:22.16)	
6:38.72 (1:24.08)	8:03.23 (1:24.51)	9:26.62 (1:23.39)	10:47.25 (1:20.63)	
11 Cronjé, Miané	14	Fish Eagle Aquatics-ED	11:26.26	11:14.40
1:18.67	2:44.70 (1:26.03)	4:10.48 (1:25.78)	5:36.61 (1:26.13)	
7:02.40 (1:25.79)	8:28.28 (1:25.88)	9:53.50 (1:25.22)	11:14.40 (1:20.90)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 407 Women 16 & Over 800 LC Meter Freestyle Fast Heat in Finals**

Name	Age	Team	Seed Time	Finals Time
1 Neilson, Hannah K	20	Uwc Aquatics-CP	9:21.79	9:26.30
1:07.25	2:17.31 (1:10.06)	3:28.46 (1:11.15)	4:40.01 (1:11.55)	
5:51.55 (1:11.54)	7:03.59 (1:12.04)	8:15.46 (1:11.87)	9:26.30 (1:10.84)	
2 Raimond, Marike M	16	Tygerberg Aquatics-CP	9:53.89	10:00.48
1:08.45	2:23.12 (1:14.67)	3:39.82 (1:16.70)	4:57.06 (1:17.24)	
6:13.43 (1:16.37)	7:30.63 (1:17.20)	8:46.74 (1:16.11)	10:00.48 (1:13.74)	
3 Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	9:49.67	10:05.63
1:08.84	2:23.54 (1:14.70)	3:39.63 (1:16.09)	4:57.13 (1:17.50)	
6:15.03 (1:17.90)	7:32.02 (1:16.99)	8:49.83 (1:17.81)	10:05.63 (1:15.80)	
4 Novello, Utah	19	Lane Leader Stellenbosch-CE	10:08.40	10:08.83
1:11.95	2:28.73 (1:16.78)	3:44.78 (1:16.05)	5:01.71 (1:16.93)	
6:18.88 (1:17.17)	7:37.12 (1:18.24)	8:55.02 (1:17.90)	10:08.83 (1:13.81)	
5 Kotzè, Tamsyn G	18	Streamline Aquatics-CP	10:16.91	10:10.93
1:11.70	2:27.87 (1:16.17)	3:44.07 (1:16.20)	5:01.18 (1:17.11)	
6:18.58 (1:17.40)	7:36.67 (1:18.09)	8:54.62 (1:17.95)	10:10.93 (1:16.31)	
6 Kleynhans, Sian	16	Waterbender Aquatics Club-ED	10:28.93	10:48.08
1:18.36	2:41.77 (1:23.41)	4:05.75 (1:23.98)	5:28.18 (1:22.43)	
6:48.97 (1:20.79)	8:10.12 (1:21.15)	9:30.78 (1:20.66)	10:48.08 (1:17.30)	
7 Hartung, Amy M	16	Aqua Sharks Academy-CP	10:17.95	11:06.25
1:15.40	2:35.30 (1:19.90)	3:58.21 (1:22.91)	5:23.07 (1:24.86)	
6:48.54 (1:25.47)	8:15.08 (1:26.54)	9:41.90 (1:26.82)	11:06.25 (1:24.35)	

Event 408 Mixed 11 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 Swimlab Aquatic Academ-CP	A	2:46.00	2:28.54
1:18.09	2:28.54 (1:10.45)		
2 Curro Aquatic Swim Club-CP	A	2:34.31	2:30.03
1:20.37	2:30.03 (1:09.66)		
3 Tygerberg Aquatics-CP	A	2:35.06	2:33.70
25.67	2:33.70 (2:08.03)		
4 Aqua Sharks Academy-CP	A	2:37.09	2:35.79
1:27.56	2:35.79 (1:08.23)		
5 Swartland Aquatics-WC	A	2:41.23	2:36.52
1:25.69	2:36.52 (1:10.83)		
6 Lane Leader Stellenbosch-CE	A	2:48.48	2:45.01
1:27.29	2:45.01 (1:17.72)		
7 Curro Aquatic Swim Club-CP	B	2:41.69	2:46.49
1:33.89	2:46.49 (1:12.60)		
8 Tygerberg Aquatics-CP	B	2:41.02	2:51.61
1:32.29	2:51.61 (1:19.32)		

Event 409 Mixed 13 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP	A	2:10.10	2:11.29
1:10.93	2:11.29 (1:00.36)		
2 Xcel Swim Academy-CP	A	2:16.62	2:13.16
1:09.90	2:13.16 (1:03.26)		
3 Curro Aquatic Swim Club-CP	B	2:19.30	2:16.65
1:17.40	2:16.65 (59.25)		
4 Tygerberg Aquatics-CP	A	2:17.80	2:17.65
1:16.75	2:17.65 (1:00.90)		
5 Aqua Sharks Academy-CP	A	2:18.39	2:21.14
1:20.19	2:21.14 (1:00.95)		
6 Manta SC-CP	A	2:28.12	2:21.52
1:16.02	2:21.52 (1:05.50)		
7 Uwc Aquatics-CP	A	2:23.87	2:21.61
1:21.30	2:21.61 (1:00.31)		
8 Curro Langebaan Aquatics-WC	A	2:37.76	2:27.84

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 409 Mixed 13 & Under 4x50 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
9 Lane Leader Stellenbosch-CE	A	2:20.27	2:28.60
1:19.16 2:28.60 (1:09.44)			
10 Aqua Sharks Academy-CP	B	2:20.32	2:29.30
1:22.51 2:29.30 (1:06.79)			
11 Tygerberg Aquatics-CP	B	2:32.23	2:34.47
1:18.09 2:34.47 (1:16.38)			

Event 410 Mixed 15 & Under 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 Curro Aquatic Swim Club-CP	B	2:03.53	1:59.55
1:02.39 1:59.55 (57.16)			
2 Curro Aquatic Swim Club-CP	A	1:57.79	2:01.70
1:05.63 2:01.70 (56.07)			
3 Aqua Sharks Academy-CP	A	2:08.77	2:08.07
1:09.62 2:08.07 (58.45)			
4 Tygerberg Aquatics-CP	A	2:10.60	2:08.59
1:11.47 2:08.59 (57.12)			
5 Marlin Swimming Club-CP	A	2:13.71	2:14.93
1:16.28 2:14.93 (58.65)			
6 Lane Leader Stellenbosch-CE	A	2:34.50	2:21.41
1:14.57 2:21.41 (1:06.84)			
--- Cybersmart Aquatics-CP	A	2:15.62	DQ
1:09.48 DQ (1:01.20)			

Event 411 Mixed 4x50 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 Lane Leader Stellenbosch-CE	A	1:47.82	1:51.32
1:02.93 1:51.32 (48.39)			
2 Lane Leader Stellenbosch-CE	B	1:50.81	1:56.41
1:02.27 1:56.41 (54.14)			
3 Tygerberg Aquatics-CP	A	2:03.00	2:02.78
1:01.74 2:02.78 (1:01.04)			
4 Curro Aquatic Swim Club-CP	A	2:00.72	2:07.21
1:09.11 2:07.21 (58.10)			
5 Curro Langebaan Aquatics-WC	A	2:05.16	2:07.89
1:08.97 2:07.89 (58.92)			
6 Aqua Sharks Academy-CP	A	2:09.27	2:12.25
1:11.23 2:12.25 (1:01.02)			

Event 500 Girls 11 & Under 200 LC Meter Backstroke

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Coetsee, Elke M	11	Fish Eagle Aquatics-ED	2:46.40	2:40.00
1:17.77 2:40.00 (1:22.23)				
2 Daniels, Emily G	11	Xcel Swim Academy-CP	2:48.74	2:49.42
1:22.12 2:49.42 (1:27.30)				
3 Scheffer, Shaylee C	11	Uwc Aquatics-CP	2:56.41	2:52.83
1:24.53 2:52.83 (1:28.30)				
4 Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	3:02.04	2:58.28
1:25.74 2:58.28 (1:32.54)				
5 Richards, Emma E	11	Swimlab Aquatic Academ-CP	3:05.19	3:02.29
1:27.25 3:02.29 (1:35.04)				
6 Schenck, Maya K	11	Tygerberg Aquatics-CP	3:09.11	3:06.86
1:29.73 3:06.86 (1:37.13)				
7 Benade, Aria	11	Swimlab Aquatic Academ-CP	3:08.13	3:08.02
1:31.19 3:08.02 (1:36.83)				
8 Bruwer, Leané	11	Swartland Aquatics-WC	3:16.15	3:14.75
1:33.53 3:14.75 (1:41.22)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 500 Girls 11 & Under 200 LC Meter Backstroke**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	2:41.98	2:46.40	q
	1:21.96	2:46.40 (1:24.44)				
2	Daniels, Emily G	11	Xcel Swim Academy-CP	2:45.54	2:48.74	q
	1:23.17	2:48.74 (1:25.57)				
3	Scheffer, Shaylee C	11	Uwc Aquatics-CP	2:52.08	2:56.41	q
	1:26.20	2:56.41 (1:30.21)				
4	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	3:00.67	3:02.04	q
	1:27.24	3:02.04 (1:34.80)				
5	Richards, Emma E	11	Swimlab Aquatic Academ-CP	3:09.61	3:05.19	q
	1:30.86	3:05.19 (1:34.33)				
6	Benade, Aria	11	Swimlab Aquatic Academ-CP	3:11.62	3:08.13	q
	1:31.39	3:08.13 (1:36.74)				
7	Schenck, Maya K	11	Tygerberg Aquatics-CP	3:04.25	3:09.11	q
	1:32.73	3:09.11 (1:36.38)				
8	Bruwer, Leané	11	Swartland Aquatics-WC	3:13.96	3:16.15	q
	1:35.95	3:16.15 (1:40.20)				
9	Harvett, Logan L	11	Stellenbosch Aquatics-CE	3:16.31	3:16.27	
	1:36.63	3:16.27 (1:39.64)				
10	De Lange, Niah	10	Curro Aquatic Swim Club-CP	3:06.58	3:16.62	
	1:35.53	3:16.62 (1:41.09)				
11	Louw, Milea	11	Tygerberg Aquatics-CP	3:09.45	3:18.27	
	1:37.44	3:18.27 (1:40.83)				
12	Kriel, Leah	11	Greydogs Swimming Club-CP	3:19.52	3:18.61	
	1:37.31	3:18.61 (1:41.30)				
13	Glass, Gabi	11	Swimlab Aquatic Academ-CP	3:17.40	3:20.27	
	1:38.59	3:20.27 (1:41.68)				
14	Freese, Gabi M	10	Swimlab Aquatic Academ-CP	3:17.46	3:21.54	
	1:37.96	3:21.54 (1:43.58)				
15	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	3:19.59	3:24.59	
	1:39.92	3:24.59 (1:44.67)				
16	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	3:25.29	3:26.34	
	1:45.00	3:26.34 (1:41.34)				

Event 500 Girls 12-13 200 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	2:25.72	2:22.11	
	1:09.50	2:22.11 (1:12.61)				
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:35.99	2:32.06	
	1:12.93	2:32.06 (1:19.13)				
3	Boshoff, Anja	13	Tygerberg Aquatics-CP	2:35.98	2:34.17	
	1:14.63	2:34.17 (1:19.54)				
4	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	2:44.82	2:41.36	
	1:18.95	2:41.36 (1:22.41)				
5	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	2:46.59	2:41.77	
	1:18.71	2:41.77 (1:23.06)				
6	Dabrowski, Leah A	12	Blouberg Marlins-CP	2:45.74	2:43.61	
	1:20.92	2:43.61 (1:22.69)				
7	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:43.49	2:43.78	
	1:20.05	2:43.78 (1:23.73)				
8	Burger, Johané	13	Royal Swimming Academy-ED	2:47.21	2:50.78	
	1:22.73	2:50.78 (1:28.05)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 500 Girls 12-13 200 LC Meter Backstroke**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	2:19.80	2:25.72	q
	1:11.30	2:25.72	(1:14.42)			
2	Boshoff, Anja	13	Tygerberg Aquatics-CP	2:34.08	2:35.98	q
	1:15.51	2:35.98	(1:20.47)			
3	Lorenzen, Ava E	13	Blouberg Marlins-CP	2:30.34	2:35.99	q
	1:15.10	2:35.99	(1:20.89)			
4	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	2:38.76	2:43.49	q
	1:18.55	2:43.49	(1:24.94)			
5	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	2:44.72	2:44.82	q
	1:20.00	2:44.82	(1:24.82)			
6	Dabrowski, Leah A	12	Blouberg Marlins-CP	2:40.76	2:45.74	q
	1:19.33	2:45.74	(1:26.41)			
7	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	2:39.64	2:46.36	q
	1:20.53	2:46.36	(1:25.83)			
8	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	2:42.60	2:46.59	q
	1:21.54	2:46.59	(1:25.05)			
9	Burger, Johané	13	Royal Swimming Academy-ED	2:46.83	2:47.21	
	1:21.68	2:47.21	(1:25.53)			
10	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	2:40.45	2:48.46	
	1:20.43	2:48.46	(1:28.03)			
11	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	2:46.20	2:51.11	
	27.79	2:51.11	(2:23.32)			
12	Koegelenberg, Emily	13	Xcel Swim Academy-CP	2:47.79	2:52.30	
	1:25.33	2:52.30	(1:26.97)			
13	Roff, Mikaela	13	Royal Swimming Academy-ED	2:47.80	2:53.15	
	1:25.48	2:53.15	(1:27.67)			
14	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	2:51.36	2:53.51	
	1:23.61	2:53.51	(1:29.90)			
15	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	3:00.00	2:54.77	
	1:25.06	2:54.77	(1:29.71)			
16	Barthus, Alessia	12	Manta SC-CP	2:53.29	2:55.71	
	1:24.66	2:55.71	(1:31.05)			
17	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	2:55.12	2:55.91	
	1:25.28	2:55.91	(1:30.63)			
18	Nel, Olivia	12	Curro Langebaan Aquatics-WC	2:53.69	2:56.34	
	1:25.94	2:56.34	(1:30.40)			
19	Gilligan, Saskia	12	Blouberg Marlins-CP	3:03.67	2:56.61	
	1:25.32	2:56.61	(1:31.29)			
20	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	3:00.04	2:56.93	
	1:27.07	2:56.93	(1:29.86)			
21	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	2:53.73	2:57.94	
	1:26.62	2:57.94	(1:31.32)			
22	Matthee, Zarah	12	Uwc Aquatics-CP	2:58.89	2:58.19	
	1:27.96	2:58.19	(1:30.23)			
23	Liebenberg, Aimee L	13	Elite Swimming Academy-CE	3:00.56	2:59.27	
	1:27.58	2:59.27	(1:31.69)			
24	Venter, Ané	12	Fish Eagle Aquatics-ED	3:01.92	2:59.47	
	1:29.16	2:59.47	(1:30.31)			
25	Sabbagha, Georgia	13	Paarl Aquarius SC-CE	2:53.65	2:59.61	
	1:28.53	2:59.61	(1:31.08)			
26	Julies, Grace J	12	Xcel Swim Academy-CP	3:04.45	3:00.78	
	1:29.23	3:00.78	(1:31.55)			
27	Billson, Amelie	13	Curro Aquatic Swim Club-CP	2:46.99	3:01.38	
	1:28.98	3:01.38	(1:32.40)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 500 Girls 12-13 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
28	Barnes, Caitlin M	13	Swimlab Aquatic Academ-CP	2:58.69	3:01.85
	1:29.38	3:01.85 (1:32.47)			
29	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	2:49.67	3:01.99
	1:28.35	3:01.99 (1:33.64)			
30	Tranter, Alexia R	12	Sport Science Institute of SA-CP	2:55.81	3:02.66
	1:28.76	3:02.66 (1:33.90)			
31	Malan, Lua B	13	Players-CE	2:55.71	3:02.91
	1:28.35	3:02.91 (1:34.56)			
32	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	3:01.19	3:03.59
	1:31.51	3:03.59 (1:32.08)			
33	Barenblatt, Sienna G	13	Stellenbosch Aquatics-CE	2:53.44	3:03.90
	1:29.96	3:03.90 (1:33.94)			
34	Theron, Alex	13	Curro Aquatic Swim Club-CP	2:54.77	3:04.89
	1:30.81	3:04.89 (1:34.08)			
35	Engelbrecht, Zia-Bella L	12	Helderberg Titans Swimming Aca-CP	3:03.11	3:05.13
	1:29.21	3:05.13 (1:35.92)			
36	Smit, Dione	12	Curro Aquatic Swim Club-CP	3:00.37	3:05.38
	1:30.88	3:05.38 (1:34.50)			
37	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	2:54.34	3:07.19
	1:28.11	3:07.19 (1:39.08)			
38	Normington, Olivia	12	Xcel Swim Academy-CP	3:01.02	3:07.32
	1:31.64	3:07.32 (1:35.68)			
39	Tager, Kate S	13	Curro Hermanus Aquatics-OB	3:04.89	3:07.33
	1:31.47	3:07.33 (1:35.86)			
40	Schoeman, Liné	12	Fish Eagle Aquatics-ED	3:17.58	3:11.64
	1:32.33	3:11.64 (1:39.31)			
41	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	3:10.42	3:12.16
	1:33.37	3:12.16 (1:38.79)			
42	Noble, Lea L	12	Blouberg Marlins-CP	3:14.28	3:12.76
	1:31.30	3:12.76 (1:41.46)			
43	Cozyn, Nuhaa	13	Manta SC-CP	3:09.04	3:13.24
	1:33.01	3:13.24 (1:40.23)			
44	Van de Vyver, Mia	13	Elite Swimming Academy-CE	3:11.24	3:16.86
	1:35.06	3:16.86 (1:41.80)			
45	Rosenstrauch, Lara	13	Helderberg Titans Swimming Aca-CP	3:25.67	3:17.44
	1:36.48	3:17.44 (1:40.96)			
46	Adams, Ella	12	Curro Aquatic Swim Club-CP	3:20.34	3:23.36
	1:37.65	3:23.36 (1:45.71)			
47	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	3:25.39	3:27.21
	1:42.70	3:27.21 (1:44.51)			
---	De Wit, Rua	13	Curro Aquatic Swim Club-CP	2:55.76	DQ
	1:25.20	DQ (1:37.67)			
---	Beyers, Lize M	12	Agulhas Aquatics-OB	3:07.02	DQ
	1:30.80	DQ (1:36.22)			

Event 500 Women 14-15 200 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Visser, Cara	15	Cybersmart Aquatics-CP	2:39.39	2:35.86
	1:15.42	2:35.86 (1:20.44)			
*2	Esterhuysen, Alice	14	Waterbender Aquatics Club-ED	2:41.17	2:37.95
	1:17.60	2:37.95 (1:20.35)			
*2	Riley, Logan	15	Curro Aquatic Swim Club-CP	2:40.67	2:37.95
	1:15.86	2:37.95 (1:22.09)			
4	Durandt, Sharli	14	Aqua Sharks Academy-CP	2:37.61	2:38.03
	1:16.17	2:38.03 (1:21.86)			
5	De Villiers, Anja	14	Tygerberg Aquatics-CP	2:41.58	2:40.82
	1:17.30	2:40.82 (1:23.52)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 500 Women 14-15 200 LC Meter Backstroke)**

	Name	Age	Team	Prelim Time	Finals Time
6	Cronjé, Miané	14	Fish Eagle Aquatics-ED	2:40.33	2:42.41
	1:18.08		2:42.41 (1:24.33)		
7	Nienaber, Mila J	14	Elite Swimming Academy-CE	2:46.13	2:44.38
	1:19.26		2:44.38 (1:25.12)		
8	Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	2:46.72	2:45.02
	1:19.86		2:45.02 (1:25.16)		

Event 500 Women 14-15 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	2:27.32	2:33.83 q
	1:15.30		2:33.83 (1:18.53)		
2	Durandt, Sharli	14	Aqua Sharks Academy-CP	2:37.66	2:37.61 q
	1:15.53		2:37.61 (1:22.08)		
3	Visser, Cara	15	Cybersmart Aquatics-CP	2:35.52	2:39.39 q
	1:17.32		2:39.39 (1:22.07)		
4	Cronjé, Miané	14	Fish Eagle Aquatics-ED	2:40.54	2:40.33 q
	1:17.64		2:40.33 (1:22.69)		
5	Riley, Logan	15	Curro Aquatic Swim Club-CP	2:35.11	2:40.67 q
	1:17.20		2:40.67 (1:23.47)		
6	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	2:45.67	2:41.17 q
	1:19.60		2:41.17 (1:21.57)		
7	De Villiers, Anja	14	Tygerberg Aquatics-CP	2:33.72	2:41.58 q
	1:18.17		2:41.58 (1:23.41)		
8	Nienaber, Mila J	14	Elite Swimming Academy-CE	2:44.99	2:46.13 q
	1:21.29		2:46.13 (1:24.84)		
9	Baillie, Gabi J	15	Lane Leader Stellenbosch-CE	2:37.92	2:46.72
	1:20.40		2:46.72 (1:26.32)		
10	Louw, Anieka	15	Curro Aquatic Swim Club-CP	2:41.33	2:47.29
	1:20.21		2:47.29 (1:27.08)		
11	Engelbrecht, Giselle K	15	Helderberg Titans Swimming Aca-CP	2:46.40	2:49.94
	1:22.76		2:49.94 (1:27.18)		
12	De Beer, Isabella C	14	Players-CE	2:44.84	2:50.66
	1:22.04		2:50.66 (1:28.62)		
13	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	2:49.65	2:50.98
	1:23.23		2:50.98 (1:27.75)		
14	Lourens, Mia	14	Curro Aquatic Swim Club-CP	2:51.25	2:52.03
	1:23.73		2:52.03 (1:28.30)		
15	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	2:42.80	2:52.12
	1:22.45		2:52.12 (1:29.67)		
16	Coleman, Milan	14	Fish Eagle Aquatics-ED	2:57.79	2:52.69
	1:23.14		2:52.69 (1:29.55)		
17	Hager, Carle	15	Elite Swimming Academy-CE	2:53.24	2:53.11
	1:23.36		2:53.11 (1:29.75)		
18	Kröger, Sammy	14	Elite Swimming Academy-CE	2:47.56	2:53.21
	1:24.39		2:53.21 (1:28.82)		
19	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	2:49.17	2:54.06
	1:26.63		2:54.06 (1:27.43)		
20	Burger, Juanè	15	Curro Aquatic Swim Club-CP	2:45.85	2:54.63
	1:23.24		2:54.63 (1:31.39)		
21	De Oliveira, Aliyah	15	Tygerberg Aquatics-CP	2:41.81	2:55.55
	1:23.86		2:55.55 (1:31.69)		
22	McAfee, Holly B	15	Fish Eagle Aquatics-ED	2:53.44	2:55.57
	1:24.57		2:55.57 (1:31.00)		
23	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	2:50.14	2:56.64
	1:25.82		2:56.64 (1:30.82)		

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 500 Women 14-15 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
24	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	2:45.10	2:57.35
	1:25.42	2:57.35 (1:31.93)			
25	Basson, Lenè	14	Paarl Aquarius SC-CE	2:52.02	2:59.99
	1:24.81	2:59.99 (1:35.18)			
26	Abrahams, Amaani	14	Marlin Swimming Club-CP	3:01.32	3:00.81
	1:27.69	3:00.81 (1:33.12)			
27	Barkhuysen, Jani	14	Lane Leader Stellenbosch-CE	2:55.35	3:02.36
	1:25.25	3:02.36 (1:37.11)			
28	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	3:01.05	3:05.15
	1:28.73	3:05.15 (1:36.42)			
29	Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	3:08.89	3:10.64

Event 500 Women 16 & Over 200 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	2:24.98	2:17.20
	1:06.38	2:17.20 (1:10.82)			
2	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	2:29.82	2:25.27
	18.28	2:25.27 (2:06.99)			
3	Newton, Ava L	16	Curro Aquatic Swim Club-CP	2:31.56	2:29.97
	1:12.41	2:29.97 (1:17.56)			
4	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	2:30.40	2:30.30
	1:12.94	2:30.30 (1:17.36)			
5	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	2:43.20	2:36.58
	1:15.23	2:36.58 (1:21.35)			
6	Fourie, Petro Marié	20	Lane Leader Stellenbosch-CE	2:40.31	2:36.99
	1:16.01	2:36.99 (1:20.98)			
7	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:39.57	2:37.63
	1:17.88	2:37.63 (1:19.75)			
8	Coleman, Madison	16	Blouberg Marlins-CP	2:43.06	2:39.48
	1:18.77	2:39.48 (1:20.71)			
9	Juries, Sam C	16	Curro Langebaan Aquatics-WC	2:45.42	2:41.71
	1:17.09	2:41.71 (1:24.62)			
10	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	2:44.05	2:42.74
	1:17.14	2:42.74 (1:25.60)			
11	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	2:50.90	2:44.18
	1:20.60	2:44.18 (1:23.58)			
12	Morais, Nyriam W	16	Uwc Aquatics-CP	2:49.25	2:44.43
	1:21.52	2:44.43 (1:22.91)			
13	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	2:48.44	2:44.90
	1:20.66	2:44.90 (1:24.24)			
14	Senekal, Margo	16	Tygerberg Aquatics-CP	2:47.34	2:44.94
	1:20.84	2:44.94 (1:24.10)			
15	Burke, Hannah	16	Streamline Aquatics-CP	2:49.22	2:50.06
	1:22.61	2:50.06 (1:27.45)			
16	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	2:55.44	2:56.40
	1:26.65	2:56.40 (1:29.75)			

Event 500 Women 16 & Over 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	2:11.96	2:24.98 a
	1:07.72	2:24.98 (1:17.26)			
2	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	2:27.18	2:29.82 a
	1:10.05	2:29.82 (1:19.77)			
3	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	2:22.58	2:30.40 a
	1:13.53	2:30.40 (1:16.87)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 500 Women 16 & Over 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
4	Newton, Ava L	16	Curro Aquatic Swim Club-CP	2:24.59	2:31.56	q
	1:12.57	2:31.56 (1:18.99)				
5	Rossouw, Cara	16	Tygerberg Aquatics-CP	2:39.17	2:39.57	q
	1:19.31	2:39.57 (1:20.26)				
6	Fourie, Petro Marié	20	Lane Leader Stellenbosch-CE	2:37.60	2:40.31	q
	1:18.20	2:40.31 (1:22.11)				
7	Coleman, Madison	16	Blouberg Marlins-CP	2:38.57	2:43.06	q
	1:19.54	2:43.06 (1:23.52)				
8	Hayes, Kerrigan L	16	Curro Aquatic Swim Club-CP	2:30.89	2:43.20	q
	1:18.51	2:43.20 (1:24.69)				
9	Vd Merwe, Mi-Ly	16	Lane Leader Stellenbosch-CE	2:39.51	2:43.23	q
	1:18.64	2:43.23 (1:24.59)				
10	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	2:34.90	2:44.05	q
	1:18.82	2:44.05 (1:25.23)				
11	Juries, Sam C	16	Curro Langebaan Aquatics-WC	2:34.33	2:45.42	q
	1:16.98	2:45.42 (1:28.44)				
12	Senekal, Margo	16	Tygerberg Aquatics-CP	2:39.55	2:47.34	q
	1:19.98	2:47.34 (1:27.36)				
13	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	2:41.73	2:48.44	q
	1:21.65	2:48.44 (1:26.79)				
14	Burke, Hannah	16	Streamline Aquatics-CP	2:37.12	2:49.22	q
	1:20.95	2:49.22 (1:28.27)				
15	Morais, Nyriam W	16	Uwc Aquatics-CP	2:50.91	2:49.25	q
	1:22.88	2:49.25 (1:26.37)				
16	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	2:35.85	2:50.90	q
	1:21.91	2:50.90 (1:28.99)				
17	Kleynhans, Sian	16	Waterbender Aquatics Club-ED	2:46.48	2:55.44	
	1:26.43	2:55.44 (1:29.01)				
18	Louw, Alexa	17	Blouberg Marlins-CP	2:46.14	2:57.20	
	1:25.17	2:57.20 (1:32.03)				
19	Jephta, Ra-eesa	20	Manta SC-CP	2:51.10	3:10.51	
	1:31.23	3:10.51 (1:39.28)				

Event 501 Boys 11 & Under 200 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	2:43.18	2:36.70
	1:16.23	2:36.70 (1:20.47)			
2	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	2:42.71	2:39.69
	1:17.48	2:39.69 (1:22.21)			
3	Gilligan, Cooper J	11	Blouberg Marlins-CP	2:54.82	2:50.82
	1:23.89	2:50.82 (1:26.93)			
4	Joyce, Guy	11	Curro Aquatic Swim Club-CP	2:53.04	2:51.34
5	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	2:57.21	2:51.62
	1:23.52	2:51.62 (1:28.10)			
6	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	2:57.66	2:52.89
	1:26.84	2:52.89 (1:26.05)			
7	Horn, Ben	10	Xcel Swim Academy-CP	2:57.01	2:54.10
	1:27.04	2:54.10 (1:27.06)			
8	Cloete, Albert	11	Tygerberg Aquatics-CP	2:58.57	2:55.74
	1:27.11	2:55.74 (1:28.63)			

Event 501 Boys 11 & Under 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	2:42.06	2:42.71 q
	1:21.45	2:42.71 (1:21.26)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 501 Boys 11 & Under 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	2:37.67	2:43.18	q
	1:19.72	2:43.18 (1:23.46)				
3	Joyce, Guy	11	Curro Aquatic Swim Club-CP	2:56.11	2:53.04	q
	1:26.61	2:53.04 (1:26.43)				
4	Gilligan, Cooper J	11	Blouberg Marlins-CP	2:53.60	2:54.82	q
	1:25.79	2:54.82 (1:29.03)				
5	Horn, Ben	10	Xcel Swim Academy-CP	3:00.65	2:57.01	q
	1:29.02	2:57.01 (1:27.99)				
6	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	2:50.81	2:57.21	q
	1:26.46	2:57.21 (1:30.75)				
7	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	2:58.41	2:57.66	q
	1:28.53	2:57.66 (1:29.13)				
8	Cloete, Albert	11	Tygerberg Aquatics-CP	3:11.16	2:58.57	q
9	Pieters, Cayden R	11	Swartland Aquatics-WC	3:00.95	2:58.71	
10	Kruger, Declan	11	Blouberg Marlins-CP	2:50.99	2:59.87	
	1:29.57	2:59.87 (1:30.30)				
11	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	2:57.84	3:00.51	
	1:26.11	3:00.51 (1:34.40)				
12	Naude, Niel P	11	Agulhas Aquatics-OB	3:07.80	3:05.76	
	1:30.86	3:05.76 (1:34.90)				
13	Kruger, Blake R	11	Swartland Aquatics-WC	3:05.22	3:06.43	
	1:31.57	3:06.43 (1:34.86)				
14	Bouffé, Hunter K	11	Knysna Aquatics-ED	3:10.56	3:09.86	
	1:35.14	3:09.86 (1:34.72)				
15	Mallin, Aron	9	Swimlab Aquatic Academ-CP	3:05.75	3:10.22	
	1:33.74	3:10.22 (1:36.48)				
16	Edwards, Bryce	11	Cape Town Otters-CP	3:25.66	3:10.94	
	1:32.48	3:10.94 (1:38.46)				
17	Stasch, Alexander G	11	Tygerberg Aquatics-CP	3:11.24	3:11.17	
	1:34.69	3:11.17 (1:36.48)				
18	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	3:07.38	3:12.61	
	1:31.85	3:12.61 (1:40.76)				
19	Schutte, Ethan	10	Quick Silver Swimming Club-CP	3:13.98	3:13.64	
20	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	3:25.56	3:15.28	
	1:35.47	3:15.28 (1:39.81)				
21	Basson, Christiaan K	10	Silver Fins Swimming Club-CP	3:18.75	3:16.99	
	1:36.15	3:16.99 (1:40.84)				
22	Mare, Ilan	11	Curro Aquatic Swim Club-CP	3:16.31	3:17.75	
	1:37.85	3:17.75 (1:39.90)				
23	Spangenberg, Luke A	11	Xcel Swim Academy-CP	3:20.79	3:18.24	
	1:38.93	3:18.24 (1:39.31)				
24	Eksteen, Pisces M	11	Xcel Swim Academy-CP	3:16.89	3:18.47	
	1:37.61	3:18.47 (1:40.86)				
25	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	3:23.08	3:19.50	
	1:38.24	3:19.50 (1:41.26)				
26	Scholtz, William A	11	Curro Aquatic Swim Club-CP	3:27.01	3:23.79	
	1:39.17	3:23.79 (1:44.62)				
27	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	3:22.00	3:23.86	
	1:39.85	3:23.86 (1:44.01)				
28	Retief, Daniel	11	The Well-CE	3:27.69	3:25.99	
	1:42.08	3:25.99 (1:43.91)				
29	Spreeth, Barend P	11	Swartland Aquatics-WC	3:19.77	3:29.42	
	1:42.29	3:29.42 (1:47.13)				
---	Askevold, Gunther J	11	Blouberg Marlins-CP	3:11.86	DQ	
	1:36.19	DQ (1:49.13)				
---	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	3:00.48	DQ	
	1:29.62	DQ (1:33.38)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 501 Boys 12-13 200 LC Meter Backstroke**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:26.03	2:22.71
	1:09.58	2:22.71 (1:13.13)			
2	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	2:29.16	2:23.51
	1:10.52	2:23.51 (1:12.99)			
3	Poultney, Matthew	12	Curro Aquatic Swim Club-CP	2:27.26	2:24.12
	1:10.85	2:24.12 (1:13.27)			
4	Kruger, Zachary C	13	Swartland Aquatics-WC	2:29.02	2:27.68
	1:12.60	2:27.68 (1:15.08)			
5	Barnard, Daniël B	13	Xcel Swim Academy-CP	2:35.03	2:33.13
	1:15.78	2:33.13 (1:17.35)			
6	Visagie, Dian	13	Swartland Aquatics-WC	2:37.86	2:36.39
	1:16.47	2:36.39 (1:19.92)			
7	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	2:35.66	2:36.55
	1:16.73	2:36.55 (1:19.82)			
8	Heunis, Le Roux	13	Tygerberg Aquatics-CP	2:34.77	2:36.96
	1:15.97	2:36.96 (1:20.99)			

Event 501 Boys 12-13 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bright, Michael C	13	Curro Aquatic Swim Club-CP	2:24.95	2:26.03 a
	1:11.61	2:26.03 (1:14.42)			
2	Poultney, Matthew	12	Curro Aquatic Swim Club-CP	2:33.08	2:27.26 a
	1:14.01	2:27.26 (1:13.25)			
3	Kruger, Zachary C	13	Swartland Aquatics-WC	2:31.23	2:29.02 a
	1:12.79	2:29.02 (1:16.23)			
4	Hahn, Kyle H	13	Waterbender Aquatics Club-ED	2:24.32	2:29.16 a
	1:12.59	2:29.16 (1:16.57)			
5	Heunis, Le Roux	13	Tygerberg Aquatics-CP	2:38.66	2:34.77 a
	1:15.62	2:34.77 (1:19.15)			
6	Barnard, Daniël B	13	Xcel Swim Academy-CP	2:35.28	2:35.03 a
	1:17.43	2:35.03 (1:17.60)			
7	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	2:37.07	2:35.66 a
	1:15.75	2:35.66 (1:19.91)			
8	Visagie, Dian	13	Swartland Aquatics-WC	2:29.94	2:37.86 a
	1:14.91	2:37.86 (1:22.95)			
9	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	2:37.81	2:38.71
	1:16.74	2:38.71 (1:21.97)			
10	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	2:34.04	2:39.97
	1:18.11	2:39.97 (1:21.86)			
11	Schaefer, Daniel C	13	Players-CE	2:37.56	2:40.15
	1:17.10	2:40.15 (1:23.05)			
12	February, Dillon S	13	Curro Aquatic Swim Club-CP	2:42.86	2:41.56
	1:17.71	2:41.56 (1:23.85)			
13	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	2:35.00	2:42.98
	1:19.44	2:42.98 (1:23.54)			
14	Steyn, Harry	12	Aqua Sharks Academy-CP	2:39.67	2:44.23
	1:19.95	2:44.23 (1:24.28)			
15	Schabert, Lowen	12	Elite Swimming Academy-CE	2:52.31	2:45.08
	1:20.36	2:45.08 (1:24.72)			
16	Viljoen, Jagger F	12	Aqua Sharks Academy-CP	2:40.89	2:46.26
	1:21.76	2:46.26 (1:24.50)			
17	Lewis, Amaru C	13	Paarl Aquarius SC-CE	2:47.93	2:48.26
	1:21.95	2:48.26 (1:26.31)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 501 Boys 12-13 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Prelim Time
18	Shipton, Christopher J	13	Quick Silver Swimming Club-CP	2:46.29	2:48.30
	1:21.21	2:48.30 (1:27.09)			
19	Rossouw, Marais	12	Quick Silver Swimming Club-CP	2:58.73	2:52.60
	1:25.54	2:52.60 (1:27.06)			
20	Clark, Alexander L	12	Uwc Aquatics-CP	2:54.03	2:52.67
	1:26.07	2:52.67 (1:26.60)			
21	Naude, AJ J	13	Agulhas Aquatics-OB	2:56.29	2:52.81
	1:25.08	2:52.81 (1:27.73)			
22	King, Aidan J	13	Curro Aquatic Swim Club-CP	2:49.26	2:54.24
	1:24.13	2:54.24 (1:30.11)			
23	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	2:51.45	2:54.36
	1:25.35	2:54.36 (1:29.01)			
24	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	2:57.05	2:54.86
	1:29.30	2:54.86 (1:25.56)			
25	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	2:53.90	2:55.27
	1:28.00	2:55.27 (1:27.27)			
26	Lee, Daniel	12	Tygerberg Aquatics-CP	2:52.75	2:55.71
	1:27.46	2:55.71 (1:28.25)			
27	Spangenberg, Zach A	12	Xcel Swim Academy-CP	2:49.96	2:55.83
	1:27.21	2:55.83 (1:28.62)			
28	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	3:03.21	2:56.43
	1:26.19	2:56.43 (1:30.24)			
29	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	2:52.38	2:56.69
	1:26.63	2:56.69 (1:30.06)			
30	Gerber, Luke M	12	Curro Aquatic Swim Club-CP	2:54.51	2:56.83
	1:26.13	2:56.83 (1:30.70)			
31	Lategan, Wessel W	13	Swartland Aquatics-WC	3:00.74	2:57.30
	1:30.45	2:57.30 (1:26.85)			
32	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	2:52.15	2:57.71
	1:26.88	2:57.71 (1:30.83)			
33	Zwarts, Zak P	13	Tygerberg Aquatics-CP	2:58.21	2:58.76
	1:26.94	2:58.76 (1:31.82)			
34	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	2:58.60	3:00.13
	1:27.26	3:00.13 (1:32.87)			
35	Heunis, Johan C	12	Barracudas Aquarama SC-CP	2:57.59	3:00.73
	1:30.08	3:00.73 (1:30.65)			
36	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	3:00.42	3:02.92
	1:27.09	3:02.92 (1:35.83)			
37	Walters, Caleb	13	Quick Silver Swimming Club-CP	3:17.61	3:04.99
	1:28.47	3:04.99 (1:36.52)			
38	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	2:58.99	3:08.49
	1:32.41	3:08.49 (1:36.08)			
39	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	3:10.14	3:09.46
	1:31.71	3:09.46 (1:37.75)			
40	Parr, Riley C	12	Knysna Aquatics-ED	3:02.79	3:11.34
	1:36.38	3:11.34 (1:34.96)			
41	Wustefeld-Janssens, Harry G	12	Stellenbosch Aquatics-CE	3:02.09	3:11.64
	1:35.18	3:11.64 (1:36.46)			

Event 501 Men 14-15 200 LC Meter Backstroke

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	2:17.79	2:15.32
	1:04.59	2:15.32 (1:10.73)			
2	Gilmour, Connor A	15	Streamline Aquatics-CP	2:23.13	2:20.46
	1:07.56	2:20.46 (1:12.90)			
3	Fernold, AJ	15	Waterbender Aquatics Club-ED	2:24.24	2:23.30
	1:09.40	2:23.30 (1:13.90)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

Finals ... (Event 501 Men 14-15 200 LC Meter Backstroke)

Name		Age	Team	Prelim Time	Finals Time
4	Nel, Max	15	Stellenbosch Aquatics-CE	2:25.00	2:23.86
	1:09.13		2:23.86 (1:14.73)		
5	Wright, Jonah S	14	Tygerberg Aquatics-CP	2:27.12	2:27.08
	1:11.92		2:27.08 (1:15.16)		
6	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:27.09	2:30.26
	1:13.04		2:30.26 (1:17.22)		
7	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	2:30.15	2:30.55
	1:12.55		2:30.55 (1:18.00)		
8	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:30.93	2:33.87
	1:15.03		2:33.87 (1:18.84)		

Event 501 Men 14-15 200 LC Meter Backstroke

Name		Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	2:09.63	2:17.79 a
	1:06.49		2:17.79 (1:11.30)		
2	Gilmour, Connor A	15	Streamline Aquatics-CP	2:18.44	2:23.13 a
	1:08.28		2:23.13 (1:14.85)		
3	Fernold, AJ	15	Waterbender Aquatics Club-ED	2:18.78	2:24.24 a
	1:10.44		2:24.24 (1:13.80)		
4	Nel, Max	15	Stellenbosch Aquatics-CE	2:21.56	2:25.00 a
	1:09.15		2:25.00 (1:15.85)		
5	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	2:23.01	2:27.09 a
	1:13.35		2:27.09 (1:13.74)		
6	Wright, Jonah S	14	Tygerberg Aquatics-CP	2:26.52	2:27.12 a
	1:12.12		2:27.12 (1:15.00)		
7	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	2:26.35	2:30.15 a
	1:12.17		2:30.15 (1:17.98)		
8	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	2:37.61	2:30.93 a
	1:14.58		2:30.93 (1:16.35)		
9	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	2:32.29	2:31.12
	1:12.06		2:31.12 (1:19.06)		
10	Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	2:25.81	2:31.25
	1:14.38		2:31.25 (1:16.87)		
11	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	2:29.71	2:31.58
	1:13.04		2:31.58 (1:18.54)		
12	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	2:34.00	2:31.74
	1:15.48		2:31.74 (1:16.26)		
13	Coetzee, Sion M	15	Quick Silver Swimming Club-CP	2:27.17	2:31.75
	1:14.31		2:31.75 (1:17.44)		
14	Van Vondel, Roland	14	Tygerberg Aquatics-CP	2:27.46	2:32.19
	1:13.19		2:32.19 (1:19.00)		
15	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	2:34.10	2:33.26
	1:13.88		2:33.26 (1:19.38)		
16	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	2:29.75	2:33.78
	1:14.57		2:33.78 (1:19.21)		
17	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	2:26.03	2:34.20
	1:13.61		2:34.20 (1:20.59)		
18	Fortune, Yaseen	15	Manta SC-CP	2:34.84	2:35.77
	1:14.89		2:35.77 (1:20.88)		
19	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	2:31.72	2:35.99
	1:15.94		2:35.99 (1:20.05)		
20	Williams, Evan B	15	Sport Science Institute of SA-CP	2:31.65	2:36.04
	1:15.99		2:36.04 (1:20.05)		
21	Rheeder, Liam M	15	Paarl Aquarius SC-CE	2:43.43	2:38.63
	1:17.61		2:38.63 (1:21.02)		

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

Preliminaries ... (Event 501 Men 14-15 200 LC Meter Backstroke)

Name		Age	Team	Seed Time	Prelim Time
22	Addinall, Ethan	14	Manta SC-CP	2:39.05	2:39.71
	1:18.48	2:39.71 (1:21.23)			
23	Hough, Caleb	14	Curro Langebaan Aquatics-WC	2:40.28	2:44.30
	1:19.44	2:44.30 (1:24.86)			
24	Hucke, Tegan	14	Cape Town Otters-CP	2:41.75	2:45.87
	1:20.82	2:45.87 (1:25.05)			
25	Lamminga, Jack	14	Curro Langebaan Aquatics-WC	2:45.19	2:47.80
	1:22.21	2:47.80 (1:25.59)			
26	Ganger, Zeke D	15	Marlin Swimming Club-CP	2:43.21	2:48.62
	1:23.23	2:48.62 (1:25.39)			
27	Fortune, Hakeem	14	Manta SC-CP	2:52.40	2:52.42
	1:24.27	2:52.42 (1:28.15)			
28	Pitout, Zachary J	14	Aqua Sharks Academy-CP	2:48.13	2:56.92
	1:26.06	2:56.92 (1:30.86)			

Event 501 Men 16 & Over 200 LC Meter Backstroke

Name		Age	Team	Prelim Time	Finals Time
Finals					
1	Boshoff, Juan C	20	TuksSwimming-TS	2:14.96	2:07.96
	1:02.66	2:07.96 (1:05.30)			
2	Labuschagne, Jeremy	19	Lane Leader Stellenbosch-CE	2:12.00	2:09.69
	1:03.24	2:09.69 (1:06.45)			
3	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	2:13.82	2:11.77
	1:06.15	2:11.77 (1:05.62)			
4	Wright, Keegan	19	Tygerberg Aquatics-CP	2:16.15	2:13.73
	1:06.53	2:13.73 (1:07.20)			
5	Myburgh, Ruan	17	Blouberg Marlins-CP	2:19.17	2:19.56
	1:05.95	2:19.56 (1:13.61)			
6	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	2:23.55	2:22.24
	1:07.17	2:22.24 (1:15.07)			
7	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	2:21.44	2:24.01
	1:10.11	2:24.01 (1:13.90)			
8	Kotzè, Max M	16	Blouberg Marlins-CP	2:30.25	2:27.67
	1:11.68	2:27.67 (1:15.99)			
9	Southey, Jamie	16	Aqua Dolphin Swimming Club-CP	2:30.93	2:29.57
	1:12.54	2:29.57 (1:17.03)			
10	Basson, Lucca N	16	Aqua Athlete Cta-CP	2:29.26	2:31.27
	1:11.72	2:31.27 (1:19.55)			
11	Bowers, Joshua A	22	Manta SC-CP	2:36.85	2:33.57
	1:12.98	2:33.57 (1:20.59)			
12	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	2:34.96	2:33.79
	1:13.90	2:33.79 (1:19.89)			
13	Lategan, Nicky N	16	Swartland Aquatics-WC	2:31.61	2:34.31
	1:14.55	2:34.31 (1:19.76)			
14	Holland-Muter, Jesse	16	Swartland Aquatics-WC	2:39.03	2:39.45
	1:17.67	2:39.45 (1:21.78)			
15	Burmeister, Marius	17	Brave-CE	2:41.29	2:40.68
	1:16.13	2:40.68 (1:24.55)			

Event 501 Men 16 & Over 200 LC Meter Backstroke

Name		Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Labuschagne, Jeremy	19	Lane Leader Stellenbosch-CE	2:08.44	2:12.00 a
	1:03.39	2:12.00 (1:08.61)			
2	Clayton, Franco P	19	Lane Leader Stellenbosch-CE	2:05.75	2:13.82 a
	1:05.75	2:13.82 (1:08.07)			
3	Boshoff, Juan C	20	TuksSwimming-TS	2:01.92	2:14.96 a
	1:06.45	2:14.96 (1:08.51)			

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

Preliminaries ... (Event 501 Men 16 & Over 200 LC Meter Backstroke)

Name		Age	Team	Seed Time	Prelim Time	
4	Wright, Keegan	19	Tygerberg Aquatics-CP	2:06.91	2:16.15	q
	1:06.79	2:16.15 (1:09.36)				
5	Myburgh, Ruan	17	Blouberg Marlins-CP	2:15.33	2:19.17	q
	51.84	2:19.17 (1:27.33)				
6	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	2:14.32	2:20.72	q
	1:06.44	2:20.72 (1:14.28)				
7	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	2:18.57	2:21.44	q
	1:09.36	2:21.44 (1:12.08)				
8	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	2:18.79	2:23.55	q
	1:06.91	2:23.55 (1:16.64)				
9	Basson, Lucca N	16	Aqua Athlete Cta-CP	2:22.86	2:29.26	q
	1:11.17	2:29.26 (1:18.09)				
10	McPetrie, James L	18	Manta SC-CP	2:18.16	2:29.46	q
	1:10.41	2:29.46 (1:19.05)				
11	Kotzè, Max M	16	Blouberg Marlins-CP	2:29.31	2:30.25	q
	1:12.27	2:30.25 (1:17.98)				
12	Southey, Jamie	16	Aqua Dolphin Swimming Club-CP	2:28.70	2:30.93	q
	1:12.80	2:30.93 (1:18.13)				
13	Lategan, Nicky N	16	Swartland Aquatics-WC	2:28.63	2:31.61	q
	1:13.65	2:31.61 (1:17.96)				
14	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	2:28.21	2:34.96	q
	1:13.55	2:34.96 (1:21.41)				
15	Bowers, Joshua A	22	Manta SC-CP	2:27.71	2:36.85	q
	1:14.22	2:36.85 (1:22.63)				
16	Holland-Muter, Jesse	16	Swartland Aquatics-WC	2:33.72	2:39.03	q
	1:16.67	2:39.03 (1:22.36)				
17	Burmeister, Marius	17	Brave-CE	2:35.59	2:41.29	
	1:17.83	2:41.29 (1:23.46)				
18	Wykeham, Josh W	17	Vineyard SC-CP	2:35.56	2:44.70	
	1:19.57	2:44.70 (1:25.13)				
---	Trower, Nic T	16	Swimlab Aquatic Academ-CP	2:08.32	DQ	
	1:05.31	DQ (1:10.38)				

Event 502 Girls 11 & Under 50 LC Meter Freestyle

Name		Age	Team	Prelim Time	Finals Time
Finals					
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	30.67	30.69
2	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	32.09	31.10
3	Levi, Zara	11	Cape Town Otters-CP	32.15	31.41
4	Kimani, Katja	11	Cybersmart Aquatics-CP	32.60	31.73
5	Daniels, Emily G	11	Xcel Swim Academy-CP	31.97	32.04
6	Pitout, Addison P	11	Aqua Sharks Academy-CP	33.13	32.42
7	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	33.30	32.51
8	Scheffer, Shaylee C	11	Uwc Aquatics-CP	33.49	33.89

Event 502 Girls 11 & Under 50 LC Meter Freestyle

Name		Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	30.95	30.67	q
2	Daniels, Emily G	11	Xcel Swim Academy-CP	32.20	31.97	q
3	Coetsee, Elke M	11	Fish Eagle Aquatics-ED	31.64	32.09	q
4	Levi, Zara	11	Cape Town Otters-CP	32.36	32.15	q
5	Kimani, Katja	11	Cybersmart Aquatics-CP	34.50	32.60	q
6	Pitout, Addison P	11	Aqua Sharks Academy-CP	32.82	33.13	q
7	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	33.49	33.30	q
8	Scheffer, Shaylee C	11	Uwc Aquatics-CP	33.66	33.49	q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 502 Girls 11 & Under 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
9	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	34.19	33.52
10	Swanepoel, Emma	11	Curro Langebaan Aquatics-WC	34.79	34.19
11	Jaftha, Mercedes A	11	Manta SC-CP	33.51	34.35
12	Van Zyl, Lily M	11	Elite Swimming Academy-CE	36.16	34.46
13	Weimers, Khloe P	11	Silver Fins Swimming Club-CP	38.05	34.54
14	Glass, Gabi	11	Swimlab Aquatic Academ-CP	36.02	34.66
15	Tredoux, Mila	11	Curro Langebaan Aquatics-WC	34.93	34.71
16	Van Wyk, Annabelle	11	Lane Leader Stellenbosch-CE	37.29	34.91
17	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	36.10	35.33
18	Harvett, Logan L	11	Stellenbosch Aquatics-CE	36.98	35.64
19	Lacovig, Sofia G	11	Lane Leader Stellenbosch-CE	37.00	35.66
20	Bruwer, Leané	11	Swartland Aquatics-WC	36.62	35.73
21	Benade, Aria	11	Swimlab Aquatic Academ-CP	37.11	36.10
22	Freese, Gabi M	10	Swimlab Aquatic Academ-CP	37.04	36.35
23	De Lange, Niah	10	Curro Aquatic Swim Club-CP	37.68	36.41
24	Sinclair, Sarah F	10	Knysna Aquatics-ED	38.40	36.55
25	Singh, Pradhia	11	Curro Aquatic Swim Club-CP	37.86	38.38
26	Louw, Milea	11	Tygerberg Aquatics-CP	36.87	39.06
---	Keun, Lente	10	Vineyard SC-CP	38.13	DQ

Event 502 Girls 12-13 50 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	28.66	28.40
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	29.05	28.59
3	Williams, Aqeelah	13	Uwc Aquatics-CP	30.38	30.01
4	Van Dyk, Zani	13	Aqua Sharks Academy-CP	30.49	30.34
5	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	30.08	30.36
6	Gerber, Kayla M	12	Stellenbosch Aquatics-CE	30.45	30.38
7	Gullan, Sophia	13	Vineyard SC-CP	30.51	30.40
8	Dabrowski, Leah A	12	Blouberg Marlins-CP	30.63	31.29

Event 502 Girls 12-13 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	28.35	28.66 a
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	29.01	29.05 a
3	DU Plessis, Lheané	12	Fish Eagle Aquatics-ED	31.24	30.08 a
4	Williams, Aqeelah	13	Uwc Aquatics-CP	30.11	30.38 a
5	Gerber, Kayla M	12	Stellenbosch Aquatics-CE	30.93	30.45 a
6	Van Dyk, Zani	13	Aqua Sharks Academy-CP	31.89	30.49 a
7	Gullan, Sophia	13	Vineyard SC-CP	29.99	30.51 a
8	Dabrowski, Leah A	12	Blouberg Marlins-CP	31.14	30.63 a
9	Odendaal, Sarah-Kate	12	Quick Silver Swimming Club-CP	30.89	30.64
10	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	30.47	30.69
11	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	30.74	30.93
12	Roff, Mikaela	13	Royal Swimming Academy-ED	31.78	31.11
13	Boshoff, Anja	13	Tygerberg Aquatics-CP	31.29	31.40
14	Horn, Anna	13	Xcel Swim Academy-CP	34.28	31.44
15	Sprong, Jaime M	12	Aqua Sharks Academy-CP	31.57	31.57
16	Koegelenberg, Emily	13	Xcel Swim Academy-CP	32.31	31.68
17	Louw, Mali R	13	Players-CE	31.72	31.78
*18	Burger, Johané	13	Royal Swimming Academy-ED	31.65	31.80
*18	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	32.07	31.80
20	Kimani, Luisa	12	Cybersmart Aquatics-CP	32.16	31.83

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 502 Girls 12-13 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
21	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	32.36	31.86
22	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	30.89	31.93
23	Billson, Amelie	13	Curro Aquatic Swim Club-CP	31.03	31.94
24	Coetzee, Marli	13	Curro Aquatic Swim Club-CP	31.92	31.99
25	Sabbagha, Georgia	13	Paarl Aquarius SC-CE	31.97	32.13
26	Cupido, Kirsten	12	Cybersmart Aquatics-CP	32.27	32.33
27	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	32.37	32.42
28	Liebenberg, Aimee L	13	Elite Swimming Academy-CE	32.84	32.43
29	Sebastian, Catherine	12	Manta SC-CP	35.68	32.44
*30	Van Heerden, Hannah	13	Aqua Athlete Cta-CP	31.32	32.45
*30	Nieuwoudt, Jenna M	13	Swartland Aquatics-WC	33.78	32.45
32	Pearson-Adams, Oshun O	13	Swimlab Aquatic Academ-CP	31.34	32.48
33	Theron, Alex	13	Curro Aquatic Swim Club-CP	32.77	32.54
34	Beyers, Lize M	12	Agulhas Aquatics-OB	32.74	32.56
35	Muriro, Neema K	13	Cape Town Otters-CP	33.02	32.59
36	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	32.01	32.77
37	Marais, Lily E	12	Fish Eagle Aquatics-ED	33.72	32.98
38	Lemmer, Sia	12	Elite Swimming Academy-CE	33.71	33.04
39	Gilligan, Saskia	12	Blouberg Marlins-CP	33.37	33.06
40	Eyssen, Sky	13	Manta SC-CP	33.53	33.09
41	Labuschagne, Mariané	12	Fish Eagle Aquatics-ED	33.12	33.11
42	Haldane, Bella	12	Fish Eagle Aquatics-ED	33.78	33.14
43	Matthee, Zarah	12	Uwc Aquatics-CP	33.10	33.16
44	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	33.36	33.33
45	Le Roux, Zanli	12	Agulhas Aquatics-OB	34.21	33.36
46	Barenblatt, Sienna G	13	Stellenbosch Aquatics-CE	33.32	33.50
*47	Julies, Grace J	12	Xcel Swim Academy-CP	32.58	33.68
*47	Nel, Olivia	12	Curro Langebaan Aquatics-WC	33.84	33.68
49	Kruger, Zoe	13	Lane Leader Stellenbosch-CE	35.51	33.76
50	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	31.98	34.04
51	Hengst, Emily A	12	Curro Aquatic Swim Club-CP	35.16	34.05
52	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	33.84	34.11
53	Onkruid, Gianna R	12	Uwc Aquatics-CP	34.17	34.25
54	Barthus, Alessia	12	Manta SC-CP	33.61	34.35
55	De Wit, Rua	13	Curro Aquatic Swim Club-CP	36.38	34.44
56	Smit, Dione	12	Curro Aquatic Swim Club-CP	34.41	34.75
57	Adams, Ella	12	Curro Aquatic Swim Club-CP	34.60	34.85
58	Tranter, Alexia R	12	Sport Science Institute of SA-CP	34.40	34.99
59	Wentzel, Leah A	13	Marlin Swimming Club-CP	35.57	35.07
60	Noble, Lea L	12	Blouberg Marlins-CP	35.91	35.20
61	Bouwer, Juno	13	Curro Aquatic Swim Club-CP	36.72	35.25
62	Tager, Kate S	13	Curro Hermanus Aquatics-OB	36.12	35.32

Event 502 Women 14-15 50 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	29.31	28.92
2	Van Der Wath, Izi	15	Knysna Aquatics-ED	29.17	28.98
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	29.68	29.12
4	Visser, Cara	15	Cybersmart Aquatics-CP	29.29	29.17
5	De Villiers, Anja	14	Tygerberg Aquatics-CP	29.52	29.22
6	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	29.44	29.33
7	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	29.71	29.72
8	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	29.46	29.90

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 502 Women 14-15 50 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Van Der Wath, Izi	15	Knysna Aquatics-ED	28.64	29.17	q
2	Visser, Cara	15	Cybersmart Aquatics-CP	29.68	29.29	q
3	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	29.00	29.31	q
4	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	29.45	29.36	q
5	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	29.26	29.44	q
6	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	29.43	29.46	q
7	De Villiers, Anja	14	Tygerberg Aquatics-CP	28.93	29.52	q
8	Grütter, Arabelle	15	Royal Swimming Academy-ED	28.82	29.68	q
9	Botha, Rebecca P	14	Curro Aquatic Swim Club-CP	29.88	29.71	
10	Faul, Ellen J	14	Players-CE	30.00	29.81	
11	Fenner, Olivia M	14	Players-CE	29.70	29.96	
12	Esterhuyse, Alice	14	Waterbender Aquatics Club-ED	30.87	30.37	
13	Van Tromp, Seruby	14	Lane Leader Stellenbosch-CE	30.50	30.39	
14	Mbhokota, Maya	14	Curro Hermanus Aquatics-OB	31.43	30.49	
15	Burger, Juanè	15	Curro Aquatic Swim Club-CP	30.91	30.56	
16	Wilson, Sianne C	14	Swimlab Aquatic Academ-CP	30.57	30.59	
17	Nienaber, Mila J	14	Elite Swimming Academy-CE	30.93	30.63	
18	Louw, Anieka	15	Curro Aquatic Swim Club-CP	30.70	30.66	
19	Pahl, Shelly	14	Quick Silver Swimming Club-CP	30.57	30.73	
*20	Klopper, Minet	15	Lane Leader Stellenbosch-CE	30.65	30.82	
*20	Grobler, Zané	15	Waterbender Aquatics Club-ED	31.47	30.82	
22	Riley, Logan	15	Curro Aquatic Swim Club-CP	30.39	30.85	
23	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	30.55	30.88	
*24	Hager, Carle	15	Elite Swimming Academy-CE	31.99	30.92	
*24	Wallis, Juliette	14	Curro Aquatic Swim Club-CP	31.54	30.92	
26	Coleman, Milan	14	Fish Eagle Aquatics-ED	30.98	30.99	
27	Schou, Lexi	15	Silver Fins Swimming Club-CP	30.89	31.02	
28	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	30.77	31.12	
29	Bircher, Storm Z	14	Lane Leader Stellenbosch-CE	32.04	31.77	
30	Basson, Lenè	14	Paarl Aquarius SC-CE	32.69	31.97	
31	Barnard, Adelmari D	15	Elite Swimming Academy-CE	32.60	32.20	
32	Mare, Isabella	14	Curro Aquatic Swim Club-CP	32.50	32.28	
33	De Beer, Isabella C	14	Players-CE	32.80	32.32	
34	McAfee, Holly B	15	Fish Eagle Aquatics-ED	32.03	32.35	
35	Joubert, Elle	14	Players-CE	32.83	32.40	
36	Barkhuysen, Jani	14	Lane Leader Stellenbosch-CE	33.68	32.50	
37	Myers, Kirsten E	15	Swimlab Aquatic Academ-CP	31.60	32.58	
38	Cronjé, Miané	14	Fish Eagle Aquatics-ED	33.31	32.78	
39	O'Carroll, Nia E	15	Stellenbosch Aquatics-CE	31.63	33.44	

Event 502 Women 16 & Over 50 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Morris, Grace	17	Lane Leader Stellenbosch-CE	27.52	26.92
2	Knoblauch, Cara	18	Lane Leader Stellenbosch-CE	27.11	27.29
3	Groepes, Rachel L	19	TuksSwimming-TS	27.42	27.31
4	Cope, Morgan M	19	Lane Leader Stellenbosch-CE	28.21	27.55
5	Cromhout, Hannah E	21	Lane Leader Stellenbosch-CE	28.01	28.04
6	Combrink, Amy	16	Vineyard SC-CP	28.80	28.71
7	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	28.97	28.85
8	Smit, Jenna	18	TuksSwimming-TS	28.98	28.97
9	Christie, Leah E	20	Curro Langebaan Aquatics-WC	29.28	29.49
*10	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	30.01	29.51

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 502 Women 16 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Prelim Time	Finals Time
*10	Morais, Nyriam W	16	Uwc Aquatics-CP	29.63	29.51
12	Huang, Shi Han A	16	Blouberg Marlins-CP	30.33	29.96
13	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	29.87	29.99
14	Newton, Ava L	16	Curro Aquatic Swim Club-CP	30.04	30.10
15	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	30.19	30.25
16	Liebenberg, Emily M	16	Elite Swimming Academy-CE	30.34	30.33

Event 502 Women 16 & Over 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Knoblauch, Cara	18	Lane Leader Stellenbosch-CE	26.71	27.11 a
2	Groepes, Rachel L	19	TuksSwimming-TS	27.37	27.42 a
3	Morris, Grace	17	Lane Leader Stellenbosch-CE	26.38	27.52 a
4	Cromhout, Hannah E	21	Lane Leader Stellenbosch-CE	27.77	28.01 a
5	Cope, Morgan M	19	Lane Leader Stellenbosch-CE	27.81	28.21 a
6	Combrink, Amy	16	Vineyard SC-CP	28.61	28.80 a
7	De Jongh, Grace	19	Lane Leader Stellenbosch-CE	28.44	28.97 a
8	Smit, Jenna	18	TuksSwimming-TS	28.62	28.98 a
9	Christie, Leah E	20	Curro Langebaan Aquatics-WC	27.66	29.28 a
10	Morais, Nyriam W	16	Uwc Aquatics-CP	29.09	29.63 a
11	Hebler, Lily M	16	Lane Leader Stellenbosch-CE	29.10	29.87 a
12	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	29.49	30.01 a
13	Newton, Ava L	16	Curro Aquatic Swim Club-CP	29.21	30.04 a
14	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	29.67	30.19 a
15	Huang, Shi Han A	16	Blouberg Marlins-CP	30.52	30.33 a
16	Liebenberg, Emily M	16	Elite Swimming Academy-CE	31.48	30.34 a
17	Coleman, Madison	16	Blouberg Marlins-CP	30.02	30.42
18	Mostert, Savannah	17	Players-CE	30.06	30.55
19	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	30.48	30.64
20	Lategan, Emma M	17	Curro Aquatic Swim Club-CP	30.59	30.67
21	Hahn, Kayleigh K	16	Waterbender Aquatics Club-ED	30.31	30.86
22	Holthuis, Keilah-Naomi	16	Elite Swimming Academy-CE	30.71	31.12
23	Burke, Hannah	16	Streamline Aquatics-CP	31.33	31.61
24	Schreuder, Hannah G	17	Swimlab Aquatic Academ-CP	32.12	32.03
25	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	31.12	32.33
26	Juries, Sam C	16	Curro Langebaan Aquatics-WC	32.13	33.01
27	Louw, Alexa	17	Blouberg Marlins-CP	32.28	33.10
28	Visser, Sandri	16	Players-CE	33.53	33.17

Event 503 Boys 11 & Under 50 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Grobler, Reynhardt	11	The Well-CE	28.80	28.00
2	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	29.45	28.27
3	Pieters, Cayden R	11	Swartland Aquatics-WC	31.80	31.04
4	Spies, Judah J	11	Fish Eagle Aquatics-ED	31.66	31.11
5	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	32.11	31.14
6	Joyce, Guy	11	Curro Aquatic Swim Club-CP	31.70	31.51
7	Michel, Hayden	11	Sport Science Institute of SA-CP	31.96	32.00
8	Kruger, Declan	11	Blouberg Marlins-CP	31.83	32.72

Event 503 Boys 11 & Under 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Grobler, Reynhardt	11	The Well-CE	29.17	28.80 a

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 503 Boys 11 & Under 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time	
2	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	29.44	29.45	q
3	Spies, Judah J	11	Fish Eagle Aquatics-ED	32.23	31.66	q
4	Joyce, Guy	11	Curro Aquatic Swim Club-CP	33.04	31.70	q
5	Pieters, Cayden R	11	Swartland Aquatics-WC	32.66	31.80	q
6	Kruger, Declan	11	Blouberg Marlins-CP	33.38	31.83	q
7	Michel, Hayden	11	Sport Science Institute of SA-CP	34.19	31.96	q
8	Skordis, Boyd A	11	Swimlab Aquatic Academ-CP	31.44	32.11	q
9	Breebaart, Matthew	10	Curro Aquatic Swim Club-CP	31.62	32.28	
10	Edwards, Bryce	11	Cape Town Otters-CP	34.77	32.49	
11	Froneman, Nolan O	11	Blouberg Marlins-CP	34.33	32.67	
12	Poultney, Daniel	10	Curro Aquatic Swim Club-CP	33.15	32.77	
13	Cloete, Albert	11	Tygerberg Aquatics-CP	34.71	33.49	
14	Beukes, Ryan M	11	Swimlab Aquatic Academ-CP	37.67	33.64	
15	Horn, Ben	10	Xcel Swim Academy-CP	34.65	33.72	
16	Gilligan, Cooper J	11	Blouberg Marlins-CP	34.45	33.74	
17	Swartz, Seth J	11	Curro Aquatic Swim Club-CP	33.62	33.77	
18	Mare, Ilan	11	Curro Aquatic Swim Club-CP	36.09	33.79	
19	Spreeth, Barend P	11	Swartland Aquatics-WC	36.77	34.00	
20	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	34.66	34.23	
21	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	34.23	34.74	
22	Tredoux, Simon P	10	Barracudas Aquarama SC-CP	35.27	34.78	
23	Meets, Daniel	11	Aqua Sharks Academy-CP	35.37	35.06	
24	Bouffé, Hunter K	11	Knysna Aquatics-ED	35.67	35.08	
25	Pieterse, Christoff C	10	Stellenbosch Aquatics-CE	36.46	35.12	
26	Pretorius, Johan M	11	Elite Swimming Academy-CE	35.91	35.16	
27	Askevold, Gunther J	11	Blouberg Marlins-CP	34.77	35.56	
28	De Nooy, Wyatt J	10	Lane Leader Stellenbosch-CE	36.37	35.64	
29	Mallin, Aron	9	Swimlab Aquatic Academ-CP	36.16	35.68	
30	Henning, Christiaan P	10	Lane Leader Stellenbosch-CE	39.73	35.72	
31	Janse van Rensburg, Wihan J	11	Curro Aquatic Swim Club-CP	37.99	35.84	
32	Malherbe, Roz R	11	Brave-CE	36.49	35.89	
33	Kruger, Zander	11	Lane Leader Stellenbosch-CE	39.12	36.44	
34	Spangenberg, Luke A	11	Xcel Swim Academy-CP	37.86	36.71	
35	Joubert, Daniel J	11	Players-CE	37.50	36.74	
36	Van Der Westhuizen, Ewan	11	Lane Leader Stellenbosch-CE	36.53	36.96	
37	Kruger, Blake R	11	Swartland Aquatics-WC	36.24	37.60	
38	Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	36.53	37.74	
39	Versfeld, Ben I	11	Brave-CE	36.76	37.81	
40	Stasch, Alexander G	11	Tygerberg Aquatics-CP	37.43	38.02	
41	Khahledi, Motlatsi	10	Curro Aquatic Swim Club-CP	39.23	38.09	

Event 503 Boys 12-13 50 LC Meter Freestyle

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Poultney, Matthew	12	Curro Aquatic Swim Club-CP	27.19	26.97
2	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	27.43	27.49
3	Barnard, Theo J	13	Swartland Aquatics-WC	27.94	27.70
4	Pautz, Benjamin R	13	Blouberg Marlins-CP	27.73	28.01
5	Kruger, Zachary C	13	Swartland Aquatics-WC	28.17	28.64
6	Spies, Pierre J	13	Fish Eagle Aquatics-ED	29.13	28.97
7	Van der Merwe, Luan J	12	Uwc Aquatics-CP	29.09	28.99
8	Coates, Caleb	13	Royal Swimming Academy-ED	28.68	29.56

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 503 Boys 12-13 50 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Poultney, Matthew	12	Curro Aquatic Swim Club-CP	27.78	27.19	a
2	VerLoren Van Themaat, Hein M	13	Lane Leader Stellenbosch-CE	28.25	27.43	a
3	Pautz, Benjamin R	13	Blouberg Marlins-CP	29.00	27.73	a
4	Barnard, Theo J	13	Swartland Aquatics-WC	28.50	27.94	a
5	Kruger, Zachary C	13	Swartland Aquatics-WC	29.04	28.17	a
6	Coates, Caleb	13	Royal Swimming Academy-ED	29.12	28.68	a
7	Bright, Michael C	13	Curro Aquatic Swim Club-CP	29.81	29.02	a
8	Van der Merwe, Luan J	12	Uwc Aquatics-CP	29.47	29.09	a
9	Spies, Pierre J	13	Fish Eagle Aquatics-ED	29.73	29.13	
10	Boshoff, Mickayle C	13	Knysna Aquatics-ED	29.41	29.14	
11	Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	29.78	29.43	
12	Maughan, Patrick F	12	Aqua Sharks Academy-CP	29.81	29.46	
13	Wagener, Tiaan H	13	Elite Swimming Academy-CE	30.13	29.67	
14	Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	30.57	29.92	
15	Visagie, Dian	13	Swartland Aquatics-WC	30.69	30.11	
16	Jooste, Ben D	13	Curro Hermanus Aquatics-OB	29.61	30.29	
17	Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	30.58	30.36	
18	Steyn, Harry	12	Aqua Sharks Academy-CP	29.90	30.43	
19	Brandt, Leroux	13	Fish Eagle Aquatics-ED	31.16	30.50	
20	Serfontein, John-Lourens	12	Royal Swimming Academy-ED	30.66	30.71	
21	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	31.63	30.87	
22	Heunis, Johan C	12	Barracudas Aquarama SC-CP	32.51	31.30	
23	Neuhold, Sebastian	12	Vineyard SC-CP	31.81	31.37	
24	Lee, Daniel	12	Tygerberg Aquatics-CP	32.88	31.43	
25	Calitz, Mias C	13	Curro Hermanus Aquatics-OB	32.09	31.47	
26	Schoeman, Mateo J	12	Elite Swimming Academy-CE	32.88	31.56	
27	Clark, Alexander L	12	Uwc Aquatics-CP	32.03	31.77	
28	King, Aidan J	13	Curro Aquatic Swim Club-CP	31.29	31.83	
29	Smith, Zian	13	Curro Langebaan Aquatics-WC	32.54	31.86	
30	Sebastian, Alexander	12	Manta SC-CP	32.39	31.91	
31	Rautenbach, Kody S	13	Anax Swim Academy Swim Club-CP	33.78	32.02	
32	Lewis, Amaru C	13	Paarl Aquarius SC-CE	33.18	32.07	
33	Newham, Christopher J	13	Tygerberg Aquatics-CP	33.64	32.11	
*34	Malherbe, Max M	12	Brave-CE	33.85	32.37	
*34	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	35.37	32.37	
36	Zwarts, Zak P	13	Tygerberg Aquatics-CP	33.29	32.60	
37	Spijkerman, Stephaan	12	Elite Swimming Academy-CE	35.68	32.67	
38	Swanepoel, Roehan J	12	Barracudas Aquarama SC-CP	33.10	32.72	
39	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	33.19	32.76	
40	Lubbe, Mikael B	12	Aqua Sharks Academy-CP	33.37	33.08	
41	Rossouw, Marais	12	Quick Silver Swimming Club-CP	33.89	33.13	
42	Spangenberg, Zach A	12	Xcel Swim Academy-CP	32.62	33.20	
43	Theunissen, Corné J	13	Aqua Sharks Academy-CP	34.96	33.30	
44	Smit, Eduard W	12	Curro Aquatic Swim Club-CP	34.57	33.38	
45	Desai, Rohin T	12	Swimlab Aquatic Academ-CP	32.86	33.45	
*46	Lategan, Wessel W	13	Swartland Aquatics-WC	34.64	33.49	
*46	Stenekamp, Keanu	12	Aqua Sharks Academy-CP	34.36	33.49	
48	Naude, AJ J	13	Agulhas Aquatics-OB	34.67	34.28	
49	Basson, Jan-Hugo D	12	The Well-CE	34.63	34.96	
50	Parr, Riley C	12	Knysna Aquatics-ED	34.35	34.98	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 503 Men 14-15 50 LC Meter Freestyle**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	25.83	26.09
2	Boshoff, Keanu A	14	Knysna Aquatics-ED	25.78	26.16
3	Wing, James L	15	Curro Aquatic Swim Club-CP	26.30	26.23
4	Gilmour, Connor A	15	Streamline Aquatics-CP	26.19	26.24
5	Crabbe-Mann, Michael K	15	Unattached	26.22	26.46
6	Goussard, Henry	15	Curro Aquatic Swim Club-CP	26.77	26.93
7	Wright, Jonah S	14	Tygerberg Aquatics-CP	27.01	27.22
8	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	26.80	27.36

Event 503 Men 14-15 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Van Schaik, Luc	15	Vineyard SC-CP	26.00	25.68	q
2	Boshoff, Keanu A	14	Knysna Aquatics-ED	26.52	25.78	q
3	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	25.67	25.83	q
4	Gilmour, Connor A	15	Streamline Aquatics-CP	25.69	26.19	q
5	Crabbe-Mann, Michael K	15	Unattached	25.83	26.22	q
6	Wing, James L	15	Curro Aquatic Swim Club-CP	25.70	26.30	q
7	Goussard, Henry	15	Curro Aquatic Swim Club-CP	26.87	26.77	q
8	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	27.76	26.80	q
9	Wright, Jonah S	14	Tygerberg Aquatics-CP	27.19	27.01	
10	Fletcher, Tyler D	14	Knysna Aquatics-ED	26.87	27.02	
11	Mkavea, Tasu	15	Uwc Aquatics-CP	28.08	27.04	
12	Verbeek, Pierre O	14	Curro Aquatic Swim Club-CP	26.80	27.28	
13	Daniels, Joshua D	15	Streamline Aquatics-CP	27.11	27.30	
*14	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	26.82	27.34	
*14	Hough, Caleb	14	Curro Langebaan Aquatics-WC	27.77	27.34	
16	Stanfliet, Nicholas	15	Vineyard SC-CP	27.29	27.35	
17	Wagner, Noah J	15	Swimlab Aquatic Academ-CP	27.09	27.42	
18	Fernold, AJ	15	Waterbender Aquatics Club-ED	26.28	27.47	
19	Weber, Daniel	14	Players-CE	27.79	27.60	
20	Trower, Michael	14	Streamline Aquatics-CP	27.86	27.68	
21	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	28.27	27.88	
22	Niemand, Leo	14	Cybersmart Aquatics-CP	29.35	28.38	
23	Spencer, Marcus W	14	Cybersmart Aquatics-CP	28.71	28.54	
24	Grobler, Chris I	15	Curro Aquatic Swim Club-CP	28.55	28.59	
25	Langeveldt, Christiano C	15	Alpha Swim Club-CP	29.37	28.63	
26	Damons, Ezra C	15	Sport Science Institute of SA-CP	30.11	28.89	
27	Oosthuizen, Ethan	15	Players-CE	29.29	29.09	
28	Douries, Ean	14	Curro Aquatic Swim Club-CP	28.51	29.12	
29	Pitout, Zachary J	14	Aqua Sharks Academy-CP	28.84	29.15	
30	Addinall, Ethan	14	Manta SC-CP	29.80	29.38	
31	Fortune, Yaseen	15	Manta SC-CP	30.10	29.44	
32	Pedro, Maahier	14	Walmers SC-CP	29.16	29.45	
33	Visser, Wessel M	14	Uwc Aquatics-CP	29.63	29.51	
*34	Smit, Christian F	14	Royal Swimming Academy-ED	30.05	29.89	
*34	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	29.95	29.89	
36	Hucke, Tegan	14	Cape Town Otters-CP	29.88	30.02	
37	Bester, Daniël M	14	Elite Swimming Academy-CE	33.19	30.64	
38	Earle, Zack C	14	Fish Eagle Aquatics-ED	30.20	30.73	
39	De Jager, Joshua	15	Players-CE	31.97	31.46	
40	Fortune, Hakeem	14	Manta SC-CP	32.16	32.63	
41	Lamminga, Jack	14	Curro Langebaan Aquatics-WC	34.49	33.77	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 503 Men 16 & Over 50 LC Meter Freestyle**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	23.99	24.03
2	Loots, Andre S	17	Lane Leader Stellenbosch-CE	23.92	24.09
3	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	23.86	24.12
4	Trower, Nic T	16	Swimlab Aquatic Academ-CP	24.91	24.76
5	Heyes, Garrick T	17	Aqua Sharks Academy-CP	24.67	24.85
6	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	25.02	25.04
7	Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	25.38	25.65
8	Viljoen, Jaden R	17	Aqua Sharks Academy-CP	25.82	25.75
*9	Snowden, Ivan D	18	Uwc Aquatics-CP	25.40	25.76
*9	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	25.77	25.76
11	Myburgh, Ruan	17	Blouberg Marlins-CP	26.02	25.88
12	February, Gerard G	16	Curro Aquatic Swim Club-CP	25.84	25.98
13	Pincente, Matthew	17	Swimlab Aquatic Academ-CP	25.91	26.03
14	Kalapac, Joshua	16	Streamline Aquatics-CP	25.81	26.20
15	Norton, Trent A	19	Lane Leader Stellenbosch-CE	25.81	26.70
---	Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	24.18	DQ

Event 503 Men 16 & Over 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	24.14	23.86 a
2	Loots, Andre S	17	Lane Leader Stellenbosch-CE	24.05	23.92 a
3	Truter, Petrus C	22	Lane Leader Stellenbosch-CE	23.16	23.99 a
4	Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	23.77	24.18 a
5	Heyes, Garrick T	17	Aqua Sharks Academy-CP	25.44	24.67 a
6	Pretorius, Luuk E	17	Knysna Aquatics-ED	24.68	24.77 a
7	Trower, Nic T	16	Swimlab Aquatic Academ-CP	24.34	24.91 a
8	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	25.32	25.02 a
9	Rudolph, Wido	19	Maties Aquatics-CE	25.23	25.25 a
10	Van Wyk, Wayne E	17	Aqua Sharks Academy-CP	25.11	25.38 a
11	Snowden, Ivan D	18	Uwc Aquatics-CP	25.55	25.40 a
12	De Kock, John P	16	Stellenbosch Aquatics-CE	25.70	25.70 a
13	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	25.28	25.77 a
*14	Norton, Trent A	19	Lane Leader Stellenbosch-CE	27.24	25.81 a
*14	Kalapac, Joshua	16	Streamline Aquatics-CP	25.58	25.81 a
16	Viljoen, Jaden R	17	Aqua Sharks Academy-CP	25.89	25.82 a
17	February, Gerard G	16	Curro Aquatic Swim Club-CP	26.29	25.84
18	Pincente, Matthew	17	Swimlab Aquatic Academ-CP	25.43	25.91
19	Myburgh, Ruan	17	Blouberg Marlins-CP	25.68	26.02
20	Wilson, Christian G	20	Streamline Aquatics-CP	26.38	26.13
21	Basson, Lucca N	16	Aqua Athlete Cta-CP	26.29	26.20
22	Blauw, Tyriq D	17	Tygerberg Aquatics-CP	26.65	26.22
23	Alexander, Ammaar	18	Marlin Swimming Club-CP	25.70	26.24
24	Nienaber, Dirco	22	Fish Eagle Aquatics-ED	26.46	26.34
25	Beukes, Mateo A	20	Walmers SC-CP	26.00	26.42
26	Kotzè, Max M	16	Blouberg Marlins-CP	25.92	26.45
27	Pautz, Nathan M	17	Blouberg Marlins-CP	26.34	26.56
28	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	25.85	26.69
29	Lombard, Kyle M	17	Curro Aquatic Swim Club-CP	26.87	26.70
30	Cleophas, Kyle	16	Paarl Aquarius SC-CE	26.38	26.80
31	Smit, MJ M	17	Swimlab Aquatic Academ-CP	26.32	26.93
32	Pedro, Tamkeen	17	Walmers SC-CP	26.47	27.00
33	Meintjes, Armand R	17	Swartland Aquatics-WC	28.04	27.03

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 503 Men 16 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Prelim Time
34	De Jager, Nathan B	17	Aqua Sharks Academy-CP	27.48	27.17
35	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	27.46	27.23
36	Abrahams, Rayhan	16	Walmers SC-CP	27.84	27.41
37	Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	27.27	27.48
38	Jani, Tawanda	18	Cybersmart Aquatics-CP	27.02	27.67
39	Louw, Guillaume	22	Curro Aquatic Swim Club-CP	27.08	27.98
40	Beukes, Jaden L	16	Walmers SC-CP	27.68	27.99
41	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	27.43	28.11
42	Vd Berg, Wilan	16	Brave-CE	29.16	28.69
43	Martin, Alzhario	17	Uwc Aquatics-CP	28.77	28.73
44	Townsend, Lucan D	17	Aqua Sharks Academy-CP	28.29	28.87
45	Schreuder, Steffen	17	Elite Swimming Academy-CE	27.16	29.17
46	Otto, Luan	16	Swartland Aquatics-WC	29.74	29.30
47	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	29.40	29.35
48	Holland-Muter, Jesse	16	Swartland Aquatics-WC	32.10	31.26

Event 504 Girls 11 & Under 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	1:19.39	1:18.21
2	Kimani, Katja	11	Cybersmart Aquatics-CP	1:24.36	1:22.48
3	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	1:24.91	1:23.35
4	Daniels, Emily G	11	Xcel Swim Academy-CP	1:22.80	1:26.14
5	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:29.48	1:26.80
6	Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:26.31	1:27.37
7	Pitout, Addison P	11	Aqua Sharks Academy-CP	1:33.71	1:31.24
8	Keun, Lente	10	Vineyard SC-CP	1:34.05	1:31.90

Event 504 Girls 11 & Under 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Perrins, Hayden	11	Curro Aquatic Swim Club-CP	1:21.60	1:19.39 a
2	Daniels, Emily G	11	Xcel Swim Academy-CP	1:30.10	1:22.80 a
3	Kimani, Katja	11	Cybersmart Aquatics-CP	1:31.69	1:24.36 a
4	Swanepoel, Pia Q	11	Aqua Sharks Academy-CP	1:26.64	1:24.91 a
5	Scheffer, Shaylee C	11	Uwc Aquatics-CP	1:28.99	1:26.31 a
6	Van Jaarsveld, Bianca I	11	Tygerberg Aquatics-CP	1:32.97	1:29.48 a
7	Pitout, Addison P	11	Aqua Sharks Academy-CP	1:30.65	1:33.71 a
8	Keun, Lente	10	Vineyard SC-CP	1:42.41	1:34.05 a
9	Schenck, Maya K	11	Tygerberg Aquatics-CP	1:33.34	1:34.28
10	Sadi, Chrisela F	10	Swimlab Aquatic Academ-CP	1:40.02	1:36.02

Event 504 Girls 12-13 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	1:11.05	1:08.56
2	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:10.01	1:09.03
3	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	1:12.92	1:10.94
4	Williams, Aqeelah	13	Uwc Aquatics-CP	1:13.84	1:11.08
5	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	1:13.20	1:11.47
6	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	1:16.97	1:15.72
7	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	1:16.40	1:16.40
8	Cupido, Kirsten	12	Cybersmart Aquatics-CP	1:17.07	1:16.50

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 504 Girls 12-13 100 LC Meter Butterfly**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Lorenzen, Ava E	13	Blouberg Marlins-CP	1:08.67	1:10.01	q
2	Coetsee, Isabeau L	13	Fish Eagle Aquatics-ED	1:06.29	1:11.05	q
3	Jansen van Rensburg, Mia	13	Xcel Swim Academy-CP	1:10.76	1:12.92	q
4	Joyce, Jenna	13	Curro Aquatic Swim Club-CP	1:18.05	1:13.20	q
5	Williams, Aqeelah	13	Uwc Aquatics-CP	1:15.29	1:13.84	q
6	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	1:15.14	1:16.40	q
7	Wilensky, Mikayla	12	Aqua Sharks Academy-CP	1:17.80	1:16.97	q
8	Cupido, Kirsten	12	Cybersmart Aquatics-CP	1:19.97	1:17.07	q
9	Horn, Anna	13	Xcel Swim Academy-CP	1:17.18	1:17.75	
10	Dimatellis, Zoi	13	Waterbender Aquatics Club-ED	1:20.44	1:18.05	
11	Parfitt, Cayden C	12	Curro Aquatic Swim Club-CP	1:20.53	1:18.18	
12	Koegelenberg, Emily	13	Xcel Swim Academy-CP	1:21.11	1:18.51	
13	Boshoff, Anja	13	Tygerberg Aquatics-CP	1:19.58	1:19.98	
14	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	1:21.10	1:19.99	
15	Louw, Mali R	13	Players-CE	1:19.43	1:21.54	
16	Van de Vyver, Mia	13	Elite Swimming Academy-CE	1:27.36	1:21.80	
17	Chibharo, Lethabo L	13	Curro Aquatic Swim Club-CP	1:20.61	1:21.81	
18	Hendricks, Jada	12	Curro Aquatic Swim Club-CP	1:22.91	1:22.03	
19	Madeley, Amy O	13	Anax Swim Academy Swim Club-CP	1:20.96	1:22.17	
20	Kuhn, Alexa J	12	Curro Aquatic Swim Club-CP	1:22.18	1:23.60	
21	Normington, Olivia	12	Xcel Swim Academy-CP	1:22.29	1:25.32	
22	Stevenson, Mikayla	13	Quick Silver Swimming Club-CP	1:24.58	1:26.14	
23	Roff, Mikaela	13	Royal Swimming Academy-ED	1:25.08	1:26.17	
24	Dabrowski, Leah A	12	Blouberg Marlins-CP	1:26.00	1:26.40	
25	Onkruid, Gianna R	12	Uwc Aquatics-CP	1:26.73	1:26.48	
26	Matthee, Zarah	12	Uwc Aquatics-CP	1:39.35	1:26.59	
27	McGluwa, Jovanah N	13	Curro Aquatic Swim Club-CP	1:25.24	1:27.20	
28	Adams, Tatum	12	Paarl Aquarius SC-CE	1:27.57	1:27.27	
29	Sprong, Jaime M	12	Aqua Sharks Academy-CP	1:29.05	1:28.67	
30	Smit, Dione	12	Curro Aquatic Swim Club-CP	1:35.97	1:32.59	
31	Wentzel, Leah A	13	Marlin Swimming Club-CP	1:33.95	1:35.01	
32	Tager, Kate S	13	Curro Hermanus Aquatics-OB	1:37.15	1:35.47	
33	Kimani, Luisa	12	Cybersmart Aquatics-CP	1:44.58	1:35.56	

Event 504 Women 14-15 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	1:07.64	1:04.81	
2	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	1:11.00	1:08.98	
3	Grütter, Arabelle	15	Royal Swimming Academy-ED	1:11.71	1:09.01	
4	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	1:10.11	1:10.21	
5	Visser, Cara	15	Cybersmart Aquatics-CP	1:11.58	1:10.89	
6	Faul, Ellen J	14	Players-CE	1:13.36	1:12.74	
7	Blake, Abi E	15	Curro Aquatic Swim Club-CP	1:13.01	1:13.19	
8	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	1:14.11	1:13.97	

Event 504 Women 14-15 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Gerber, Simonè M	15	Curro Aquatic Swim Club-CP	1:05.43	1:07.64	q
2	Magotsi, Riziki A	15	Cybersmart Aquatics-CP	1:09.71	1:10.11	q
3	Evans, Caitlin N	15	Curro Aquatic Swim Club-CP	1:10.05	1:10.38	q
4	Tsai-Rieb, Pei-Chi P	14	Cybersmart Aquatics-CP	1:11.82	1:11.00	q
5	Visser, Cara	15	Cybersmart Aquatics-CP	1:11.03	1:11.58	q

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 504 Women 14-15 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time	
6	Grütter, Arabelle	15	Royal Swimming Academy-ED	1:09.04	1:11.71	q
7	Blake, Abi E	15	Curro Aquatic Swim Club-CP	1:15.60	1:13.01	q
8	Faul, Ellen J	14	Players-CE	1:22.91	1:13.36	q
9	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	1:14.59	1:14.11	
10	Abrahams, Amaani	14	Marlin Swimming Club-CP	1:24.17	1:20.29	
11	Lourens, Mia	14	Curro Aquatic Swim Club-CP	1:24.69	1:22.27	
12	Sonnekus, Anya	14	Curro Aquatic Swim Club-CP	1:22.44	1:25.42	
13	Lindsay, Edith J	14	Fish Eagle Aquatics-ED	1:23.20	1:25.76	
---	Klopper, Minet	15	Lane Leader Stellenbosch-CE	1:16.30	DQ	

Event 504 Women 16 & Over 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	1:07.91	1:08.10	
2	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	1:09.33	1:08.14	
3	Morton, Tayler R	18	Lane Leader Stellenbosch-CE	1:12.01	1:11.67	
4	Huang, Shi Han A	16	Blouberg Marlins-CP	1:12.48	1:12.63	
5	Liebenberg, Emily M	16	Elite Swimming Academy-CE	1:13.45	1:12.75	
6	Rossouw, Cara	16	Tygerberg Aquatics-CP	1:12.39	1:13.10	
7	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	1:15.25	1:13.38	
8	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	1:11.99	1:13.97	
9	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	1:17.28	1:14.34	
10	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	1:15.93	1:15.29	
11	Morais, Nyriam W	16	Uwc Aquatics-CP	1:16.38	1:16.65	
12	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	1:20.08	1:17.82	
13	Jephta, Ra-eesa	20	Manta SC-CP	1:24.46	1:22.61	

Event 504 Women 16 & Over 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Steenkamp, Veneske	17	Waterbender Aquatics Club-ED	1:07.82	1:07.91	q
2	Hugo, Anika S	19	Lane Leader Stellenbosch-CE	1:08.43	1:09.33	q
3	Kotzè, Tamsyn G	18	Streamline Aquatics-CP	1:18.50	1:11.99	q
4	Morton, Tayler R	18	Lane Leader Stellenbosch-CE	1:09.61	1:12.01	q
5	Rossouw, Cara	16	Tygerberg Aquatics-CP	1:12.25	1:12.39	q
6	Huang, Shi Han A	16	Blouberg Marlins-CP	1:13.38	1:12.48	q
7	Liebenberg, Emily M	16	Elite Swimming Academy-CE	1:13.25	1:13.45	q
8	Jantzen, Zianè	16	Quick Silver Swimming Club-CP	1:13.19	1:15.25	q
9	Zeelie, Shanna-Leigh	16	Blouberg Marlins-CP	1:14.48	1:15.93	q
10	Morais, Nyriam W	16	Uwc Aquatics-CP	1:18.55	1:16.38	q
11	Vd Westhuizen, Joy	17	Alpha Swim Club-CP	1:14.20	1:17.28	q
12	Fabricius, Kaylin	16	Curro Aquatic Swim Club-CP	1:20.56	1:20.08	q
13	Loubser, Jenna L	17	Streamline Aquatics-CP	1:20.39	1:22.17	q
14	Jephta, Ra-eesa	20	Manta SC-CP	1:18.62	1:24.46	q

Event 505 Boys 11 & Under 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Mallin, Lukas	11	Swimlab Aquatic Academ-CP	1:18.09	1:14.81	
2	Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	1:20.68	1:19.54	
3	Mare, Ilan	11	Curro Aquatic Swim Club-CP	1:25.52	1:21.43	
4	Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	1:23.24	1:23.30	
5	Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	1:28.66	1:26.40	
6	Kruger, Declan	11	Blouberg Marlins-CP	1:27.90	1:28.67	
7	Joyce, Guy	11	Curro Aquatic Swim Club-CP	1:28.01	1:29.10	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Finals ... (Event 505 Boys 11 & Under 100 LC Meter Butterfly)**

Name	Age	Team	Prelim Time	Finals Time
8 Swartz, Seth J	11	Curro Aquatic Swim Club-CP	1:29.04	1:29.61

Event 505 Boys 11 & Under 100 LC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Mallin, Lukas	11	Swimlab Aquatic Academ-CP	1:13.82	1:18.09 a
2 Parfitt, Ethan L	9	Curro Aquatic Swim Club-CP	1:20.94	1:20.68 a
3 Van der Merwe, Ulric	11	Tygerberg Aquatics-CP	1:24.69	1:23.24 a
4 Mare, Ilan	11	Curro Aquatic Swim Club-CP	1:28.63	1:25.52 a
5 Kruger, Declan	11	Blouberg Marlins-CP	1:27.03	1:27.90 a
6 Joyce, Guy	11	Curro Aquatic Swim Club-CP	1:29.32	1:28.01 a
7 Van Dyk, Adriaan J	11	Aqua Sharks Academy-CP	1:32.47	1:28.66 a
8 Swartz, Seth J	11	Curro Aquatic Swim Club-CP	1:29.04	1:29.04 a
9 Naude, Niel P	11	Agulhas Aquatics-OB	1:33.93	1:30.99
10 Cloete, Albert	11	Tygerberg Aquatics-CP	1:29.57	1:31.08
11 Michel, Hayden	11	Sport Science Institute of SA-CP	1:33.59	1:32.33
12 Malherbe, Roz R	11	Brave-CE	1:37.27	1:33.99
13 Retief, Daniel	11	The Well-CE	1:41.61	1:40.28
14 Spangenberg, Luke A	11	Xcel Swim Academy-CP	1:49.88	1:41.60
--- Coenraad, Sam S	11	Curro Aquatic Swim Club-CP	1:47.45	DQ

Event 505 Boys 12-13 100 LC Meter Butterfly

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Bright, Michael C	13	Curro Aquatic Swim Club-CP	1:06.56	1:05.14
2 Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:07.15	1:05.20
3 Boshoff, Mickayle C	13	Knysna Aquatics-ED	1:09.11	1:06.39
4 Barnard, Theo J	13	Swartland Aquatics-WC	1:08.00	1:06.64
5 Heunis, Le Roux	13	Tygerberg Aquatics-CP	1:11.21	1:10.24
6 Coates, Caleb	13	Royal Swimming Academy-ED	1:10.42	1:12.33
7 Wagener, Tiaan H	13	Elite Swimming Academy-CE	1:13.65	1:13.30
8 Viljoen, Jagger F	12	Aqua Sharks Academy-CP	1:13.03	1:13.31

Event 505 Boys 12-13 100 LC Meter Butterfly

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Bright, Michael C	13	Curro Aquatic Swim Club-CP	1:08.12	1:06.56 a
2 Hahn, Kyle H	13	Waterbender Aquatics Club-ED	1:08.46	1:07.15 a
3 Barnard, Theo J	13	Swartland Aquatics-WC	1:08.06	1:08.00 a
4 Boshoff, Mickayle C	13	Knysna Aquatics-ED	1:09.79	1:09.11 a
5 Bosch, Ewan Y	13	Curro Aquatic Swim Club-CP	1:09.65	1:09.13 a
6 Barnard, Daniël B	13	Xcel Swim Academy-CP	1:10.50	1:09.54 a
7 Coates, Caleb	13	Royal Swimming Academy-ED	1:12.13	1:10.42 a
8 Heunis, Le Roux	13	Tygerberg Aquatics-CP	1:14.10	1:11.21 a
9 Viljoen, Jagger F	12	Aqua Sharks Academy-CP	1:15.77	1:13.03
10 Wagener, Tiaan H	13	Elite Swimming Academy-CE	1:13.09	1:13.65
11 Serfontein, John-Lourens	12	Royal Swimming Academy-ED	1:16.43	1:13.76
12 Kleinsmith, David	13	Curro Aquatic Swim Club-CP	1:15.54	1:14.02
13 Vd Watt, Earle	13	Curro Aquatic Swim Club-CP	1:18.65	1:14.43
14 Pautz, Benjamin R	13	Blouberg Marlins-CP	1:10.00	1:14.92
15 Van Onselen, Pierre S	12	Tygerberg Aquatics-CP	1:16.98	1:15.91
16 Schabort, Lowen	12	Elite Swimming Academy-CE	1:18.94	1:17.12
17 Titus, Brody	12	Paarl Aquarius SC-CE	1:18.27	1:17.14
18 Steyn, Harry	12	Aqua Sharks Academy-CP	1:15.86	1:17.41
19 Daniels, Tylan H	12	Alpha Swim Club-CP	1:14.14	1:17.43

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 505 Boys 12-13 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
20	February, Dillon S	13	Curro Aquatic Swim Club-CP	1:19.51	1:17.51
*21	Lewis, Amaru C	13	Paarl Aquarius SC-CE	1:23.88	1:20.60
*21	Van der Merwe, Logan	12	Tygerberg Aquatics-CP	1:19.85	1:20.60
23	Spangenberg, Zach A	12	Xcel Swim Academy-CP	1:18.87	1:21.18
24	Heunis, Johan C	12	Barracudas Aquarama SC-CP	1:20.03	1:21.49
25	Lee, Daniel	12	Tygerberg Aquatics-CP	1:29.01	1:25.42
26	Odendaal, Riko	13	Curro Aquatic Swim Club-CP	1:25.66	1:25.91
27	Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	1:28.57	1:26.33
28	Clark, Alexander L	12	Uwc Aquatics-CP	1:37.37	1:29.88
29	Pieterse, Nicholas N	12	Stellenbosch Aquatics-CE	1:30.59	1:31.90
30	Gerber, Luke M	12	Curro Aquatic Swim Club-CP	1:31.65	1:34.26
31	Zwarts, Zak P	13	Tygerberg Aquatics-CP	1:36.71	1:35.72

Event 505 Men 14-15 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	1:02.55	1:01.97
2	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	1:03.07	1:02.21
3	Boshoff, Keanu A	14	Knysna Aquatics-ED	1:04.25	1:02.65
4	Goussard, Henry	15	Curro Aquatic Swim Club-CP	1:02.95	1:03.23
5	Mkavea, Tasu	15	Uwc Aquatics-CP	1:04.53	1:03.38
6	Fernold, AJ	15	Waterbender Aquatics Club-ED	1:03.85	1:03.96
7	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	1:05.03	1:04.99
8	Liedeman, Mark	15	Swartland Aquatics-WC	1:04.85	1:05.10

Event 505 Men 14-15 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Bouwer, Jason	15	Curro Aquatic Swim Club-CP	1:02.69	1:02.55 q
2	Goussard, Henry	15	Curro Aquatic Swim Club-CP	1:02.74	1:02.95 q
3	Bezuidenhout, Ernst E	15	Curro Aquatic Swim Club-CP	1:02.42	1:03.07 q
4	Fernold, AJ	15	Waterbender Aquatics Club-ED	1:03.33	1:03.85 q
5	Gilmour, Connor A	15	Streamline Aquatics-CP	1:03.25	1:04.23 q
6	Boshoff, Keanu A	14	Knysna Aquatics-ED	1:05.53	1:04.25 q
7	Mkavea, Tasu	15	Uwc Aquatics-CP	1:01.88	1:04.53 q
8	Liedeman, Mark	15	Swartland Aquatics-WC	1:03.83	1:04.85 q
9	Van Zyl, Daniël R	14	Tygerberg Aquatics-CP	1:04.66	1:05.03
10	Roman, Noah P	15	Alpha Swim Club-CP	1:04.86	1:05.43
11	Wing, James L	15	Curro Aquatic Swim Club-CP	1:05.32	1:05.67
12	van Wyk, Tariq K	15	Curro Aquatic Swim Club-CP	1:05.83	1:06.16
13	Swanepoel, Ewald	15	Fish Eagle Aquatics-ED	1:07.44	1:06.37
14	Spencer, Marcus W	14	Cybersmart Aquatics-CP	1:07.88	1:07.35
15	Nel, Max	15	Stellenbosch Aquatics-CE	1:12.51	1:07.43
16	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	1:07.13	1:07.54
17	Francis, Ethan	14	Marlin Swimming Club-CP	1:07.23	1:07.71
18	Weber, Daniel	14	Players-CE	1:09.51	1:08.24
*19	Oosthuizen, Ethan	15	Players-CE	1:08.85	1:08.30
*19	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	1:09.05	1:08.30
21	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	1:09.75	1:08.40
22	Palmer, Travis I	15	Swimlab Aquatic Academ-CP	1:06.21	1:08.76
23	Fletcher, Tyler D	14	Knysna Aquatics-ED	1:06.77	1:09.03
24	Trower, Michael	14	Streamline Aquatics-CP	1:10.23	1:09.32
25	Niemand, Leo	14	Cybersmart Aquatics-CP	1:12.16	1:11.32
26	Ganger, Zeke D	15	Marlin Swimming Club-CP	1:10.78	1:11.43
27	Langeveldt, Christiano C	15	Alpha Swim Club-CP	1:16.39	1:13.61

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 505 Men 14-15 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
28	Samsodien, Saaligh S	15	Marlin Swimming Club-CP	1:15.25	1:13.77
29	Vorster, Bastian S	14	Fish Eagle Aquatics-ED	1:12.60	1:13.86
30	Douries, Ean	14	Curro Aquatic Swim Club-CP	1:14.88	1:14.40
31	Visser, Wessel M	14	Uwc Aquatics-CP	1:13.11	1:16.22
32	Pedro, Maahier	14	Walmers SC-CP	1:17.77	1:16.30
33	Smit, Christian F	14	Royal Swimming Academy-ED	1:23.06	1:18.24
34	Bester, Daniël M	14	Elite Swimming Academy-CE	1:20.18	1:20.73

Event 505 Men 16 & Over 100 LC Meter Butterfly

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	56.15	55.11
2	Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	59.50	58.58
3	Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	59.74	59.21
4	Loots, Andre S	17	Lane Leader Stellenbosch-CE	59.89	59.76
5	Barber, Dino B	36	Sport Science Institute of SA-CP	59.75	1:00.27
6	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	1:00.81	1:00.56
7	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	1:00.71	1:00.59
8	Pretorius, Luuk E	17	Knysna Aquatics-ED	1:00.87	1:00.69
9	Norton, Trent A	19	Lane Leader Stellenbosch-CE	1:01.14	1:00.97
10	Heyes, Garrick T	17	Aqua Sharks Academy-CP	1:02.27	1:01.04
11	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	1:01.58	1:01.32
12	Krenin, Damon R	18	Curro Aquatic Swim Club-CP	1:01.94	1:01.44
13	Jani, Tawanda	18	Cybersmart Aquatics-CP	1:02.83	1:02.29
14	Beukes, Mateo A	20	Walmers SC-CP	1:03.54	1:03.47
15	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	1:02.90	1:04.03
16	Basson, Lucca N	16	Aqua Athlete Cta-CP	1:04.17	1:05.21

Event 505 Men 16 & Over 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Prelim Time
Preliminaries					
1	Pearson, Tai L	18	Lane Leader Stellenbosch-CE	53.33	56.15 a
2	Esterhuysen, Joshua N	18	Tygerberg Aquatics-CP	57.19	59.50 a
3	Dos-Santos, Andrei	16	Cybersmart Aquatics-CP	59.97	59.74 a
4	Barber, Dino B	36	Sport Science Institute of SA-CP	59.96	59.75 a
5	Loots, Andre S	17	Lane Leader Stellenbosch-CE	58.60	59.89 a
6	Pullock, Sam J	16	Curro Hermanus Aquatics-OB	1:00.83	1:00.71 a
7	Bezuidenhout, Carlo	16	Fish Eagle Aquatics-ED	59.30	1:00.81 a
8	Pretorius, Luuk E	17	Knysna Aquatics-ED	58.19	1:00.87 a
9	Norton, Trent A	19	Lane Leader Stellenbosch-CE	1:00.10	1:01.14 a
10	Theron, Ryan P	16	Curro Aquatic Swim Club-CP	1:00.78	1:01.58 a
11	Krenin, Damon R	18	Curro Aquatic Swim Club-CP	1:01.98	1:01.94 a
12	Heyes, Garrick T	17	Aqua Sharks Academy-CP	1:02.67	1:02.27 a
13	Jani, Tawanda	18	Cybersmart Aquatics-CP	1:02.39	1:02.83 a
14	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	1:02.09	1:02.90 a
15	Beukes, Mateo A	20	Walmers SC-CP	1:02.33	1:03.54 a
16	Basson, Lucca N	16	Aqua Athlete Cta-CP	1:03.87	1:04.17 a
17	Karsten, Jody	18	Blouberg Marlins-CP	1:04.15	1:04.26
18	Terblanche, Kiaan C	20	Lane Leader Stellenbosch-CE	1:00.26	1:04.61
19	Pedro, Tamkeen	17	Walmers SC-CP	1:03.93	1:04.76
20	Allott, Jack R	17	Aqua Athlete Cta-CP	1:07.54	1:05.13
21	Kalapac, Joshua	16	Streamline Aquatics-CP	1:04.36	1:05.64
22	Smit, MJ M	17	Swimlab Aquatic Academ-CP	1:03.17	1:05.79
23	Gilbert, Thomas O	17	Swimlab Aquatic Academ-CP	1:05.67	1:05.92
24	Cleophas, Kyle	16	Paarl Aquarius SC-CE	1:08.08	1:06.20

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Preliminaries ... (Event 505 Men 16 & Over 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Prelim Time
25	Bester, Francois A	18	Maties Aquatics-CE	1:05.78	1:06.29
26	Beukes, Jaden L	16	Walmers SC-CP	1:06.26	1:06.54
27	Solomon, Ethan	17	Alpha Swim Club-CP	1:07.16	1:06.95
28	Njoroge, Alphonse	16	Curro Aquatic Swim Club-CP	1:09.02	1:07.91
29	Kotzè, Max M	16	Blouberg Marlins-CP	1:07.81	1:07.95
30	Zellie, Thomas J	18	Swimlab Aquatic Academ-CP	1:06.77	1:08.08
31	Burger, Rosseau	16	Lane Leader Stellenbosch-CE	1:07.90	1:08.18
32	Martin, Alzhario	17	Uwc Aquatics-CP	1:08.77	1:08.20
33	Abrahams, Rayhan	16	Walmers SC-CP	1:10.69	1:10.39
34	Burmeister, Marius	17	Brave-CE	1:08.93	1:10.50
35	Otto, Luan	16	Swartland Aquatics-WC	1:11.03	1:11.44
36	Smith, Tristan A	16	Curro Aquatic Swim Club-CP	1:15.22	1:12.38

Event 506 Girls 13 & Under 1500 LC Meter Freestyle Fast Heat in Finals

	Name	Age	Team	Seed Time	Finals Time
1	Olivier, Julie M	13	Curro Aquatic Swim Club-CP	NT	19:13.08
	1:10.68	2:27.19 (1:16.51)	3:44.16 (1:16.97)	5:01.51 (1:17.35)	
	6:18.83 (1:17.32)	7:35.82 (1:16.99)	8:53.04 (1:17.22)	10:09.92 (1:16.88)	
	11:27.50 (1:17.58)	12:44.71 (1:17.21)	14:02.09 (1:17.38)	15:20.44 (1:18.35)	
	16:38.53 (1:18.09)	17:56.60 (1:18.07)	19:13.08 (1:16.48)		
2	Johnson, Ella J	12	Cape Town Otters-CP	NT	19:19.33
	1:11.41	2:28.36 (1:16.95)	3:46.20 (1:17.84)	5:03.80 (1:17.60)	
	6:21.28 (1:17.48)	7:38.42 (1:17.14)	8:56.31 (1:17.89)	10:14.33 (1:18.02)	
	11:32.76 (1:18.43)	12:51.31 (1:18.55)	14:09.66 (1:18.35)	15:27.95 (1:18.29)	
	16:46.72 (1:18.77)	18:04.97 (1:18.25)	19:19.33 (1:14.36)		
3	Williams, Aqeelah	13	Uwc Aquatics-CP	NT	20:06.60
	1:10.87	2:27.59 (1:16.72)	3:46.25 (1:18.66)	5:06.11 (1:19.86)	
	6:26.48 (1:20.37)	7:45.86 (1:19.38)	9:07.48 (1:21.62)	10:29.01 (1:21.53)	
	11:52.35 (1:23.34)	13:15.06 (1:22.71)	14:37.82 (1:22.76)	16:00.79 (1:22.97)	
	17:23.09 (1:22.30)	18:45.33 (1:22.24)	20:06.60 (1:21.27)		
4	Burger, Johané	13	Royal Swimming Academy-ED	20:58.85	20:58.74
	1:17.40	2:41.72 (1:24.32)	4:05.63 (1:23.91)	5:29.63 (1:24.00)	
	6:53.83 (1:24.20)	8:18.59 (1:24.76)	9:43.88 (1:25.29)	11:09.27 (1:25.39)	
	12:33.96 (1:24.69)	13:59.69 (1:25.73)	15:21.63 (1:21.94)	16:47.45 (1:25.82)	
	18:12.24 (1:24.79)	19:36.99 (1:24.75)	20:58.74 (1:21.75)		
5	Hofinger, Charlotte M	12	Aqua Sharks Academy-CP	20:32.54	21:00.53
	1:10.69	2:41.46 (1:30.77)	4:06.60 (1:25.14)	5:30.54 (1:23.94)	
	6:56.34 (1:25.80)	8:21.65 (1:25.31)	9:46.21 (1:24.56)	11:11.50 (1:25.29)	
	12:36.96 (1:25.46)	14:02.28 (1:25.32)	15:27.77 (1:25.49)	16:53.80 (1:26.03)	
	18:19.30 (1:25.50)	19:44.48 (1:25.18)	21:00.53 (1:16.05)		
6	Stilwaney, Mia C	13	Paarl Aquarius SC-CE	NT	21:09.65
	1:20.66	2:47.60 (1:26.94)	4:15.50 (1:27.90)	5:42.20 (1:26.70)	
	7:07.23 (1:25.03)	8:32.01 (1:24.78)	9:57.12 (1:25.11)	11:21.89 (1:24.77)	
	12:47.15 (1:25.26)	14:11.46 (1:24.31)	15:35.78 (1:24.32)	17:01.30 (1:25.52)	
	18:25.77 (1:24.47)	19:50.10 (1:24.33)	21:09.65 (1:19.55)		

Event 506 Women 14-15 1500 LC Meter Freestyle Fast Heat in Finals

	Name	Age	Team	Seed Time	Finals Time
1	Laubscher, Mikalla I	15	Curro Aquatic Swim Club-CP	18:42.28	18:50.43
2	Durandt, Sharli	14	Aqua Sharks Academy-CP	18:58.70	18:52.28
3	Grobler, Zané	15	Waterbender Aquatics Club-ED	19:00.93	19:03.42
4	Swanepoel, Lulu A	14	Aqua Sharks Academy-CP	19:08.26	19:09.19

Event 506 Women 16 & Over 1500 LC Meter Freestyle Fast Heat in Finals

	Name	Age	Team	Seed Time	Finals Time
1	Neilson, Hannah K	20	Uwc Aquatics-CP	18:14.10	18:13.85
2	Raimond, Marike M	16	Tygerberg Aquatics-CP	18:59.23	19:12.98

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

(Event 506 Women 16 & Over 1500 LC Meter Freestyle Fast Heat in Finals)

Name	Age	Team	Seed Time	Finals Time
3 Kleynhans, Sian	16	Waterbender Aquatics Club-ED	NT	20:44.31
1:18.47	2:41.99 (1:23.52)	4:05.30 (1:23.31)	5:28.74 (1:23.44)	
6:51.77 (1:23.03)	8:14.98 (1:23.21)	9:38.71 (1:23.73)	11:01.61 (1:22.90)	
12:26.76 (1:25.15)	13:50.24 (1:23.48)	15:13.61 (1:23.37)	16:37.29 (1:23.68)	
18:00.95 (1:23.66)	19:23.78 (1:22.83)	20:44.31 (1:20.53)		

Event 507 Boys 13 & Under 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Seed Time	Finals Time
1 Breebaart, Joshua	13	Curro Aquatic Swim Club-CP	9:19.07	9:18.41
1:04.93	2:14.87 (1:09.94)	3:25.11 (1:10.24)	4:35.19 (1:10.08)	
5:45.73 (1:10.54)	6:56.97 (1:11.24)	8:08.50 (1:11.53)	9:18.41 (1:09.91)	
2 Barnard, Daniël B	13	Xcel Swim Academy-CP	9:53.81	9:49.35
1:09.87	2:24.96 (1:15.09)	3:40.16 (1:15.20)	4:55.78 (1:15.62)	
6:10.84 (1:15.06)	7:25.45 (1:14.61)	8:39.44 (1:13.99)	9:49.35 (1:09.91)	
3 Wagener, Tiaan H	13	Elite Swimming Academy-CE	9:54.15	9:51.68
1:08.31	2:22.43 (1:14.12)	3:38.57 (1:16.14)	4:54.18 (1:15.61)	
6:09.58 (1:15.40)	7:25.82 (1:16.24)	8:40.44 (1:14.62)	9:51.68 (1:11.24)	
4 Pautz, Benjamin R	13	Blouberg Marlins-CP	10:02.30	9:59.08
1:08.44	2:22.95 (1:14.51)	3:39.04 (1:16.09)	4:54.90 (1:15.86)	
6:10.78 (1:15.88)	7:27.60 (1:16.82)	8:44.35 (1:16.75)	9:59.08 (1:14.73)	
5 Schaefer, Daniel C	13	Players-CE	10:09.30	10:11.23
1:10.98	2:27.90 (1:16.92)	3:45.71 (1:17.81)	5:04.04 (1:18.33)	
6:23.05 (1:19.01)	7:41.75 (1:18.70)	8:57.66 (1:15.91)	10:11.23 (1:13.57)	
6 Daniels, Tylan H	12	Alpha Swim Club-CP	10:05.27	10:11.26
1:10.50	2:26.77 (1:16.27)	3:43.76 (1:16.99)	5:02.02 (1:18.26)	
6:20.70 (1:18.68)	7:39.57 (1:18.87)	8:57.37 (1:17.80)	10:11.26 (1:13.89)	
7 Laufs, Connor R	13	Cape Town Otters-CP	10:46.00	10:28.91
1:12.08	2:32.11 (1:20.03)	3:51.97 (1:19.86)	5:11.80 (1:19.83)	
6:31.12 (1:19.32)	7:51.41 (1:20.29)	9:12.20 (1:20.79)	10:28.91 (1:16.71)	
8 Coetzee, Tristan R	12	Fish Eagle Aquatics-ED	11:08.29	10:45.94
1:14.20	2:33.38 (1:19.18)	3:54.98 (1:21.60)	5:18.61 (1:23.63)	
6:40.43 (1:21.82)	8:05.30 (1:24.87)	9:27.87 (1:22.57)	10:45.94 (1:18.07)	
9 Van der Merwe, Luan J	12	Uwc Aquatics-CP	10:36.83	10:47.18
1:15.48	2:38.98 (1:23.50)			
6:48.86 ()	8:11.65 (1:22.79)	9:30.08 (1:18.43)	10:47.18 (1:17.10)	
10 Kruger, Declan	11	Blouberg Marlins-CP	11:20.18	11:07.70
1:18.25	2:44.67 (1:26.42)	4:11.52 (1:26.85)	5:38.89 (1:27.37)	
7:06.17 (1:27.28)	8:27.81 (1:21.64)	9:47.68 (1:19.87)	11:07.70 (1:20.02)	
11 Coates, Caleb	13	Royal Swimming Academy-ED	11:05.42	11:16.85
1:15.93	2:38.00 (1:22.07)	4:02.37 (1:24.37)	5:27.91 (1:25.54)	
6:55.94 (1:28.03)	8:23.50 (1:27.56)	9:48.97 (1:25.47)	11:16.85 (1:27.88)	
12 Heunis, Johan C	12	Barracudas Aquarama SC-CP	11:36.32	11:51.04
1:21.62	2:52.93 (1:31.31)	4:23.19 (1:30.26)	5:54.38 (1:31.19)	
7:24.36 (1:29.98)	8:55.43 (1:31.07)	10:25.85 (1:30.42)	11:51.04 (1:25.19)	

Event 507 Men 14-15 800 LC Meter Freestyle Fast Heat in Finals

Name	Age	Team	Seed Time	Finals Time
1 Yeowart, Seth W	15	Curro Aquatic Swim Club-CP	9:13.36	9:21.56
1:04.54	2:14.31 (1:09.77)	3:24.98 (1:10.67)	4:35.89 (1:10.91)	
5:47.39 (1:11.50)	6:59.99 (1:12.60)	8:12.79 (1:12.80)	9:21.56 (1:08.77)	
2 Roman, Noah P	15	Alpha Swim Club-CP	9:21.32	9:21.75
1:05.38	2:15.08 (1:09.70)	3:25.09 (1:10.01)	4:36.14 (1:11.05)	
5:47.82 (1:11.68)	7:00.22 (1:12.40)	8:11.71 (1:11.49)	9:21.75 (1:10.04)	
3 Palmer, Travis I	15	Swimlab Aquatic Academ-CP	9:21.54	9:25.73
1:05.97	2:15.90 (1:09.93)	3:27.29 (1:11.39)	4:39.19 (1:11.90)	
5:52.29 (1:13.10)	7:04.41 (1:12.12)	8:16.92 (1:12.51)	9:25.73 (1:08.81)	
4 Yeowart, Luke D	15	Curro Aquatic Swim Club-CP	9:17.60	9:28.46
1:06.02	2:16.86 (1:10.84)	3:28.27 (1:11.41)	4:40.70 (1:12.43)	
5:52.76 (1:12.06)	7:05.48 (1:12.72)	8:18.08 (1:12.60)	9:28.46 (1:10.38)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 507 Men 14-15 800 LC Meter Freestyle Fast Heat in Finals)**

	Name	Age	Team	Seed Time	Finals Time
5	Middleton, Josh C	14	Curro Hermanus Aquatics-OB	10:04.55	9:37.14
	1:06.82	2:18.82 (1:12.00)	3:32.15 (1:13.33)	4:45.74 (1:13.59)	
	5:59.98 (1:14.24)	7:13.92 (1:13.94)	8:27.14 (1:13.22)	9:37.14 (1:10.00)	
6	Oaten, Rourke	14	Curro Aquatic Swim Club-CP	10:00.95	9:42.71
	1:07.16	2:19.97 (1:12.81)	3:34.38 (1:14.41)	4:49.50 (1:15.12)	
	6:04.23 (1:14.73)	7:18.74 (1:14.51)	8:32.91 (1:14.17)	9:42.71 (1:09.80)	
7	Lewis, Callum R	14	Curro Aquatic Swim Club-CP	9:59.56	9:44.77
	1:08.42	2:22.06 (1:13.64)	3:35.95 (1:13.89)	4:50.63 (1:14.68)	
	6:05.00 (1:14.37)	7:19.05 (1:14.05)	8:33.08 (1:14.03)	9:44.77 (1:11.69)	
8	Pieterse, Marcelle J	15	Xcel Swim Academy-CP	9:43.01	10:01.78
	1:09.77	2:25.67 (1:15.90)	3:42.77 (1:17.10)	4:59.17 (1:16.40)	
	6:15.36 (1:16.19)	7:32.26 (1:16.90)	8:49.16 (1:16.90)	10:01.78 (1:12.62)	
9	Smit, Reynard-Gray	14	Streamline Aquatics-CP	9:38.03	10:02.16
	1:09.04	2:23.96 (1:14.92)	3:40.12 (1:16.16)	4:57.32 (1:17.20)	
	6:14.74 (1:17.42)	7:32.84 (1:18.10)	8:49.10 (1:16.26)	10:02.16 (1:13.06)	
10	Williams, Evan B	15	Sport Science Institute of SA-CP	9:55.51	10:09.03
	1:11.22	2:28.10 (1:16.88)	3:46.11 (1:18.01)	5:03.81 (1:17.70)	
	6:22.41 (1:18.60)	7:40.38 (1:17.97)	8:56.68 (1:16.30)	10:09.03 (1:12.35)	
11	Rheeder, Liam M	15	Paarl Aquarius SC-CE	10:26.98	10:25.89
	1:12.28	2:30.71 (1:18.43)	3:51.22 (1:20.51)	5:12.62 (1:21.40)	
	6:32.40 (1:19.78)	7:53.53 (1:21.13)	9:13.94 (1:20.41)	10:25.89 (1:11.95)	
12	Visser, Wessel M	14	Uwc Aquatics-CP	10:30.95	10:34.72
	1:11.68	2:30.25 (1:18.57)	3:50.68 (1:20.43)	5:12.11 (1:21.43)	
	6:32.37 (1:20.26)	7:54.06 (1:21.69)	9:15.45 (1:21.39)	10:34.72 (1:19.27)	
13	Smit, Christian F	14	Royal Swimming Academy-ED	10:40.08	10:38.12
	1:15.37	2:36.04 (1:20.67)	3:57.94 (1:21.90)	5:19.51 (1:21.57)	
	6:42.05 (1:22.54)	8:02.82 (1:20.77)	9:22.94 (1:20.12)	10:38.12 (1:15.18)	
14	October, Joshua D	14	Alpha Swim Club-CP	10:28.25	10:39.47
	1:13.83	2:33.09 (1:19.26)	3:53.72 (1:20.63)	5:15.23 (1:21.51)	
	6:36.75 (1:21.52)	7:58.93 (1:22.18)	9:20.43 (1:21.50)	10:39.47 (1:19.04)	

Event 507 Men 16 & Over 800 LC Meter Freestyle Fast Heat in Finals

	Name	Age	Team	Seed Time	Finals Time
1	Forbes, Thomas P	21	Lane Leader Stellenbosch-CE	8:49.56	8:52.95
	1:05.04	2:14.96 (1:09.92)	3:24.18 (1:09.22)	4:33.58 (1:09.40)	
	5:40.65 (1:07.07)	6:47.48 (1:06.83)	7:52.07 (1:04.59)	8:52.95 (1:00.88)	
2	McWilliam, Troy J	18	Tygerberg Aquatics-CP	8:39.21	8:56.59
	1:05.17	2:15.42 (1:10.25)	3:24.12 (1:08.70)	4:34.14 (1:10.02)	
	5:42.16 (1:08.02)	6:47.75 (1:05.59)	7:54.36 (1:06.61)	8:56.59 (1:02.23)	
3	Terblanche, Luan L	17	Tygerberg Aquatics-CP	8:56.82	8:58.37
	1:04.58	2:14.54 (1:09.96)	3:24.12 (1:09.58)	4:33.10 (1:08.98)	
	5:40.38 (1:07.28)	6:47.68 (1:07.30)	7:54.03 (1:06.35)	8:58.37 (1:04.34)	
4	Southey, Jamie	16	Aqua Dolphin Swimming Club-CP	9:23.09	9:26.76
	1:06.29	2:18.03 (1:11.74)	3:29.84 (1:11.81)	4:42.09 (1:12.25)	
	5:54.69 (1:12.60)	7:06.11 (1:11.42)	8:17.74 (1:11.63)	9:26.76 (1:09.02)	
5	Solomon, Ethan	17	Alpha Swim Club-CP	9:25.45	9:35.79
	1:06.29	2:18.16 (1:11.87)	3:30.70 (1:12.54)	4:43.53 (1:12.83)	
	5:57.09 (1:13.56)	7:10.81 (1:13.72)	8:23.81 (1:13.00)	9:35.79 (1:11.98)	
6	Pheeha, Junior J	19	Curro Langebaan Aquatics-WC	9:08.28	9:43.90
	1:05.79	2:16.31 (1:10.52)	3:27.51 (1:11.20)	4:40.42 (1:12.91)	
	5:54.56 (1:14.14)	7:10.26 (1:15.70)	8:26.78 (1:16.52)	9:43.90 (1:17.12)	
7	Lategan, Nicky N	16	Swartland Aquatics-WC	9:53.14	9:50.92
	1:08.52	2:22.77 (1:14.25)	3:37.55 (1:14.78)	4:53.01 (1:15.46)	
	6:10.23 (1:17.22)	7:26.54 (1:16.31)	8:41.58 (1:15.04)	9:50.92 (1:09.34)	
8	Karsten, Jody	18	Blouberg Marlins-CP	9:25.57	9:51.18
	1:06.32	2:18.31 (1:11.99)	3:31.14 (1:12.83)	4:46.30 (1:15.16)	
	6:03.14 (1:16.84)	7:19.34 (1:16.20)	8:36.49 (1:17.15)	9:51.18 (1:14.69)	

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Event 507 Men 16 & Over 800 LC Meter Freestyle Fast Heat in Finals)**

Name	Age	Team	Seed Time	Finals Time
9 Pautz, Nathan M	17	Blouberg Marlins-CP	9:28.48	10:13.84
1:09.12	2:25.86 (1:16.74)	3:43.32 (1:17.46)	5:01.19 (1:17.87)	
6:19.94 (1:18.75)	7:38.26 (1:18.32)	8:56.02 (1:17.76)	10:13.84 (1:17.82)	

Event 600 Mixed 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	28.59	28.56
2 Du Toit, Naseerah S8	16	Uwc Aquatics-CP	41.27	41.24
3 Brown, Magmoed S14	13	Vineyard SC-CP	40.03	39.64
4 Pienaar, Carli S9	11	Curro Langebaan Aquatics-WC	50.90	51.18
*5 Pardoe, James N S15	14	Sport Science Institute of SA-CP	30.24	31.62
*5 Thiart, Annelie S15	14	Curro Langebaan Aquatics-WC	31.49	32.35

Event 600 Mixed 50 LC Meter Freestyle Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	29.66	28.59 a
2 Du Toit, Naseerah S8	16	Uwc Aquatics-CP	42.60	41.27 a
3 Brown, Magmoed S14	13	Vineyard SC-CP	43.80	40.03 a
4 Pienaar, Carli S9	11	Curro Langebaan Aquatics-WC	51.50	50.90 a
*5 Pardoe, James N S15	14	Sport Science Institute of SA-CP	30.41	30.24 a
*5 Thiart, Annelie S15	14	Curro Langebaan Aquatics-WC	31.74	31.49 a

Event 601 Mixed 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Prelim Time	Finals Time
Finals				
*1 Pardoe, James N S15	14	Sport Science Institute of SA-CP	34.09	35.02
*1 Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	35.87	35.82
*1 Du Toit, Naseerah S8	16	Uwc Aquatics-CP	43.60	44.22
*1 Els, Lika S10	13	Elite Swimming Academy-CE	46.26	46.86

Event 601 Mixed 50 LC Meter Backstroke Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
*1 Pardoe, James N S15	14	Sport Science Institute of SA-CP	34.20	34.09 a
*1 Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	35.77	35.87 a
*1 Du Toit, Naseerah S8	16	Uwc Aquatics-CP	47.29	43.60 a
*1 Els, Lika S10	13	Elite Swimming Academy-CE	47.06	46.26 a

Event 602 Mixed 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time	Finals Time
Finals				
*1 Terblanche, Tiaan SB13	14	Fish Eagle Aquatics-ED	38.96	38.28
*1 Pardoe, James N SB15	14	Sport Science Institute of SA-CP	42.45	43.63
*1 Els, Lika SB9	13	Elite Swimming Academy-CE	45.91	48.85
*1 Janse Van Rensburg, Minke SB14	21	Fish Eagle Aquatics-ED	50.43	49.55

Event 602 Mixed 50 LC Meter Breaststroke Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Terblanche, Tiaan SB13	14	Fish Eagle Aquatics-ED	38.75	38.96 a
2 Thiart, Annelie SB15	14	Curro Langebaan Aquatics-WC	40.63	40.14 a
3 Pardoe, James N SB15	14	Sport Science Institute of SA-CP	41.95	42.45 a
4 Els, Lika SB9	13	Elite Swimming Academy-CE	51.25	45.91 a
5 Janse Van Rensburg, Minke SB14	21	Fish Eagle Aquatics-ED	48.50	50.43 a

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 603 Mixed 50 LC Meter Butterfly Multi-Class**

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Sadie, Christian M S7	28	Lane Leader Stellenbosch-CE	32.72	32.17
*2	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	29.77	30.13
*2	Thiart, Annelie S15	14	Curro Langebaan Aquatics-WC	36.69	36.42
*2	Pardoe, James N S15	14	Sport Science Institute of SA-CP	37.68	38.53
*2	Janse Van Rensburg, Minke S14	21	Fish Eagle Aquatics-ED	39.77	42.52
*2	Du Toit, Naseerah S8	16	Uwc Aquatics-CP	47.61	47.04

Event 603 Mixed 50 LC Meter Butterfly Multi-Class

Name			Age	Team	Seed Time	Prelim Time	
Preliminaries							
1	Sadie, Christian M S7		28	Lane Leader Stellenbosch-CE	29.54	32.72	q
*2	Terblanche, Tiaan S13		14	Fish Eagle Aquatics-ED	31.51	29.77	q
*2	Thiart, Annelie S15		14	Curro Langebaan Aquatics-WC	36.34	36.69	q
*2	Pardoe, James N S15		14	Sport Science Institute of SA-CP	37.97	37.68	q
*2	Janse Van Rensburg, Minke S14		21	Fish Eagle Aquatics-ED	36.75	39.77	q
*2	Du Toit, Naseerah S8		16	Uwc Aquatics-CP	46.81	47.61	q

Event 604 Mixed 100 LC Meter Freestyle Multi-Class

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Pienaar, Carli S9	11	Curro Langebaan Aquatics-WC	1:54.16	1:52.66
2	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	1:04.90	1:04.87
3	Janse Van Rensburg, Minke S14	21	Fish Eagle Aquatics-ED	1:20.28	1:20.32
4	Du Toit, Naseerah S8	16	Uwc Aquatics-CP	1:40.67	1:39.61
5	Brown, Magmoed S14	13	Vineyard SC-CP	1:35.76	1:33.81
6	Pardoe, James N S15	14	Sport Science Institute of SA-CP	1:06.38	1:06.37

Event 604 Mixed 100 LC Meter Freestyle Multi-Class

Name			Age	Team	Seed Time	Prelim Time
Preliminaries						
1	Pienaar, Carli S9		11	Curro Langebaan Aquatics-WC	1:50.48	1:54.16 q
2	Terblanche, Tiaan S13		14	Fish Eagle Aquatics-ED	1:07.17	1:04.90 q
3	Janse Van Rensburg, Minke S14		21	Fish Eagle Aquatics-ED	1:17.45	1:20.28 q
4	Du Toit, Naseerah S8		16	Uwc Aquatics-CP	1:41.36	1:40.67 q
5	Brown, Magmoed S14		13	Vineyard SC-CP	1:43.45	1:35.76 q
6	Pardoe, James N S15		14	Sport Science Institute of SA-CP	1:06.43	1:06.38 q

Event 605 Mixed 100 LC Meter Backstroke Multi-Class

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	1:21.84	1:21.51
2	Pardoe, James N S15	14	Sport Science Institute of SA-CP	1:15.24	1:16.24

Event 605 Mixed 100 LC Meter Backstroke Multi-Class

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Pardoe, James N S15	14	Sport Science Institute of SA-CP	1:14.09	1:15.24	q
2	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	1:19.10	1:21.84	q

Event 606 Mixed 100 LC Meter Breaststroke Multi-Class

	Name	Age	Team	Prelim Time	Finals Time
Finals					
1	Els, Lika SB9	13	Elite Swimming Academy-CE	1:44.96	1:43.83
2	Thiart, Annelie SB15	14	Curro Langebaan Aquatics-WC	1:33.94	1:31.67
---	Terblanche, Tiaan SB13	14	Fish Eagle Aquatics-ED	1:28.46	DQ

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****Event 606 Mixed 100 LC Meter Breaststroke Multi-Class**

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Terblanche, Tiaan SB13	14	Fish Eagle Aquatics-ED	1:25.41	1:28.46	q
2	Els, Lika SB9	13	Elite Swimming Academy-CE	1:52.67	1:44.96	q
3	Thiart, Annelie SB15	14	Curro Langebaan Aquatics-WC	1:30.94	1:33.94	q

Event 607 Mixed 100 LC Meter Butterfly Multi-Class

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	1:21.80	1:11.01	

Event 607 Mixed 100 LC Meter Butterfly Multi-Class

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	1:14.71	1:21.80	q

Event 608 Mixed 200 LC Meter Freestyle Multi-Class

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
1	Pienaar, Carli S9	11	Curro Langebaan Aquatics-WC	4:05.88	4:03.17	
	1:54.73	4:03.17 (2:08.44)				
2	Janse Van Rensburg, Minke S14	21	Fish Eagle Aquatics-ED	3:03.64	3:00.92	
	1:21.87	3:00.92 (1:39.05)				
*3	Pardoe, James N S15	14	Sport Science Institute of SA-CP	2:26.34	2:25.91	
	1:09.57	2:25.91 (1:16.34)				
*3	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	2:33.74	2:28.42	
	1:12.79	2:28.42 (1:15.63)				

Event 608 Mixed 200 LC Meter Freestyle Multi-Class

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
1	Pardoe, James N S15	14	Sport Science Institute of SA-CP	2:26.17	2:26.34	q
	1:10.18	2:26.34 (1:16.16)				
2	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	2:32.28	2:33.74	q
	1:11.71	2:33.74 (1:22.03)				
3	Thiart, Annelie S15	14	Curro Langebaan Aquatics-WC	2:34.80	2:38.80	q
	1:15.72	2:38.80 (1:23.08)				
4	Janse Van Rensburg, Minke S14	21	Fish Eagle Aquatics-ED	2:54.26	3:03.64	q
	1:22.07	3:03.64 (1:41.57)				
5	Pienaar, Carli S9	11	Curro Langebaan Aquatics-WC	4:00.92	4:05.88	q
	1:55.79	4:05.88 (2:10.09)				

Event 609 Mixed 200 LC Meter Backstroke Multi-Class

	Name	Age	Team	Prelim Time	Finals Time	
Finals						
*1	Pardoe, James N S15	14	Sport Science Institute of SA-CP	2:51.09	2:48.46	
	1:23.08	2:48.46 (1:25.38)				
*1	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	3:13.69	3:06.05	
	1:29.53	3:06.05 (1:36.52)				
*1	Du Toit, Naseerah S8	16	Uwc Aquatics-CP	3:39.51	3:38.93	
	1:49.28	3:38.93 (1:49.65)				

Event 609 Mixed 200 LC Meter Backstroke Multi-Class

	Name	Age	Team	Seed Time	Prelim Time	
Preliminaries						
*1	Pardoe, James N S15	14	Sport Science Institute of SA-CP	2:51.41	2:51.09	q
	1:23.45	2:51.09 (1:27.64)				
*1	Terblanche, Tiaan S13	14	Fish Eagle Aquatics-ED	3:10.85	3:13.69	q
	1:31.48	3:13.69 (1:42.21)				

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08

Results

Preliminaries ... (Event 609 Mixed 200 LC Meter Backstroke Multi-Class)

Name	Age	Team	Seed Time	Prelim Time	
*1 Du Toit, Naseerah S8	16	Uwc Aquatics-CP	3:58.60	3:39.51	a
1:47.00	3:39.51 (1:52.51)				

Event 610 Mixed 200 LC Meter Breaststroke Multi-Class

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Terblanche, Tiaan SB13	14	Fish Eagle Aquatics-ED	3:14.32	3:12.48
1:30.83	3:12.48 (1:41.65)			
2 Thiart, Annelie SB15	14	Curro Langebaan Aquatics-WC	3:23.67	3:18.94
1:36.29	3:18.94 (1:42.65)			

Event 610 Mixed 200 LC Meter Breaststroke Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
*1 Terblanche, Tiaan SB13	14	Fish Eagle Aquatics-ED	3:11.61	3:14.32
1:32.43	3:14.32 (1:41.89)			a
*1 Thiart, Annelie SB15	14	Curro Langebaan Aquatics-WC	3:18.97	3:23.67
1:39.61	3:23.67 (1:44.06)			a

Event 612 Mixed 200 LC Meter IM Multi-Class

Name	Age	Team	Prelim Time	Finals Time
Finals				
1 Terblanche, Tiaan SM13	14	Fish Eagle Aquatics-ED	2:51.92	2:49.14
1:21.90	2:49.14 (1:27.24)			
2 Du Toit, Naseerah SM8	16	Uwc Aquatics-CP	3:55.33	3:58.87
1:49.92	3:58.87 (2:08.95)			
3 Pardoe, James N SM15	14	Sport Science Institute of SA-CP	2:56.56	3:01.94
1:24.38	3:01.94 (1:37.56)			

Event 612 Mixed 200 LC Meter IM Multi-Class

Name	Age	Team	Seed Time	Prelim Time
Preliminaries				
1 Terblanche, Tiaan SM13	14	Fish Eagle Aquatics-ED	2:50.74	2:51.92
1:24.55	2:51.92 (1:27.37)			a
2 Du Toit, Naseerah SM8	16	Uwc Aquatics-CP	3:58.03	3:55.33
1:47.95	3:55.33 (2:07.38)			a
3 Pardoe, James N SM15	14	Sport Science Institute of SA-CP	2:50.62	2:56.56
1:22.54	2:56.56 (1:34.02)			a

Combined Team Scores

Combined Team Scores - Through Event 620

1. Curro Aquatic Swim Club	2242.5	2. Lane Leader Stellenbosch	1191.5
3. Tygerberg Aquatics	925	4. Swimlab Aquatic Academ	664.5
5. Fish Eagle Aquatics	606.78	6. Blouberg Marlins	594.5
7. Aqua Sharks Academy	459	8. Xcel Swim Academy	419
9. Uwc Aquatics	345.18	10. Waterbender Aquatics Club	330
11. Swartland Aquatics	279	12. Cybersmart Aquatics	237.5
13. Curro Langebaan Aquatics	183.1	14. Sport Science Institute of SA	165.93
15. Knysna Aquatics	158.5	16. TuksSwimming	140
17. Streamline Aquatics	131	18. Cape Town Otters	128
19. Elite Swimming Academy	126.5	20. Alpha Swim Club	125
21. Royal Swimming Academy	123	22. Vineyard SC	122
23. Stellenbosch Aquatics	100	24. Players	71
25. Aqua Athlete Cta	56	25. Paarl Aquarius SC	56
27. Marlin Swimming Club	52	28. The Well	48
29. Manta SC	44	30. Quick Silver Swimming Club	40

Western Cape LC-A Championship 2025 - 2025/12/04 to 2025/12/08**Results****(Combined Team Scores)**

31. Curro Hermanus Aquatics	37.5	32. Unattached	36
33. Orcas Swim Club	31	34. Maties Aquatics	26
35. Aqua Dolphin Swimming Club	23	36. Barracudas Aquarama SC	18
37. Walmers SC	15	38. Brave	12
39. Anax Swim Academy Swim Club	8	40. Silver Fins Swimming Club	4
41. Bloemfontein Otters	2		

Scores - Women**Women - Team Rankings - Through Event 620**

1. Curro Aquatic Swim Club	982	2. Lane Leader Stellenbosch	546.5
3. Tygerberg Aquatics	431	4. Blouberg Marlins	328.5
5. Fish Eagle Aquatics	324.85	6. Uwc Aquatics	279.68
7. Aqua Sharks Academy	268	8. Xcel Swim Academy	259
9. Cybersmart Aquatics	185.5	10. Swimlab Aquatic Academ	174.5
11. Waterbender Aquatics Club	149	12. Curro Langebaan Aquatics	120.1
13. Cape Town Otters	114	14. Vineyard SC	107
15. Royal Swimming Academy	98	16. Elite Swimming Academy	75.5
17. TuksSwimming	63	18. Sport Science Institute of SA	46
19. Knysna Aquatics	45.5	20. Players	42
21. Quick Silver Swimming Club	40	22. Stellenbosch Aquatics	33
23. Manta SC	31	24. Marlin Swimming Club	30
25. Streamline Aquatics	26	26. Paarl Aquarius SC	12
27. Alpha Swim Club	9	28. Anax Swim Academy Swim Club	8
29. Brave	7	29. Swartland Aquatics	7
31. Aqua Dolphin Swimming Club	5	32. Silver Fins Swimming Club	4

Scores - Men**Men - Team Rankings - Through Event 620**

1. Curro Aquatic Swim Club	1120.5	2. Lane Leader Stellenbosch	571
3. Swimlab Aquatic Academ	462	4. Tygerberg Aquatics	424
5. Fish Eagle Aquatics	281.93	6. Blouberg Marlins	266
7. Swartland Aquatics	260	8. Waterbender Aquatics Club	181
9. Xcel Swim Academy	138	10. Aqua Sharks Academy	135
11. Sport Science Institute of SA	119.93	12. Alpha Swim Club	116
13. Knysna Aquatics	113	14. Streamline Aquatics	105
15. TuksSwimming	77	16. Stellenbosch Aquatics	67
17. Uwc Aquatics	57.5	18. Aqua Athlete Cta	56
19. Cybersmart Aquatics	52	20. Elite Swimming Academy	51
21. The Well	48	22. Curro Langebaan Aquatics	45
23. Paarl Aquarius SC	44	24. Curro Hermanus Aquatics	37.5
25. Unattached	36	26. Orcas Swim Club	31
27. Players	29	28. Maties Aquatics	26
29. Royal Swimming Academy	25	30. Barracudas Aquarama SC	18
30. Aqua Dolphin Swimming Club	18	32. Vineyard SC	15
32. Walmers SC	15	34. Cape Town Otters	14
35. Marlin Swimming Club	10	36. Brave	5
37. Manta SC	3	38. Bloemfontein Otters	2